

2014 South Carolina Swimming

Diversity Select Swim Camp

About the SC Swimming 2014 Diversity Camp:

South Carolina Swimming will host our 1st ever Diversity Select Camp in an effort to identify the emerging young diverse athletes from under-represented populations in the sport from SCS and offer them a unique motivational and educational experience.

Purpose:

Our purpose for this camp is to celebrate the opportunities of and for diversity in SC Swimming through inspiration of athletes, coaches and volunteers, as well as create local ambassadors and leaders to grow our sport. The purpose of the camp is to instill a vision of success and inspire athletes from ethnically under-represented populations to become leaders in the sport of swimming. We also aspire to empower athletes from ethnically under-represented populations to participate in a one-day camp program which includes pool training, motivational and education sessions and team-building activities.

Goals:

Empower athletes from ethnically under represented populations and their coaches to:

- Demonstrate the viability of multicultural success in swimming within our LSC
- Achieve performance excellence throughout the sport
- Introduce the benefits and value of participating in the sport of swimming
- Develop positive leaders and role models that others from multicultural backgrounds can emulate
- Connect, network and promote the virtues of the sport of swimming through a comprehensive strategy involving the athletes and SCS members in their own local areas and throughout SCS.

Dates and Location: Saturday, May 10th, 2014th. The Drew Wellness Center in Columbia, SC.

ADDRESS FOR CAMP: THE DREW WELLNESS CENTER: 2101 WALKER SOLOMON WAY, COLUMBIA, SC 29204 PHONE # OF THE POOL: 803-545-3200

Application Deadline:

April 28th, 2014.

Please have your applications emailed by, or mailed to be received by, April 28th, 2014.

We will be ordering T-shirts and caps for the swimmers at the camp and the deadline to do this is midnight on April 28th. You can apply after the deadline, but there is no guarantee that your swimmer will receive a T-shirt.

If you choose to email your application, please email to Stanley McIntosh at: smcintosh@greenviewdolphins.com

Mail checks and applications to:

SC Swimming Diversity Swim Camp
PO Box 2047
Fort Mill, SC 29716

Mailed applications need to be received by April 28th for swimmers to be guaranteed a T-shirt.

Cost: \$50/swimmer. Checks can be made out to SC Swimming, Inc.

SCS Diversity Select Camp Eligibility:

You must be 13 years or older, and a registered member of SC Swimming/USA Swimming. Also, you must represent an ethnically under-represented population that is less than 20% of the current USA Swimming membership to be eligible for this camp. You may check more than one:

- ☐ African American
- ☐ Native American
- ☐ Hispanic
- ☐ Asian or Pacific Islander
- ☐ Mixed
- ☐ Other

And, the swimmer must have achieved at least one “B” time standard (see attached time sheet on itinerary for time standards) to be eligible for this camp.

Camp Schedule: See attached itinerary

Diversity Chair: Stanley McIntosh.

If you have questions about the camp, please email Stanley McIntosh at:

smcintosh@greenviewdolphins.com

Camp Staff:

Stanley McIntosh—SCS Diversity Chair, Head Coach Greenvview Dolphins

Jason Gallaher—Head Coach, Women’s Swim Team, Columbia College

Andy Wang—Head Age-Group Coach, Sports Club Swim Team

Kimi Davidson—Head Age-Group Coach, MPSC

Kile Zeller—SCS Development Director



SC Swimming Diversity/Inclusion Committee Diversity One Day Select Camp

SOUTH CAROLINA SWIMMING DIVERSITY/INCLUSION

MISSION STATEMENT

The SC Swimming Diversity/Inclusion Committee's purpose is to create, promote, and support programs statewide in creating a culture of inclusion for people of diverse backgrounds and give them the opportunity to learn, compete, and grow in the sport of swimming.

BASIC INFORMATION

2014 SOUTH CAROLINA SWIMMING DIVERSITY SELECT CAMP

PURPOSE:

Instill a vision of success and inspire athletes from ethnically under-represented populations in South Carolina to become leaders in the sport of swimming.

Goals: To empower athletes from ethnically under-represented populations and their coaches to:

- Demonstrate the viability of multicultural success in swimming.
- Achieve performance excellence at every level of the sport.
- Expound the benefits and value of participating in the sport of swimming.
- Assist in recruiting more swimmers and coaches from diverse ethnicities to the sport of swimming.
- Be positive leaders and role models that others from multicultural backgrounds can emulate.

ADDRESS FOR CAMP: THE DREW WELLNESS CENTER: 2101 WALKER SOLOMON WAY, COLUMBIA, SC 29204



South Carolina Diversity/Inclusion Committee Diversity Select Camp

ITINERARY

Items	Date	Select Time	Location
Check-In (Welcome)	May 10th	8:30 AM - 9:00 AM	Drew Wellness Center
Classroom Motivational Talk (Value of college swimming)	May 10th	9:15 AM – 10:15 AM	Drew Wellness Center Meeting Room
Pool Session 1	May 10th	10:30 AM – 11:45AM	Drew Wellness Center Pool
Classroom (Proper Nutrition & Lunch)	May 10 th	12:00 AM — 1:00 PM	Drew Wellness Center Meeting Room
Dryland (appropriate for proper Age Group Swimmer)	May 10th	1:30 PM - 2:15 PM	Drew Wellness Center Meeting Room
Pool Session 2	May 10th	2:30PM – 4:00PM	Drew Wellness Center Pool
Classroom Athletic/Parents (appropriate for proper Age Group Swimmer)	May 10th	4:00PM- 6:00PM	Drew Wellness Center Meeting Room
Dismissal (Departure)	May 10th	6:00PM	Drew Wellness Center

South Carolina Diversity/Inclusion Committee Diversity Select Camp

TIME STANDARD FOR APPLICATION

You must have achieved at least one of these time standards to be eligible for the camp.

GIRLS			BOYS	
SCY	LCM	EVENTS	SCY	LCM
<u>32.89</u>	<u>37.59</u>	50 FREE	<u>30.39</u>	<u>34.39</u>
<u>1:11.39</u>	<u>1:21.29</u>	100 FREE	<u>1:16.19</u>	<u>1:06.29</u>
<u>6:51.79</u>	<u>6:07.39</u>	500/400 FREE	<u>6:29.49</u>	<u>5:53.19</u>
<u>1:18.29</u>	<u>1:30.89</u>	100 BACK	<u>1:13.59</u>	<u>1:24.99</u>
<u>1:29.39</u>	<u>1:30.99</u>	100 BREAST	<u>1:22.59</u>	<u>1:34.89</u>
<u>1:17.69</u>	<u>1:28.09</u>	100 FLY	<u>1:12.19</u>	<u>1:22.19</u>
<u>2:53.19</u>	<u>3:19.49</u>	200 IM	<u>2:41.89</u>	<u>3:07.09</u>
<u>6:08.49</u>	<u>7:00.49</u>	400 IM	<u>5:44.99</u>	<u>6:37.09</u>
<u>14:08.89</u>	<u>12:35.99</u>	1000/800 FREE	<u>13:25.19</u>	<u>12:14.29</u>