

**Freeze Out
Owensboro Marlins
Owensboro Marlins at the Healthpark
January 7-8, 2023**

Host: Owensboro Marlins

Held under USA Swimming Sanction KYSC23-OMM02

Location: Owensboro HealthPark, 1006 Ford Ave. Owensboro KY.

Facility: 8 lanes with Colorado Timing System. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 5 feet, 6 inches. The depth at the turn end varies from 5 foot, 6 inches to 12 feet deep.

COVID-19: We have taken enhanced health and safety measures – for you, our other guests, and cast members. You must follow all posted instructions while visiting Owensboro Healthpark. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Owensboro Healthpark, you voluntarily assume all risks related to exposure to COVID-19.

Neither USA Swimming, Inc., nor Kentucky Swimming, Inc. can prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Please see COVID-19 guidance for athlete and coach requirements before, during, and after the meet.

UNSUPERVISED SWIMMERS: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming’s “open border” policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms, or locker rooms.

Drone use: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials

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and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9

Times: Owensboro, Kentucky is on central time.

Session and Day	Warm-ups Start Time	Session Start Time
Session 1 Saturday Morning	8:00AM	9:00AM
Session 2 Saturday Afternoon	Immediately following the morning session	15 minutes after the conclusion of the morning session
Session 3 Sunday Morning	8:00AM	9:00AM
Session 4 Sunday Afternoon	Immediately following the morning session	15 minutes after the conclusion of the morning session

Meet Director: Amy Harper **Entry Chair:** Shelly Hammons **Meet Referee:** Kristin Callis

Eligibility:

Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy. Age is as of the first day of the meet, November 5, 2021. Coaches must be current coach members of USA Swimming and must wear credentials during the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries and Fees:

Entries must be submitted electronically, using the Hy-Tek Meet Manager or Team Manager Software. Entries may be e-mailed to [Shelly Hammons: shelly.hammons@kyschools.us](mailto:Shelly_Hammons:shelly.hammons@kyschools.us).

Handwritten, telephoned, or faxed entries will not be accepted with the exception of the report sheet provided for utilization when entering swimmers with a disability. If the USA Swimming ID for any swimmer is omitted, that swimmer's entries will not be accepted.

Team entries must be received by **January 2, 2023**.

Swimmers may enter up to **5 events per day** and **one relay per day**.

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Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. All Deck Entries are at the discretion of the Meet Director and will be accepted only if the deck entries can be accomplished without the addition of extra heats. All deck entered swimmers will be placed in the first heat.

\$6.00 per individual event includes (\$00.35 KYLSC Splash Fee)

\$8.00 relay fee (\$00.35 KYLSC Splash Fee)

\$10.00 facility fee per swimmer

\$3.00 admission per day (children 12 and under free)

\$5.00 Heat Sheet for Meet

\$2.50 per swimmer entered in the meet (KYLSC Surcharge). There will be no refund of entry fees.

SWIMMERS WITH A DISABILITY:

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers: Clubs may be required to provide timers based upon their number of entries. Swimmers have to provide their own counters for the 500 freestyle and 1650 freestyle.

Meet Policy:

All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

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Services: Food concessions will be available at the meet.

Officials: There will be an official's meeting conducted an hour before each session. Attendance is MANDATORY to work the meet. Please sign up in the official's room before the start of the officials meeting. ***Visiting officials are welcome and encouraged to participate.*** All officials must wear current USA Swimming membership credentials while on deck and must present their current Officials certification card or Deck Pass App to the Meet Referee at check-in.

Awards: Ribbons will be given out to places 1 thru 8 for individual events for 12 and under swimmers only. High point individual medals will be given for the top swimmer in each age group and gender. Eight & Under events will be scored as 6 & Under and 7-8. Ten & Under events will be scored as 6 & under, 7-8, 9-10. Eleven & Over events will be scored as 11-12, 13-14 and 15 & Over. Thirteen & Over events will be scored 13-14 and 15 & Over. Only events designated for a particular age group will be scored for that age group for purposes of high point awards. Every attempt will be made to have ribbons and awards ready at the end of the meet, but they may be mailed later.

MAAPP: The following is USA Swimming approved language:

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

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Session 1: Saturday, January 7, 2023, Warm-Ups at 8:00 AM; Session Begins at 9:00 AM

Girls Event #	Age	Event	Boys Event #
1	Open	200Y Medley Relay	2
3	12 and Under	200Y IM	4
5	Open	200Y IM	6
7	8 and Under	50Y Breaststroke	8
9	12 and Under	50Y Breaststroke	10
11	Open	200Y Breaststroke	12
13	8 and Under	50Y Backstroke	14
15	12 and Under	100Y Backstroke	16
17	Open	100Y Backstroke	18
19	8 and Under	25Y Butterfly	20
21	12 and Under	100Y Butterfly	22
23	Open	100Y Butterfly	24
25	8 and Under	25Y Freestyle	26
27	12 and Under	100Y Freestyle	28
29	Open	100Y Freestyle	30

**Session 2: Saturday, January 7, 2023, WARM-UPS Immediately following morning session;
SESSION BEGINS 15 minutes after the morning session concludes**

Girls Event #	Age	Event	Boys Event #
31	Open	500 Free	32
33	Open	400 IM	34

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Session 3: Sunday, January 8, 2023, Warm-Ups at 8:00 AM; Session Begins at 9:00 AM

Girls Event #	Age	Event	Boys Event #
35	Open	200Y Freestyle Relay	36
37	12 and Under	200Y Freestyle	38
39	Open	200Y Freestyle	40
41	8 and Under	50Y Freestyle	42
43	12 and Under	100Y Breaststroke	44
45	Open	100Y Breaststroke	46
47	8 and Under	25Y Breaststroke	48
49	12 and Under	50Y Backstroke	50
51	Open	200Y Backstroke	52
53	8 and Under	25Y Backstroke	54
55	12 and Under	50Y Freestyle	56
57	Open	50Y Freestyle	58
59	8 and Under	50Y Butterfly	60
61	12 and Under	50Y Butterfly	62
63	Open	200Y Butterfly	64
65	8 and Under	100Y IM	66

**Session 4: Sunday, January 8, 2023, WARM-UPS Immediately following morning session;
SESSION BEGINS 15 minutes after the morning session concludes**

Girls Event #	Age	Event	Boys Event #
67	Open	1650 Free	68

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RECAP OF ENTRIES:

_____ Individual Events x \$6.00 = \$ _____

_____ Relay Events x \$8.00 = \$ _____

_____ Total Swimmers Entered for KYLSC Surcharge x \$2.50 = _____ Total Swimmers Entered
for Facility Fee x \$10.00 = \$ _____

Total Amount = \$ _____

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming, Inc., Kentucky Swimming, Inc., Owensboro Marlins Swimming, Inc. and their staff, OMHS, and Healthpark and their staff for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/we are members of USA Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, KENTUCKY SWIMMING, THOROBRED NAUTICAL TEAM (TNT). AND FALLING SPRINGS CENTER AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming

SIGNATURE _____ POSITION _____

ENTRY PERSON _____ EMAIL _____

TEAM _____ TEAM CODE _____

TEAM ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ FAX _____

Make Checks Payable to **Owensboro Marlins** and mail to:

Shelly Hammons, Entry Chair Owensboro Marlin Swimming, Inc P.O. Box 296

Owensboro KY 42302-0296