

	<p style="text-align: center;">LEXINGTON DOLPHINS, INC. REINDEER GAMES DECEMBER 14, 2025 Held under USA Swimming Sanction #KYSC26-LEXD02</p>	<p style="text-align: center;">LEXINGTON DOLPHINS</p>
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Host Team	Lexington Dolphins, Inc. www.lexingtondolphins.org
Location	Transylvania University – W.T. Young Campus Center – 361 N. Broadway, Lexington, KY 40508
Facility	<p>The indoor pool consists of (6) six foot wide, 25 yard lanes with competition, nonturbulent lane markers. Electronic timing by Colorado Timing. Pool depth: patio end is 3.5'; dive end is 12'.</p> <p>The Dolphins will ensure the required course dimensions</p> <p>The pool has 6 lanes. There is no cool-down availability, therefore, breaks will be taken throughout the meet for warm-up and cool-down purposes.</p>
Medical Aide	A lifeguard will be on duty during the course of the meet. An AED device is available on site.
Meet Staff	
Meet Referee	Jessica Crist, 859-248-4060, jcristlair@gmail.com
Meet Director	Dave Doolin, 859-621-8967, Coachdave@lexingtondolphins.org
Entry Chair	Michelle Doolin, 859-333-6091, marymichelledoolin@gmail.com
Visiting Officials	<p>The Lexington Dolphins swim team welcomes the assistance of any visiting parents who would like to serve as officials. On-line signup is available at http://www.kylsc.org. Please include your name, email, highest level of certifications, and team. For further questions, you can contact Jessica Lair at 859-248-4060, jcristlair@mail.com</p>
Disclaimer	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type	<p>There are no time standards for this meet.</p> <p>This is a timed-finals competition with 8-under, 9-10, 11-12, 12 & Under age groups. Age on December 14, 2025 determines age-group for the meet. USA swimming rules apply. FINA starting procedures, approved by USA Swimming, uses a series of whistles followed by a one whistle announcement for the swimmers. The No Recall Start Rule will also be enforced during this meet. Fly-over starts will be used at the discretion of the Meet Referee.</p>

Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request. Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach

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Regulations/Waivers	
	<p>areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <ul style="list-style-type: none"> Flash photography is not permitted at the start of any race. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Safe Sport 360	<ul style="list-style-type: none"> The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for removal of member from the facility.
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Unsupervised Swimmers	<p>Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another US Swimming member coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.</p>

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Regulations/Waivers	
FACILITY NOTES	<ol style="list-style-type: none"> 1. Swimmers and spectators may not go into unauthorized areas. 2. Transylvania University and USA Swimming prohibit SMOKING and ALCOHOL. 3. Any Banner or signs must be hung with masking tape or string, only. 4. Radios, noisemakers, or anything that will cause distraction to swimmers, coaches, or officials will not be allowed. Flash photography is prohibited during the start of the heats. 5. GLASS CONTAINERS ARE BANNED FROM THE COMPLEX; NO FOOD IS ALLOWED ON DECK. 6. Any act of vandalism against Transylvania University will require immediate attention by the Meet Director. The University Police Department will be called and a report filed. Culprits could be expelled from one or more sessions, as determined by the meet director, team coach, and KYLSC. <p style="text-align: center;">MARSHALS WILL ENFORCE THESE RULES AND VIOLATORS COULD BE EJECTED</p>

Meet Entry & Operation Guidelines				
Swimmers with a Disability	<ul style="list-style-type: none"> • The Lexington Dolphins welcome swimmers with a disability. • Entry Procedures: <ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically 2. With your entries, submit the SWAD Coaches and Meet Referee Communication Form (form is on page 6 of this document. • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. • The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach 			
Start Times	DATE SUNDAY – DEC. 14	SESSION 1	WARM-UP START TIME 9:00 AM	COMPETITION START TIME Not before 10:00AM
Entry Limits Entry Fees	<ul style="list-style-type: none"> • Swimmers may swim a maximum of 6 individual events. • No more than 250 swimmers will be accepted. • \$8.00 per individual event. • \$2.50 KY LSC surcharge per swimmer. • \$20.00 Facility Fee per swimmer • Deck Entry Fees are \$8.00 per deck entry plus surcharge if not already entered In the meet. <p><i>A check payable to Lexington Dolphins, Inc. must accompany all entries (along with waiver).</i> There will be no refund of entry fees.</p>			
Entry Deadline Entry Procedures	<ul style="list-style-type: none"> • Entries must be received by Wednesday, December 3, 2025 by 8:00 p.m. to Michelle Doolin, 859-333-6091, marymichelledoolin@gmail.com • Entries must be submitted electronically (Hy-Tek of SDIF). • If the USSID for any swimmer is omitted, that swimmer's entries will not be accepted. If your team does not use Hy-Tek's Team Manager or equivalent, then WinTM II Lite, downloadable, free of charge from Hy-Tek's web site, should be used to prepare your entries. • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify, etc.). • Checks should be made payable to: <i>Lexington Dolphins, Inc -</i> 			
Results	Upon conclusion of the meet, results will be sent to each team's entry contact and submitted to KY Swimming for retrieval from the KYLSC website.			
Warm-up and Safety	<ul style="list-style-type: none"> • Warm-up lanes will be assigned. 			

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Meet Entry & Operation Guidelines	
Guidelines	<ul style="list-style-type: none"> • Coaches should be prepared to share lane space with other teams. • Assignments will be determined once the meet is closed and entries are received and conveyed to coaches prior to December 11, 2025. • There is a 250-swimmer limit. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool. • No spectators allowed on deck.
Scoring and Awards	None
Admission/ Heat Sheets	There will be no charge for admissions and Heat Sheets will not be posted until December 13 th .
Parking	Parking is available off of 4 th Street in any Transylvania University parking lot.
Coaches' Meeting	A mandatory coaches' meeting will be held on Sunday morning at 15 minutes prior to the start of the meet (TBD).
Officials' Meeting	There will be an officials' meeting Sunday morning 45 minutes prior to the beginning of the meet (TBD).

ORDER OF EVENTS

Session 1 - December 14th Warm-ups: 9:00AM Start Time: Not before 10:00AM		
Women	Event Description	Men
1	12&U 100 Free	2
3	8&U 50 Fly	4
5	9-10 50 Fly	6
7	11-12 50 Fly	8
9	8&U 50 Back	10
11	9-10 50 Back	12
13	11-12 50 Back	14
15	8&U 50 Breast	16
17	9-10 50 Breast	18
19	11-12 50 Breast	20
21	8&U 50 Free	22
23	9-10 50 Free	24
25	11-12 50 Free	26
27	12&U 100 IM	28

Summary of Fees/Release Form

	LEXINGTON DOLPHINS, INC. REINDEER GAMES DECEMBER 14, 2025 Held under USA Swimming Sanction #KYSC26-LEXD02	LEXINGTON DOLPHINS
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Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$8 per event	
KYLSC Swimmer Surcharge		\$2.50 per swimmer	
Facility Surcharge		\$20 per swimmer	
Total Fees Due			

Make Checks Payable to: Lexington Dolphins

Waiver, Acknowledgement and Liability Release:

Inconsideration for the acceptance of this entry, I/We hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming, the Kentucky Local Swim Committee of USA Swimming, Transylvania University, and the Lexington Dolphins Inc. for injuries, and/or expense incurred by me/us at the meet while on the road to and from the meet. I/we are bona-fide members of the United State Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

I verify that every swimmer entered into the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)	Club Title (Coach etc.)
Name of Club	Date

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.

SWIMMERS WITH A DISABILITY COACH AND MEET REFEREE COMMUNICATION

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TEAM		CLUB CODE	
COACH'S NAME			
COACH'S EMAIL		COACH'S PHONE	

Swimmer	Age Group	Event	Session	Necessary Accommodation

Examples of Necessary Accommodations (but not limited to)

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.