

Fall FinFest - Lexington Dolphins, Inc
10/14/23-10/15/23
Held under USA Swimming Sanction #KYSC24-LEXD01

LOCATION: William T. Young Campus Center, Transylvania University, 300 North Broadway, Lexington, Kentucky 40508-1797

FACILITY: The competitive swimming pool measures 6 lanes by 25 yards with competition, non-turbulent lane markers. Electronic timing by Colorado Timing System. Colorado Timing System with Infinity starter and 6 lane scoreboard is available. The depth of the pool at the start end is 12 feet. The depth at the turn end is 3 feet.

The competition course has not been certified in accordance with 104.2.2C (4).

Locker rooms for U17 athletes will be down the hall from the pool. O18 athletes and parents wanting to accompany their child will be the varsity locker rooms off the pool. Officials and coaches should use designated restrooms.

MEET DIRECTOR: Melanie Gabbard 859 270-9049, melanie@lexingtondolphins.org

MEET REFEREE: Kristina Humphries 859 492-2519, Kristina.humphries913@gmail.com

ENTRY CHAIR: Terri Tonges 859 492-5028, tjtonges@twc.com

SAFETY DIRECTOR: Shane Burden, 859 621-5624, burdens@ur.com

MEDICAL SUPERVISION: Transylvania lifeguard staff will provide first aid. An AED is available immediately outside the entrance to the pool area.

SAFESPORT: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms, behind the starting blocks or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

It is understood and agreed that USA Swimming and Kentucky Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

UNSUPERVISED SWIMMERS: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of

202.6 or USA Swimming’s “open border” policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

****All warm up and session times are subject to change based on entry numbers and timeline****

MEET SCHEDULE	DATE	WARM-UP START TIME	COMPETITION START TIME
SESSION 1	10/14/23	Not before 6:45 a.m.	Not before 8:00 a.m.
SESSION 2	10.14/23	15 min. after end of Session 1	Not before 11:00 a.m.
SESSION 3	10/14/23	15 min. after end of Session 2	Not before 1:00 p.m.
SESSION 4	10/15/23	Not before 6:45 a.m.	Not before 8:00 am
SESSION 5	10/15/23	15 min. after end of Session 4	Not before 11:00 a.m.

Warm up lanes will be assigned. Additional Warm-ups may be scheduled based on total numbers of swimmers registered. Assignments will be determined once the meet is closed and entries are received. Coaches will be notified of warm up times by 10/12/23.

ENTRY DEADLINE: The due date for entries, electronic or otherwise is 10/8/23 by 5 pm.

ENTRY FEES: Individual events \$6.00 + 0.35 KY swimming splash fee as well as a \$18.50/athlete facility fee and a \$2.50 per swimmer KYLSC surcharge. Make checks payable to Lexington Dolphins (PO Box 23231, Lexington KY 40524). There will be no refund of entry fees.

ENTRY LIMITATIONS: Swimmers may enter up to 6 individual events/day.

DECK ENTRIES: Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck entries will be accommodated at the discretion of the meet referee and based on availability. All entry fees apply.

SCRATCH RULES: Athletes may scratch any event without penalty. The host team asks for notification of scratches for the purpose of combining heats/events. We reserve the right to combine heats/genders without lane separation.

ELIGIBILITY: No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming “open border” policy. Athlete’s age is as of the first day of the meet, 10/14/23.

Coaches must be current coach members of USA Swimming and must wear credentials during the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

ENTRIES: All entries should be in SCY times. Only electronic entries will be accepted (Hy-Tek or SDIF). Handwritten, telephoned, or faxed entries will not be accepted except for the report sheet provided for utilization when entering swimmers with a disability. If the USA Swimming ID for any swimmer is omitted, that swimmer’s entries will not be accepted.

Note: Hy-Tek’s Windows Team Manager II Lite can be downloaded and used free of charge at:
http://www.hy-tekLtd.com/Demos/Swim_TEAM_MANAGER_II_Lite.exe

ENTRY PROCEDURE: The entry deadline is 10/8/23 by 5 pm.

Please submit entry-file by e-mail to Terri Tonges at tjtonges@twc.com. Team Waiver and payment should be submitted by the start of warm-ups of the first session of the meet.

The 1000 Free, 500 Free and 400 IM will require positive check-in. All participants must sign in no later than 30 min prior to the beginning of respective session. Check-in will be located to the left of the head table next to the wall. Swimmers not checked in by the deadline will not be seeded.

***We reserve the right to alter the meet format and move age group sessions depending on entry numbers. All changes will be provided to team representatives once finalized. ***

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a short course yards course. All events are deck seeded and swum as timed finals. Heats will be swum slowest to fastest except for 500 and 1000 freestyle.

CLERK OF COURSE: will be available for the U8 session.

AWARDS: None

PARKING: Parking maps will be posted at lexingtondolphins.org

RESULTS: Results will be posted at the venue, meet mobile and will be sent as TM export provided to each team's coach at the conclusion of the meet.

HEAT SHEETS: Will be posted on the Lexington Dolphins website, lexingtondolphins.org by Friday, October 13, 2023

SAFETY/WARM-UP: Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes.

COACHES: Each team should submit a list of coaches in attendance and coaches' credentials should be worn at all times.

There will be a mandatory coaches' meeting 15 minutes prior to the start of the meet on Saturday 10/14/23.

Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming.

Coaches must show USA Swimming certification to receive their coach's packet and must wear credentials during the meet.

OFFICIATING OPPORTUNITY: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. Please email the Meet Referee, Kris Humphries, if you are able to help officiate during this meet. Please be sure your credentials are current and valid. In your email, please list your highest level of certification along with sessions you can work.

There will be an officials' meeting 60 minutes prior to the start of each swimming session.

VOLUNTEER REQUIREMENTS: All meet directors, referees, starters and stroke and turn judges, serving in an official capacity must be members of USA Swimming or other FINA-member organization.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

1. Outside of the pool area shoes must be worn and swimsuits must be covered.
2. Coolers are not allowed in the pool area.
3. Food is not allowed in the pool area. Beverages are allowed in the pool area but must be in sealed, spill-proof plastic containers. No glass containers are allowed in the building.
4. Signs or banners must be hung by masking tape or string, only.
5. Radios, noisemakers, or anything else that might cause inconvenience to swimmers, coaches, officials, workers are prohibited in the pool area.
6. Walkie-talkies are prohibited inside the recreation center as their use may interfere with headsets used by our officials.
7. Flash photography is prohibited during the start of heats.
8. All trash must be deposited in the appropriate containers.
9. NO horseplay will be tolerated, including shooting baskets or tossing objects while on property.
10. Transylvania University is an alcohol-free and tobacco-free university. Consumption of either is prohibited.
11. Lost and found is in the aquatics' office. All items turned in to lost and found will be held for 30 days, then disposed of or given away. Transylvania University and Lexington Dolphins are not responsible for lost or stolen items.

HOSPITALITY: Hospitality will be available to coaches and officials.

DIRECTIONS: 300 North Broadway, Lexington KY 40508-1797

EMERGENCY INFORMATION

Police: 911

Non-emergency: William T. Young Campus Center, 859-233-8300

SESSION #1		
10/14/23 Warmup: TBD; Competition: not before 8 am		
Women	Event Description	Men
1	O13 200 IM	2
3	9-12 100 IM	4
5	O13 100 Freestyle	6
7	9-12 50 Freestyle	8
9	O13 200 Back	10
11	9-12 100 Back	12
13	O13 100 Breast	14
15	9-12 50 Breast	16
17	O13 200 Butterfly	18
19	9-12 100 Butterfly	20

SESSION #2**10/14/23 Warmup 15 minutes after Session #1; Competition: not before 11 am**

Women	Event Description	Men
21	Open 1000 Freestyle	22

SESSION #3**10/14/23 Warmup: 15 min after of session #2; Competition: not before 1 pm**

Women	Event Description	Men
23	U8 50 Freestyle	24
25	U6 25 Freestyle	26
27	U8 50 Back	28
29	U6 25 Back	30
31	U8 25 Breast	32
33	U8 25 Fly	34

SESSION #4**10/15/23 Warmup: TBD; Competition not before 8:00 am**

Women	Event Description	Men
35	O13 400 IM	36
37	9-12 100 Freestyle	38
39	O13 200 Freestyle	40
41	9-12 50 Back	42
43	O13 100 Back	44
45	9-12 100 Breast	46
47	O13 200 Breast	48
49	9-12 50 Fly	50
51	O13 100 Fly	52
53	9-12 200 IM	54
55	O13 50 Freestyle	56

SESSION #5**10/15/23 – Warm-up: 15 minutes after Session #4; Competition: 11:00 am**

Women	Event Description	Men
57	Open 500 Free**	58

****1000 and 500 Free Swimmers must provide their own timer and counter**

ENTRY / WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Falling Springs Recreational Center and staff, and Lexington Dolphins for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A CURRENT REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND KENTUCKY SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE _____ **TITLE** _____

Coach's email (required) _____

Entry chair's email (required) _____

TEAM _____ **CLUB CODE** _____ **PHONE** _____

ENTRY SUMMARY

<u>\$6.00</u>	+ .35¢ KYLSC splash fee	=	\$	<u>6.35</u>	X	_____	# Individual Entries	=	\$	_____
<u>\$18.50</u>	Facility Fee	=	\$	<u>18.50</u>	X	_____	# Swimmers Entered	=	\$	_____
<u>\$2.50</u>	KYLSC surcharge	=	\$	<u>2.50</u>	X	_____	# Swimmers Entered	=	\$	_____
							Total		\$	_____

Please make checks payable to and mail with this completed form to:

Host Club Name Lexington Dolphins, Inc

Street Address PO Box 23231

City, State and Zip Code Lexington, KY 40524

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.
Held under the sanction of USA Swimming.