

**KYLSC Board of Directors Meeting  
August 19, 2025, 7:30PM (EDT) – Zoom Call**

*PURPOSE – MISSION*

*The objectives and primary purpose of Kentucky Swimming shall be the education, instruction, and training of individuals to develop and improve their capabilities in the sport of swimming.*

*VISION*

*To provide a safe and healthy environment, encompassing all backgrounds and abilities that create a tradition of excellence in the sport of swimming.*

<input checked="" type="checkbox"/>	Joseph Phillips	General Chair	<input checked="" type="checkbox"/>	Mike Essig	Administrative Chair
<input type="checkbox"/>	Amy Albiero	Program Development	<input checked="" type="checkbox"/>	Colin Faris	Senior Vice-Chair
<input checked="" type="checkbox"/>	Nick Graves	Age Group Vice-Chair	<input type="checkbox"/>	Caty Flikkema	Coach Representative
<input type="checkbox"/>	JJ Rodgers	Finance Chair	<input checked="" type="checkbox"/>	Brent Runkle	Governance Chair
<input checked="" type="checkbox"/>	Terri Tonges	Technical Planning	<input checked="" type="checkbox"/>	Kris Humphries	Records Chair
<input checked="" type="checkbox"/>	Jason Brown	Officials Chair	<input checked="" type="checkbox"/>	Helen Glish	DEI
<input checked="" type="checkbox"/>	Kevin Ryan	Open Water	<input type="checkbox"/>	Marcelo Acosta	Safe Sport Coordinator
<input type="checkbox"/>	Sara Smith	At-Large	<input checked="" type="checkbox"/>	Chris Fay	At-Large
<input checked="" type="checkbox"/>	Mia Clark	Athlete Rep. - PARA	<input type="checkbox"/>	Jackson Brown	Athlete Rep. - Junior
<input type="checkbox"/>	Jacob Phillips	Athlete Rep. Senior	<input checked="" type="checkbox"/>	Ruth Ann Bode	Athlete Engagement

Joseph Phillips, General Chair, called the meeting to order at 7:32PM.

**Agenda: Jason Brown motioned/Ruth Ann Bode seconded/approved to accept August 19, 2025, Agenda as presented.**

**June 17, 2025, BOD Meeting Minutes: Kris Humphries motioned/Jason Brown seconded/approved June 17, 2025, BOD meeting minute as submitted.**

**KYLSC Coaches Representative:** Due to family commitments, Caty Flikkema resigned from the position. **Jason Brown motioned/Kris Humphries motioned/approved Nick Graves will fill the position for the remainder of Caty's term through Fall 2026.** Nick will continue as Age Group chair until the elections at HOD in September.

**USAS New Coach Training:** October 30 – November 2, the Coach Development Academy will focus on helping coaches learn skills to improve their teaching and communication capabilities. The clinic will feature educational facilitations that will engage and connect coaches from around the country. Participants will work in age group specific cohorts to apply what they are learning. **Mike Essig motioned/Ruth Ann Bode seconded/approved to support a coach to attend, \$400 registration fee and airfare.** An email will be sent out to KYLSC coaches. One will be selected to attend.

**John Brucato Legacy Award:** Recipient of the award can be an athlete, coach, official or any non-athlete member. Jared Hisle will sponsor the award. Colin, Nick and Jared have been working on the description and selection criteria. There will be a nomination process with perhaps a letter of recommendation from the nominating party. The selection committee will consist of Jared, Colin, Nick and maybe one other individual who knew John well.

**KYLSC HOD**

- Athlete Committee Meeting - Zoom meeting a few days before HOD. May also have an in person at the Open Water Clinic/Competition in the afternoon. Currently aside from Jacob, Jackson and Mia, there are no athlete representatives.
- Coaches Meeting – Zoom call before HOD. Nick will work with Terri Tonges, Technical Planning, on the agenda. Kevin recommended conducting Coaches' of the Year awards first then transition to technical planning topics.
- Officials – There will be an open water clinic and round-table discussions before the HOD business meeting.
- Elections – All first-term board members, Officials Chair, Technical Planning, Safety Chair, Records Chair are interested in a second term. There are no nominees for General Chair, Age Group Chair, DEI. Jim Lewis, Triton

Swimming and Joseph are interested in an at-large position. Chris Ray is interested in the Age Group Chair position. There is a nomination form on the HOD event page of the KYLSC website.

General Chair – if there are no nominations for General Chair, the Admin Vice-Chair would fill that position.

- Open Water Clinic and Competition – 21 Acre spring-fed lake in Georgetown
  - Check-in 12:30pm
  - Clinic starts at 1:00pm-2:30pm
  - Competition starts at 3:00pm
  - Adult Masters Swim after USAS competition ends

**Indiana Swimming Territory Dispute:** This is a continued discussion starting from the 2024 HOD. When Mako Sharks was approved as a new club, it was discovered that KY Swimming, having released clubs operating in Floyd and Clark Counties of Indiana, the territory was still under the jurisdiction of Kentucky Swimming meaning that facilities and meet sanctioning were controlled by KY Swimming. At 2024 HOD, KY Swimming voted no in releasing the Indiana Territory. At that time, Indiana Swimming had not made a formal request for the territory change. KY Swimming was being proactive wanting to have an official decision on the books if Indiana Swimming requested a territory change as their HOD was the following week.

On July 31, 2025, Derek Paul, USAS Rules and Regulations General Counsel, notified KY Swimming that they were investigating a petition filed by Indiana Swimming to move Clark and Floyd counties from Kentucky Swimming to Indiana Swimming and asked for a meeting. KY Swimming responded with a request for formal documentation of appeal from the INSI and the clubs in those counties. Derek Paul responded, saying their review committee had some of those same questions and would forward to us the information they had. Nothing has been received to date.

**USAS Annual Business Meeting and Summit:** Maureen, Joseph and Jacob Phillips will attend in person. Nick Graves, Kevin Ryan and Mike Essig will be virtual coach delegates.

**Records Chair:** Kris Humphries reported that eight new short course records and close to 30 long course records were broken.

**Officials Chair:** Jason Brown reported that referee positions are thinning out and stressed the importance of moving officials up.

**DEI Chair:** Helen Glish reported that Mia Clark and Gray Rutledge participated in the US Paralympic National Championships in Boise Idaho June 20 - 22, 2005. These ladies are Shining through!!

Mia Clark in her classification: placed 7th in 400 Free A Final swimming 6:16.78, first in 50 fly A Final, swimming 39.89, second in 50 Free A Final, swimming 36.86, second in 100 Free A Final, swimming 1:21.36.

Gray Rutledge set 2 American records in her classification: 50 Backstroke, swimming a 1:07.78 and the 100 Freestyle, swimming a 2:35.95.

US Paraswimming records can be found at: <https://www.usparaswimming.org/american-records>.

Gray Rutledge now appears on the C Standard Roster for US Paralympic Swimming.

<https://www.usparaswimming.org/rosters>

U.S. Paralympics Swimming 2025 Quarterly Virtual October Session Introduction & Orientation to Para Swimming.

Introduction & Orientation to Para Swimming (Virtual Session)Registration link is below:

[https://urldefense.com/v3/https://www.signupgenius.com/go/60B0948ABA929A2FA7-54783609-2025\\_!!EsN5QLULd3oBzcTfOG4rsvm955vVEmaC0jpCvxFr8AKmQcyxZfja3mBRsr2hMmLBe5KSwy\\_x5\\_efNxp7x4NXU8OvqJPvVsdinw\\$](https://urldefense.com/v3/https://www.signupgenius.com/go/60B0948ABA929A2FA7-54783609-2025_!!EsN5QLULd3oBzcTfOG4rsvm955vVEmaC0jpCvxFr8AKmQcyxZfja3mBRsr2hMmLBe5KSwy_x5_efNxp7x4NXU8OvqJPvVsdinw$)

The Fred Lamback Para Open Series (10/11-12) Atlanta, Georgia - information to follow

**Open Water:** Kevin Ryan reported that he is working on a new open water competition series named for 2024 USA Swimming Open Water Olympian Mariah Denigan, who swam in KYLSC for both the Northern Kentucky Clippers and the Lakeside Seahawks.

The Denigan Open Water Series will provide swimmers in KYLSC and beyond with Open Water racing opportunities across a broad variety of events and venues.

DOW #1: Memorial Day Weekend 2026 Queenslake, Scott County, KY Individual Time Trial and Criterium Race

DOW #2: July 1, 2026 (also KYLSC OW State Championship) Taylorsville Lake, Spencer County, KY 4x300 Mixed Relay and Individual Distance Race

DOW #3: Late Sept or Early Oct 2026 Lake Cumberland, Pulaski County, KY Eliminator and Team Time Trial

#### Individual Series Champions

Individual series champions will be those swimmers who earn the highest sum total of all points scored across all individual events in the Denigan Cup Series. An athlete's age for each race will be based on his/her age at the KYLSC Open Water State meet (DOW #2) to ensure that athletes race in the same age group for all 2026 Series events. Series prizes will be awarded to the Top 3 scorers in each of the following age groups: 10&Under, 11-12, 13-14, 15-19, Collegiate.

#### Team Series Champions

Team series champions will be that team with the highest total score earned by summing the following:

- best three individual scores in each age group of each individual event
- single best relay score in each age group of each relay event

\*There will be a KYLSC Club and a Collegiate Cup Team Champion. Collegiate scores will not be used toward KYLSC Club scores.

**Next meeting – HOD, September 13, 2025**

**Jason Brown motioned/Ruth Ann Bode seconded/approved meeting adjourned 8:23PM**

Respectfully submitted

Maureen McDonald

Executive Secretary