

MISSISSIPPI SWIMMING RECORDS						
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
6 & under	50 FR	00:42.15	07/09/2016	MS-DAC	Hannah Carpenter	2016 MS GST Firecracker Invitational
6 & under	100 FR	01:37.34	07/10/2016	MS-DAC	Hannah Carpenter	2016 MS GST Firecracker Invitational
6 & under	200 FR	03:55.99	06/04/2010	MS-MMST	Arilyn Thomas	2010 MS Stamm Invitational
6 & under	50 BK	00:50.78	04/29/2006	MS-SWAT	CiCi Zhang	2006 SE Collierville Spring
6 & under	100 BK	01:50.84	07/01/2006	MS-SWAT	CiCi Zhang	2006 State Games of MS/Meridian
6 & under	50 BR	00:58.50	07/19/2012	MS-SCSO	Isabella Conn	2012 MS Long Course State Meet
6 & under	100 BR	02:12.71	07/01/2006	MS-SWAT	CiCi Zhang	2006 State Games of MS/Meridian
6 & under	50 FL	00:56.95	06/29/2012	MS-SCSO	Isabella Conn	2012 4th Annual Splashin the Coast
6 & under	100 FL	02:18.38	07/01/2006	MS-SWAT	CiCi Zhang	2006 State Games of MS/Meridian
6 & under	200 IM	04:44.03	06/24/2005	MS-LSA	Landra Gavin	2005 LSA Summer Invitational
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
8 & under	50 FR	00:34.92	06/18/2016	MS-SUNS	Lily Sammons	2016 ST TXLA Texas Open
8 & under	100 FR	01:18.11	07/23/2016	MS-SUNS	Lily Sammons	2016 MSI Long Course State Champions
8 & under	200 FR	02:53.03	07/18/2013	MS-MMST	Cassie Howell	2013 MSI Long Course State Meet
8 & under	50 BK	00:41.15	04/26/2000	MS-TAC	Heather Stephens	unknown
8 & under	100 BK	01:32.43	07/17/2014	US-UN	Sarah Covington	2014 MSI Long Course State Meet
8 & under	50 BR	00:44.99	07/22/2016	MS-SUNS	Lily Sammons	2016 MSI Long Course State Champions
8 & under	100 BR	01:46.49	06/25/2016	MS-SUNS	Lily Sammons	2016 MS 8th Annual Splashin the Coast
8 & under	50 FL	00:37.80	05/15/2016	MS-SUNS	Lily Sammons	2016 MS Makos Long Course
8 & under	100 FL	01:34.69	07/24/2016	MS-SUNS	Lily Sammons	2016 MSI Long Course State Champions

8 & under	200 IM	03:21.76	07/16/2016	MS-SUNS	Lily Sammons	2016 VSA Last Chance Meet
8 & under	200 FR-R	02:45.23	07/21/2005	MS-MMST	Reilly Reeves; Taylor Ballard; Alex Good; Maggie Gleason	2005 MSI LC State Meet
8 & under	200 MED-R	03:06.98	07/21/2005	MS-MMST	Maggie Gleason; Alex Good; Gabrielle Giamalva; Reilly Reeves	2005 MSI LC State Meet
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
10 & under	50 FR	00:30.19	07/18/2002	MS-SWAT	Hannah Wilson	MSI Long Course
10 & under	100 FR	01:05.42	07/05/2002	MS-SWAT	Hannah Wilson	Medidian Firecracker
10 & under	200 FR	02:20.87	07/18/2002	MS-SWAT	Hannah Wilson	MSI Long Course
10 & under	400 FR	04:52.57	07/18/2002	MS-SWAT	Hannah Wilson	MSI Long Course
10 & under	50 BK	00:35.12	07/03/2015	MS-PEAQ	Cassie Howell	2015 MS LSA Summer Time Trial
10 & under	100 BK	01:14.50	07/17/2015	MS-PEAQ	Cassie Howell	2015 MSI Long Course State Meet
10 & under	50 BR	00:38.63	06/2023	MS-MMST	Everly Smith	2023 15th Annual Splashin the Coast
10 & under	100 BR	01:23.72	06/2023	MS-MMST	Everly Smith	2023 15th Annual Splashin the Coast
10 & under	50 FL	00:32.71	07/18/2002	MS-SWAT	Hannah Wilson	MSI Long Course
10 & under	100 FL	01:13.84	07/18/2002	MS-SWAT	Hannah Wilson	MSI Long Course
10 & under	200 IM	02:43.28	07/18/2002	MS-SWAT	Hannah Wilson	MSI Long Course
10 & under	200 FR-R	02:12.36	08/01/1988	MS-SUNS	Easterling, Smith, Loper, Bowen	unknown
10 & under	200 MED-R	02:29.92	08/01/1988	MS-SUNS	Easterling, Smith, Loper, Bowen	unknown
Women's LCM LSC Records					<u>Swimmer</u>	<u>Meet</u>
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>		
11-12	50 FR	00:27.59	03/09/2024	MS-SUNS	Sophia Figarola	ESSZ Senior Sectionals 2024
11-12	100 FR	01:01.11	08/01/2000	MS-TACS	Melissa Easley	2000 US Top 16
11-12	200 FR	02:11.02	08/03/2004	MS-SWAT	Hannah Wilson	2004 FG Southern Zone Championship
11-12	400 FR	04:39.15	08/01/1980	MS-JAC	Chris Emerson	unknown
11-12	800 FR	09:52.71	07/24/2003	MS-SWAT	Hannah Wilson	2003 MS Long Course State Meet

11-12	1500 FR	18:52.68	07/24/2003	MS-SWAT	Hannah Wilson	2003 MS Long Course State Meet
11-12	50 BK	00:31.84	08/2017	MS-PEAQ	Cassie Howell	2017 GU-Southern Zone Senior Champs
11-12	100 BK	01:07.35	07/2017	MS-PEAQ	Cassie Howell	2017 MS Long Course State Meet
11-12	200 BK	02:27.04	07/24/2003	MS-SWAT	Steffanie Jurusik	2003 MS Long Course State Meet
11-12	50 BR	00:35.14	08/01/1989	MS-SCSO	Allison Smith	unknown
11-12	100 BR	01:17.66	08/01/1989	MS-SCSO	Allison Smith	unknown
11-12	200 BR	02:53.08	07/30/2002	MS-MAD	Mandy Linford	2002 US So. Zone
11-12	50 FL	00:30.23	08/10/2001	MS-DAC	Alyce Meador	LC Champ
11-12	100 FL	01:06.80	08/01/1992	MS-SUNS	Maggie Bowen	unknown
11-12	200 FL	02:29.34	07/2017	MS-PEAQ	Lauren Balfour	2017 FG Senior Championships
11-12	200 IM	02:28.99	07/30/2003	MS-SWAT	Steffanie Jurusik	2003 FG-Southern Zone Champs
11-12	400 IM	05:17.60	06/20/2003	MS-SWAT	Steffanie Jurusik	2003 SE Auburn-TYR Invite
11-12	200 FR-R	01:56.68	07/30/2003	MS-SWAT	Hannah Wilson; Stephanie Jurusik; Heather Stevens; Stephanie Gonzalez	2003 FG-Southern Zone Champs
11-12	400 FR-R	04:22.07	07/24/2003	MS-SWAT	Steffanie Jurusik; Heather Stevens; Hannah Wilson; Stephanie Gonzalez	2003 MS Long Course State Meet
11-12	200 MED-R	02:12.96	07/30/2003	MS-SWAT	Steffanie Jurusik; Stephanie Gonzalez; Hannah Wilson; Heather Stevens	2003 FG-Southern Zone Champs
11-12	400 MED-R	04:49.76	07/24/2003	MS-SWAT	Heather Stevens; Steffanie Jurusik; Stephanie Gonzalez; Hannah Wilson	2003 MS Long Course State Meet
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
13-14	50 FR	00:27.59	07/24/2016	MS-PEAQ	Maddie Howell	2016 MSI Long Course State Meet
13-14	100 FR	00:59.18	07/20/2019	MS-PEAQ	Cassie Howell	2019 MSI Long Course State Meet
13-14	200 FR	02:08.36	06/26/2015	MS-PEAQ	Addison Bridges	2015 SE Richard Quick Invitational
13-14	400 FR	04:28.08	08/01/1981	MS-JAC	Chris Emerson	unknown
13-14	800 FR	09:04.79	08/01/1981	MS-JAC	Chris Emerson	unknown

13-14	1500 FR	17:18.81	08/01/1981	MS-JAC	Chris Emerson	unknown
13-14	100 BK	01:04.37	07/19/2019	MS-PEAQ	Cassie Howell	2019 MSI Long Course State Meet
13-14	200 BK	02:19.89	06/28/2015	MS-PEAQ	Addison Bridges	2015 SE Richard Quick Invitational
13-14	100 BR	01:14.08	07/29/2022	MS-MMST	Rachel McAlpin	2022 Southern Zone Age Group
13-14	200 BR	02:42.82	08/01/1990	MS-SCSO	Allison Smith	unknown
13-14	100 FL	01:02.67	08/01/1993	MS-SUNS	Maggie Bowen	unknown
13-14	200 FL	02:18.69	08/01/1993	MS-SUNS	Maggie Bowen	unknown
13-14	200 IM	02:21.82	08/01/1994	MS-SUNS	Maggie Bowen	unknown
13-14	400 IM	05:08.11	08/01/1981	MS-JAC	Chris Emerson	unknown
13-14	200 FR-R	01:50.20	07/29/2004	MS-SWAT	Amanda Linford; Steffanie Jurusik; Stephanie Gonzalez; Jessica Gonzalez	unknown
13-14	400 FR-R	04:18.14	07/20/2004	MS-PEAQ	Cassie Howell; Myly McGee; Raine Boles; Lauren Balfour	2018 MSI LC State Meet
13-14	800 FR-R	09:19.79	07/18/2013	MS-MMST	AnnaKatherine Mitchell; Addison Bridges; Addison Russell; LeighFaires McGee	2013 MSI Long Course State Meet
13-14	200 MED-R	02:08.27	07/17/2021	MS-MMST	Nan Sheppard; Rachel McAlpin; Hallie Dale; Lily Sammons	2021 MS MSI Long Course State Meet
13-14	400 MED-R	04:42.21	07/13/2023	MS-MMST	Mollee Messer, Megan McAlpin, Mary Ellison Dale, Riz McBride	2023 MSI LC State Meet
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
15-16	50 FR	00:26.30	05/15/2021	MS-SWAT	Julia Dennis	2021 GA Swim Atlanta's Mizuno Champ
15-16	100 FR	00:58.58	07/18/2015	MS-MMST	Leigh Faires McGee	2015 MSI Long Course State Meet
15-16	200 FR	02:06.72	08/01/1982	MS-SUNS	Chris Emerson	unknown
15-16	400 FR	04:22.36	08/01/1983	MS-SUNS	Chris Emerson	unknown
15-16	800 FR	08:52.13	08/01/1983	MS-SUNS	Chris Emerson	unknown
15-16	1500 FR	17:02.93	08/01/1983	MS-SUNS	Chris Emerson	unknown

15-16	100 BK	01:05.61	07/15/2021	MS-MMST	Kimberly McCaffrey	2021 MS Long Course State Meet
15-16	200 BK	02:18.11	07/27/1999	MS-DAC	Megan Wolters	Junior National
15-16	100 BR	01:10.25	05/23/2024	MS-MMST	Rachel McAlpin	Souther Zone South Sectional Championships
15-16	200 BR	02:35.61	02/13/1997	MS-SUNS	Maggie Bowen	unknown
15-16	100 FL	01:02.44	08/01/1994	MS-SUNS	Mimi Bowen	unknown
15-16	200 FL	02:16.29	07/31/1996	MS-SUNS	Maggie Bowen	unknown
15-16	200 IM	02:16.06	08/16/1996	MS-SUNS	Maggie Bowen	unknown
15-16	400 IM	04:48.79	08/14/1996	MS-SUNS	Maggie Bowen	unknown
15-16	200 FR-R	01:53.52	08/06/2012	MS-MMST	Mary Helen McGee; Alex Good; Taylor Ballard; Courtney Goff	2012 Southern Zone Senior LC C
15-16	400 FR-R	04:08.03	08/09/2012	MS-MMST	Courtney Goff; Alex Good; Taylor Ballard; Mary Helen McGee	2012 Southern Zone Senior LC C
15-16	800 FR-R	09:07.90	08/08/2012	MS-MMST	Alex Good; Carly Good; Taylor Ballard; Mary Helen McGee	2012 Southern Zone Senior LC C
15-16	200 MED-R	01:59.79	07/13/2023	MS-MMST	Nan Sheppard, Rachel McAlpin, Hallie Dale, Lily Sammons	2023 MSI LC State Meet
15-16	400 MED-R	04:26.49	07/13/2023	MS-MMST	Nan Sheppard, Rachel McAlpin, Hallie Dale, Lily Sammons	2023 MSI LC State Meet
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
15-18 Relays	200 FR-R	01:50.93	07/16/2021	MS-MMST	Megan Braman; Avery Alexander; Kimberly McCaffrey; CassieAnne Howell	2021 MS LC State Meet
15-18 Relays	400 FR-R	01:50.08	07/19/2024	MS-MMST	Nan Sheppard, Hallie Dale, Mary Ellison Dale, Lily Sammons	2024 MSI LC State Meet

15-18 Relays	800 FR-R	08:58.55	07/31/2014	MS-MMST	Mary Helen McGee; Carly Good; Taylor Ballard; Alex Good	2014 FL Southern Zone Senior
15-18 Relays	200 MED-R	01:59.76	07/20/2024	MS-MMST	Nan Sheppard, Rachel McAlpin, Hallie Dale, Lily Sammons	2024 MSI LC State Meet
15-18 Relays	400 MED-R	04:22.18	07/18/2024	MS-MMST	Nan Sheppard, Rachel McAlpin, Hallie Dale, Lily Sammons	2024 MSI LC State Meet
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
17-18	50 FR	00:25.74	07/30/2022	MS-SWAT	Julie Dennis	2022 NC Futures Championship-Cary
17-18	100 FR	00:57.36	07/28/2022	MS-SWAT	Julie Dennis	2022 NC Futures Championship-Cary
17-18	200 FR	02:04.20	08/01/1985	MS-SUNS	Chris Emerson	unknown
17-18	400 FR	04:18.59	08/01/1984	MS-SUNS	Chris Emerson	unknown
17-18	800 FR	08:53.27	08/01/1984	MS-SUNS	Chris Emerson	unknown
17-18	1500 FR	16:56.85	08/01/1984	MS-SUNS	Chris Emerson	unknown
17-18	100 BK	01:04.24	07/18/2024	MS-MMST	Nan Sheppard	2024 MSI LC State Meet
17-18	200 BK	02:20.48	07/25/2002	MS-DAC	Megan Wolters	2002 Speedo Championships
17-18	100 BR	01:11.53	08/01/1998	MS-SUNS	Maggie Bowen	unknown
17-18	200 BR	02:33.46	04/01/1998	MS-SUNS	Maggie Bowen	unknown
17-18	100 FL	01:02.20	08/15/1996	MS-SUNS	Mimi Bowen	unknown
17-18	200 FL	02:14.22	08/01/1998	MS-SUNS	Maggie Bowen	unknown
17-18	200 IM	02:14.60	04/01/1998	MS-SUNS	Maggie Bowen	unknown
17-18	400 IM	04:46.25	04/01/1998	MS-SUNS	Maggie Bowen	unknown
17-18	200 FR-R	01:54.00	07/29/2014	MS-MMST	Mary Helen McGee, Carly Good, Taylor Ballard, Alex Good	2014 FL Southern Zone Senior LC
17-18	400 FR-R	04:07.36	07/29/2014	MS-MMST	Mary Helen McGee, Taylor Ballard, Carly Good, Alex Good	2014 FL Southern Zone Senior LC

17-18	800 FR-R	08:58.55	07/31/2014	MS-MMST	Mary Helen McGee; Carly Good; Taylor Ballard; Alex Good	2014 FL Southern Zone Senior LC
17-18	200 MED-R	02:07.78	07/29/2014	MS-MMST	Alex Good, Taylor Ballard, Carly Good, Mary Helen McGee	2014 FL Southern Zone Senior LC
17-18	400 MED-R	04:33.05	07/17/2014	MS-MMST	Maggie Gleason, Taylor Ballard, Alex Good, Mary Helen McGee	2014 MSI LC State Meet
Women's LCM LSC Records						
<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Date</u>	<u>LSC-Club</u>	<u>Swimmer</u>	<u>Meet</u>
Open	50 FR	00:25.74	07/30/2022	MS-SWAT	Julia Dennis	2022 NC Futures Championship-Cary
Open	100 FR	00:57.36	07/28/2022	MS-SWAT	Julia Dennis	2022 NC Futures Championship-Cary
Open	200 FR	02:04.20	08/01/1985	MS-SUNS	Chris Emerson	unknown
Open	400 FR	04:18.59	08/01/1984	MS-SUNS	Chris Emerson	unknown
Open	800 FR	08:52.13	08/01/1983	MS-SUNS	Chris Emerson	unknown
Open	1500 FR	16:56.85	08/01/1984	MS-SUNS	Chris Emerson	unknown
Open	100 BK	01:04.24	07/18/2024	MS-MMST	Nan Sheppard	2024 MSI LC State Meet
Open	200 BK	02:18.11	07/27/1999	MS-UN	Megan Wolters	unknown
Open	100 BR	01:11.53	08/01/1998	MS-SUNS	Maggie Bowen	unknown
Open	200 BR	02:33.46	04/01/1998	MS-SUNS	Maggie Bowen	unknown
Open	100 FL	01:00.45	07/28/1997	MS-SUNS	Mimi Bowen	unknown
Open	200 FL	02:14.22	08/01/1998	MS-SUNS	Maggie Bowen	unknown
Open	200 IM	02:14.60	04/01/1998	MS-SUNS	Maggie Bowen	unknown
Open	400 IM	04:46.25	04/01/1998	MS-SUNS	Maggie Bowen	unknown
Open	200 FR-R	01:50.08	07/19/2024	MS-MMST	Nan Sheppard, Hallie Dale, Mary Ellison Dale, Lily Sammons	2024 MSI LC State Meet
Open	400 FR-R	04:04.08	07/30/2021	MS-MMST	Cassie Anne Howell; Kimberly McCaffery; Ella Thomas; Megan Braman	2021 NT Southern Zone Senior
Open	800 FR-R	08:55.25	08/01/1981	MS-SUNS	Emerson, Sibley, Pitts, Zubutuk	unknown

Open	200 MED-R	01:59.76	07/20/2024	MS-MMST	Nan Sheppard, Rachel McAlpin, Hallie Dale, Lily Sammons	2024 MSI LC State Meet
Open	400 MED-R	04:22.18	07/18/2024	MS-MMST	Nan Sheppard, Rachel McAlpin, Hallie Dale, Lily Sammons	2024 MSI LC State Meet