



2024 CKA Derby Dash May 5, 2024

Held under USA Swimming Sanction #: KYLC24-CKA01

Hosted by
Central Kentucky
Aquatics

REVISED: 03/22/24

Location:	Union College Center for Health & Learning 105 Center Street, Barbourville, KY 40906
Facility:	The competitive swimming pool measures 10 lanes by 50 meters. The depth of the pool at the start end is 8 feet. The depth at the turn end is 13 feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.
Meet Director:	Sam Gaddie ckameetdirector@gmail.com
Meet Referee:	Joseph Phillips joetheengineer7@gmail.com 859-516-1214
Visiting Officials	Central Kentucky Aquatics welcomes anyone who is a USA Certified Official to aide in officiating the meet. Please utilize the signup list on the meet event page at www.kylsc.org or contact the Meet Referee if you wish to officiate. We will accommodate any Apprentice Officials based on our ability to provide experienced mentors.
Entry Chair:	Joseph Phillips ckameetentries@gmail.com 859-516-1214
Medical Aide:	Union College Center for Health & Learning Staff
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Timed Finals
# Of Sessions:	1

Regulations/Waivers

USA Swimming Rules	<ul style="list-style-type: none"> • At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. • Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. • Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. • Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Safe Sport 360	<ul style="list-style-type: none"> • The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined)



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	<p>from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.</p> <ul style="list-style-type: none"> Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. All athletes aged 18 and older must complete Athlete Protection Training to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. <ul style="list-style-type: none"> All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for removal of member from the facility.
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Meet Entry & Operation Guidelines

Eligibility:	<ul style="list-style-type: none"> All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet. Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request.
Swimmers with a Disability	<ul style="list-style-type: none"> Central Kentucky Aquatics welcomes swimmers with a disability. Entry Procedures: <ul style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically or on the paper entry form. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach



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Meet Entry & Operation Guidelines				
Start Times (Tentative)	Saturday			
		Title	Time	
	1	SUNDAY DASH	10:30 am EST	
	ESTIMATED SESSION TIMELINE: 3 HOURS			
	Facility will open for teams at 8:45am EST. Note: Warmups and Start Times may be modified based on swimmer numbers and timeline requirements.			
Entry Limits/	<ul style="list-style-type: none"> Swimmers may swim a maximum of 5 individual events per day. There is no limit for relay participation. 			
Entry Procedures:	<ul style="list-style-type: none"> Deadline for receipt of entries is Sunday, April 28, 2024 @ 8:00pm Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify, etc.). Send entries via email to: ckameetentry@gmail.com Checks should be made payable to: Central Kentucky Aquatics “No Time” (NT) entries will be accepted. The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors at each session. 			
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designee). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool. General Warm-up (LANES 1-10) (9:00am EST-10:00am EST) <ul style="list-style-type: none"> All lanes to be used for general warm-up. No sprinting or pace work allowed during the general warm-up session. Specific warm-up (10 lanes) (10:00am EST-10:10:20am EST) <ul style="list-style-type: none"> OPEN/PACE Lanes 1 and 10 SPRINTS Lanes 2, 3, 8,9 GENERAL Lanes 4,5,6 No equipment in the competition pools during scheduled warmups (including but not limited to snorkels, kickboards, fins or pull buoys). 			
Competition Guidelines:	<ul style="list-style-type: none"> All Events will be swum as timed finals, seeded slowest to fastest. 			
Time Trials	<ul style="list-style-type: none"> No Time Trials will be swum. 			
Awards:	<ul style="list-style-type: none"> Awards will be given to top 12&U Boy/Girl, &13&O Boy/Girl Swimmer based on their top 3 events. 			
Admission:	No admission will be charged for spectator entry into the meet.			
Timers/Counters	CKA welcomes assistance from timers from participating teams.			
Hospitality	Hospitality will be provided for coaches and officials.			



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CENTRAL KENTUCKY INVITATIONAL ORDER OF EVENTS

Sunday, May 5, 2024		
Session # 1		
<u>Event #</u>	<u>Event Description</u>	<u>Event #</u>
1	12U 50 BUTTERFLY	2
3	13O 50 BUTTERFLY	4
5	12U 50 BACK STROKE	6
7	13O 50 BACKSTROKE	8
9	12U 50 BREASTSTROKE	10
11	13O 50 BREASTSTROKE	12
13	12U 50 FREESTYLE	14
15	13O 50 FREESTYLE	16
17	200 INDIVIDUAL MEDLEY	18
10 MINUTE BREAK		
19	12U 100 BUTTERFLY	20
21	13O 100 BUTTERFLY	22
23	12U 100 BACK STROKE	24
25	13O 100 BACKSTROKE	26
27	12U 100 BREASTSTROKE	28
29	13O 100 BREASTSTROKE	30
31	12U 100 FREESTYLE	32
33	13O 100 FREESTYLE	34
10 MINUTE BREAK		
35	OPEN 400 INDIVIDUAL MEDLEY	36



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Summary of Fees/Release Form

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$7.00	
Relay Entries		\$14.00	
KYLSC Swimmer Surcharge		\$2.50 per swimmer	
Facility Surcharge		\$25.00 per swimmer	
Total Fees Due			

Make Checks Payable to: Central Kentucky Aquatics

Waiver, Acknowledgement and Liability Release:

I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Union College Center for Health & Learning and staff, and Central Kentucky Aquatics, Inc. for injuries and/or expenses incurred by me / us at the meet and /or while traveling to and from the meet.

I verify that every swimmer entered the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)

Club Title (Coach etc.)

Name of Club

Date

Present this form with meet entry fee payment the 1st Session of the Meet to the Admin Table.

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.

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SWIMMERS WITH A DISABILITY COACH AND MEET REFEREE COMMUNICATION



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TEAM _____ CLUB CODE _____

COACH'S NAME _____

COACH'S EMAIL _____

PHONE _____

Swimmer	Age Group	Event	Session	Necessary Accommodation

Examples of Necessary Accommodations (but not limited to)

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.

Please state all requested accommodation. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.



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Union College Waiver of Liability

I, _____, hereby acknowledge and agree to the following terms and conditions in consideration for the participation of the athletes under my supervision in the Central Kentucky Aquatics 2024 CKA Derby Dash swim meet ("Event") held at Union College and the Center for Health and Learning at Union College: 1. Assumption of Risk: I understand and acknowledge that participating in swimming and diving activities involves inherent risks, including but not limited to the risk of bodily injury, drowning, or other serious harm. I acknowledge that it is my responsibility to inform the athletes under my supervision of these risks, and I understand that they voluntarily assume all such risks associated with their participation in the Event. 2. Release and Waiver: On behalf of myself and the athletes under my supervision, I hereby release, waive, and discharge Union College, its trustees, officers, employees, agents, representatives, volunteers, and all other affiliated individuals or entities (collectively referred to as "Released Parties") from any and all liability, claims, demands, actions, or causes of action arising out of or related to any injury, loss, or damage that may occur to the athletes or their property during the Event, including but not limited to those arising from the negligence or fault of any Released Party. 3. Indemnification: I agree to indemnify and hold harmless the Released Parties from and against any and all liabilities, expenses, damages, or costs (including reasonable attorneys' fees) arising out of or resulting from the participation of the athletes under my supervision in the Event, including any claims asserted by third parties. 4. Compliance with Rules and Regulations: I agree to ensure that the athletes under my supervision comply with all rules, regulations, instructions, and guidelines provided by Union College and the Center for Health and Learning at Union College, as well as those established by the Central Kentucky Aquatics, pertaining to the Event. 5. Medical Treatment: In the event of any injury or medical emergency arising during the participation of the athletes under my supervision in the Event, I authorize the Released Parties to administer or arrange for any necessary medical treatment or assistance for the athletes. 6. Photo and Video Release: I consent to the use of my name, likeness, voice, and/or image in any photographs, videos, or other media recordings captured during the Event for promotional, marketing, or educational purposes by Union College and the Center for Health and Learning at Union College. 7. Governing Law: This Waiver of Liability shall be governed by and construed in accordance with the laws of the Commonwealth of Kentucky, without giving effect to its conflict of laws principles. I have read this Waiver of Liability carefully and fully understand its contents. I acknowledge that I am signing this agreement on behalf of myself and the athletes under my supervision, intending to be legally bound hereby. Coach's

Signature: _____

Coach's Name (Printed): _____

Date: _____