

**2019 FLORIDA GOLD COAST ZONE TEAM APPLICATION
SOUTHERN ZONE AGE GROUP CHAMPIONSHIPS
CARY, NORTH CAROLINA
July 29-August 4, 2019**

**All forms must be filled out, e-mailed (or faxed) & RECEIVED BY SUNDAY NIGHT, JUNE 23, 2019.
PLEASE send to: Coach Jennifer Gibson at jenngibson60@gmail.com**

LAST NAME _____

FIRST NAME _____ **MI** _____

USA SWIMMING ID# _____

AGE AS OF SOUTHERN ZONE MEET (July 30, 2019) _____ **SEX:** _____

BIRTHDATE: _____

T-SHIRT SIZE: _____

PHONE: (_____) _____

SHORT SIZE: _____

E-MAIL: _____

HOME CLUB TEAM: _____ **CLUB COACHES NAME:** _____

***Please list your events that you have ACHIEVED THE “AAA” LONG COURSE TIME STANDARDS
IN FIRST (Must have a minimum of three “AAA” to apply for the Zone Team)**

Event/Time

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

****ANY QUESTIONS CONCERNING APPLYING FOR THE 2019 FGC ZONE TEAM, PLEASE
CONTACT-FGC AGE GROUP VICE CHAIR-Coach Jennifer Gibson jenngibson60@gmail.com**

Thank you for your interest in and support of Florida Gold Coast Swimming!

Good Luck!

2019 FGC ZONE TEAM SELECTION

July 30-August 4, 2019

CARY, NORTH CAROLINA

(Parents & Swimmers-PLEASE READ the following carefully in its entirety)

An applicant must have obtained at least three (3) "AAA" times in his or her designated age group. Long Course times will be used first! All FGC Swimmers who desire to be considered for selection to the 2019 FGC Southern Zone Team must complete an application form and submit it with the proper signatures NO LATER than Sunday, June 23, 2019. The 2019 FGC Zone Team will be announced no later than June 28th .

Each swimmer will be asked to pay a total of \$750.00 towards the cost of the trip to Cary, North Carolina. This fee will assist the FGC to cover air transportation, hotel accommodations, ground transportation, meet entry fees and team outfitting. All meals on the travel days of Monday & Sunday will be the responsibility of the swimmer.

**There may be an additional fee requested for team dinners. The team will depart on Monday, July 29th and returning on Sunday, August 4th.

Both the 11-12 & 13-14 age groups will be comprised of an equal number of athletes (8 females and 8 males) for the 2019 Southern Zone Age Group Championships.

Please see below-this is a guideline to describe the selection process and show how the balance in each age group will be determined. The first six athletes in 11-12 & 13-14 will be selected from adding power points for the events listed. All "Scoring Potential" athlete positions are "Wild Card" positions (Athletes #7 & 8 in the 11-12 & 13-14 age groups).

11-12 Age Group/Stroke Groups=

- 1) 50/100 Free
- 2) 200/400/500 Free
- 3) 50/100 Back
- 4) 50/100 Breast
- 5) 50/100 Butterfly
- 6) 200 IM
- 7) *Scoring Potential Athlete
- 8) *Scoring Potential Athlete

13-14 Age Groups/Stroke Groups=

- 1) 50/100/200 Free
- 2) 400/500/800/1000 Free (Girls)
400/500/1500/1650 Free (Boys)
- 3) 100/200 Back
- 4) 100/200 Breast
- 5) 100/200 Butterfly
- 6) 200/400 IM
- 7) *Scoring Potential Athlete
- 8) *Scoring Potential Athlete

In Order to secure the best possible athletes, the following method is employed for selection:

- 1) Age as of July 30, 2019, determines the age at the meet and for qualification purposes;
- 2) All short & long course times performed in USA-sanctioned meets between June 1, 2018 & June 23, 2019 will be used for positions in each age group and gender.
- 3) Any swimmer who has ever achieved a time faster than or equal to the CURRENT Summer Junior Nationals qualifying time in any event before July 20, 2019, will not be eligible to compete in the 2019 Summer Southern Zone Age Group Championships.
- 4) Coaches are to be notified of initially selected swimmers. In turn, coaches or team representatives must notify the Zone Team Head Coach or FGC Age Group Chair of intent to compete no more than three (3) days following notification of making the team.
- 5) Alternates will be named if: a) The original Zone Team Qualifier turns down his or her spot; b) The original Zone Team Qualifier achieves the 2019 Junior National qualifying time for any one event; c) A selected athlete becomes unavailable for this competition before the final entry deadline.
- 6) Applications received will be taken as a declaration for each swimmer that he/she will definitely be available for the trip in proper peak condition for an event of this championship nature. Home club coaches may be asked to substantiate their own swimmer's commitment to be prepared to race. Failure to

prepare properly may result in substitution.

7) Upon notification of selection to the ZONE team, swimmers are required to submit AT LEAST 1/3 (\$250.00) OF THE ENTIRE MEET FEES within 5 days to confirm their position on the team. All outstanding fees are due in full BEFORE July 17, 2019.