

KYLS Board of Directors Meeting
April 25, 2022
Conference Call 7:30 PM (EDT)

PURPOSE - MISSION

The objectives and primary purpose of Kentucky Swimming shall be the education, instruction, and training of individuals to develop and improve their capabilities in the sport of swimming.

VISION

To provide a safe and healthy environment, encompassing all backgrounds and abilities that create a tradition of excellence in the sport of swimming.

Attending: Joseph Phillips, Mike Essig, Bobby Livesay, Kevin Ryan, Brian Johnson, Colin Faris, Nick Graves, Meg Robinson, Mia Clark, David Barnes, Brent Runkle, Helen Glish, Terri Tonges, Kris Humphries, Becky Gilpatrick, Lesa Boone

Joseph Phillips, General Chair called to the meeting order at 7:30 pm.

Terri Tonges motioned/Lesa Boone second/approved meeting agenda as presented.

February 28, 2022, meeting minutes: Kevin Ryan motioned/David Barnes second/approved as read.

USA Swimming Zone Workshop

Legislative Review

105.5.2 *In judging the stroke or kick of a swimmer with a physical disability, the Referee and Stroke & Turn Judge should follow the general rule that: If a part of the body is absent or cannot be used, it is not judged, a necessary stroke accommodation may need to be applied, by the meet referee. if it is used during the stroke or kick, it should be judged in accordance with the USA Swimming Rules & Regulations. Any other body part(s) where a necessary accommodation has not been applied should be judged in accordance with the USA Swimming Rules & Regulations.*

(DEI Committee)

Joseph explained the driving force was a way to collect data for future Para Swimming time standards. Meet referees will have the option to judge the swim with standard stroke and turn rules. A S&T judge will raise their hand if there is a violation regardless of disability, confer with the meet referee and make a decision in regard to a DQ.

Becky Gilpatrick added that this was a sloppy way to collect data to raise a hand and work a call when there is a disability documented. It's much easier to recognize that there is a limb missing and not make the call.

102.10.3 *To standardize the minimum number of meet marshals at sanctioned meets.*

2 Marshal(s) (number determined by LSC), with at least one of each gender.

(Operational Risk Committee)

102.10.4 *To standardize the number of meet marshals at development, dual and intra-squad meets.*

2 Marshal(s) (number determined by LSC), with at least one of each gender.

(Operational Risk Committee)

202.4.1 *To require that the meet announcement set forth a description of the medical supervision (e.g., lifeguards, EMT, AED device, etc.) available to athletes participating in the meet.*

(Operational Risk Committee)

202.4.11 *To require that all meets sanctioned by the LSC follow the approved quality control system approved by the U.S. Center for SafeSport.*

(Safe Sport Committee)

Joseph explained that these is Meet 360, a SafeSport document that all zone meets and above already are require to have these requirements in place.

203.3 120-Day Rule

Suggested waivers for the 120-day rule:

For athletes whose clubs fold

Military Families

Bullying/Discrimination

Suggested amendments to the rule:

Reduce the amount of days in the wait period to 30 or 60 Days

Include a mileage-based transfer clause

Rule is waived when transferring a certain amount of miles

Date Range of Transfer Clause

Rule only applies during a certain time period (e.g., January – March for champs)

LSC Transfer Clause

Rule only applies when transferring inside current LSC.

USAS Athlete Executive Committee is asking for feedback. They have provided a QR code to use for providing suggestions.

The USAS Athlete Executive Committee asked for opinions from all members via the QR code provided. The QR code will be sent to all clubs, so they can respond individually.

207.6.2 To establish that the Senior Development Committee will develop the qualifying time standards for National Championships/U.S. Open Championships, Junior National Championships and Future Championships 10 months in advance.

(Senior Development Committee)

Article 4 Remove Articles 401 – 408 and 410 from the Rulebook and place National Board of Review Procedures in the Operating Policy Manual.

(Board of Directors)

The Articles will still be in place but moved from the Rulebook to the Operating Policy Manual

501.4 (A) (5) To permit the Chair of the Senior Development Committee to designate a member of the committee to serve as an ex-officio to the National Team Steering Committee.

(Senior Development Committee)

S Zone Meeting

S Zone Fee Increase: Currently S Zone has a \$50 LSC fee. The LSC's has been absorbing S Zone committee members' travel to meetings and events. The S Zone Budget Committee was given the task to create budgets for two years including in the budget report line items for Athlete Committee and DEI activities and Zone Workshops.

Potential Methods to determine the fee increase were:

A per athlete / per member charge to each of the LSC's

Increase the flat fee to each LSC

Institute a splash fee/surcharge for the Zone Championship

Acquire Sponsorships or Donations

Per athlete / per member charge recommended was \$.25. Kentucky's approximate annual fee would be approximately \$621.50. An estimated \$16,000 would be collected for the S Zone. Proposal will be presented and voted on in September.

S Zone Age-Group Championship

The host club in Arlington is not able to host the event. The meet has been relocated to Tupelo, Mississippi. The dates will remain the same. In addition, S Zone is contemplating changing the dates for the age group championship. To date, no coaches have applied for the 2022 Zone Team.

SWIMS Membership

The new registration system will require all members to enter their personal information into SWIMS. For Once a swim family has committed to a club, the club will send the parents a link to use to register on the USA Swimming website. For clubs who do not use an online registration system that links to the USA Swimming registration system, there will be a club portal to review membership information available.

Diversity, Equity and Inclusion USAS Zone Workshop

Helen Glish reported that the emphasis was on the connection made. Whether you are a coach, parent, swimmer or board member, what can each person offer. A trust needs to be built between groups and individuals as it doesn't happen automatically. Helen sat with seven athletes from different LSC's. Consensus between the athletes was that they were uncomfortable telling an adult the issues they were having because of embarrassment. Athletes looking for support, motivation and positivity. Everyone needs something different. LSC's contemplate DEI camps, updated website, including people, communicating effectively, communicating through creative methods and utilizing social media. Report attached.

Flex Summer Membership

Kevin motioned/Kris second/approved \$10 USAS/\$5 KYLSC Flex membership fee for 10&Under swimmers for summer membership.

S Zone Open Water Championship

Kevin Ryan reported that there will be 19 athletes competing at the 2022 S Zone Open Water Championship. The location and time of year has hurt participation. Four great coaches are on staff, Kevin, Colin Faris, Nick Graves and Scott Paulson. The chaperones are also officials and will be officiating, along with other officials, at the event.

2022 Long Course Championship

Becky Gilpatrick reported that Joseph Phillips will be the 13&Over Meet Referee. The 12&Under Meet Referee is still under consideration. Kris Humphries reported that the 2019 format will be used as a template. Brian Johnson, Program Development, along with Kris, Technical Planning, will review order of events. They will look at mixed relays. They will also look at the Short Course Technical Planning meeting comprised of meet AO's and meet staff, will be reviewed for improvements to the long course championship. A draft will go out for review before the meet announcement is published. Brian Johnson added that they were considering not having a mixed medley relay for the lack of swimmers to fill the relays and adding an 800 free relay to the 13&Over order of events.

Short Course Championship Meet Bids

Bids from Cardinal Aquatics, Lakeside Seahawks and Triton Swimming were distributed to the board members. Board will need to make a decision and have recommendations for meet venues by the September HOD meeting.

Championship Meet Bid Cycle: Becky Gilpatrick recommended to change the existing three-year championship meet cycle to a two-year cycle. She reminded the board of the difficulties caused by COVID and the meet venues being limited to the Louisville locations. She hopes that as the LSC moves forward, there will be more central Kentucky locations that will become available. Becky motioned/ to award the short course meet bids for the next two years/Kris Humphries seconded.

Discussion: Mike Essig felt that changing the meet cycle after meet bids have been accepted for the three-year cycle was not fair to those clubs who submitted bids for 2023-2025. He doesn't feel that waiting three years to allow any new facilities to bid championship meets is unreasonable. He recommends the Championship Rules Policy and Procedures be in place before there is a change made. Meg Robinson felt that it was important to leave options open, so that the LSC was not tied to the same pool and/or city if something opens up. Lesa Boone added that over the last two years, it has been proven that nothing is the way it's supposed to be. If changes are going to be made, now is the time to do it because so many changes have occurred. Kris Humphries reminded the board the clubs bidding the current meets will still have the opportunity to submit bids every two years.

Brent Runkle asked to amend the current motion to add long course championship meet bids. Becky accepted.

Becky Gilpatrick motioned/Kris Humphries second/approved moving the championship meet bid process from a three-year to a two-year bid cycle. (Mike Essig opposed)

Joseph assigned Program Development and Technical Planning to review the current Championship Meet Rules and championship meet bid process. In addition, the HOD decision to limit a club to one championship meet per season can be modified and presented to the HOD at the next meeting in September.

USAS Transgender Competition Policy

State Bill 83 was passed recently. The bill only covers K-12 interscholastic athletic competitions and does not include athletic youth leagues. David Barnes was assigned to look at SB83 and provide guidance. The USAS Policy only covers Elite competition. At some point, Kentucky Swimming will need to create a policy accommodating transgender athletes.

Program Development – Brian Johnson

Brian reported that Program Development will have recommendations for order of events and meet format at the next meeting.

Coaches Representative – Kevin Ryan

Kevin polled coaches in regard to the short course championships and passed all coach comments on to Program Development.

Officials Chair – Becky Gilpatrick

Becky reported she is working with the Open Water National Committee Chair to schedule a clinic. She has been communicating with the LSC officials to recruit officials and reaching out to other LSC's for officials to work the KYLSC OW Championship. Trying to get clinics scheduled in May for Chief Judge and Deck Referee to start working on pool-based officials to advance over the long course season.

SafeSport – Lesa Boone

Lesa reported that she sent an email to all clubs with a link to South Texas' example of requiring all meet hosts to be SafeSport certified. She recommended that Kentucky Swimming require championship meet host clubs to be SafeSport certified. AS an LSC has four teams that are fully certified. She has sent out emails to clubs with no response. She is trying to determine the

best route possible in moving SafeSport forward to protect the LSC athletes in the right way. Joseph recommended Lesa join the Program Development and Technical Planning to revise and review the championship meet bid policy.

Technical Planning – Kris Humphries

Kris reported that she compared championship meet participation numbers to previous years. There was only 18 less athletes entered in this year's championships than in 2019. There were three updates for 2023 short course time standards. The attached report contains a summary of the meet debriefing from both championship meets.

Athlete Engagement – Ruth Ann Bode (absent)

See attached report

Meg Robinson noted that a request to coaches was sent for two athlete representatives from each club be named and contact information submitted, so that those athletes can participate in meetings.

Records – Terri Tonges

Terri reported that there were 17 new short records set.

Terri is exploring updating records categories to more align with SWIMS and surrounding LSC's for future board discussions.

Future Board Meetings

Becky asked to have an in-person board meeting during one of the long course championship meets. Joseph added that he would like to have an in-person meeting once a quarter.

Next Meeting: June 6, 2022, at 7:30 PM (EDT)

Becky Gilpatrick motioned/Kevin Ryan second/approved/meeting adjourned 9:00 PM.

Respectfully submitted

Maureen McDonald – Executive Secretary

Athlete Engagement Committee Report April 22, 2022

- Attended KYLSC new BOD orientation in April in Louisville, KY. Completed Survey “What is my position on the BOD – How is it defined?”
- Communicated with AEC – need for regular zoom meeting for the Athlete Executive Committee; set a date/time; - define goals/needs of athletes and AEC in KYLSC, plans/activities. Will set zoom meeting date after attending the USAS Zone Workshop April 21-24.
- Attended USAS Zone Workshop in Denver participating in the DEI track.

Respectfully submitted, Ruth-Ann Bode (Athlete Engagement Chair)

Technical Planning report 4/22

2021-22 champ meet debriefing

- No check in for relays- will seed
- Consider penalty for late entries- will always be double the entry fee (Entry chair reminders)
- Problems collecting fees- now will be handled at the Coach’s meeting
- Consider additional language for allowing athletes to compete in State (non college)
- Mixed relays and relay entry limits
- Should relay participants be allowed to compete in time trials?
- Timing of the coaches meeting at Champs- preference?

New Time Standards for SCY

Mens Open 50 Free SCY

Old was 22.79, new is **22.69 (new)**

Mens Open 200 free SCY

Old was 1:50.19, new is **1:49.89 (new)**

Mens Open 100 Fly SCY

Old was 54.89, new is **54.69 (new)**

	10 and U		11 to 12		13 to 14		15 and O		
	Men	Women	Men	Women	Men	Women	Men	Women	TOTAL
2019	79	83	76	90	87	95	119	114	743
2021	54	56	73	75	76	86	105	94	619
2022	69	75	81	77	82	85	125	131	725

Respectfully submitted, Kris Humphries (Technical Planning Chair)

SCY Records Report 25Apr22

New Records, 01Sep21 – 03Apr22: 17

Girls 13-14	->	7	Boys U8	->	1
Girls 15-18	->	1	Boys 11-12	->	3
Girls O19	->	1	Boys 15-18	->	3
			Boys O19	->	1

Updated file and export are posted on the KYLSC website.

TBD – Update/correct age classification in Championship files. “Open” is incorrect and makes printing and tracking records laborious for the AO responsible for printing heat sheets.

Explore updating what records are tracked by KYLSC. Records currently do not align with time standards and are not consistent with other LSC’s. This will be presented to the board in the future.

Respectfully submitted, Terri Tonges (Records Chair)

Connection

- what do you bring
- what can you offer
- what do you need
- trust
- open mind
- common good



Hidden information that individuals do not want to or not willing to divulge is an issue
 As a coach, you cannot correct / fix / instruct if you have no idea there is an issue → common ground is trust and building the trust

How things work – chain of command & safe sport – who is your team contact willing to pass information along, both to and from athletes, coaches, LSA board...

Motivational support → athletes need to hear positives on a regular basis, even during a tough set that they feel they are failing at (this came directly from swimmers who were at the conference)

BE YOURSELF

put aside seniority / age / preconceived role, to one of affirmation → does not mean you know it all, but are willing to learn

experience vs intelligence
 practical experience vs book smart

DEI specific:

- reach out to coaches, parents, athletes
- what do they need – will be different for every single individual and you can not lump it together in to one nice statement
- what information can be passed forward
- set up a camp
 - define parameters
 - who is selected
 - based on what criteria
 - target participation audience
- LSC website – is it up to date with the most current information

Inclusion – must be willing to listen and accept new ideas, regardless of personal agenda
 eg.) An invitation to the dance – EVERYONE is asked to attend the dance, but is the invitation to actually participate to dance been extended to every individual attending?

ACCEPT	DISAPPROVE
humanity	political stance that is unbending
personalities (we're all different)	disrespect
venting – a one way outlet to dump frustrations without fearing repercussions – requires a "safe" sounding board individual	rude / inappropriate behaviors that are "all about me" and I could care less what you need

EQUITY

Fair playing field based on INDIVIDUAL needs ~ no 2 individuals have the exact same needs requires disclosure of the issue, and how much an individual is willing to reveal → HUGE trust issue

TRANSGENDER

- a lonely existence, until discovering there others of like minds
- support system
 - is there one
 - parents / family
 - friends
- image of self ~ must be positive
- Question not asked / answered – is it easier for individuals to go Female to male, or Male to female?
- Lane change – change your thinking

sysassumed

Educational materials pertaining to transgender:

- <https://www.pinkmantary.com>
- lanechanger.com
- OBEIS Man Enough

Social Media Platforms being utilized:

- groupmeet
- remind
- Instagram
- email
- facebook

There are others – what are your swimmers using???

April 21 – 24, 2022

Denver Marriott Tech Center

STRENGTHS What can you bring to the table	WEAKNESSES What are you struggling with
OPPORTUNITIES What programs are available – getting the info	THREATS Fear that someone else will do a better job

Each team within the LSA needs:

Athlete rep – ownership of the athletes to make their needs known and to make decisions that will impact them

Do we need an monthly publication / flyer to promote / highlight swims, times, milestones would need to be athlete based and not focus solely on the top level swimmers, but rather all

Do we have ideas:

project

team members

execution date

executive summary

project needs

notes

swimposium

LEAD

DEI camp

Performance criteria

Adult Learn to swim – is there a child version on this

modified version of Brown HS swim meet

- target audience being “C” or slower swimmers
- Would be in conjunction with KHSAA to bridge a gap
- Central HS Louisville KY
- beginning sounding board for swimmers to look at USA swimming
- meet would need to be “approved to be USA”

Resources from Conference can be found at:

<https://www.usaswimming.org/coaches-leaders/team-leaders/programs-services#usa-swimming-workshop-presented-by-livebarn>

WORKSHOP
PRESENTED BY **LiveBarn**
Never Miss a Moment.

FOR WORKSHOP INFORMATION AND AGENDA

SCAN THE FOLLOWING QR CODES

- HOTEL FLOOR MAP**
- TIPS & TRICKS GUIDE**
- WORKSHOP AGENDA**
- WORKSHOP EVALUATION**

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