

	<p style="text-align: center;"><b>SWSF Jingle Bell Meet</b>  <b>12/13/25</b>  Held under USA Swimming Sanction #: KYSC26-SWSF03</p>	<p style="text-align: center;"><b>Hosted by</b>  <b>Swimchester</b>  <b>Sailfish</b></p>
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<b>Location</b>	Winchester-Clark County Parks and Recreation 15 Wheeler Avenue, Winchester, KY 40391
<b>Facility</b>	The competitive indoor pool is 6-lanes by 25-yards The depth of the pool at the start end 11.5-feet. The depth at the turn end is 3.5-feet. The seating for spectators is 85. Seating for handicapped spectators is 20. The timing system is a Colorado 6 console with touchpads and two buttons per lane. There is an LED scoreboard. A livestream of the meet will be available on the Swimchester Sailfish YouTube channel.
<b>Medical Aide</b>	The WCCPR Lifeguard staff will be responsible for all medical situations at the meet. There is an AED available on the pool deck and at the Front Des of the facility.
<b>Meet Referee</b>	Jason Thomas, jasonthomas44@hotmail.com
<b>Meet Director</b>	Kevin Ryan, CoachKevinSWSF@gmail.com
<b>Entry Chair</b>	Kevin Ryan, CoachKevinSWSF@gmail.com
<b>Visiting Officials</b>	The Swimchester Sailfish welcome anyone who is a USA Certified Official to aide in officiating the meet. Please utilize the signup list on the meet event page at <a href="http://www.kylsc.org">www.kylsc.org</a> or contact the Meet Referee if you wish to officiate. We will accommodate any Apprentice Officials based on our ability to provide experienced mentors.
<b>Disclaimer</b>	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
<b>Meet Type</b>	Timed Finals

Regulations/Waivers	
<b>USA Swimming Rules</b>	<ul style="list-style-type: none"> <li>At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.</li> <li>Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li> <li>Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups.</li> <li>Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.</li> <li>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>Flash photography is not permitted at the start of any race.</li> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> </ul>
<b>Safe Sport 360</b>	<ul style="list-style-type: none"> <li>The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines,</li> </ul>

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Regulations/Waivers	
	<p>promoting healthy boundaries and mandatory reporting of violations.</p> <ul style="list-style-type: none"> <li>The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.</li> <li>Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at <a href="http://www.uscenterforsafesport.org/report-a-concern">www.uscenterforsafesport.org/report-a-concern</a>. Various state laws may also require reporting to law enforcement or to a designated child protection agency.</li> <li>All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</li> <li>All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for removal of member from the facility.</li> </ul>
<b>Waiver/Release</b>	<ul style="list-style-type: none"> <li>By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li> <li>All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li> </ul>

Meet Entry & Operation Guidelines	
<b>Eligibility:</b>	<ul style="list-style-type: none"> <li>All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet.</li> <li>All adult athletes must hold current Athlete Protection Training certification.</li> <li>Age on the first day of the meet will determine age for the entire meet.</li> <li>Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request.</li> </ul>
<b>Swimmers with a Disability</b>	<ul style="list-style-type: none"> <li>The Swimchester Sailfish welcomes swimmers with a disability.</li> <li>Entry Procedures: <ol style="list-style-type: none"> <li>Enter the USA-S swimmers with a disability electronically</li> <li>With your entries, submit the SWAD Coaches and Meet Referee Communication Form (form is on page 7 of this document).</li> </ol> </li> <li>Preferred seeding is in the swimmer's age group entered event at the same distance with their</li> </ul>

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Meet Entry & Operation Guidelines				
	<p>equivalent non-conforming time to ensure seeding in the initial heats.</p> <ul style="list-style-type: none"> <li>The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach</li> </ul>			
<b>Start Times</b>	<b>DATE</b>	<b>SESSION</b>	<b>WARM-UP START TIME</b>	<b>COMPETITION START TIME</b>
	12/13/25	1	10:00a	11:00a
<b>Entry Limits</b>  <b>Entry Fees</b>	<ul style="list-style-type: none"> <li>Swimmers may swim a maximum of 10 individual events per day.</li> <li>Entries will be taken on a 1<sup>st</sup> Come, 1<sup>st</sup> Served basis and will close at max of 100 swimmers per session.</li> <li>\$25.00 flat fee per swimmer</li> <li>Deck entries will be accepted for swimmers already entered in the meet. No new swimmers will be entered on the day of the meet.</li> </ul>			
<b>Entry Procedures</b>	<ul style="list-style-type: none"> <li>Deadline for receipt of entries is Tuesday, December 9, 2025, at 11:59pm.</li> <li>Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify, etc.). Send entries via email to: CoachKevinSWSF@gmail.com</li> <li>Checks should be made payable to: Swimchester Sailfish</li> <li>“No Time” (NT) entries will be accepted.</li> </ul>			
<b>Warm-up and Safety Guidelines</b>	<ul style="list-style-type: none"> <li>A complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants will be distributed in advance of the meet.</li> <li>Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).</li> <li>Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool.</li> </ul>			
<b>Competition Guidelines</b>	There will be no check-in for any event. Coaches are expected to inform the Admin Official if they have any scratches. There will be no Clerk of Course as all athletes will be seated on deck in the pool area.			
<b>Awards</b>	Heat winner ribbons will be distributed. Christmas-themed prizes may be awarded for Hot Heats. The meet will not be scored. Results will be split into 10&U, 11-12, 13-14, 15&O age groups.			
<b>Admission/ Heat Sheets</b>	There is no admission fee for spectators. A pdf of the heat sheet will be distributed to all teams the day prior to the meet.			
<b>Hospitality</b>	Hospitality will be provided for all meet workers, including timers and officials.			



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### **ORDER OF EVENTS**

<b>Session 1 12/13/25 Warm-up 10:00am &amp; Start Time 11:00am</b>	
<b>Number</b>	<b>Event Description</b>
1	Mixed Open 200 Free
2	Mixed Open 50 Back
3	Mixed Open 100 Breast
4	Mixed Open 50 Fly
5	Mixed Open 100 Free
6	20min Break
7	Mixed Open 100 Back
8	Mixed Open 50 Breast
9	Mixed Open 100 Fly
10	Mixed Open 50 Free
11	Mixed Open 100 IM
12	Mixed Open 200 IM

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### Summary of Fees/Release Form

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Facility Surcharge		\$25.00per swimmer	
Total Fees Due			

Make Checks Payable to: Swimchester Sailfish

Waiver, Acknowledgement and Liability Release:

I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Winchester-Clark County Parks and Rec Pool and staff, and Swimchester Sailfish for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I verify that every swimmer entered into the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)	Club Title (Coach etc.)
Name of Club	Date

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.



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### SWIMMERS WITH A DISABILITY COACH AND MEET REFEREE COMMUNICATION

TEAM		CLUB CODE	
COACH'S NAME			
COACH'S EMAIL		COACH'S PHONE	

Swimmer	Age Group	Event	Session	Necessary Accommodation

#### Examples of Necessary Accommodations (but not limited to)

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.

Please state all requested accommodation. While you are familiar with your athlete, we are not. Things that are obvious to you are not to officials who have never met your athlete.