



2025 CKA-COLONEL SUMMER INVITATIONAL

June 27-29, 2025



REVISED: 05/21/25

UPDATE: Corrected
Meet Lineup

Held under USA Swimming Sanction #: KYLC25-CKA01

Location:	Champions Hall at Centre College 628 Colonel Drive Danville, KY 40422
Facility:	The competitive swimming pool measures 10 lanes by 50 meters. The depth of the pool at the start end is 6 feet 7 inches. The depth at the turn end is 13 feet. There will be one lane available for continuous warmup/cool down throughout the meet with a buffer lane between competition lanes.
Meet Director:	Dean Brownley dean.brownley@centre.edu
Meet Referee:	Joseph Phillips joetheengineer77@outlook.com 859-516-1214
Officials	Central Kentucky Aquatics welcomes anyone who is a USA Certified Official to aide in officiating the meet. Please contact the Meet Referee if you wish to officiate. Officials' Meeting will take place one (1) hour prior to each session. Please be prepared to provide credentials upon request.
Entry Chair:	Joseph Phillips ckameetentries@gmail.com 859-516-1214
Medical Aide:	Centre Aquatic & Medical Staff. An AED will be onsite in Champions Hall for use if needed.
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Format:	Open Invitational: Timed Final meet with events as set forth on the "Order of Events" (attached).. Central Kentucky Aquatics reserves the right to limit ANY event to allow the meet to run in the allotted time. The meet host reserves the right to conduct the meet in one, two, or three sessions per day and in one or two pools based upon the number of entries. Further, the meet host may change the start time of any session. If this decision is made all teams will be notified of the new start time and schedule of events
# Of Sessions:	5

Regulations/Waivers

USA Swimming Rules	<ul style="list-style-type: none">At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups.Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.Flash photography is not permitted at the start of any race.All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Safe Sport 360	<ul style="list-style-type: none">The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention





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Regulations/Waivers	
	<p>program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</p> <ul style="list-style-type: none">• The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.• Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.• All athletes aged 18 and older must complete Athlete Protection Training to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of the competition, who has not completed Athlete Protection Training by the first day of the competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.• All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for the removal of member from the facility.
Waiver/Release	<ul style="list-style-type: none">• By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.• All participants agree to be filmed and photographed by the host club approved photographers and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Meet Entry & Operation Guidelines

Eligibility:	<ul style="list-style-type: none">• All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet.• All adult athletes (18y/o or older) must hold current Athlete Protection Training certification.• Age on the first day of the meet will determine age for the entire meet.• Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request.• All coaches and officials must present evidence of certification (card/USAS swimming App) as required by KY Swimming at the Coaches Sign in Table or at the Officials Meeting.
Swimmers with a Disability	<ul style="list-style-type: none">• Central Kentucky Aquatics/Centre welcomes swimmers with a disability.• Entry Procedures:<ul style="list-style-type: none">• Enter the USA-S swimmers with a disability electronically or on the paper entry form.• Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations.





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	<ul style="list-style-type: none">List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions.Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.The final determination of seeding will be made by the Meet Referee.							
Start Times (Tentative) <i>Times are approximate and may be adjusted after all entries are received to preserve an appropriate timeline.</i>	Friday		Saturday			Sunday		
	Warm-up	5:00pm EST	12 & UNDER	Warm-up	730AM EST	12 & UNDER	Warm-up	730AM EST
				Session	900AM EST		Session	905AM EST
	Session	6:05 pm EST	13 & OVER					
				Warm-up	100PM EST	13 & OVER	Warm-up	100PM EST
Session				205PM EST	Session		205PM EST	
Entry Limits/Guidelines	<ul style="list-style-type: none">Swimmers may swim a maximum of 4 events per day.There is no limit for relay participation.Deadline for receipt of entries is Wednesday, June 18 , 2025 @ 10:00pm ESTEntries must be submitted in LCM using an electronic meet entry software (Hy-Tek/Team Unify, etc.).Send entries via email to: ckameetentry@gmail.comChecks should be made payable to: Colonel Swim Camp“No Time” (NT) entries will be accepted.The Meet Director/Referee reserves the right to limit entries, if necessary, to manage the timeline and number of competitors at each session.							
Warmup Procedure <i>Warmups may be changed to assigned lanes after all entries are received to ensure safety of swimmers</i>	<p>Warm-ups will be monitored by the Meet Referee's special designee.</p> <ul style="list-style-type: none">Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool.General Warm-up (LANES 1-10)<ul style="list-style-type: none">10Lanes will be used for warmups. Smaller teams may have to share lanes.Lane assignments per team will be utilized for all Saturday/Sunday SessionsThe last 10 mins of each warmup session can be utilized for startsNo equipment in the competition pools during scheduled warmups (including but not limited to snorkels, kickboards, fins or pull buoys).							
Competition Guidelines:	All events are timed finals							
Positive Check-Ins	Positive Check-ins are required for all relays and any events 400 meter or longer							
Awards:	There will be no awards.							
Parking	Details on parking areas will be sent out with coaches' email once entries are received.							
Admission:	There will be no admission for the meet.							



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Timers/Counters	CKA/Centre welcomes assistance from timers from participating teams. Timers should be a minimum of 13 years old. 800 Free Swimmers must provide their own timers & counters.
Concessions	There will be limited concessions during the meet.
Hospitality	Hospitality will be provided for coaches and officials for Breakfast and Finals



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CKA-COLONEL SUMMER INVITATIONAL ORDER OF EVENTS

FRIDAY JUNE 27, 2025

GIRLS	EVENT	AGE GROUP	BOYS
101	400 INDIVIDUAL MEDLEY	13 & OVER	102
103	400 FREESTYLE	11-12	104
105	200 FREESTYLE	13 & OVER	106

SATURDAY JUNE 28, 2025 12 & UNDER

GIRLS	EVENT	AGE GROUP	BOYS
201	200 INDIVIDUAL MEDLEY	12 & UNDER	202
203	200 BUTTERFLY	11-12	204
	BREAK		
205	50 BACKSTROKE	12 & UNDER	206
207	50 BUTTERFLY	12 & UNDER	208
	BREAK		
209	100 FREESTYLE	12 & UNDER	210
211	100 BREASTSTROKE	12 & UNDER	212
213	200 BACKSTROKE	11-12	214
	BREAK		
215	400 FREE RELAY	12 & UNDER	216

SATURDAY JUNE 28, 2025, 13 & OVER

GIRLS	EVENT	AGE GROUP	BOYS
	200 INDIVIDUAL MEDLEY	13 & OVER	
301	100 FREESTYLE		302
303	BREAK		304
305	200 BACKSTROKE		
307	100 BREASTSTROKE		306
	BREAK		308
309	200 BUTTERFLY		
	BREAK		310
311	400 FREESTYLE		312
313	400 FREE RELAY		314

SATURDAY JUNE 29, 2025, 12 & UNDER

GIRLS EVENT #	EVENT	AGE GROUP	BOYS EVENT #
401	200 FREESTYLE	12 & U	402
403	BREAK		
403	50 FREESTYLE	12 & U	404
405	50 BREASTSTROKE	12 & U	406
407	100 BUTTERFLY	12 & U	408
	BREAK	Break	
409	100 BACKSTROKE	12 & U	410
411	200 BREASTSTROKE	12 & U	41
	BREAK		

SUNDAY JUNE 29, 2025, 13 & OVER

GIRLS EVENT #	EVENT	AGE GROUP	BOYS EVENT #
503	50 FREESTYLE	13 & OVER	504
	BREAK		
505	100 BACKSTROKE		506
507	200 BREASTSTROKE		508
	BREAK		
509	100 BUTTERFLY		510
	BREAK		
801	MIXED 800 FREESTYLE		

Summary of Fees/Release Form





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Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
KYLSC Swimmer Surcharge		\$2.50 per swimmer	
CKA Swimmer Surcharge		\$2.50 per swimmer	
Swimmer Meet Surcharge		\$75.00 per swimmer	
Total Fees Due			

Make Checks Payable to: Centre Colonel Swim Camp

Waiver, Acknowledgement and Liability Release:

I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Centre College and staff, and Central Kentucky Aquatics, Inc. for injuries and/or expenses incurred by me / us at the meet and /or while traveling to and from the meet.

I verify that every swimmer entered the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)

Club Title (Coach, President, Treasurer etc.)

Name of Club

Date

Present this form with meet entry fee payment the 1st Session of the Meet to the Admin Table.

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.

Held under the sanction of USA Swimming.

SWIMMERS WITH A DISABILITY COACH AND MEET REFEREE COMMUNICATION

TEAM

CLUB CODE





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COACH'S NAME _____

COACH'S EMAIL _____

PHONE _____

Swimmer	Age Group	Event	Session	Necessary Accommodation

Examples of Necessary Accommodations (but not limited to)

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.

Please state all requested accommodation. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.

Centre College Waiver of Liability





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I, _____, hereby acknowledge and agree to the following terms and conditions in consideration for the participation of the athletes under my supervision in the CKA-COLONEL SUMMER INVITATIONAL swim meet ("Event") held at Centre College and the:

1. **Assumption of Risk:** I understand and acknowledge that participating in swimming and diving activities involves inherent risks, including but not limited to the risk of bodily injury, drowning, or other serious harm. I acknowledge that it is my responsibility to inform the athletes under my supervision of these risks, and I understand that they voluntarily assume all such risks associated with their participation in the Event.
2. **Release and Waiver:** On behalf of myself and the athletes under my supervision, I hereby release, waive, and discharge Centre College, its trustees, officers, employees, agents, representatives, volunteers, and all other affiliated individuals or entities (collectively referred to as "Released Parties") from any and all liability, claims, demands, actions, or causes of action arising out of or related to any injury, loss, or damage that may occur to the athletes or their property during the Event, including but not limited to those arising from the negligence or fault of any Released Party.
3. **Indemnification:** I agree to indemnify and hold harmless the Released Parties from and against any and all liabilities, expenses, damages, or costs (including reasonable attorneys' fees) arising out of or resulting from the participation of the athletes under my supervision in the Event, including any claims asserted by third parties.
4. **Compliance with Rules and Regulations:** I agree to ensure that the athletes under my supervision comply with all rules, regulations, instructions, and guidelines provided by Centre College and the Center for Health and Learning at Centre College, as well as those established by the Central Kentucky Aquatics, pertaining to the Event.
5. **Medical Treatment:** In the event of any injury or medical emergency arising during the participation of the athletes under my supervision in the Event, I authorize the Released Parties to administer or arrange for any necessary medical treatment or assistance for the athletes.
6. **Photo and Video Release:** I consent to the use of my name, likeness, voice, and/or image in any photographs, videos, or other media recordings captured during the Event for promotional, marketing, or educational purposes by Centre College.
7. **Governing Law:** This Waiver of Liability shall be governed by and construed in accordance with the laws of the Commonwealth of Kentucky, without giving effect to its conflict of laws principles. I have read this Waiver of Liability carefully and fully understand its contents. I acknowledge that I am signing this agreement on behalf of myself and the athletes under my supervision, intending to be legally bound hereby.

Coach's Signature: _____

Coach's Name (Printed): _____

Date: _____

