



2024 Triton Swim Festival

May 17-19, 2024

Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01

Triton
Swimming

Location:	The Genesis Blairwood Club 9300 Blairwood Road – Louisville, KY
Facility:	The competitive outdoor pool is 9 lanes by 50 meters. The competition will occur in 9 lanes. The depth of the pool at the start end is 12'. The depth at the turn end is 4'6". Daktronics timing system and scoreboard are available. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4).
Locker Rooms:	Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Parents who wish to accompany their swimmer to the locker rooms should utilize the restrooms in the lobby.
Meet Director:	Susan Vlahos sdvlahos@hotmail.com 502-552-3890
Meet Referee:	Jason Brown kylscoc@gmail.com 502-428-6041
Officials:	<p>Triton Swimming welcomes anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. We will accommodate any Apprentice Official based on our ability to provide experienced mentors. Please contact the Meet Referee, in advance of the meet, if possible, to let them know of your availability or sign-up directly on the Kentucky Swimming website at www.kylsc.org. The Meet Referee's contact information is listed above.</p> <p>We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, available on the KYLSC website.</p> <p>There will be an officials' meeting one (1) hour prior to the start of each session.</p> <p>All meet officials serving in an official capacity must be members of USA Swimming or other World Aquatics organization. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming.</p>
Entry Chair:	Ann Id-Lougssiy annidtriton@gmail.com 502-551-3707
Medical Assistance	<i>The pool deck will be staffed with certified Lifeguards provided by The Genesis-Blairwood Club. An AED device, if needed, is available on deck at one of the lifeguard stations.</i>
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Timed Finals

Regulations/Waivers

USA Swimming Rules

- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Changing into our out of swimsuits other than in locker rooms or other designated areas is strictly



2024 Triton Swim Festival

May 17-19, 2024

Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01

Triton
Swimming

Regulations/Waivers

prohibited.

- Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups.
- Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Flash photography is not permitted at the start of any race.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Safe Sport 360

- The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
- The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.
- Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
- All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.
- All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for removal of member from the facility.

Waiver/Release

- By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.
- All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers

	<h2 style="margin: 0;">2024 Triton Swim Festival</h2> <h3 style="margin: 0;">May 17-19, 2024</h3> <p style="margin: 0;">Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01</p>	<p style="margin: 0;">Triton Swimming</p>
---	--	--

Regulations/Waivers	
	who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Meet Entry & Operation Guidelines				
Eligibility:	<ul style="list-style-type: none"> All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet. Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request. 			
Swimmers with a Disability	<ul style="list-style-type: none"> Triton Swimming welcomes swimmers with a disability. Entry Procedures: <ol style="list-style-type: none"> Enter the USA-S swimmers with a disability electronically. With your entries, submit the SWAD Coaches and Meet Referee Communication Form (form is on the last page of this document). Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach 			
Start Times	DATE	SESSION	WARM-UP START TIME (EST)	COMPETITION START TIME (EST)
	Friday	1	1:00 PM	2:00 PM
		2	4:00 PM	5:00 PM
	Saturday	3	7:00 AM	8:00 AM
		4	12:30 PM	1:30 PM
	Sunday	5	7:00 AM	8:00 AM
		6	12:30 PM	1:30 PM
Entry Limits	<ul style="list-style-type: none"> Swimmers may swim a maximum of 4 individual events per day 			
Entry Fees	<ul style="list-style-type: none"> \$7.50 per individual event. \$18.50 per swimmer surcharge (includes a \$2.50 KYLSC surcharge). Deck Entry Fees are \$15.00 and are due at the start of the session. Checks should be made payable to: TRITON SWIMMING. 			
Entry Procedures	<ul style="list-style-type: none"> Send entries via email to: annidtriton@gmail.com Deadline for receipt of entries is noon (EST) on Friday, May 10, 2024. Entries must be submitted in LCM using an electronic meet entry software (Hy-Tek/Team Unify, etc.). "No Time" (NT) entries will be accepted. Late entries after midnight (EST), Tuesday, May 14, 2024, up until the start of warm-ups for Session 1 on Friday, May 17, 2023, will be subject to availability and will be assessed a \$15.00 late entry fine. These entries will be allowed at the discretion of the Meet Referee. No heats will be added to the event to add a late swimmer. Handwritten, telephoned, or faxed entries will not be accepted with the exception of the report sheet provided for utilization when entering swimmers with a disability. If the USA Swimming ID for any swimmer is omitted, that swimmer's entries will not be accepted. 			
Deck Entries	Deck entries will be accepted at the discretion of the Meet Director and Meet Referee. Only events with open lanes will be filled. NO heats will be added. Deck entries will cost \$15.00 per event.			



2024 Triton Swim Festival

May 17-19, 2024

Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01

Triton
Swimming

Meet Entry & Operation Guidelines	
Warm-up, Safety Guidelines, and Cool Down	<ul style="list-style-type: none">• Teams will be assigned lanes or the meet host will post an Open Format warm up lane schedule at the meet.• Warm up procedure will be determined by the number of swimmers entered.• Warm-ups will be monitored by the Meet Marshall.• Coaches must maintain contact with their swimmers during warm-up time.• Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool.• Warm-up/Cool-Down lanes will be provided during all sessions in a separate 25 Meter pool located at the facility.• Only athletes entered in the meet, working coaches, officials, and meet workers are allowed in designated areas on deck. Other non-participants are expected to remain in the spectator area.•
Competition Guidelines	<p>Time Standards: There are no time standards for this meet.</p> <p>Positive Check-In: All events 400 Meters and longer will require positive check-in 45 minutes before the beginning of the session in which the event is to be swam. Check-in sheets will be located behind the head table. No other events need to be checked in.</p> <p>Distance Events: All swimmers in the 800 Meter Freestyle will need to provide their own timer and lane counter to swim the event. A timer and/or counter will not be provided by the host club.</p>
Clerk of Course:	No Clerk of Course will be provided.
Scoring	Individual Events 16 places – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Awards	There will be no awards for this meet.
Admission	Admission is free.
Results	Will be posted on www.KYLSC.org . Teams can be emailed results. You can see results during the meet @ tritonswimming.com “Meets” Tab
Timers/Counters	<p>While the host club will provide 2 lane timers for each session of the event, we welcome any parent that would like to volunteer. If your team has parents that would like to volunteer to time, please reach out to the Meet Director and we add them to the volunteer list for each session.</p> <p>Distance Events: All swimmers in the 800 Meter Freestyle will need to provide their own timer and lane counter to swim the event. A timer and/or counter will not be provided by the host club.</p>
Hospitality	Hospitality will be offered for coaches and officials.
Concessions	Limited concessions will be available for spectators.



2024 Triton Swim Festival

May 17-19, 2024

Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01

Triton
Swimming

ORDER OF EVENTS

Session 1 Friday - AM		
Warm-up Time 1:00 pm & Start Time 2:00 pm		
Women	Event Description	Men
1	Open 800 Free	2

Session 2 Friday – PM		
Warm-up Time 4:00 pm & Start Time 5:00 pm		
Women	Event Description	Men
3	13&O 400 IM	4
5	11-12 200 IM	6
7	13&O 400 Free	8
9	11-12 400 Free	10

Session 3 Saturday - AM		
Warm-up Time 7:00 am & Start Time 8:00 pm		
Women	Event Description	Men
11	13-14 100 Free	12
13	Open 100 Free	14
15	13-14 200 IM	16
17	Open 200 IM	18
19	13-14 100 Back	20
21	Open 100 Back	22
23	13-14 200 Breast	24
25	Open 200 Breast	26
27	13-14 100 Fly	28
29	Open 100 Fly	30

Session 4 Saturday - PM		
Warm-up Time 12:30 pm & Start Time 1:30 pm		
Women	Event Description	Men
31	10&U 200 Free	32
33	11-12 200 Free	34
35	10&U 100 Back	36
37	11-12 100 Back	38
39	10&U 50 Breast	40
41	11-12 50 Breast	42
43	10&U 100 Fly	44
45	11-12 100 Fly	46
47	10&U 50 Free	48
49	11-12 50 Free	50

Session 5 Sunday - AM		
Warm-up Time 7:00 am & Start Time 8:00 am		
Women	Event Description	Men
51	13-14 200 Back	52
53	Open 200 Back	54
55	13-14 100 Breast	56
57	Open 100 Breast	58
59	13-14 200 Free	60
61	Open 200 Free	62
63	13-14 200 Fly	64
65	Open 200 Fly	66
67	13-14 50 Free	68
69	Open 50 Free	70

Session 6 Sunday - PM		
Warm-up Time 12:30 pm & Start Time 1:30 pm		
Women	Event Description	Men
71	10&U 200IM	72
73	11-12 100 Free	74
75	10&U 100 Free	76
77	11-12 50 Back	78
79	10&U 50 Back	80
81	11-12 100 Breast	82
83	10&U 100 Breast	84
85	11-12 50 Fly	86
87	10&U 50 Fly	88

Sessions 3-6: (4) Event Limit



2024 Triton Swim Festival

May 17-19, 2024

Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01

Triton
Swimming

Summary of Fees/Release Form

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$7.50 per event	
Swimmer Surcharge (\$2.50 KYLSC)		\$18.50 per swimmer	
Total Fees Due			

Make Checks Payable to: Triton Swimming

Waiver, Acknowledgement and Liability Release:

I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the **Genesis-Blairwood** and staff, and Triton for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I verify that every swimmer entered into the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)

Club Title (Coach etc.)

Name of Club

Date

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.



2024 Triton Swim Festival

May 17-19, 2024

Held under USA Swimming Sanction by Kentucky Swimming #KYLC24-TS01

Triton
Swimming

KENTUCKY SWIMMING Necessary Accommodation Form Coach/Meet Referee Communication

Swimmer's Name: _____ P1 _____ P2 _____ P3 _____ Date: _____

Meet: _____

Club: _____ LSC: _____ Coach: _____

Coach Cell # (at meet) _____

Please state all requested accommodations and modifications.

Modifications needed; please describe. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.

Session	Event	Heat	Lane	Modification(s) Per Article 105

Examples of Meet Accommodations and Modifications in accordance with Article 105

- Towel on block to start.
- Takes longer to get to the block or exit pool.
- Sitting or alternative position on block (105.5.1.E(1)) Starter's arm signals (105.3.1)
- Personal Assistant for mobility, tapper (B/VI) or communication
- Legs due to immobility are unable to perform Breaststroke Kick
- Any modification of a technical rule allowing parallel performance for a swimmer with a disability
- Assistance at the block before and/or during the start
- Preferred lane placement and/or exit to ladder