Fast and Furious Invitational Owensboro Marlins, Owensboro Marlins at the Healthpark November 3-5, 2023

Host: Owensboro Marlins

Held under USA Swimming Sanction # KYSC24-OMM01

Location: Owensboro HealthPark, 1006 Ford Ave. Owensboro KY.

Facility: 8 lanes with Colorado Timing System. The depth of the pool at the start end is 5 feet, 6 inches. The depth at the turn end varies from 5 foot, 6 inches to 12 feet deep. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Medical Assistance: Lifeguards will be on duty during the meet. AED device is available.

Meet Director: Amy Harper <u>amycavittharper@aol.com</u> Entry Chair: Patsy Elliott <u>coachpatsyomm@gmail.com</u>

Meet Referee: Becky Gilpatrick becky.jo.gil@gmail.com

COVID-19: We have taken enhanced health and safety measures – for you, our other guests, and cast members. You must follow all posted instructions while visiting Owensboro Healthpark. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Owensboro Healthpark, you voluntarily assume all risks related to exposure to COVID-19. Neither USA Swimming, Inc., nor Kentucky Swimming, Inc. can prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

SafeSport: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Unsupervised Swimmers: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

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Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9

Times: Owensboro, Kentucky is on Central Time. Note Saturday and Sunday Afternoon Session Warm Up times are different. Daylight Savings time ends on Sunday.

| Session and Day | Warm-ups Start Time | Session Start Time |
|------------------------------|---------------------------------|----------------------------|
| Session 1 Friday Night | 5:00 PM | 6:00 PM |
| Session 2 Saturday Morning | 8:00 AM | 9:00 AM |
| Session 3 Saturday Afternoon | not before 10:30 AM | not before 11:30 AM |
| Session 4 Sunday Morning | 8:00 AM | 9:00 AM |
| Session 5 Sunday Noon | Immediately following Session 4 | 10 minutes after Session 4 |
| Session 6 Sunday Afternoon | not before 11:45 AM | not before 12:30 PM |

Eligibility: Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy.

Age is as of the first day of the meet, November 3, 2023. Coaches must be current coach members of USA Swimming and must wear credentials during the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries: Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software. Entries may be e-mailed to: coachpatsyomm@gmail.com

Handwritten, telephoned, or faxed entries will not be accepted with the exception of the report sheet provided for utilization when entering swimmers with a disability. If the USA Swimming ID for any swimmer is omitted, that swimmer's entries will not be accepted.

Team entries must be received by October 29,2023

Swimmers may enter up to 5 events per day and one relay per day.

Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. All Deck Entries are at the discretion of the Meet Director and will be accepted only if the deck entries can be accomplished without the addition of extra heats. All deck entered swimmers will be placed in the first heat.

Fees: \$6.00 per individual event includes (\$00.35 KYLSC Splash Fee)

\$8.00 relay fee (\$00.35 KYLSC Splash Fee)

\$10.00 facility fee per swimmer

\$3.00 admission per session (children 12 and under free)

\$10.00 admission for all sessions

\$5.00 Heat Sheet for Meet

\$3.00 Heat Sheet for one day

\$2.50 per swimmer entered in the meet (KYLSC Surcharge).

There will be no refund of entry fees.

Allowance for spectators is subject to change.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) complete the SWIMMERS WITH A DISABILITY COACH AND MEET REFEREE COMMUNICATION form and email accompanying the Hy-Tek entry file. Items to included: name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age

Warm-Ups: Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of

Timers: Clubs may be required to provide timers based upon their number of entries. Swimmers have to provide their own counters for the 500 freestyle and 1650 freestyle.

seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

Meet Policy: All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

Services: Food concessions will be available at the meet.

Officials: There will be an official's meeting conducted an hour before each session. Attendance is MANDATORY to work the meet. Please sign up in the official's room before the start of the officials meeting. Visiting officials are welcome and encouraged to participate. All officials must wear current USA Swimming membership credentials while on deck and must present their current Officials certification card or Deck Pass App to the Meet Referee at check-in.

Awards: Ribbons will be given out to places 1 thru 8 for individual events for 12 and under swimmers only (13 and over events will not receive ribbons even if 12 and under swimmers compete). High point individual awards will be given for the top swimmer

in each age group and gender. Eight & Under events will be scored as 6 & Under and 7-8. Ten & Under events will be scored as 6 & under, 7-8, 9-10. Eleven & Over events will be scored as 11-12, 13-14 and 15 & Over. Thirteen & Over events will be scored 13-14 and 15 & Over. Only events designated for a particular age group will be scored for that age group for purposes of high point awards. An overall team award will be given.

Marlins Fast and Furious Invitational Owensboro Marlins, Owensboro Marlins at the Healthpark

Session 1: Friday November 3, 2023 WARM-UPS 5:00 PM; SESSION BEGINS 6:00 PM

| GIRLS | AGE GROUP | EVENT DESCRIPTION | BOYS |
|-------|--------------|-------------------|------|
| 1 | 13 and Over | 400 IM | 2 |
| 3 | 11-12 | 200 IM | 4 |
| 5 | 10 and Under | 200 IM | 6 |
| 7 | 11 and Over | 500 Free | 8 |

Session 2: Saturday, November 4, 2023 WARM-UPS 8:00 AM; SESSION BEGINS 9:00 AM

| GIRLS | AGE GROUP | EVENT DESCRIPTION | BOYS |
|-------|-------------|-------------------|------|
| 9 | Open | 200 Free Relay | 10 |
| 11 | 13-14 | 200 Free Relay | 12 |
| 13 | 11-12 | 200 Free Relay | 14 |
| 15 | Open | 200 Fly | 16 |
| 17 | 11-12 | 50 Fly | 18 |
| 19 | 13 and Over | 100 Back | 20 |
| 21 | 11-12 | 100 Back | 22 |
| 23 | 13 and Over | 200 Free | 24 |
| 25 | 11-12 | 200 Free | 26 |
| 27 | Open | 200 Breast | 28 |
| 29 | 11-12 | 50 Breast | 30 |
| 31 | 13 and Over | 100 Free | 32 |
| 33 | 11-12 | 100 Free | 34 |

Session 3: Saturday, November 4, 2023 WARM-UPS: Not before 10:30 AM SESSION BEGINS: Not before 11:30 AM

| GIRLS | AGE GROUP | AGE GROUP EVENT DESCRIPTION | |
|-------|------------|-----------------------------|----|
| 35 | 8 & under | 100 Free Relay | 36 |
| 37 | 10 & under | 200 Free Relay | 38 |
| 39 | 8 & under | 25 Fly | 40 |
| 41 | 9 -10 | 100 Fly | 42 |
| 43 | 8 & under | 50 back | 44 |
| 45 | 9 -10 | 50 back | 46 |
| 47 | 8 & under | 100 IM | 48 |
| 49 | 9 -10 | 200 Free | 50 |
| 51 | 8 & under | 25 breast | 52 |
| 53 | 9 -10 | 100 breast | 54 |
| 55 | 8 & under | 50 Free | 56 |
| 57 | 9 -10 | 50 Free | 58 |

Session 4: Sunday, November 5, 2023 WARM-UPS 8:00 AM; SESSION BEGINS 9:00 AM

| GIRLS | AGE GROUP | EVENT DESCRIPTION | BOYS |
|-------|------------------------|-------------------|------|
| 59 | Open | 200 Med Relay | 60 |
| 61 | 51 13-14 200 Med Relay | | 62 |
| 63 | 11-12 | 200 Med Relay | 64 |
| 65 | 13 and Over | 200 IM | 66 |
| 67 | 11-12 | 100 Fly | 68 |
| 69 | 13 and Over | 100 Fly | 70 |
| 71 | 11-12 | 50 Back | 72 |
| 73 | Open | 200 Back | 74 |
| 75 | 11-12 | 100 Breast | 76 |
| 77 | 13 and Over | 100 Breast | 78 |
| 79 | 11-12 | 50 Free | 80 |
| 81 | 13 and Over | 50 Free | 82 |

Session 5: Sunday, November 5, 2023
WARM-UPS: Immediately after Session 4
SESSION BEGINS: 10 Minutes after Session 4

| GIRLS | AGE GROUP | EVENT DESCRIPTION | BOYS |
|-------|-------------|-------------------|------|
| 83 | 13 and Over | 1650 Free | 84 |

Session 6: Sunday, November 5, 2023 WARM-UPS: Not before 11:45 AM SESSION BEGINS: Not before 12:30 PM

| GIRLS | AGE GROUP | EVENT DESCRIPTION | BOYS |
|-------|------------|-------------------|------|
| 85 | 8 & under | 100 Med Relay | 86 |
| 87 | 10 & under | 200 Med Relay | 88 |
| 89 | 8 & under | 25 Free | 90 |
| 91 | 9 -10 | 50 Fly | 92 |
| 93 | 8 & under | 50 Fly | 94 |
| 95 | 9 -10 | 100 back | 96 |
| 97 | 8 & under | 25 Back | 98 |
| 99 | 9 -10 | 50 Breast | 100 |
| 101 | 8 & under | 50 Breast | 102 |
| 103 | 9 -10 | 100 Free | 104 |
| 105 | 8 & under | 100 Free | 106 |
| 107 | 9-10 | 100 IM | 108 |

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming, Inc., Kentucky Swimming, Inc., Owensboro Marlins Swimming, Inc. and their staff, OMHS, and Healthpark and their staff for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/we are members of USA Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND KY SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302

Held under the sanction of USA Swimming

| GNATURE | POSITION | | | |
|---|-------------------|----------------|--------|-----|
| ENTRY PERSON | | | | |
| ГЕАМ | | | | |
| TEAM ADDRESS | | | | |
| CITY | STATE | | | ZIP |
| PHONE | - | | | |
| ECAP OF ENTRIES: | | | | |
| Individual Events | X \$6.00 | = | \$_ | |
| Relay Events | X \$8.00 | = | \$_ | |
| Total Swimmers Entered for KYLSC Surcharge | X \$2.50 | = | \$_ | |
| Total Swimmers Entered for Facility Fee | X \$10.00 | = | \$_ | |
| | TOTAL | | \$_ | |
| Aska Chaala Dayahla ta O wanahaya Mayili ya ayal wasii ta | | | | |
| Take Checks Payable to Owensboro Marlins and mail to | : Patsy Elliot | t, Entı | rv Cha | air |

Owensboro Marlin Swimming, Inc P.O. Box 296 Owensboro KY 42302-0296

SWIMMERS WITH A DISABILITY COACH AND MEET REFEREE COMMUNICATION

| TEAM | CLUB CODE | | | CLUB CODE |
|---------------|-----------|-------|---------|-------------------------|
| COACH'S NAME | | | | |
| COACH'S EMAIL | | | | |
| PHONE # | | | | |
| Swimmer | Age Group | Event | Session | Necessary Accommodation |
| | | | | |
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Examples of Necessary Accommodations (but not limited to)

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.

Please state all requested accommodation. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.