

South Carolina Swimming
500 Kick Benchmark

* 500 Freestyle Kick with a Board. No arm pulls in or out of walls.

		2018 Sen. Select	
1 Hills	Christopher	6:34	1:18
2 Juengel	Michael	6:36	1:19
3 Parker	Jackson	6:48	1:21
4 Campbell	Coleman	6:49	1:21
5 Meier	Brandon	6:54	1:22
6 Bruner	Cohen	7:23	1:28
7 Morgan	Ian	7:26	1:29
8 Meier	Christopher	7:28	1:29
9 DePiero	Nathan	7:29	1:29
10 Cantrell	Bryson	7:29	1:29
11 Crosby	Silas	7:31	1:30
12 Griner	Luke	7:34	1:30
13 Davis	Christopher	7:34	1:30
14 Gush	Matthew	8:03	1:36
15 Gush	Johnny	8:03	1:36
16 Williams	Nathan	8:16	1:39
17 Kassis	Daniel	8:19	1:39
18 Bannister	Bruce	8:28	1:41
19 Laurencelle	Adrien	8:46	1:45
20 Walker	Liam		

Average Time 7:33
Average Pace 1:30

		2018 Sen. Select	
1 McEnroe	Annika	7:03	1:24
2 Parker	Riley	7:14	1:26
3 Ownbey	Hannah	7:15	1:27
4 Murray	Lauren	7:15	1:27
5 Ogle	Jodi	7:30	1:30
6 Young	Sarah	7:30	1:30
7 Chandler	Aubrey	7:31	1:30
8 Rice	Anna	7:39	1:31
9 Jensen	Elizabeth	7:40	1:32
10 McSharry	Audra	7:49	1:33
11 Robins	Meagan	7:52	1:34
12 Foster	Jordan	7:58	1:35
13 Martin	Rebecca	8:05	1:37
14 Bognar	Cara	8:07	1:37
15 Sullivan	Emma	8:15	1:39
16 Golden	Keri	8:17	1:39
17 Mundy	Sarah	8:22	1:40
18 Berry	Makenna	8:43	1:44
19 Beckish	Lauren	Pull	

Average Time 7:46
Average Pace 1:33