

2023 Sailfish Smackdown – Swimchester Sailfish
Jan 21-22, 2023
Held under USA Swimming Sanction #KYSC23-SWSF01

LOCATION: Winchester-Clark County Parks and Recreation, 15 Wheeler Avenue, Winchester, KY 40391

FACILITY: The competitive swimming pool measures 6 lanes by 25 yards. The depth of the pool at the start end is 11.5 feet. The depth at the turn end is 3.5 feet. The competition course has not been certified in accordance with 104.2.2C (4).

The seating capacity for the spectators in the pool area is 85, which includes handicapped seating for 15. All seating for athletes and overflow for parents will be in the upstairs gymnasium

Colorado 6 touchpad timing system and scoreboard are available. Competition will occur in all 6 lanes.

17&U athletes will use the locker rooms off of the pool deck. All 18&O athletes and parents wishing to accompany their child must use the family restrooms in the downstairs hallway

MEET DIRECTOR: Kevin Ryan

MEET REFEREE: Rachel Wilson

SAFETY DIRECTOR: Brittney Shelby and Shelby Meade, WCCPR Assistant Aquatics Directors

MEDICAL SUPERVISION: WCCPR Lifeguard staff will provide first aid. An AED is available on the pool deck and at the front desk of the building.

SAFESPORT: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms, behind the starting blocks or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

UNSUPERVISED SWIMMERS: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming’s “open border” policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements

have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

****All warmup and session times are subject to change based on entry numbers and timeline****

| MEET SCHEDULE | DATE | WARM-UP START TIME | COMPETITION START TIME |
|---------------|---------|--------------------|------------------------|
| SESSION 1 | 1/21/23 | 8:00am | 9:00am |
| SESSION 2 | 1/21/23 | 11:30am | 12:30pm |
| SESSION 3 | 1/22/23 | 8:00am | 9:00am |
| SESSION 4 | 1/22/23 | 11:30am | 12:00pm |
| SESSION 5 | 1/22/23 | 12:30pm | 1:30pm |

ENTRY DEADLINE: The due date for entries, electronic or otherwise, Wednesday, January 18, 2023 by 11:59pm

ENTRY FEES: Individual events \$6.00; \$15.00 facility charge; plus a \$2.50 per swimmer KYLSC surcharge. Make checks payable to **"Swimchester Sailfish"**. There is a \$1,000.00/swimmer handling fee for entries not furnished in an electronic file.

ENTRY LIMITATIONS: Swimmers may enter up to 6 individual events/day.

DECK ENTRIES: Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. There is no additional fee for deck entries. Athletes may deck enter any event 200y or below without issue, and any event 400y and above so long as it does not create an additional heat.

SCRATCH RULES: Athletes may scratch any event at any time without penalty. The host team asks that any scratches of events 400 and long be made as early as possible to allow for reseeding.

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy. Age is as of the first day of the meet, XXX. Coaches must be current coach members of USA Swimming and must wear credentials during the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRIES: Please make all entries in SCY times.

Only electronic entries will be accepted (Hy-Tek or SDIF). Handwritten, telephoned, or faxed entries will not be accepted except for the report sheet provided for utilization when entering swimmers with a disability. If the USA Swimming ID for any swimmer is omitted, that swimmer's entries will not be accepted.

Note: Hy-Tek's Windows Team Manager II Lite can be downloaded and used free of charge at:
http://www.hy-tekLtd.com/Demos/Swim_TEAM_MANAGER_II_Lite.exe

ENTRY PROCEDURE: The entry deadline is January 18, 2023 at 11:59pm.

Please submit entry file by e-mail to **CoachKevinSWSF@gmail.com**. Team Waiver and payment should be submitted before the start of the first session of the meet:

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a SCY course. All events are deck seeded and timed finals. Heats will be swum slowest to fastest.

CLERK OF COURSE: Clerk of Course will be in the gymnasium for 12&Under athletes only

AWARDS: Scoring will be standard invitational scoring, 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. For scoring purposes, the 12&Under events will be split and scored in the 8&Under, 9-10, and 11-12 age groups. The 13&Over events will be split and scored as 13-14 and 15&Over. The High Point award for the male and female winner of each age group will receive a WWE-style heavyweight championship belt. There are no prizes for first and second runners-up.

ADMISSION COST: Free. A multisession heat sheet will be available for \$10. Heat sheets are also available on MeetMobile.

PARKING: There is adequate lot and street parking around the WCCPR building

RESULTS: Results will be posted immediately on MeetMobile, at the entrance to the pool, emailed to the coaches, and on the KYLSC website following the meet.

SAFETY/WARM-UP: Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes.

COACHES: There will be a coaches' meeting 10 minutes prior to the start of each day's swimming competition. There will be an officials' meeting 20 minutes prior to the start of each swimming session.

Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming.

Coaches must show USA Swimming certification in order to receive their coach's packet, and must wear credentials during the meet.

OFFICIATING OPPORTUNITY: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. Contact Meet Referee Rachel Wilson at arcsandsparks@gmail.com if interested in officiating or apprenticing.

VOLUNTEER REQUIREMENTS: All meet directors, referees, starters and stroke and turn judges serving in an official capacity must be members of USA Swimming or other FINA-member organization.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

HOSPITALITY: Hospitality will be available to coaches, officials, and timers in the Lifeguard Office. Any parents, athletes, or spectators who wish to purchase food or drinks may do so at the concession stand in the gymnasium

DIRECTIONS: Address is 15 Wheeler Avenue, Winchester, KY 40391.

From north Lexington, take I-64 East to Exit 94/Van Meter Road/US-1957 and turn right off of the exit. At the first intersection, turn LEFT onto US-60/Lexington Road. After 2.1 miles, turn RIGHT onto Hays Street. Take a LEFT onto College Street, followed by the 2nd RIGHT onto Wheeler Avenue. Facility is at 15 Wheeler Avenue.

From south Lexington, take Todds Road (US-1927) east for approximately 6.5 miles from Man O' War Boulevard. Take a LEFT followed by an immediate RIGHT at the dead end at Comb's Ferry/Graze Restaurant to stay on US-1927 (name changes to Colby Road). Stay on Colby Road for approximately 7.5 miles (name changes to Belmont Road after crossing US-1958/Bypass Road). Turn LEFT onto Burns Avenue. Turn LEFT onto College Avenue. Turn LEFT onto Wheeler Avenue. Facility is at 15 Wheeler Avenue.

ACCOMMODATIONS:

Holiday Inn Express Lexington East-Winchester
100 Winchester Plaza, Winchester, KY 40391
859.795.8050

Hampton Inn Winchester
1025 Early Drive, Winchester, KY 40391
859.745.2000

EMERGENCY INFORMATION

Police: 911

Winchester-Parks and Recreation: 859.744.9554

SESSION #1: Saturday AM 13&Overs

Jan 21, 2023 – Warm-up 8:00a - Start 9:00a

| Women | Event Description | Men |
|-------|-------------------|-----|
| 1 | 13&O 400 IM | 2 |
| 3 | 13&O 100 Back | 4 |
| 5 | 13&O 200 Fly | 6 |
| 7 | 13&O 100 Free | 8 |
| 9 | 13&O 200 Breast | 10 |
| 11 | 13&O 100 IM | 12 |
| 13 | 13&O 500 Free | 14 |

SESSION #2: Saturday PM 12&Unders

Jan 21, 2023 – Warm-up 11:30a - Start 12:30p

| Women | Event Description | Men |
|-------|-------------------|-----|
| 15 | 12&U 400 IM | 16 |
| 17 | 12&U 100 Back | 18 |
| 19 | 12&U 50 Fly | 20 |
| 21 | 12&U 200 Fly | 22 |
| 23 | 12&U 100 Free | 24 |
| 25 | 12&U 50 Breast | 26 |
| 27 | 12&U 200 Breast | 28 |
| 29 | 12&U 100 IM | 30 |

SESSION #3: Sunday AM 13&Overs

Jan 22, 2023 - Warm-up 8:00a - Start 9:00a

| Women | Event Description | Men |
|-------|-------------------|-----|
| 31 | 13&O 200 IM | 32 |
| 33 | 13&O 100 Breast | 34 |
| 35 | 13&O 200 Free | 36 |
| 37 | 13&O 100 Fly | 38 |
| 39 | 13&O 200 Back | 40 |
| 41 | 13&O 50 Free | 42 |

SESSION #4: Sunday Mid-Day Distance**Jan 22, 2023 – Warm-up 11:30a – Start 12:00p**

| Women | Event Description | Men |
|--------------|--------------------------|------------|
| 43 | Open 1000 Free | 44 |

SESSION #5**Jan 22, 2023 – Warm-up 12:30p – Start 1:30p**

| Women | Event Description | Men |
|--------------|----------------------------|------------|
| 45 | 12&U 200 IM | 46 |
| 47 | 12&U 100 Breast | 48 |
| 49 | 12&U 200 Free | 50 |
| 51 | 12&U 100 Fly | 52 |
| 53 | 12&U 50 Back | 54 |
| 55 | 12&U 200 Back | 56 |
| 57 | 12&U 50 Free | 58 |
| 59 | 12&U 500 Free | 60 |

ENTRY / WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Facility Name and staff, and Your Club for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A CURRENT REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

OPTIONAL BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND KENTUCKY SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE _____ TITLE _____

Coach's email (required) _____

Entry chair's email (required) _____

TEAM _____ CLUB CODE _____ PHONE _____

ENTRY SUMMARY

| | | | | | | | | | |
|---------------|-------------------------|--------------------------|-------------|-------------|-------|----------------------|--------------------|-------|-------|
| <u>\$5.65</u> | + .35¢ KYLSC splash fee | = \$ | <u>6.00</u> | X | _____ | # Individual Entries | = \$ | _____ | |
| <u>\$5.00</u> | Club Fee | + \$2.50 KYLSC surcharge | = \$ | <u>7.50</u> | X | _____ | # Swimmers Entered | = \$ | _____ |
| <u>\$10</u> | Facility Fee | | | X | _____ | # Swimmers Entered | \$ | _____ | |
| | | | | | | TOTAL | \$ | _____ | |

Please make checks payable to and mail with this completed form to:

Host Club Name Swimchester Sailfish
Street Address 2810 Tillybrook Court
City, State and Zip Code Lexington, KY 40511

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.
Held under the sanction of USA Swimming.