

## 2023 CARDINAL AQUATICS CHRISTMAS CLASSIC

December 1-3, 2023

<b>Sanction</b>	<b>KYSC24-CARD01</b>
<b>Location</b>	University of Louisville Ralph Wright Natatorium on the Belknap Campus NW Corner of S. Floyd St. and E. Warnock St. (Across from McDonalds) Louisville, KY 40208
	Directions can be found at the end of this information sheet or at the University of Louisville web site: <a href="http://uoflsports.collegesports.com/genrel/092900aab.html">http://uoflsports.collegesports.com/genrel/092900aab.html</a>
<b>Meet Director:</b>	Shannon Grill 502-550-1234
<b>Meet Referee:</b>	Michele Reichel 812-736-8440 <a href="mailto:michele@reichelagency.com">michele@reichelagency.com</a>
<b>Entry Chair:</b>	Lesa Boone <a href="mailto:cardinalaquatics@yahoo.com">cardinalaquatics@yahoo.com</a>
<b>Spectators</b>	Spectators will be allowed at this time but may be limited. Spectator numbers will be dependent on the number of swimmers. All teams will be updated closer to the meet regarding numbers.
<b>Timers/Officials</b>	Teams will be asked to provide timers based on the size of the team. Timers meeting will be held 45 minutes prior to meet start. Cardinal Aquatics welcomes the assistance of any visitor who would like to serve as an official. <b>OFFICIALS: PLEASE SIGN UP IN ADVANCE on KYLSC website: <a href="http://www.kylsc.org">www.kylsc.org</a></b>
<b>Facilities</b>	<b>The University of Louisville Ralph Wright Natatorium. This facility was opened in the Fall of 2005. It features an eight-lane, 25-Yard competition pool with a depth of 7 feet. Movable bulkheads enable the pool to be divided into two 25-meter or 25-yard competition-ready areas with up to 10 lanes. The deep end features two 1-meter boards, two 3-meter boards and a tower with diving platforms at 5-, 7.5- and 10-meters. The 41,000 square foot facility accommodates up to 550 spectators. The facility is equipped with a fully automatic Daktronics Timing System with touchpads and full 21ft x 12ft video board display. The competition course has not been certified in accordance with article 104.2.2C(4)</b>
<b>Parking</b>	Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium and next to the Natatorium. The University of Louisville controls the parking facility and parking fees (\$5).
<b>Admission</b>	No admissions charge
<b>Heat Sheets</b>	<b>Available on Meet Mobile</b>
<b>Rules</b>	Current USA Swimming and KY Swimming rules will govern this meet. Please pay special attention to USA Swimming Rules 202.3.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Coaches must display their current USA Swimming credential to gain access to the deck. The referee has the right to ask for coach credential display and/or deny access if coaches does not comply or card is no longer valid/current.

In swimming competition, the competitor must wear only 1 swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above navel or below knees, and for women, shall not cover neck, nor extend below knee. Changing into or out of swimsuits other than in the locker rooms or other designated area is not appropriate and is prohibited.

### **18 & Over Athletes**

All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after December 1, 2023 who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after December 1, 2023, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

### **Format**

**All Friday events, 10 & under events and all relays are timed finals.** The 1650 Free will be swum fastest to slowest after seeding. All 1650 swimmers are required to provide one timer and one lap counter. If one pool is used for the 1650, heats will alternate girl/boy. Scoring will be 13-14 and Open.

A minimum of 32 swimmers per event will swim events #1 & 2 (Open 1650 Free). A minimum of 8 heats will be swum for events #3 & 4 (12&Under 200 IM, 9-10, 11-12). A minimum of 6 heats will be swum for events #5 & 6 (Open 400 IM) and 11 & 12 (Open 500 Free). A minimum of 4 heats will be swum for events #7 & 8 (13-14 400 IM), #9 & 10 (11-12 500 Free) and #13 & 14 (13-14 500 Free). If timeline allows, additional heats may be added. Please refer to the psych sheet, which will be posted at [www.cardinalaquatics.org](http://www.cardinalaquatics.org) on Monday prior to the meet to determine if there are any limits to the number of heats on Friday.

Cardinal Aquatics reserves the right to limit the number of heats in all individual events. Refunds will be issued for any limited event. Preliminaries will be conducted Saturday and Sunday mornings for Open and 13-14. Preliminaries will be conducted Saturday and Sunday afternoon for 11-12 swimmers, and timed Finals Saturday and Sunday afternoons for 10 & Under events. There will be consolation and championship finals for 11-12, 13-14, and there will be a Bonus, Consolation, and Finals heats for Open age groups. All relays will be swum in the preliminary session. A and B relays for each time will be allowed. Time trials will be offered at the discretion of the meet referee held after Finals ON.

**Time Standards will be implemented for 10&Under and 11-12 year old 200 Freestyle on Sunday.**

**Cardinal Aquatics reserves the right to use fly-over starts for all events except Finals on Saturday and Sunday.**

USA Swimming Championship Rules will apply with the following exceptions: **swimmers who miss a heat in preliminaries or timed finals will not incur penalties, however the swimmer will not be placed into an open lane in a different heat.**

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

## Entries

- Eligibility** All current USA Swimming registered athletes. The age of the swimmer on December 1st, 202 will determine the age group for this meet.
- Entry Limits** No team will be broken. Each swimmer in the 11-12, 13-14 and Open Age Groups will be limited to 3 individual events and 1 relay per day. Swimmers in the 10 & Under age group will be limited to 4 individual events and 1 relay per day. If a swimmer is entered in more than maximum number of individual events for that day and does not scratch down by the deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be no refunds for swimmers entered in more events than permitted.
- Entry Fees** \$6.00 for each individual timed final event  
 \$7.50 for each prelim/final event  
 \$10.00 for each relay  
 \$11.00\* for each individual deck entry or MANUAL ENTRIES  
 \$16.00\* for each relay deck entry or MANUAL ENTRIES
- \* Accepted at the discretion of the Meet Referee; Payable at the meet.  
 Entry fees are non-refundable. No extra heats will be added.
- Surcharges** \$2.50 per swimmer KYLSC surcharge  
 \$22.50 per swimmer facility surcharge (no admission or heat sheet sales this year)
- Make one check payable to: **Cardinal Aquatics**
- Entries** The USA Swimming registration number of all entrants must be listed and accompany the entry form. All entries must be in short course yards. Meet referee will accept or reject deck entries. No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 except as provided under article 202.6 or USA Swimming's "open boarder" policy included in its registration manual.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Entry Deadline** This meet fills up fast! Entries will open **NO EARLIER** than, **Monday, November 6th** at Noon. We will continue to take registrations until the meet is full. Each session will not exceed 400 swimmers. Deadline is **Friday, November 17th, 2023 by Midnight. The deadline will extend if the meet does not fill. Teams will be notified of acceptance within 48 hours.**
- Email entries to entry chair ([cardinalaquatics@yahoo.com](mailto:cardinalaquatics@yahoo.com)). Files must be loadable into Hytek Meet Manager using a .cl2 file. An Entry Report will be returned to each team to verify entries.
- Mail waiver and payment to the below address or paid prior to the start of the meet.  
 Cardinal Aquatics  
 13415 Kristen Leigh Ct  
 Louisville, ky 40299

- Check-In** The 200 IM and 400 IM on Friday evening will be pre seeded prior to the meet start. The 1650 and 500 Free on Friday will require positive check-in located in the swimmers' entrance hallway. Failure to check in will jeopardize your opportunity to swim.
- Relay Cards** Relay cards will be distributed to each team. Each relay team may enter an A and B relay ONLY and is responsible for delivering their completed relay card to head table prior to session start.
- Clerk of Course** No clerk of course provided.
- Scratches from Finals** USA Swimming Championship rules will apply. **Swimmers qualifying for Finals, or Final, based on the results from preliminaries, must notify the referee or designee with 30 minutes after the announcement of the qualifiers for that race that they do not intend to compete. Failure to declare, and not swim in the Sunday finals events, shall result in a \$25 fine.**
- Time Trials** Time Trials will be allowed based on approval by the meet referee. Time Trials are available after the Finals session ONLY. Order of events will be: 1<sup>st</sup> priority (events on that day), 2<sup>nd</sup> priority (previous days events, in event order), 3<sup>rd</sup> priority (following days events, in event order).

### Scoring and Awards

- Scoring** All age groups will score top 16 for individual and top 8 for relays.
- Awards** Open and 13-14: No individual event awards.  
 10 & Under and 11-12: Ribbons will be awarded for 1<sup>st</sup> - 8<sup>th</sup> places in individual events.. (Swimmers of any age swimming in the Open events will score in the Open Age Group.)  
 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> High point for each age group will be awarded (10&U, 11-12, 13-14, Open)

### Warm-ups

- Warm-Up Notes** Teams will be assigned to lanes based on the number of entered swimmers. Smaller teams will need to share lanes. Larger teams should be prepared to divide the warm-up time and space according to need. Team warm-up assignments will be posted prior to warm-ups. **Depending on number of teams, 2 warm-up sessions may be necessary. Teams will be notified which session their warm-up times are.**
- Safety Marshall** Safety marshals will be in place for warm-ups and during the meet to insure the safety of the swimmers. Duties will include safe deck practices, traffic flow and diving restrictions during warm-ups.

## Schedule

### Friday, December 1st

1650 W-ups:	1:00 PM	Meet Starts:	2:00 PM
W-ups:	4:00 PM	Meet Starts:	5:00 PM

### Preliminaries on Saturday, December 2nd and Sunday, December 3rd:

#### **Morning Session (Open, 13&14):**

Warm-ups:	6:30 AM	Meet Starts:	8:00AM
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#### **Afternoon Session (11-12,10&Under):**

Warm-ups: immediately following morning session    Meet Starts: following the 30 min w-up

\*\*\*Coaches will be notified exact times the week of the meet

### Finals Sessions:

#### **Saturday: (all times are approximate).**

Warm-ups: 5:00PM	Meet Starts: 6:00PM
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#### **Sunday: (all times are approximate)**

Warm-ups: 4:30PM	Meet Starts: 5:30PM
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## Miscellaneous

- Official's Meeting**    There will be an official's meeting 45 minutes prior to the start of swimming competition.
- Coaches Meeting**    A coaches meeting will be held 15 minutes prior to the start of the competition.
- Hospitality**    There will be a hospitality room open to coaches and officials throughout the meet.
- Video Usage/locker room**    Use of audio or video recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker room. **Changing into or out of swimsuits other than in the locker room or designated areas is prohibited.**
- Safesport**    All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- Safety**    Lifeguards will be on duty for the duration of warm ups and competition. There is an AED located on the pool deck.
- Drone Usage**    Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Coordinator (or his/her designee)

### Friday, December 1

1650 Only: Warm-up 1:00 pm, Meet Starts at 2:00 pm:

Girls Age Grp Event Boys

Girls	Age Grp	Event	Boys
1	Open	*1650 Fr	2

\* Timed final event, swum fastest to slowest. The 1000 yard splits will be recorded.

Warm up not before 3:45, Meet starts 5:00:

3	11-12	*200 IM	4
5	13-14	*400 IM	6
7	Open	*400 IM	8
9	11-12	*500 Free	10
11	13-14	*500 Free	12
13	Open	*500 Free	14

### Saturday, December 2

Morning Session, Warm-ups 6:30—Meet Starts 8 am

Girls Age Grp Event Boys

15	13-14	200 IM	16
17	Open	200 IM	18
19	13-14	100 Fr	20
21	Open	100 Fr	22
23	13-14	200 Fly	24
25	Open	200 Fly	26
27	13-14	100 Br	28
29	Open	100 Br	30
31	13-14	200 Bk	32
33	Open	200 Bk	34
35	13-14	*200 F.R.	36
37	Open	*200 F.R.	38

\*Timed Final event. All heats swum in preliminary session.

### Afternoon Session, Meet starts not before 1 PM

39	10&U	200 IM	40
41	11-12	200 Fr*	42
43	10&U	50 Fl	44
45	11-12	100 Fl	46
47	10&U	100 Fr	48
49	11-12	50 Fr	50
51	10&U	100 Br	52
53	11-12	50 Br	54
55	10&U	50 Bk	56
57	11-12	100 Bk	58
59	10&U	200 F.R.	60
61	11-12	200 F.R.	62

\*\*Time standards for 200 Free

### Sunday, December 3

Morning Session, Warm-ups 6:30—Meet starts at 8 am

Girls Age Grp Event Boys

63	13-14	200 Free	64
65	Open	200 Free	66
67	13-14	100 Fl	68
69	Open	100 Fl	70
71	13-14	200 Br	72
73	Open	200 Br	74
75	13-14	100 Bk	76
77	Open	100 Bk	78
79	13-14	50 Fr	80
81	Open	50 Fr	82
83	13-14	*200 M.R.	84
85	Open	*200 M.R.	86

\*Timed Final event. All heats swum in preliminary session.

### Afternoon Session, Meet starts not before 1 PM

87	10&U	200 Free*	88
89	11-12	100 Free	90
91	10&U	100 Fl	92
93	11-12	50 Fl	94
95	10&U	50 Fr	96
97	11-12	100 Br	98
99	10&U	50 Br	100
101	11-12	50 Bk	102
103	10&U	100 Bk	104
105	11-12	200 M.R.	106
107	10&U	200 M.R.	108

\*\*Time standards for 200 Free

## Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming, Inc., Kentucky Swimming, Inc., Cardinal Aquatics and their staff, and University of Louisville and their staff for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/we are members of USA Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

SIGNATURE \_\_\_\_\_ POSITION \_\_\_\_\_

ENTRY PERSON \_\_\_\_\_ EMAIL \_\_\_\_\_

TEAM \_\_\_\_\_ TEAM CODE \_\_\_\_\_

TEAM ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_

### RECAP OF ENTRIES:

_____ Individual Events X \$6.00 =	\$ _____
_____ Individual Events X \$7.50=	\$ _____
_____ Relay Events X \$10.00 =	\$ _____
_____ Total Swimmers Entered for KYLSC Surcharge X \$2.50 =	\$ _____
_____ Total Swimmers Entered for Facility Fee X \$22.50 =	\$ _____
Total	\$ _____

### **Please Note:**

**No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming**

Make Checks Payable to Cardinal Aquatics!



# University of Louisville Natatorium Driving Directions

**From the South (Nashville):** Take I-65 North to the first Eastern Parkway Exit. Go right off the ramp and turn left at the first stoplight (Crittenden Dr.). Proceed to the first stop sign and turn left (Warnock St.). Go under the I-65 overpass and turn right at the second stoplight (Floyd St.). Cardinal Park will be on your right and Cardinal Arena will be on your left. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

**From the North (Indianapolis):** Take I-65 South to the Arthur Street Exit. Turn right at the first stop sign (Brandeis St.). Turn left at the stoplight (Floyd St.). Cardinal Park will be on your left and Cardinal Arena will be on your right. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

**From the East (Lexington/Cincinnati):** Take I-64 West or I-71 South to I-65 South and get off at the Arthur Street Exit. Turn right at the first stop sign (Brandeis St.). Turn left at the stoplight (Floyd St.). Cardinal Park will be on your left and Cardinal Arena will be on your right. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

**From the West (St. Louis):** Take I-64 East to I-65 South and get off at the Arthur Street Exit. Turn right at the first stop sign (Brandeis St.). Turn left at the stoplight (Floyd St.). Cardinal Park will be on your left and Cardinal Arena will be on your right. Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium. Trager Stadium is located next to McDonald's on the Cardinal Park grounds while the Ralph Wright Natatorium is located next to the parking garage.

