



**2025 Sailfish Intrasquad Meet**  
**p/b Oral Surgery and Implant Associates**  
**September 20, 2025**  
Held under USA Swimming Sanction #: KYSC26-SWSF01



<b>Location:</b>	Winchester-Clark County Parks and Recreation 15 Wheeler Avenue, Winchester, KY 40391
<b>Facility:</b>	The competitive indoor pool has 6x25 yard lanes. The depth of the pool at the start end is 11 feet 6 inches. The depth at the turn end is 3 feet 6 inches. The seating for spectators is 80. Restrooms for spectators will be available in the Family Restrooms in the downstairs hallway. Locker rooms will be reserved for 17&U athletes only. A Colorado 6 timing system with touchpads and two buttons will be available with a 6-line LED scoreboard will be utilized. The competition course is certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4).
<b>Meet Director:</b>	Kevin Ryan, CoachKevinSWSF@gmail.com, 513.780.4866
<b>Meet Referee:</b>	Jason Thomas, jasonthomas44@hotmail.com, 859.905.9878
<b>Visiting Officials</b>	The Swimchester Sailfish welcomes anyone who is a USA Certified Official to aid in officiating the meet. Please email the Meet Referee if you wish to officiate. We will accommodate any Apprentice Officials based on our ability to provide experienced mentors. The officials meeting will be held in the Lifeguard/Hospitality Room at 3:05pm.
<b>Entry Chair:</b>	Kevin Ryan, CoachKevinSWSF@gmail.com, 513.780.4866
<b>Medical Aide:</b>	WCCPR Lifeguard Staff will monitor the safety of the event. All lifeguards are Red Cross-certified in Lifeguarding and CPR/AED. There is an AED available on the pool deck. Emergency phones are located in the lifeguard room and the Aquatics Office.
<b>Disclaimer:</b>	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>Meet Type:</b>	Timed Finals

#### Regulations/Waivers

<b>USA Swimming Rules</b>	<ul style="list-style-type: none"><li>At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.</li><li>Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li><li>The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li><li>Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups.</li><li>Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.</li><li>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li><li>Flash photography is not permitted at the start of any race.</li><li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li></ul>
<b>Safe Sport 360</b>	<ul style="list-style-type: none"><li>The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing</li></ul>



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	<p>policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</p> <ul style="list-style-type: none"><li>• The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.</li><li>• Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at <a href="http://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.</li><li>• All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</li><li>• All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for removal of member from the facility.</li></ul>
<b>Waiver/Release</b>	<ul style="list-style-type: none"><li>• By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li><li>• All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li></ul>

### Meet Entry & Operation Guidelines

<b>Eligibility:</b>	<ul style="list-style-type: none"><li>• All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet.</li><li>• All adult athletes must hold current Athlete Protection Training certification.</li><li>• Age on the first day of the meet will determine age for the entire meet.</li><li>• Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request.</li></ul>
<b>Swimmers with a Disability</b>	<ul style="list-style-type: none"><li>• Swimchester Sailfish welcomes swimmers with a disability.</li><li>• Entry Procedures:<ol style="list-style-type: none"><li>1. Enter the USA-S swimmers with a disability electronically</li><li>2. With your entries, submit the SWAD Coaches and Meet Referee Communication Form (form is on Page 6 of this document).</li></ol></li></ul>



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## p/b Oral Surgery and Implant Associates

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Meet Entry & Operation Guidelines				
	<ul style="list-style-type: none"> <li>Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.</li> <li>The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach</li> </ul>			
Start Times	DATE	SESSION	WARM-UP START TIME	COMPETITION START TIME
	Sat 9/20/25	1	2:00pm	3:00pm
Entry Limits	<ul style="list-style-type: none"> <li>Swimmers may swim a maximum of 3 individual events per day.</li> <li>Swimmers may swim in a maximum of 2 relay events per day.</li> </ul>			
Entry Fees	<ul style="list-style-type: none"> <li>Entries will be taken on a 1<sup>st</sup> Come, 1<sup>st</sup> Served basis and will close at max of 250 swimmers per session.</li> <li>There will be no per-event fee for athletes</li> <li>\$2.50 KY LSC surcharge per swimmer.</li> <li>\$25.00 Facility Fee per swimmer</li> <li>Deck entries will not be permitted.</li> </ul>			
Entry Procedures	<ul style="list-style-type: none"> <li>Deadline for receipt of entries is Wednesday, September 17, 2025, at 11:59pm.</li> <li>Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify, etc.). Send entries via email to: CoachKevinSWSF@gmail.com</li> <li>Checks should be made payable to: Swimchester Sailfish</li> <li>"No Time" (NT) entries will be accepted.</li> <li>The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors at each session.</li> </ul>			
Warm-up and Safety Guidelines	<ul style="list-style-type: none"> <li>A complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants will be distributed in advance of the meet.</li> <li>Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).</li> <li>Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool.</li> <li>No spectators allowed on deck.</li> </ul>			
Competition Guidelines	Each intrasquad team will run their own Clerk of Course for their 10&Under athletes only.			
Awards	Awards will not be presented at this meet.			
Admission/Heat Sheets	Admission is free. A limited number of heat sheets will be printed. A digital copy of the heat sheet will be emailed to all families prior to the meet to print on their own. All meet information will also be posted on the MeetMobile app in real-time.			
Timers/Counters	There will be no individual events longer than 200 yards, so there will be no need for swimmers to provide their own timers or counters.			
Hospitality	Snacks and beverages will be provided for officials and timers ONLY. Athletes and spectators will be expected to provide their own.			



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**ORDER OF EVENTS**

Session 1: September 20, 2025 Warm-up 2:00p & Meet Start 3:00p			
Event Description	Girls	Boys	Mixed
12&U 200 Medley Relay	1	2	
Open 200 Medley Relay	3	4	
10&U 100 Free			5
11-12 100 Free			6
Open 100 Free	7	8	
10&U 50 Fly			9
11-12 50 Fly			10
Open 50 Fly	11	12	
10&U 100 Back			13
11-12 100 Back			14
Open 100 Back	15	16	
10&U 200 Free			17
11-12 200 Free			18
Open 200 Free	19	20	
10&U 50 Breast			21
11-12 50 Breast			22
Open 50 Breast	23	24	
<b>10 Minute Break</b>			
10&U 200 Free Relay			25
12&U 200 Free Relay			26
14&U 200 Free Relay			27
Open 200 Free Relay			28
10&U 100 IM			29
11-12 100 IM			30
Open 100 IM	31	32	
10&U 100 Fly			33
11-12 100 Fly			34
Open 100 Fly	35	36	
10&U 50 Back			37
11-12 50 Back			38
Open 50 Back	39	40	
10&U 100 Breast			41
11-12 100 Breast			42
Open 100 Breast	43	44	
10&U 50 Free			45
11-12 50 Free			46
Open 50 Free	47	48	

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### Summary of Fees/Release Form

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$0.00 per event	
Relay Entries		\$0.00 per relay	
KYLSC Swimmer Surcharge		\$2.50 per swimmer	
Facility Surcharge		\$25.00 per swimmer	
Total Fees Due			

Make Checks Payable to: Swimchester Sailfish

Waiver, Acknowledgement and Liability Release:

I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Winchester-Clark County Parks and Recreation and staff, and Swimchester Sailfish for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I verify that every swimmer entered into the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)	Club Title (Coach etc.)
Name of Club	Date

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.



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**SWIMMERS WITH A DISABILITY**  
**COACH AND MEET REFEREE COMMUNICATION**

**TEAM** \_\_\_\_\_ **CLUB CODE** \_\_\_\_\_

**COACH'S NAME** \_\_\_\_\_

**COACH'S EMAIL** \_\_\_\_\_

**PHONE** \_\_\_\_\_

Swimmer	Age Group	Event	Session	Necessary Accommodation

**Examples of Necessary Accommodations (but not limited to)**

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.

Please state all requested accommodation. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.