

	<p style="text-align: center;">SWSF v. GSCS v. TNT Tri Meet 11/22/25 Held under USA Swimming Sanction #: KYSC26-SWSF02</p>	<p style="text-align: center;">Hosted by </p>
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Location	Winchester-Clark County Parks and Recreation 15 Wheeler Avenue, Winchester, KY 40391
Facility	The competitive indoor pool has 6x25 yard lanes. The depth of the pool at the start end is 11 feet 6 inches. The depth at the turn end is 3 feet 6 inches. The seating for spectators is 80. Restrooms for spectators and adult athletes will be available in the Family Restrooms in the downstairs hallway. Locker rooms will be reserved for 17&U athletes only. A Colorado 6 timing system with touchpads and two buttons will be available with a 6-line LED scoreboard will be utilized. The competition course is certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4).
Medical Aide	WCCPR Lifeguard Staff will monitor the safety of the event. All lifeguards are Red Cross-certified in Lifeguarding and CPR/AED. There is an AED available on the pool deck. Emergency phones are located in the lifeguard room and the Aquatics Office.
Meet Referee	Jason Thomas, jasonthomas44@hotmail.com, 859.905.9878
Meet Director	Kevin Ryan, CoachKevinSWSF@gmail.com, 513.780.4866
Entry Chair	Jennifer Thomas, jinkies33@hotmail.com, 859.905.9870
Visiting Officials	The Swimchester Sailfish welcomes anyone who is a USA Certified Official to aid in officiating the meet. Please email the Meet Referee if you wish to officiate. We will accommodate any Apprentice Officials based on our ability to provide experienced mentors.
Disclaimer	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type	Timed Finals

Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Safe Sport 360	<ul style="list-style-type: none"> The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members.

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Regulations/Waivers	
	<p>Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.</p> <ul style="list-style-type: none"> • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • All participants and competitors shall follow the US Center for SafeSport rules for bullying found on USA Swimming and Kentucky Swimming sites. A violation will be grounds for removal of member from the facility.
Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all your team's swimmers to be published in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Meet Entry & Operation Guidelines	
Eligibility:	<ul style="list-style-type: none"> • All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. • All adult athletes must hold current Athlete Protection Training certification. • Age on the first day of the meet will determine age for the entire meet. • Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request.
Swimmers with a Disability	<ul style="list-style-type: none"> • The Swimchester welcomes swimmers with a disability. • Entry Procedures: <ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically 2. With your entries, submit the SWAD Coaches and Meet Referee Communication Form (form is

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Meet Entry & Operation Guidelines				
	<p style="text-align: center;">on Page 6 of this document.</p> <ul style="list-style-type: none"> Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach 			
Start Times	DATE	SESSION	WARM-UP START TIME	COMPETITION START TIME
	11/22/25	13&Overs	10:15a	11:15a
	11/22/25	12&Unders	2:30p	3:30p
Entry Limits	<ul style="list-style-type: none"> Swimmers may swim a maximum of 3 individual events per day. Swimmers may swim in a maximum of 2 relay event per day. 			
Entry Fees	<ul style="list-style-type: none"> Entries will be taken on a 1st Come, 1st Served basis and will close at max of 250 swimmers per session. \$2.50 KY LSC surcharge per swimmer. \$27.50 Facility Fee per swimmer Deck entries will not be permitted. 			
Entry Procedures	<ul style="list-style-type: none"> Deadline for receipt of entries is Wednesday, November 19, at 11:59pm. Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify, etc.). Send entries via email to: SWSFmeetops@gmail.com Checks should be made payable to: SWIMCHESTER SAILFISH "No Time" (NT) entries will be accepted. 			
Warm-up and Safety Guidelines	<ul style="list-style-type: none"> A complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool. No spectators allowed on deck. 			
Competition Guidelines	Each team will provide their own Clerk of Course, if desired, to direct their swimmers from the gymnasium to the pool deck.			
Scoring and Awards	<p>-Awards will not be presented at this meet.</p> <p>-In the 13&O session, swimmers will each race a 200, 100, and 50 of the stroke of their choosing. The Admin Official will then run a Single-Year Power Point report for all four strokes of a given distance, rank all the swims based on that PP score, then score that as a single event.</p> <p>-In the 12&U session, 9-10 and 11-12s will race a 100 IM then a 100 and 50 of the stroke of their choosing. -</p> <p>-The 8&U may swim any 3 out of 100 IM, or a 25, 50, 100 of the stroke of their choosing. Those events will be scored by the same method as the 13&O events.</p> <p>-Individual events will be scored 12-9-7-5-4-3-2-1. No more than 3 athletes per team may score in an event.</p> <p>-Relays events will be scored 24-18-12-8-4. No more than 2 relays per team may score.</p>			
Admission/ Heat Sheets	Admission is free. A limited number of heat sheets will be printed. A digital copy of the heat sheet will be emailed to all families prior to the meet to self-print. All meet information and results will be published in real-time and posted on the pool deck, in the gymnasium, on the MeetMobile app, and emailed to coaches following the meet.			
Seating/Spectators	Athletes will be seated in the upstairs gymnasium and will proceed down the back stairway to the pool for each event. Swimmers will return to the gymnasium after their races via the front stairway. This is to keep the stairs dry and prevent slipping.			

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Meet Entry & Operation Guidelines	
	<p>There will be spectator seating for approximately 60 people on the bleachers on the pool deck. Additional seating is available in the upstairs gymnasium.</p> <p>There will be a livestream of the meet broadcast on a TV in the gymnasium so that athletes and spectators can follow along with the meet.</p>
Timers/Counters	There will be no individual events longer than 200 yards, so there will be no need for swimmers to provide their own timers or counters.
Hospitality	Snacks and beverages will be provided for officials and timers ONLY. Athletes and spectators will be expected to provide their own.

ORDER OF EVENTS

indicates scored events

13&Overs 11/22/25 Warmup 10:15a, Meet Start 11:15a				12&Unders 11/22/25 Warmup 2:30p, Meet Start 3:30p			
Girls	Boys	Mixed	Event Description		Girls	Boys	Event Description
		101	*14&U 200 Free Relay*				201 *10&U 200 Free Relay*
		102	*Open 200 Free Relay*				202 *12&U 200 Free Relay*
103	104		13&Over 200 Back		203	204	12&U 100 IM
105	106		13&O 200 Breast		205	206	*8&U 100 IM PP Ranking*
107	108		13&O 200 Fly		207	208	*9-10 100 IM PP Ranking*
109	110		13&O 200 Free		209	210	*11-12 100IM PP Ranking*
111	112		*13-14 200 PP Ranking*		211	212	8&U 25 Back
113	114		*15&O 200 PP Ranking*		213	214	8&U 25 Breast
115	116		13&O 100 Back		215	216	8&U 25 Fly
117	118		13&O 100 Breast		217	218	8&U 25 Free
119	120		13&O 100 Fly		219	220	*8&U 25 PP Ranking*
121	122		13&O 100 Free		221	222	12&U 100 Back
123	124		*13-14 100 PP Ranking*		223	224	12&U 100 Breast
125	126		*15&O 100 PP Ranking*		225	226	12&U 100 Fly
127	128		13&O 50 Back		227	228	12&U 100 Free
129	130		13&O 50 Breast		229	230	*8&U 100 PP Ranking*
131	132		13&O 50 Fly		231	232	*9-10 100 PP Ranking*
133	134		13&O 50 Free		233	234	*11-12 100 PP Ranking*
135	136		*13-14 50 PP Ranking*		235	236	12&U 50 Back
137	138		*15&O 50 PP Ranking*		237	238	12&U 50 Breast
		139	*14&U 200Medley Relay*		239	240	12&U 50 Fly
		140	*Open 200 Medley Relay*		241	242	12&U 50 Free
					243	244	*8&U 50 PP Ranking*
					245	246	*9-10 50 PP Ranking*
					247	248	*11-12 50 PP Ranking*
							249 *10&U 200 Medley Relay*
							250 *12&U 200 Medley Relay*

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Summary of Fees/Release Form

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$0.00 per event	
Relay Entries		\$0.00 per relay	
KYLSC Swimmer Surcharge		\$2.50 per swimmer	
Facility Surcharge		\$27.50 per swimmer	
Total Fees Due			

Make Checks Payable to: SWIMCHESTER SAILFISH

Waiver, Acknowledgement and Liability Release:

I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Winchester-Clark County Parks and Rec and staff, and Swimchester Sailfish for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet.

I verify that every swimmer entered into the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative)	Club Title (Coach etc.)

Name of Club	Date

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.

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**SWIMMERS WITH A DISABILITY
COACH AND MEET REFEREE COMMUNICATION**

TEAM		CLUB CODE	
COACH'S NAME			
COACH'S EMAIL		COACH'S PHONE	

Swimmer	Age Group	Event	Session	Necessary Accommodation

Examples of Necessary Accommodations (but not limited to)

- Towel on block to start.
- Assistance at the block before the start
- Takes longer to get to the block or exit pool.
- Wall lane placement
- Personal Assistant for mobility or communications
- Examples of Modifications per Art. 105 in accordance with 105.1.2.
- Sitting position on block 105.5.1.E(1).
- Starter's arm signals 105.3.1
- Personal Assistant for mobility, tapper (B/VI) or communication, etc. 105.1.3.C and elsewhere.
- Legs due to immobility are unable to perform Breaststroke Kick 105.5.2.