



MYST Winter Blast 2023

Under the sanction of USA Swimming & Kentucky Swimming

Sanction #:

December 9 & 10, 2023

LOCATION: Susan E. Bauerfeind Student Recreation and Wellness Center

Murray State University – Murray, KY 42071

Emergency calls the day(s) of the meet: **(270) 809-6000**

FACILITY: The competitive swimming pool measures 6 lanes by 25 yards. The pool depth at the start end of the pool is 6'0" and the depth at the turn end of the pool is 3'6". The facility has Colorado Timing System and a 6-lane scoreboard. The competition course has not been certified in accordance with 104.2.2C (4).

Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

MEET DIRECTOR: Leigh Johnson

(270) 978-7029

ljohnson1@murraystate.edu

ENTRY CHAIR: Sara Smith

(812) 899-0412

Coach.sara.myst@gmail.com

MEET REFEREE: John Wilson

(270) 227-4747

jandjwilson1994@gmail.com

SAFETY DIRECTOR:

Anyone that is a USA Swimming certified official is welcome and encouraged to work this meet. Please contact the meet director, Leigh Johnson, in advance of the meet if at all possible to let her know of your availability.

OFFICIALS MEETING: There will be an official's meeting 45 minutes prior to the start of each swimming session.

COACHES MEETING: A coaches meeting will be held 15 minutes prior to the start of each session.

ELIGIBILITY: All current USA Swimming registered athletes. The age of the swimmer on December 17, 2022 will determine the age group for this meet. This meet will be run according to current USA



Swimming rules and regulations. No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 except as provided under article 202.6 or USA Swimming's "open boarder" policy included in its registration manual.

ON-SITE REGISTRATION: Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck entries will be accepted prior to the start of session as long as lanes are available in the event attempting to be added. No new heats will be added to the meet. Entry fees must accompany deck entry.

DECK ENTRIES: Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet at the cost of **\$10.00/event**. Deck entries will be accepted prior to the start of each session.

ENTRIES: All entries must be submitted as SCY times. Only electronic entries will be accepted (Hy-Tek or SDIF). Handwritten, telephoned, or faxed entries will not be accepted.

SEND ENTRIES TO: coach.sara.myst@gmail.com

MAKE CHECKS PAYABLE TO: Murray Youth Swim Team
P.O. Box 446, Murray, KY 42071

ENTRIES are NON-REFUNDABLE.

Note: Hy-Tek's Windows Team Manager II Lite can be downloaded and used free of charge.

ENTRY FEES: \$7 for each timed final event
\$14 for each relay
\$20 per swimmer surcharge

ENTRY DEADLINE: December 4th, 2023

ENTRY LIMITS: No limits.

SWIMMERS WITHOUT A COACH: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

AWARDS: Ribbons will be awarded 1st through 12th place for individual and relay events. High Point Awards will be awarded in the represented age groups (Girls and Boys).



WARM-UP: USA Swimming and KY Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:

The referee may remove anyone from the warm-up for failure to comply with the warm-up rules.

Swimmers without a coach must report to the Meet Director before entering the pool for warm-up in order to obtain a lane assignment.

Note: Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet.

CHECK-IN: The 400 IM and 500 free will be pre-seeded prior to the meet.

CLERK OF COURSE: Clerk of course will be provided for all 10 & Under events.

TIME TRIALS: NO time trials will be permitted.

START TIMES:

Session	Day	Warm-up	Meet Start Time
Day 1 Session 1	Saturday	2 PM	3 PM
Day 1 Session 2 (Distance)	Saturday	Immediately following the 1 st session	15 minutes after completion of 1 st session
Day 2 Session 3	Sunday	9 AM	10 AM
Day 2 Session 4	Sunday	Immediately following the 1 st session	15 minutes after completion of 1 st session

*Times might be adjusted depending on the amount of participants.

ADMISSION: There will be no gate fee this year.

RESULTS: Results will be posted on KYLSC website and emailed to each team.

RULES: This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. Current USA Swimming Rules pertaining to the Minor Athlete Abuse Prevention Policy (MAAPP) will govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



The use of audio and visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms. Such devices being used in these restricted areas will be subject to confiscation.

Changing into or out of swimsuits other than in locker rooms is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair (USA Swimming Article 202.4.9J).

DECK ACCESS: By USA Swimming ruling, deck access is limited to swimmers, coaches, officials and meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck.

HOSPITALITY: There will be food and drinks available at all sessions for officials and coaches.

TIMERS: Volunteer Timers may be needed for this meet.

SPECTATORS: Seating may be limited. Please bring folding chairs as needed. No coolers are allowed in the facility. Concessions will be available.

PARKING: Parking is available at the Murray State University CFSB Center. Parking lot entrance is located off of HWY 121 N. Murray, KY 42071

HOTEL INFORMATION:

Hampton Inn and Suite	Holiday Inn Express	Springhill Suites
1415 Lowes Drive	1504 N. 12 th Street	1512 N. 12 th Street
Murray, KY 42071	Murray, KY 42071	Murray, KY 42071
(270) 767-2226	(270) 759-4449	(270) 917-8000

Best Western and Red Roof Inn are also available.



Girls	Saturday Events Session 1	Boys
1	12 & Under 100 Medley Relay	2
3	Open 200 Medley Relay	4
5	6 & Under 50 Free	6
7	8 & Under 100 Free	8
9	10 & Under 200 Free	10
11	11-12 200 Free	12
13	Open 200 Free	14
15	6 & Under 25 Back	16
17	8 & Under 50 Back	18
19	10 & Under 50 Back	20
21	11-12 50 Back	22
23	Open 100 Back	24
25	6 & Under 25 Breast	26
27	8 & Under 25 Breast	28
29	10 & Under 100 Breast	30
31	11-12 100 Breast	32
33	Open 200 Breast	34
35	6 & Under 25 Fly	36
37	8 & Under 25 Fly	38
39	10 & Under 100 Fly	40
41	11-12 100 Fly	42
43	Open 200 Fly	44
45	6 & Under 25 Free	46
47	8 & Under 25 Free	48
49	10 & Under 50 Free	50
51	11-12 50 Free	52
53	Open 50 Free	54

Girls	Saturday Events Session 2	Boys
55	Open 400 IM	56

MYST SWIMMING



Girls	Sunday Events Session 3	Boys
57	12 & Under 100 Free Relay	58
59	Open 200 Free Relay	60
61	6 & Under 50 Free	62
63	8 & Under 100 IM	64
65	10 & Under 100 IM	66
67	11-12 200 IM	68
69	Open 200 IM	70
71	6 & Under 25 Back	72
73	8 & Under 25 Back	74
75	10 & Under 100 Back	76
77	11-12 100 Back	78
79	Open 200 Back	80
81	6 & Under 25 Breast	82
83	8 & Under 50 Breast	84
85	10 & Under 50 Breast	86
87	11-12 50 Breast	88
89	Open 200 Breast	90
91	6 & Under 25 Fly	92
93	8 & Under 50 Fly	94
95	10 & Under 50 Fly	96
97	11-12 50 Fly	98
99	Open 100 Fly	100
101	6 & Under 25 Free	102
103	8 & Under 50 Free	104
105	10 & Under 100 Free	106
107	11-12 100 Free	108
109	Open 100 Free	110

Girls	Sunday Events Session 4	Boys
111	Open 500 Free	112



ENTRY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Murray Youth Swim Team and Murray State University and staff, and the KYLSC Club for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A CURRENT REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT MEMBER OF USA SWIMMING

SIGNATURE: _____

TITLE: _____

Coach's email (required): _____

TEAM: _____ **CLUB CODE:** _____

PHONE: _____

TEAM ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP CODE:** _____

ENTRY SUMMARY:

Surcharge = Number of athletes _____ **x \$20 =** _____
Entry Charge = Number of individual events _____ **x \$7 =** _____
Relay Charge = Number of relays _____ **x \$14 =** _____

TOTAL PAYMENT: _____

Make checks payable to Murray Youth Swim Team.

No entrant will be permitted to compete unless the entrant is a member as provided in:
Article 302 Held under the sanction of USA Swimming