
RECORDS S.Zone.Sr.Champs
LC Meters-Female

50 Free	26.45	31-Jul-18	TWST- GU	ValerieAnne Staffeldt at 2018 Southern Zone Senior LC Championships
100 Free	56.41	2-Aug-16	AGS- GU	Cook, Julia
200 Free	2:03.83	31-Jul-18	LAKE- KY	Cameron Brown
400 Free	4:19.87	29-Jul-14	MAC- NT	Haley K. Yelle at 2014 Southern Zone Senior LC Championships
800 Free	8:59.21	4-Aug-15	TWST- GU	Dorothy Halmy at 2015 Southern Zone Senior LC Championship
1500 Free	17:30.59	29-Jul-13	PPST	Carrie Bonfield at 2013 Southern Zone Senior LC Championships
50 Back	29.75	31-Jul-18	MADI- SE	Eboni McCarty
100 Back	1:04.04	1-Aug-17	TWST- GU	Ashley L. Pollok at 2017 Southern Zone Senior LC Championships
200 Back	2:17.64	1-Aug-17	TWST- GU	Ashley L. Pollok at 2017 Southern Zone Senior LC Championships
50 Breast	33.46	1-Aug-17	FAST- NT	Rayann M. Jaryszak at 2017 Southern Zone Senior LC Championships
100 Breast	1:13.55	1-Aug-17	SSAN- GU	Charlotte Longbottom at 2017 Southern Zone Senior LC Championships
200 Breast	2:35.67	1-Aug-17	U-SH- GU	Hannah Sumbera at 2017 Southern Zone Senior LC Championships
50 Fly	28.10	1-Aug-17	FCST- GU	Victoria Tillman at 2017 Southern Zone Senior LC Championships
100 Fly	1:02.52	1-Aug-17	KATY- GU	Emma Sticklen at 2017 Southern Zone Senior LC Championships
200 Fly	2:16.69	4-Aug-15	TWST- GU	Dorothy Halmy at 2015 Southern Zone Senior LC Championship
200 IM	2:20.22	1-Aug-17	TWST- GU	Ashley L. Pollok at 2017 Southern Zone Senior LC Championships
400 IM	4:57.22	1-Aug-17	U-SH- GU	Hannah Sumbera at 2017 Southern Zone Senior LC Championships
200 Free Relay	1:48.51	1-Aug-17	TWST- GU	The Woodlands Swim Team Z. Gawronska, K. Fields, A. Pollok, V. Staffeldt
400 Free Relay	3:55.78	1-Aug-17	TWST- GU	The Woodlands Swim Team Z. Gawronska, A. Everett, V. Staffeldt, A. Pollok
800 Free Relay	8:35.97	1-Aug-17	FCST- GU	First Colony Swim Team B. Vasquez, A. Kontrimas, K. Stanley, D. Hepler
200 Medley Relay	1:59.42	1-Aug-17	TWST- GU	The Woodlands Swim Team A. Pollok, B. Beddingfield, V. Staffeldt, Z. Gawro
400 Medley Relay	4:21.72	1-Aug-17	TWST- GU	The Woodlands Swim Team A. Pollok, B. Beddingfield, Z. Gawronska, V. Staff

RECORDS S.Zone.Sr.Champs
LC Meters-Male

50 Free	23.54	2-Aug-16	WOW- FG	Cline, Cody
100 Free	51.85	2-Aug-16	NFS- FL	Callahan, Tate
200 Free	1:52.69	1-Aug-17	NFS- FL	Tate R. Callahan at 2017 Southern Zone Senior LC Championships
400 Free	4:00.96	1-Aug-17	NFS- FL	Tate R. Callahan at 2017 Southern Zone Senior LC Championships
800 Free	8:19.88	6-Aug-12	COOG	Patrick R. LaBrode at 2012 Southern Zone Senior LC Championships
1500 Free	15:54.25	6-Aug-12	COOG	Patrick R. LaBrode at 2012 Southern Zone Senior LC Championships
50 Back	26.99	1-Aug-17	AGS- GU	Peter Simmons at 2017 Southern Zone Senior LC Championships
100 Back	57.37	31-Jul-18	MEMT- SE	Alex Robinson
200 Back	2:04.12	29-Jul-14	PPST- NJ	Will Stange at 2014 Southern Zone Senior LC Championships
50 Breast	29.13	31-Jul-18	OWEN- KY	Michael Hampel
100 Breast	1:02.96	4-Aug-15	TWST- GU	Jonathan C. Tybur at 2015 Southern Zone Senior LC Championship
200 Breast	2:16.09	4-Aug-15	TWST- GU	Jonathan C. Tybur at 2015 Southern Zone Senior LC Championship
50 Fly	25.16	31-Jul-18	UA- SE	Andrey Tretyakov
100 Fly	55.41	31-Jul-18	UA- SE	Andrey Tretyakov
200 Fly	2:04.52	1-Aug-17	NFS- FL	Tyler J. Watson at 2017 Southern Zone Senior LC Championships
200 IM	2:06.18	4-Aug-15	TWST- GU	Jonathan C. Tybur at 2015 Southern Zone Senior LC Championship
400 IM	4:28.50	4-Aug-15	TG- SC	Tal Davis at 2015 Southern Zone Senior LC Championship
200 Free Relay	1:35.56	1-Aug-17	PACK- GU	Premier Aquatics Club of Klein]. Powell, K. Gill, G. Norgan, H. Sale
400 Free Relay	3:31.45	1-Aug-17	KATY- GU	Katy Aquatics W. Roberson, E. Autry, W. Coakley, G. Cowand
800 Free Relay	7:47.94	1-Aug-17	KATY- GU	Katy Aquatics J. Won, S. Thumann, R. McKinney, W. Coakley
200 Medley Relay	1:46.88	1-Aug-17	KATY- GU	Katy Aquatics R. McKinney, M. Rudd, E. Autry, W. Roberson
400 Medley Relay	3:55.12	2-Aug-16	NFS- FL	Nash II, Mel; Skigen, Jackson; Cook, Alex; Callahan, Tate

RECORDS S.Zone.Sr.Champs**LC Meters-Mixed**

200 Free Relay	1:41.94	1-Aug-17	PACK- GU	Premier Aquatics Club of KleinJ. Powell, K. Gill, J. Steele, L. Carag
200 Medley Relay	1:50.91	1-Aug-17	TWST- GU	The Woodlands Swim Team A. Pollok, Z. Hansen, N. Persyn, V. Staffeldt