

	<p style="text-align: center;">2025 Triton Swim Festival May 16-18, 2025 Held under USA Swimming Sanction by Kentucky Swimming</p>	<p style="text-align: center;">Triton Swimming</p>
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Location:	The Genesis Blairwood Club 9300 Blairwood Road – Louisville, KY
Facility:	The competitive outdoor pool is 9 lanes by 50 meters. The competition will occur in 8 lanes. The depth of the pool at the start end is 12'. The depth at the turn end is 4'6". Daktronics timing system and scoreboard are available. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4).
Locker Rooms:	Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Parents who wish to accompany their swimmer to the locker rooms should utilize the restrooms in the lobby.
Meet Director:	Susan Vlahos sdvlahos@hotmail.com 502-552-3890
Meet Referee:	Jason Brown kylscoc@gmail.com 502-428-6041
Officials:	<p>Triton Swimming welcomes and encourages anyone who is a USA Swimming certified official to join the Kentucky Swimming officials in officiating this meet. We will accommodate any Apprentice Official based on our ability to provide experienced mentors. Please contact the Meet Referee (contact information above), in advance of the meet, if possible, to let them know of your availability, or sign up directly on the Kentucky Swimming website at www.kylsc.org, using the following information/instructions:</p> <ol style="list-style-type: none"> 1. SIGN IN on the KYLSC web site 2. User id email: volunteer@kylsc.org 3. Password: #1Volunteer 4. Go to the "Meets" tab, find Triton Derby Festival and, click on "Job Signup" <p>There will be an officials' meeting one (1) hour prior to the start of each session.</p> <p>We are also looking for individuals interested in becoming an official. For more information please contact the KYLSC Official's Chair, information is posted on the KYLSC website at www.kylsc.org.</p> <p>All meet officials serving in an official capacity must be members of USA Swimming or other World Aquatics organization. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming.</p>
Entry Chair:	Ann Id-Lougssiy Annidtriton@gmail.com 502-551-3707

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Medical Assistance:	<i>The pool deck will be staffed with certified Lifeguards provided by The Genesis-Blairwood Club. An AED device, if needed, is available on deck at one of the lifeguard stations.</i>
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Timed Finals

Regulations/Waivers	
USA Swimming Rules	<p>At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.</p> <p>Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.</p> <p>Changing into or out of swimsuits other than in locker rooms or other designated areas is strictly prohibited.</p> <p>Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition, and warm-ups.</p> <p>Deck changing is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.</p>

Meet Entry & Operation Guidelines	
Eligibility:	<p>All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet.</p> <p>All adult athletes must hold current Athlete Protection Training certification.</p> <p>Age on the first day of the meet will determine age for the entire meet.</p> <p>Coaches must be current coach members of USA Swimming in Good Standing and must present credentials upon request.</p>

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Swimmers with a Disability	<p>Triton Swimming welcomes swimmers with a disability.</p> <p>Entry Procedures:</p> <ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically. 2. With your entries, submit the SWAD Coaches and Meet Referee Communication Form (form is on the last page of this document). <p>Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.</p> <p>The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.</p>			
Start Times	DATE	SESSION	WARM-UP START TIME (EST)	COMPETITION START TIME (EST)
	Friday	1	1:00 PM	2:00 PM
		2	4:00 PM	5:00 PM
	Saturday	3	7:00 AM	8:00 AM
		4	12:30 PM	1:30 PM
	Sunday	5	7:00 AM	8:00 AM
		6	12:30 PM	1:30 PM
Entry Limits	Swimmers may swim a maximum of 4 individual events per day			
Entry Fees	<ul style="list-style-type: none"> • \$7.50 per individual event • \$25.00 per swimmer surcharge (includes a \$2.50 KYLSC surcharge) • Deck Entry Fees are \$20.00 and are due at the start of the session • Checks should be made payable to: TRITON SWIMMING 			
Entry Procedures	<p>Send entries via email to: TBD</p> <p>Deadline for receipt of entries is noon (EST) on Friday, May 9, 2025.</p> <p>Entries must be submitted in LCM using an electronic meet entry software (Hy-Tek/Team Unify, etc.).</p> <p>"No Time" (NT) entries will be accepted.</p> <p>Late entries after midnight (EST), Tuesday, May 13, 2025, up until the start of warm-ups for Session 1 on Friday, May 16, 2025, will be subject to availability and will be assessed a \$20.00 late entry fine. These entries will be allowed at the discretion of the Meet Referee. No heat will be added to the event to add a late swimmer.</p> <p>Handwritten, telephoned, or faxed entries will not be accepted with the exception of the report sheet provided for utilization when entering swimmers with a disability. If the USA Swimming ID for any swimmer is omitted, that swimmer's entries will not be accepted.</p>			

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Deck Entries	Deck entries will be accepted at the discretion of the Meet Director and Meet Referee. Only events with open lanes will be filled. NO heats will be added. Deck entries will cost \$20.00 per event.
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Meet Entry & Operation Guidelines	
Warm-up, Safety Guidelines, Cool Down	<p>Teams will be assigned lanes or the meet host will post an Open Format warm up lane schedule at the meet.</p> <p>Warm up procedure will be determined by the number of swimmers entered. Warm-ups will be monitored by the Meet Marshall.</p> <p>Coaches must maintain contact with their swimmers during warm-up time.</p> <p>Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner from the start end of the pool.</p> <p>Warm-up/Cool-Down lane will be provided during all sessions in Lane 9. Athletes must abide by the rules of warm-up. There is potential that the 25m Pool will be open. If so, that will be the warm-up/warm-down facility and all 9 lanes will be used for competition.</p> <p>Only athletes entered in the meet, working coaches, officials, and meet workers are allowed in designated areas on deck. Other non-participants are expected to remain in the spectator area.</p>
Competition Guidelines	<p>Time Standards: There are no time standards for this meet.</p> <p>Positive Check-In: All events 400 Meters will require positive check-in 45 minutes before the beginning of the session in which the event is to be swam. Check-in sheets will be located behind the head table. No other events need to be checked in.</p>
Clerk of Course:	No Clerk of Course will be provided.
Scoring	Individual Events 16 places – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Awards	There will be no awards for this meet.
Admission	Admission is free.
Results	Will be posted at meet. Will be posted on www.KYLSC.org . Teams will be emailed results.
Timers	While the host club will provide 2 lane timers for each session of the meet, we welcome any parent who would like to volunteer. Please reach out to the Meet Director with any volunteers from your club.
Hospitality	Hospitality will be offered for coaches and officials.

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ORDER OF EVENTS

Session 1 - Friday early PM Warm-up 1:00 pm / Start 2:00 pm		
Women	Event Description	Men
1	Open 800 Free	2

Session 2 - Friday late PM Warm-up 4:00 pm / Start 5:00 pm		
Women	Event Description	Men
3	13&O 400 IM	4
5	11-12 200IM	6
7	13&O 400 Free	8
9	11-12 400 Free	10

Session 3 - Saturday AM Warm-up 7:00 am / Start 8:00 am		
Women	Event Description	Men
11	13-14 100 Free	12
13	Open 100 Free	14
15	13-14 200 IM	16
17	Open 200 IM	18
19	13-14 100 Back	20
21	Open 100 Back	22
23	13-14 200 Breast	24
25	Open 200 Breast	26
27	13-14 100 Fly	28
29	Open 100 Fly	30

Session 4 - Saturday PM Warm-up 12:30 pm / Start 1:30 pm		
Women	Event Description	Men
31	10&U 200 Free	32
33	11-12 200 Free	34
35	10&U 100 Back	36
37	11-12 100 Back	38
39	10&U 50 Breast	40
41	11-12 50 Breast	42
43	10&U 100 Fly	44
45	11-12 100 Fly	46
47	10&U 50 Free	48
49	11-12 50 Free	50

Session 5 - Sunday AM Warm-up 7:00 am / Start 8:00 am		
Women	Event Description	Men
51	13-14 200 Back	52
53	Open 200 Back	54
55	13-14 100 Breast	56
57	Open 100 Breast	58
59	13-14 200 Free	60
61	Open 200 Free	62
63	13-14 200 Fly	64
65	Open 200 Fly	66
67	13-14 50 Free	68
69	Open 50 Free	70

Session 6 - Sunday PM Warm-up 12:30 pm / Start 1:30 pm		
Women	Event Description	Men
71	10&U 200 IM	72
73	11-12 100 Free	74
75	10&U 100 Free	76
77	11-12 50 Back	78
79	10&U 50 Back	80
81	11-12 100 Breast	82
83	10&U 100 Breast	84
85	11-12 50 Fly	86
87	10&U 50 Fly	88

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Summary of Fees/Release Form

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$7.50 per event	
Swimmer Surcharge (\$2.50 KYLSC)		\$25.00 per swimmer	
Total Fees Due			

Make Checks Payable to: Triton Swimming

Waiver, Acknowledgement and Liability Release:

I/we hereby, for myself/ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Genesis-Blairwood and staff, and Triton for injuries and/or expenses incurred by me/us at the meet and/or while traveling to and from the meet.

I verify that every swimmer entered into the meet is a current registered Athlete Member of USA Swimming and that every coach representing our team at the meet will be a current Coach Member of USA Swimming in good standing.

Signature (Coach or Club Representative) Club Title (Coach etc.) _____

Name of Club _____ Date _____

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302.

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SWIMMING Necessary Accommodation Form - Coach/Meet Referee Communication

Swimmer's Name: P1 P2 P3 Date: _____

Meet: _____ Club: _____ LSC: _____

Coach: _____ Coach Cell # (at meet): _____

Please state all requested accommodations and modifications.

Modifications needed; please describe. While you are familiar with your athlete, we are not.

Things that are obvious to you are not to officials who have never met your athlete.

Session	Event	Heat	Lane	Modification(s) Per Article 105

Examples of Meet Accommodations and Modifications in accordance with Article 105

- Towel on block to start
- Assistance at the block before and/or during the start
- Takes longer to get to the block or exit pool
- Preferred lane placement and/or exit to ladder - Sitting or alternative position on block (105.5.1.E(1))
- Starter's arm signals (105.3.1)
- Personal Assistant for mobility, tapper (B/VI) or communication
- Legs due to immobility are unable to perform Breaststroke Kick
- Any modification of a technical rule allowing parallel performance for a swimmer /disability