

RACE Into Summer meet

Saturday June 14, 2025

SANCTION	Sanctioned by USA Swimming, Inc.; issued by Kentucky Swimming, Inc
LOCATION	Russell Sims Water Park 2303 Tomblinson Way, Bowling Green, KY 42101
MEET DIRECTOR	Caty Flikkema caty@raceaquatics.org
MEET REFEREE	Tracy Flikkema Fireresq24@me.com
ADMIN. REFEREE	Ashten Burton
ENTRY CHAIR	Caty Flikkema 406-539-1849 caty@raceaquatics.org
OFFICIALS	RACE Aquatics welcomes and asks for the assistance of certified officials to assist in any capacity, including timers.
FACILITY	The Russell Sims Water Park includes an 8-lane 50 meter tank. It is 4ft deep at both ends. The competition course has been certified in accordance with article 104.2.2C(4). The copy of such certification is on file with USA Swimming. Spectator capacity TBD. NO GLASS CONTAINERS ALLOWED on the POOL DECK (this includes the seating area).
MEDICAL SUPERVISION	AED device, standard first aid kit
PARKING	Ample free parking is available
AWARDS	None
ADMISSION	No Admission charge, heat sheets may be sold
FORMAT	This is a timed-finals swim meet. The entries will be open to the first 200 USA Swimming registered swimmers or once a 2-hour timeline has been reached. No on-deck registration. Events will run SLOWEST TO FASTEST and MIXED gender. Fly-over starts may be used at the discretion of the Meet Referee (and communicated in the coaches meeting). More information and updated meet information can be found on the website: RACEAQUATICS.ORG

ELIGIBILITY	<ol style="list-style-type: none"> 1. Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming “open border” policy. 2. Age is as of the first day of the meet, June 14, 2025. 3. Coaches must be current coach members of USA Swimming and must have credentials during the meet. 4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
ENTRY LIMITS	Each swimmer may enter a maximum of ten individual events per day.
ENTRY NOTES	All events will be swum slowest to fastest with mixed genders. No Time (NT) entries will be accepted.
ENTRY FEES	<p>\$8.00 per individual event (includes the KYLSC surcharge of \$0.35)</p> <p>\$10.00 per relay</p> <p>\$10* per individual deck entry (only swimmers already registered)</p> <p>* Accepted at the discretion of the Meet Referee; payable at the meet.</p> <p>Entry fees are non-refundable.</p>
SURCHARGES	<p>\$2.50 per swimmer KYLSC surcharge</p> <p>\$20.00 per swimmer facility surcharge</p> <p>Make one check payable to: RACE Aquatics</p>
ENTRY DEADLINE	<p>Saturday, June 7, 2025 @ 8:00 pm</p> <p>Late entries may not be accepted. Limited revisions accepted after deadline.</p> <p>Email entries to entry chair Caty Flikkema caty@raceaquatics.org Files must be loadable into Hytek Meet Manager. An Entry Report will be returned to each team to verify entries.</p> <p>Mail waiver and payment to: RACE Aquatics PO Box 51614 Bowling Green, KY 42102</p>
CLERK OF COURSE	May be used as needed
WARM-UP NOTES	7:00 am warm up time for all participants. Competition at 8:00 am. Meet Director reserves the right to adjust warm up and competition times per facility limitations.
OFFICIAL’S MEETING	There will be an official’s meeting 45 minutes prior to the start of swimming competition.
COACHES MEETING	A coaches’ meeting will be held 15 minutes prior to the start of competition on Saturday morning. Additional coaches’ meetings as necessary.
CONCESSIONS	Concessions may be sold near the pool area.

SWIMMERS WITH A DISABILITY

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) Complete and submit with entries the Swimmers with a Disability Coach and Meet Referee Communication Form <https://www.gomotionapp.com/team/szkyslsc/page/kyslsc-meets> and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

OFFICIATING OPPORTUNITY

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. Please contact the meet director in advance of the meet if possible, to apprise her of your availability at caty@raceaquatics.org.

All meet directors, referees, starters and stroke and turn judges, serving in an official capacity must be members of USA Swimming or other FINA-member organization. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming.

RULES

- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- The use of audio or video recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
- Changing into or out of swimsuits other than in the locker rooms or other designated areas "deck changing" is prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

UNSUPERVISED SWIMMERS

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

Saturday June 14, 2025
Warmup: 7:00-7:45 pm, Competition: 8:00 am

Mixed	Event
1	Open 50 Butterfly
2	Open 100 Freestyle
3	Open 50 Backstroke
4	Open 100 Breaststroke
5	Open 200 Freestyle
6	Open 50 Breaststroke
7	Open 100 Backstroke
8	Open 50 Free
9	Open 100 Butterfly
10	Open 200 Individual Medley

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for him/herself, the club and its swimmers, their successors and assigns, hereby release and forever discharge RACE Aquatics Swim Club and its Board of Directors, USA Swimming, Warren County Public School System, Kentucky Swimming, Inc., Warren County Park & Rec Dept. and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned representative and his swimmers shall indemnify and hold harmless RACE Aquatics Swim Club, USA Swimming, Kentucky Swimming, Inc., Warren County Public School System, and Warren County Park & Rec Dept. and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, KENTUCKY SWIMMING, RACE AQUATICS, INC., WARREN COUNTY PUBLIC SCHOOL SYSTEM, AND WARREN COUNTY PARK & REC DEPT. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Executed this _____ day of _____ 2021

SIGNATURE _____ POSITION _____

ENTRY PERSON _____ PHONE _____

TEAM _____ TEAM CODE _____

TEAM ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

RECAP OF ENTRIES:

Individual Events x \$8.00 =	\$
Relay Events x \$10.00 =	\$
Total Swimmers Entered for KYLSC Surcharge x \$2.50 =	\$
Total Swimmers Entered for Facility Fee x \$20.00 =	\$
Total	\$

Make Checks Payable to RACE Aquatics and mail to:

RACE Aquatics
PO Box 51614
Bowling Green, KY 42102

**No swimmer will be permitted to compete unless the entrant is a member as provided in Article 302
Held under the sanction of USA Swimming**