# SKY SWIMMING 2024 WINTER FEST JANUARY 19-21, 2024

**LOCATION:** Bowling Green High School Natatorium, 1801 Rockingham Lane Bowling Green, KY 42103

Sanction Number: KYSC24-SKY02

**FACILITY:** The Competitive Indoor Pool is 11 Lanes x 25 Yards. The seating for spectators is 400. The meet will utilize 8 lanes for competition with 2 lanes for warm-up/warm down. Colorado Timing System will be utilized with an 8 Lane Scoreboard and Colorado Backstroke wegdes

**POOL MEASUREMENTS:** The competition course has been certified in accordance with 104.2.2C (4).

**WATER DEPTH:** The depth of the pool at the start end is 12 feet. The depth at the turn end is 4.6 feet.

**MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. Use of audio or visual recording, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms. Such devices being used in these areas are subject to confiscation.

**RULES:** Current USA Swimming and Kentucky Swimming rules will govern this meet. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a membercoach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches, on arrival for each session, must show his/her USA coach's Card for admittance and in order to receive the team's coach packet. The Meet Referee has the right to ask for coach credential and deny access if coaches do not comply or the card is no longer valid/current.

**DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection of the facility.

**BULLYING** All participants and competitors shall follow the U.S. CENTER for SAFESPORT rules for bullying found on the USA Swimming and Kentucky Swimming websites. A violation will be grounds for removal of member from the facility.

**DRONE USE:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

**MEDICAL ASSISTANCE:** AED is located by ther entry doors to natatorium by the locker rooms. First Aid station located by the officials table.

**MEET FORMAT:** Pre-seeded, timed finals meet for all events.

**ENTRY CHAIR:** Dee Wilkins,

robert.wilkins@bgreen.kyschools.us

600 Covington Grove Blvd Bowling Green, KY 42104

MEET REFEREE: Drue Walker and Alan Hall

**SAFETY DIRECTOR:** Dee Wilkins, 270-779-3658

**UNSUPERVISED SWIMMERS:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

#### STARTING TIMES:

Friday Session 1 6:00 pm CST Saturday Session 2 9:00 am CST

Saturday Session 3 not before 10:30 am CST

Sunday Session 4 9:00 am CST

Sunday 1000 free Session 5 not before 10 am CST Sunday Session 6 Not before 11:30 am CST

Note: Warmups and Start Times may be modified based on swimmer numbers.

ENTRY DEADLINE: The due date for entries is January 15, 2024

**ENTRY FEES:** Individual Event: \$6.50

Relay Even: \$12.00 KYLSC Surcharge \$2.50 Facility Fee: \$15.00

Make checks payable to SKY SWIMMING.

**ENTRY LIMITATIONS:** Swimmers may enter up to 5 individual events and 1 relay per day. Entries will be taken on a 1st come, 1st served basis and will close at a max of 250 swimmers per session. ENTRIES: Entries should be submitted in Short Course Yards. Only Hy-Tek electronic entries will be accepted.

**DECK ENTRIES:** Deck entries for swimmers not already in the meet will not be allowed. Deck entries for swimmers already entered in the meet will be accepted if there is an open lane. Additional heats will not be added to the meet for deck entries. Deck entry fees are \$10, payable at the time of entry into meet.

**ELIGIBILITY:** Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy. Age is as of the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH A DISABILITY:** Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. All events will be timed finals.. Heats will be swum slowest to fastest.

**AWARDS:** Ribbons will be awarded to  $1^{st} - 8^{th}$  place. Relays will be awarded  $1^{st} - 3^{rd}$  place for 12 and unders. Age Group High Points 6 & unders, 7-8, 9-10, 11-12, 13-14, 15 & Over

ADMISSION COST: No Admission will be charged

**HEAT SHEETS:** \$5.00 session

**RESULTS:** Will be posted on www.KYLSC.org. Teams can be emailed results.

**SAFETY/WARM-UP:** Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes.

**COACHES:** Coaches must be current coach members of USA Swimming and must present credentials upon request

**OFFICIATING OPPORTUNITY:** SKY Swimming welcomes anyone who is a USA Certified Official to aide in officiating the meet. Official's Meeting will be held 45 mins prior to each session.

**TIMERS:** Visiting teams may be requested to provide timers based on swimmers entered into the sessions. 500 Freestyle Swimmers will be required to provide their own counter. 1000 & 1650 Freestyle Swimmers will be required to provide their own counter & timer

**HOSPITALITY:** There will be hospitality for coaches and officials throughout the meet.

#### **MEET EVENTS:**

# Friday Evening-Session 1 Warm-up 5:00 PM Meet 6:00 PM

| GIRLS | EVENTS           | BOYS |
|-------|------------------|------|
| 1     | 9-10 200 IM      | 2    |
| 3     | 11-12 200 IM     | 4    |
| 5     | 13-over 400 IM   | 6    |
| 7     | 11-12 500 Free   | 8    |
| 9     | 13-over 500 Free | 10   |

#### Saturday Morning-Session 2 Warm-up 8:00 AM Meet 9:00 AM

| GIRLS | EVENTS                  | BOYS |
|-------|-------------------------|------|
| 11    | 9-10 100 Free           | 12   |
| 13    | 11-12 100 Free          | 14   |
| 15    | 9-10 50 Back            | 16   |
| 17    | 11-12 50 Back           | 18   |
| 19    | 9-10 100 Breast         | 20   |
| 21    | 11-12 100 Breast        | 22   |
| 23    | 9-10 50 Free            | 24   |
| 25    | 11-12 50 Free           | 26   |
| 27    | 9-10 100 Fly            | 28   |
| 29    | 11-12 100 Fly           | 30   |
| 31    | 12&Under 200 Free Relay | 32   |

# Saturday Afternoon-Session 3 Warm-up: Not before 11:00 AM Meet: Not before 12:00 PM

| GIRLS | EVENTS                   | BOYS |
|-------|--------------------------|------|
| 33    | 13-over 200 IM           | 34   |
| 35    | 8 & Under 100 IM         | 36   |
| 37    | 13-over 100 Free         | 38   |
| 39    | 8 & Under 50 Free        | 40   |
| 41    | 13-over 200 Back         | 42   |
| 43    | 8 & Under 50 Back        | 44   |
| 45    | 13-over 100 Breast       | 46   |
| 47    | 8 & Under 50 Breast      | 48   |
| 49    | 13-over 200 Fly          | 50   |
| 51    | 8 & Under 50 Fly         | 52   |
| 53    | 13-over 400 Free Relay   | 54   |
| 55    | 8 & Under 100 Free Relay | 56   |

# Sunday Morning-Session 4 Warm-up 8:00 AM Meet 9:00AM

|       | -                           |      |
|-------|-----------------------------|------|
| GIRLS | EVENTS                      | BOYS |
| 57    | 9-10 200 Free               | 58   |
| 59    | 11-12 200 Free              | 60   |
| 61    | 9-10 50 Breast              | 62   |
| 63    | 11-12 50 Breast             | 64   |
| 65    | 9-10 100 Back               | 66   |
| 67    | 11-12 100 Back              | 68   |
| 69    | 9-10 50 Fly                 | 70   |
| 71    | 11-12 50 Fly                | 72   |
| 73    | 9-10 100 IM                 | 74   |
| 75    | 12 & Under 200 Medley Relay | 76   |

### **Sunday Mid-Session 5**

## Warm-up: Not Before 10:30 AM Meet: Not Before 10:50 AM

| GIRLS | EVENTS         | <b>BOYS</b> |
|-------|----------------|-------------|
| 77    | Open 1000 Free | 78          |

## **Sunday Afternoon-Session 6**

## Warm-Up: Immediately after Session 5 Meet: 45 Minutes Later

| GIRLS | EVENTS                     | BOYS |
|-------|----------------------------|------|
| 79    | 13-over 200 Free           | 80   |
| 81    | 8 & Under 100 Free         | 82   |
| 83    | 13-over 100 Back           | 84   |
| 85    | 6 & Under 25 Back          | 86   |
| 87    | 8 & Under 25 Back          | 88   |
| 89    | 13-over 200 Breast         | 90   |
| 91    | 6 & Under 25 Breast        | 92   |
| 93    | 8 & Under 25 Breast        | 94   |
| 95    | 13-over 50 Free            | 96   |
| 97    | 6 & Under 25 Free          | 99   |
| 99    | 8 & Under 25 Free          | 100  |
| 101   | 13-over 100 Fly            | 102  |
| 103   | 6 & Under 25 Fly           | 104  |
| 105   | 8 & Under 25 Fly           | 106  |
| 107   | 13-over 100 IM             | 108  |
| 109   | 8 & Under 100 Medley Relay | 110  |
| 111   | 13-over 400 Medley Relay   | 112  |
|       |                            |      |

### Waiver of Responsibility

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming and in compliance with required certifications. I intend to be legally bound for all financial responsibilities incurred and waive and release any and all rights to claim against USA Swimming, Kentucky Swimming, the Southern Kentucky Swim Club, or the Bowling Green City Schools and/or any of their successors for any and all damages that may result from the said meet.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, KENTUCKY SWIMMING, Southern Kentucky Swim Club, Bowling Green High School Natatorium. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

| Please sign and return. |                          |
|-------------------------|--------------------------|
| Signature(Coach or Tea  | om Official)             |
| (Coach or lea           | im Official)             |
| Date:                   |                          |
| Phone:                  |                          |
|                         | Summary of Fees          |
| Number of Swimmers      | _X \$15.00 facility fee= |
| Number of Swimmers      | X \$2.50 surcharge =     |
| Number of Ind. Events   | _X \$6.50 surcharge =    |
| Number of Relays        | _X \$12.00 surcharge =   |
|                         | Total                    |

Please make checks payable to: SKY SWIMMING, Inc. and submit waiver and payment to Admin Table at beginning of meet. No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming