



## STROKE & TURN - APPRENTICESHIP FORM

APPRENTICE NAME: \_\_\_\_\_ TEAM: \_\_\_\_\_

EMAIL: \_\_\_\_\_ ONLINE CLINIC TEST DATE AND SCORE: \_\_\_\_\_

### Rating System:

**P**= Proficient to perform  
unsupervised

**I**= Improved during session but still  
needs more training/experience

**N**= Needs More Training/Experience  
**X**=Failed to satisfactorily perform the  
necessary function

**N/A**=Not observed or not applicable  
to this meet

	Attend officials briefing	Appropriately dressed in official's uniform	Understands assigned jurisdiction	Gives equal lane observation (including empty lanes)	Promptly raises hand for DQ (keep raised until acknowledged by C-J)	Reported event, heat, lane	Reported to C-J what was observed, what was the jurisdiction, the rule violated	Used correct "DQ" language from the DQ sheet (w/o hand gestures)	Relay take off (observe feet then hands, correctly filled out sheet)	Understands the technical rules for each stroke	Understands "Benefit of Doubt", "Good Judgment", "Common Sense"	Mentor's Comments
<b>Session 1</b> Meet: _____ Date: _____ Mentor: _____ Meet Ref: _____												
<b>Session 2</b> Meet: _____ Date: _____ Mentor: _____ Meet Ref: _____												
<b>Session 3</b> Meet: _____ Date: _____ Mentor: _____ Meet Ref: _____												
<b>Session 4</b> Meet: _____ Date: _____ Mentor: _____ Meet Ref: _____												

(If additional sessions are required, attach another page.)

- After all 4 sessions are completed, the apprentice shall email the completed Apprenticeship Form to current officials chair. Email can be found on the Officials tab of kylsc.org.
- PLEASE NOTE: No more than two (2) Apprentice Sessions can be completed at any one (1) meet.