



# Kentucky Swimming/USA Swimming Stroke & Turn Clinic Outline for Instructors

\_\_\_\_\_ Notify the KYLSC Officials' Chair of the scheduled Stroke & Turn Clinic

\_\_\_\_\_ Make packets to handout at the clinic (located at KYLSC.org under Officials section, then Clinic Documents)

- New Officials Checklist
- Stroke & Turn Apprentice Form
- The "Professional" Stroke and Turn
- Disqualification slip

\_\_\_\_\_ Clinic Sign-in Form

- The sign-in form is located at KYLSC.org in the same area as the packet/handout materials
- Make sure all clinic attendees sign in—and that they print their name and email address neatly

\_\_\_\_\_ Clinic Format

- Using the New Officials Checklist as a guide, go through each of the items listed—in the order listed.
  - Web locations are included on the checklist for items like member registration, background check, athlete protection training, and concussion training
  - Additional points to discuss:
    - ◇ Apprentices have 60 days to complete their background check and athlete protection training. After that time, the apprentice will not be allowed to work on deck until their background check and APT are completed.
    - ◇ There is a fee to complete the background check.
    - ◇ Apprentices must register with USAS (as apprentice officials) before they can access BGC, APT, or concussion training.
- View the USA Swimming Instruction videos
  - Note: Rule change not found in the video— separated two hand touch in breaststroke & butterfly
  - Allow time after each video to address any questions the apprentices may have
- Discuss procedures for apprenticing at meets
  - Inform Meet Referee of your intent to apprentice, contact info found in the meet information
  - Attend stroke briefing, typically 45-60 min prior to the start of each session
  - Be sure to SIGN IN at each session worked
  - MUST have the apprentice form filled out by the mentor each session worked. Neat writing please.
  - Uniform is white top, khaki bottoms, white shoes, and white socks (if worn). No club logos on shirts.
  - Apprentice with various ages/levels of swimmers to gain a variety of experience
- Important highlights
  - Benefit of doubt goes to the swimmer
  - Understanding jurisdiction and the importance of being in position when making a call
  - Raise your arm immediately. Up high—no pledges.
  - Raising an arm starts a conversation. It does not mean an infraction will be called. If you are unsure about the rule, raise an arm, describe what was observed, and the CJ will determine if a call will be made or discuss it with you.
- Discuss credentials
  - Two cards— Both should be worn when working at meets as a certified official
  - USA Swimming Membership Card (does not indicate you are a certified official)
    - Is accessible on USA Swimming's website after they have become a full, paying member
  - Official's Certification Card (indicates you are a certified official)
    - Temporary card for Fall 2022 or until OTS comes back online
    - Card will be mailed to them by the KYLSC Officials Chair after they become fully certified
- Timely completion
  - Complete the entire process in one (1) calendar year
- Resources
  - KYLSC.org officials page
  - USASwimming.org—member resources for officials
- Officials Tracking System (only here as a placeholder for when OTS returns)

\_\_\_\_\_ Following the clinic

- Send sign-in sheet to the KYLSC Officials' Chair
- When OTS is available, enter the names of participants in the system