

**KYLSC Board of Directors Meeting
June 6, 2022
Conference Call 7:30 PM (EDT)**

PURPOSE - MISSION

The objectives and primary purpose of Kentucky Swimming shall be the education, instruction, and training of individuals to develop and improve their capabilities in the sport of swimming.

VISION

To provide a safe and healthy environment, encompassing all backgrounds and abilities that create a tradition of excellence in the sport of swimming.

Attending: Joseph Phillips, Mike Essig, Bobby Livesay, Kevin Ryan, Brian Johnson, Colin Faris, Nick Graves, Meg Robinson, Helen Glish, Terri Tonges, Kris Humphries, Becky Gilpatrick, Lesa Boone, , Sara Smith, Amy Albiero

Joseph Phillips, General Chair called to the meeting order at 7:31 pm.

Becky Gilpatrick motioned/Ruth Ann Bode second/approved meeting agenda as presented.

April 25, 2022, meeting minutes: Terri Tonges motioned/Lesa Boone second/approved as read.

Southern Zone Open Water Championship

Kevin Ryan, S Zone OW Team KY Head Coach, reported that Kentucky had two top 15 finishers, Justice Beard (PST) and Sydney Green (LAK). Justice was 7th and qualified for Junior Nationals but will age out and not be able to compete. Their finishes qualified them for an open water meet hosted by the Sandpipers in Las Vegas. Historically, this meet has been a qualifier for World Cups.

Boone Wilcox (LAK) finished 6th in 13-14 boys division, Sydney Green finished 8th in 15-16 girls and Justice Beard finished 4th in the open division. Kentucky finished 6th overall as a team.

Coaches were Kevin Ryan, Nick Graves, Colin Faris and Scott Paulson. Chaperones also that went also officiated the event, Ruth Ann bode, Kris Humphries and Terri Tonges.

Open Water Championships

Kevin reported that he has a meeting with Spencer County EMS to finalize safety plans.

Becky reported that officials, from four other LSC's, have volunteered to work the event. Becky has scheduled two open water clinics, led by Mike Murphy, USAS National Open Water Chair, FINA certified.

The clinics are June 7, basic open water information, and June 14, looking specifically at KY Swimming's Open Water Championship. Becky will forward Zoom links to the board.

Ruth Ann added that Baptist Health will be providing promo bags and will set up a healthy living table. A sports photographer will be onsite for pictures.

To provide more opportunities for swimmers, Kevin would like to remove limits for relays. He feels the area has ample space to spread out and accommodate more swimmers.

The language used in the announcement says, "*Relays are limited to two (2) entries per club for each age group. Depending on the number of relay entries received, additional entries may be allowed at the discretion of the Meet Referee.*" Kevin has asked to remove limits, so clubs can plan accordingly. He added that it was a good promotional tool to entice more swimmers to participate.

Becky reminded the board that the language was put in there for safety but allowed for flexibility if entry levels were as such. Becky would like to see how many entries there are before the decision is made.

Kevin Ryan motioned/Nick Graves second/approved to expand relays up to 4 per team per age group. Becky Gilpatrick opposed.

Terri Tonges will modify the meet information and website to reflect new relay limits.

Long Course Championships

Brian presented Program Development Championship Meet Committee report recommending to add a 13-14 and 15&Over 800 freestyle relay on Thursday evening running combined age groups. Clubs would be limited to one relay per event. It was also recommended, on Thursday, to start the meet thirty minutes earlier to accommodate the added event.

Meg Robinson, speaking as an athlete miler, supports the addition and feels Thursday is the best option for order of events. A second proposal was to remove daily relay limits.

Brian Johnson motioned/Ruth Ann Bode second/approved: For the 2022, 13 and Over Long Course Championship Meet, include an 800 free relay, limited to one "A" relay per team. The relay will be conducted on Thursday evening thirty minutes at the conclusion of the mile.

Brian Johnson/motioned Terri Tonges second/approved: Change the per day relay entries to a limit of four relays for the entire meet.

Amy Albiero asked if mixed gender relays would be added to the 12&Under meet. Brian said the committee didn't discuss the 12&Under mixed relay because it was not successful at the short course meet. Removing limits would help to accommodate adding the extra relay.

Brian recommended adding it add the end of the Saturday morning prelims session.

Colin Faris motioned/Ruth Ann Bode second/approved to add 12&Under mixed relay events and remove relay limits for the day with a total of three for the meet.

Meet Announcement General Information

For relays, remove positive check-in and seed the relays as a non-positive check-in event. Relays will be seeded with relay cards. If a relay card is not received for an entered relay, the entry will be scratched.

Remove the KYLSC eligibility rule, unattached athletes entering the meet must compete in two (2) KY Swimming sanctioned meets during the season of each championship meet.

Relay only swimmers must be entered in the meet. The team of a swimmer who competes on a relay and is not entered in the meet the relay shall be DQ'd.

Time Trials: A swimmer is limited to a maximum of two (2) Time Trial Events during the course of the Championship Meet. A swimmer must be entered in an individual or relay event to be eligible to participate in a Time Trial.

Late Entries: Any entries or changes submitted after the Entry Deadline will be subject to a fine of double the entry fee per late entry.

Late entries or changes after the psych sheet is posted and up until the start of the first warmup of the meet will be subject to availability and at the discretion of the meet referee and will be assessed the late entry fine. No heats will be added in order to add a late swimmer. A late entry fine will be assessed as double the entry fee per event.

Ruth Ann suggested that outreach swimmers should have funding available to them to pay for their meet fees.

2023-2025 Championship Meet Bids: tabled

SWIMS Registration: Starting for the 2023 registration period, all members will set up an account on the USA Swimming website and register. They will be required to pay their USA Swimming membership fee at that time. The LSC must decide if USA Swimming will collect the KY Swimming which will include ≈4% processing fee.

Joseph will confer with David Barnes as to which board positions will be up for election at the September HOD Elections.

Next Meeting: During prelim/final break at the 13&Over championship meet.

Meeting Adjourned: 9:32PM

Respectfully Submitted
Maureen McDonald
Executive Secretary

REPORT FROM PROGRAM DEVELOPMENT 2022 LC CHAMPIONSHIP

I solicited the input of several coaches in evaluating the relays available at the long course championship meet. Initially, the focus was on whether to include a mixed medley relay, as we did at the short course championship, and how that relay would fit best within the order of events. There was little to no support for including a mixed medley relay, particularly for the long course championship at which participation is lower than for the short course championship.

There was, however, support for including an 800 free relay at the 13&O championship. This memo outlines a couple of options for including the 800 free relay this year. Note, however, that some concern has been expressed regarding making this change in light of the other meets surrounding the championship meet, and specifically the Sectionals meet the weekend before and NCSA, Zones, Futures and Nationals the week after the championship. An additional concern was expressed about having this relay after the 1500, as the 800 free relay would typically be the relay in which 1500 swimmers would be more likely to participate, as compared to the shorter relays. In light of those concerns, one suggestion was to table this idea and revisit it next year, perhaps with additional changes to the order of events to accommodate the addition of the 800 relays.

The original concept in evaluating the addition of these relays was that the 800 free relays for both age groups and both genders could be conducted following the 1500 free on Thursday evening. Assuming two heats for each age group and gender, however, the relays would take approximately 80 minutes (assuming an average of 10 minutes per relay heat). The 1500 free typically takes approximately two hours and fifteen minutes, and we would need to have a warm-up session between the completion of the 1500 free and the start of the 800 free relays. If we were to assume the usual 5:00 start time for the 1500, we would conclude those events at approximately 7:15. Assuming a 30-minute warm-up session, we would start the relays at approximately 7:45, with an approximate completion time of 9:05, which would not provide the athletes with sufficient time to eat and rest prior to prelims the following morning. Weather impacts would, of course, delay completion even more.

We considered moving the start time of the 1500 free to the morning, as we did last year with the consolidated meet for all age groups. That creates logistical problems for many families and volunteers, however, in addition to being somewhat inherently unfair to the competitors in the 1500 free. We also considered moving the 1500 start time up to earlier in the afternoon but doing so would lead to swimmers competing in the longest event during the hottest part of the day if the change were significant.

Based on these various considerations, Program Development is recommending that we make a small change to the start time of the 1500, moving it from 5:00 to 4:30. By doing so, the 1500 should be completed around 6:45 based on past timelines. We would then open the pool for a 30-minute warm-up and start the 800 relays at 7:15. The women's relay would be swum as an Open event, but scored as 13-14 and 15&O, with each team entering only an A relay. This should result in three heats, as opposed to four if we were to swim it as 13-14 and 15&O (thanks to Kris for this suggestion). The men's relay would follow in the same manner. The estimated completion time would be 8:15. This appears to be the best option.

There is another option, which is a bit more complicated and would have the relays conducted on different days, but also conducted separately as 13-14 and 15&O. Through this option and based on the order of events for the remainder of the meet, it would make the most sense to put all of the women's relays on Thursday evening after the mile, as explained further below. Assuming the usual start time of 5:00 for the 1500 free, and assuming no delays, these relays could be completed by 8:15.

The Open men's 800 free relay would be placed at the conclusion of Friday morning prelims. The estimated completion time for that session absent the relays is approximately 11:30, and the athletes would be finished by noon even with two heats of the relays at the conclusion of the session. Men participating in the 400 IM (the last individual event) would have at least 50 minutes between races as a result of the 13-14

400 IM being the last individual event of the session. If we were to place the women's Open 800 free relay in this spot, competitors in the 400 IM would be waiting over an hour between races, with athletes not competing in the 400 IM potentially waiting at least two hours.

The 13-14 men's 800 free relay would be placed at the conclusion of Saturday morning prelims. The estimated completion time for that session absent the relays is approximately 12:00, and the athletes would be finished by 12:30 even with two heats of the relays following the 400 free. Men competing in the 400 free would have at least 40 minutes of recovery prior to the relay, whereas the women competing in the 400 free would have a wait of over an hour. Women not competing in the 400 free would wait at least an hour and half.

Sunday does not appear to be an option for 800 free relays, as (i) there are already relays scheduled for the beginning and end of prelims and (ii) we do not want to delay the start of the 800 free.

This second option is a bit unusual, as we have historically grouped all relays of the same type together for both age groups and both genders. The 800 free relay presents new issues as a result of the time that would be required for completion of all of the heats, however.

The first option is based on estimates of only three heats of the 800 free relay for each gender, while the second option is based on estimates of two heats of the relay for each age group and gender. In light of the number of teams participating at the championship meet, it is unlikely that the first option would be workable if teams were permitted to enter more than one relay in each age group. If teams were permitted to enter A and B relays under the second option, the timelines would be extended by 10-20 minutes.

Finally, if the Board approves the inclusion of the 800 free relay under the second option, we would need to change the limit on the number of relays in which swimmers may participate. Most coaches seem to support either eliminating the per-swimmer limit on relays altogether or including a limit, but without a daily limit as we have typically used. If the 800 free relay is added, a limit of four relays *per meet*, without reference to one relay *per day*, would seem to be a reasonable solution. This would also permit smaller teams with relay-only swimmers to participate in both Sunday relays without needing relay-only swimmers to travel for an additional relay on another day. If the 800 free relay is not added, a change from a daily relay limit to a limit of three relays without regard to a daily limit would seem to be a more beneficial rule for smaller teams without significantly impacting larger teams.