## 2024 SOUTH CAROLINA SHORT COURSE AGE GROUP LSC CHAMPIONSHIP

SOUTH CAROLINA SOUTH CAROLINA
SWIMMING

## Date:

## Meet Sanction:

February 15-18, 2024
Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number: SC2473SCY \& SC2474TT
Meet Host:
Meet Director:
Meet Referee:
Admin Referee:
Meet Entries to:
Safety Marshal:
Team Greenville

Lorin Collins
Aimee McMillan
Kim Crounse
Greg Morgan
Brian Girardeau
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bgirardeau@gmail.com
amydoyle@gmail.com

864-449-0900
864-616-2759

Facility: Greenville County Aquatic Complex
2700 West Blue Ridge Drive (SC Highway 253)
Greenville, SC 29611
864-295-0032

Greenville County Aquatic Complex is a semi-open-air facility with twenty (20) 25-yard lanes and adjacent five (5) lane warm-up/warm-down pool. Both pools are bottom striped, wall targeted and equipped with non-turbulent lane lines. The water depth of the competition pool (or course) is six (6) feet to seven (7) feet measured from one (1) meter to five (5) meters at the starting end of the course and six (6) feet to seven (7) feet measured from one (1) meter to five (5) meters at the turn end of the course. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Lifeguards will be present for medical supervision.
Facility Rules:

NO smoking is allowed inside the facility
NO coolers allowed inside the facility
NO glass containers allowed inside the facility
NO food or beverages allowed on deck, in the locker rooms or in spectator areas
NO folding chairs or seatbacks allowed in the facility. Bleacher seating will be available.
Spectators limited to designated areas
Reserving seats between sessions is prohibited
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Rules: Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. Use of audio or visual recording devices, including a mobile phone, are not permitted in changing areas, rest rooms, or locker rooms. Recording devices are also not permitted behind the starting blocks. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

SWIMWEAR: No Technical Suit may be worn by any 12 \& Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (USA Swimming rule 102.8.1.F.)

No equipment will be allowed in warm up.

## Athlete

 Eligibility:
## Image Release:

## Entry Fees:

$\$ 4.00$ per individual event
$\$ 8.00$ per relay
$\$ 25.00$ pool fee per swimmer
$\$ 10.00$ per swimmer fee for electronic heat sheet
\$2.00 SCLSC Travel Fund/Program fee per swimmer
\$2.00 SCLSC Sports Development fee
\$1.00 Jennifer Smith Scholarship Fund
$\$ 8.00$ per time trial
Faxed entries will not be accepted. No late entries will be accepted.
$\$ 10.00$ per swimmer surcharge if entries are not submitted electronically.

Deck entries for individual and relay events are not permitted.
Entry limit: All swimmers may swim up to eight (8) individual events total. Athletes 11 \& Over may swim up to three (3) individual events per day exclusive of relays. Athletes 10 \& Under may swim up to four (4) individual events per day exclusive of relays. A swimmer that does not appear for a heat will be recorded as a No Show (NS) which will count as a swim. A Time Trial, exclusive of relays, is counted as an event.

Clubs may enter as many relays as desired. However, only two (2) relays per club will score and can receive awards.

No refunds will be given.

Meet Format: Meet management reserves the right to adjust course breakdown and warm-up times based on number of entries. Meet Management also reserves the right to move an age group to another session based on the timeline and number of entries. Meet management reserves the right to utilize two courses, up to 10 lanes each for competition for any events as described below. Meet management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest.

The host club may request timers from visiting clubs.

The adjacent five (5) lane warm-up, warm-down pool and the unused competition pool will be open at the discretion of the Meet Referee.

Lane assignments for each club will be made for each preliminary session. All SCLSC and USA Swimming safety guidelines will be enforced.

The meet will be conducted according to this meet information and the SCLSC Policies and Procedures. A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim.

Seeding will be done in order of SCY times, SCM times, LCM times then consideration times (when appropriate). Times will not be converted.

All 11-12 and 13-14 events except those noted on the itinerary and below, will be conducted as Preliminary/Final events with two heats of 10 returning for 11-12 and 13-14 in finals. The order for finals shall be B-A for 11-12 and 13-14 events. The championship " $A$ " heat will always be the last heat. The names of swimmers in each " $A$ " Championship Final heat will be announced prior to the start of the event with a swimmer parade to the blocks. The names of swimmers in the " $B$ " heats will be announced while they are in the water.

All 10 \& under events will be conducted as timed finals during the Timed Final sessions.

Meet Management reserves the right to utilize two pools for the 500 Freestyle, the 1000 Freestyle, the 1650 Freestyle, and the 400 Individual Medley. If two pools are utilized, they will be contested as described below without alternating gender.

All positive check-ins will close thirty (30) minutes prior to the start of each session.

The 11-12 200 Butterfly, 200 Backstroke, 200 Breaststroke, and 500 Freestyle will be conducted as deckseeded, positive check-in timed final events. The top heat of swimmers in each event will swim during finals.

The 10 \& Under 500 Freestyle events will be deck seeded after positive check-in.

The 13-14 400 Individual Medley and 500 Freestyle events will be conducted as Preliminary/Final events. These events will be deck seeded with the top two (2) women heats swimming (slow to fast, circle-seeded), followed by the top two (2) men heats (slow to fast, circle-seeded), and then the remaining heats will be competed alternating women then men, fast to slow. If two pools are utilized for these events, they will be contested as listed without alternating heats women and men as one gender will be in one pool and the other gender in one pool.

The 1000 Freestyle and 1650 Freestyle will be timed finals and 11-12 and 13-14 will be seeded together by combining all ages but scored separately by age group (11-12 and 13-14). In a one-pool scenario, these will be contested fastest to slowest, alternating women and men. If two pools are utilized for the 1000 Freestyle and/or 1650 Freestyle events, they will be contested with one gender in one pool and the other gender in another pool (and therefore not contested with alternating heats of women and men.) Swimmers may be asked to provide their own timer.

All positively checked-in 1650 Freestyle swimmers will swim at the conclusion of the Sunday preliminary session.

Swimmers in the 500 Freestyle, 1000 Freestyle and 1650 Freestyle must provide their own lap counter if they wish one.

All 11-12 and 13-14 relays will compete as the last events of the finals sessions on Friday and Saturday. The 11-12 and 13-14 relays on Sunday will be contested in the preliminary session as the last events before the 1650 Freestyle.

All 10 \& under relays will be conducted at the beginning of the timed finals sessions and be pre-seeded.

Relay teams consisting of swimmers not in individual events must meet the relay standard with aggregate times. A fine of $\$ 100$ will be levied against the club when a relay fails to comply with this rule

Scratch Rule: Coaches with swimmers entered in more than three events per day must scratch a swimmer from the excess events. This needs to be done by the start of warm-ups for each session. Coaches are encouraged to not over enter swimmers.

There will be no penalty for not swimming in the seeded preliminary events or relays; it would be appreciated if a coach would inform Clerk of Course of any swimmers or relays scratching from the meet (SC Swimming Policies and Procedures XI.B.16.c).

The penalty for missing a deck-seeded event will result in being barred from the swimmer's next individual event. (SC Swimming Policies and Procedures XI.B.16.d)

Any swimmer not planning to swim during a finals session must scratch so those swimmers who would like to swim again may do so. The penalty for failure to show in a final or consolation final is being barred from the remainder of the meet (SC Swimming Policies and Procedures XI.B.16.e).

Exceptions for failure to compete - no penalty shall apply for failure to report or swim an event if (1) the meet referee is notified in event of illness or injury and accepts the proof thereof, (2) a swimmer qualifying for a final based upon the results of preliminaries notifies the meet referee within thirty (30) minutes of the announcement of the qualifiers for that final event that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event, (3) a swimmer qualifying for a final event, as a result of scratches following announcement of the qualifiers based upon the results of preliminaries or failure of a qualifier to swim, or (4) if it is determined by the meet referee that failure to compete is caused by circumstances beyond the control of the swimmer'

Swim Offs: It is the responsibility of coaches and swimmers to check for ties leading to swim-offs. Swim-offs will be swum immediately following the preliminary session or not more than 45 minutes after the last heat of any event in which any one of the swimmers is competing in that session. Any swimmer absent for a swim-off will be dropped to the lower place.

Time Trials: Time Trials will be conducted after preliminaries, at the end of the afternoon session and/or after finals at the discretion of the Meet Referee. On the final day of the meet, any event longer than 500 yards will not be available for time trials. Time Trial fees must be paid upon entry at the Clerk of Course. Each swimmer in a time trial is required to provide their own timer.

## Time of the All preliminary competition warm-ups will begin at 7:00 AM. All preliminary competitions will begin at 8:30

 Meet:Entries: Entry Deadline: All entries must be received by 11:59 PM, Monday, February 5, 2024.

SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline.

All times must be listed to the $1 / 100$ th of a second. Entries must be submitted using a South Carolina State Meet Qualifying Short Course Yards, Short Course Meters, or Long Course Meters time. Times must have been achieved on or after January 1, 2023, and prior to the entry deadline.

For all individual events, proof of time is necessary. Entry times will be checked against the SWIMS database. For these events, TG Timing will provide the LSC with a printout of the times that will need to be proved prior to the seeding of the meet.

In all SCLSC Championship Meets, nonconforming time entries shall be sent to the club by electronic mail (e-mail). The club shall have the opportunity to correct the entry if done so within 24 hours from the email time stamp.

The multi-age group events will be set up with different event numbers for each age group. Swimmers should be entered in the correct age group. The events will then be combined in the meet manager software and the events will be contested as specified in the meet information. This will allow for the verification of the entry times for each swimmer in each entered event.

The meet host of the SCLSC State Championships shall post a preliminary meet psych sheet within 72 hours following the meet entry deadline. Coaches will then have 48 hours upon notice of the posting to review the psych sheet and notify host club of any corrections. Coaches cannot change athlete's events or times once entries are received by host club (except as currently stated in the P\&P where non-conforming times can be changed within 24 hours of notification by the host club to the athlete's coach). Only omissions can be corrected at the published cost of the event.

Additional individual entries will be accepted after the entry deadline for times achieved between the entry deadline and the following Sunday. New qualifying events for existing entered swimmers are allowed. Updated qualifying times for events previously entered for swimmers are not allowed.

Late entries for any team or athlete missing the entry deadline will be permitted. The team or athlete must pay a one-time processing fee of $\$ 150.00$ and pay entry fees at double the regular entry fee. All late entries will be processed manually. Coaches must present meet results (prove times) with all late entries by noon on Monday.

Clubs should submit a single check payable to Team Greenville for the full amount due. All fees must be paid prior to any swimmer entering the pool. Entry fees for events not swum will not be refunded nor will a credit be given.

Please use the swimmer's full name, age, and sanctioned short course yard, short course meters, or long course meter times. Only entries using Standard Data Interchange (SDIF/SD3) format will be accepted. Clubs or individuals not submitting entries electronically will be subject to a $\$ 10.00$ per swimmer entry surcharge. Go to www.hy-tekltd.com to download Team Manager II Lite if your club does not possess club management software. You must submit a paper (pdf) back-up and your signed club summary sheet for verification.

Mail the completed meet entry summary sheet, check, and hard copies of entry summary to:

SC Short Course State Championships
c/o Karl Kozicki
P. O. Box 3603

Greenville, SC 29608

E-Mail: Send electronic entries to meetentries@tgswim.com. E-mailed entries must also be accompanied by Word or PDF document export summaries of individual entries by swimmer, relays by event, and fee summary. Make checks payable to Team Greenville.

The Meet Director is not responsible for any club's entries.

Proof Of Time: A fine of $\$ 100.00$ will be levied against the club (if unattached, against the swimmer) when a swimmer fails to swim a time equal to or faster than the qualifying standard for each event at the long-course or short-
course State Championships and the club (or the swimmer if unattached) is unable to prove, using officials results, that he or she has met the qualifying standard in that event in a meet held since the last like-course State Championship. This fine must be paid (or the time must be proved) within 45 days from the date of notification. If the fine is not paid within the 45 days, it will be doubled. This notification will be made through an exception report that will be generated by the host club and sent with the meet results. The Administrative Vice-Chair will enforce the fines. If swimmers participate in a relay, and the relay fails to meet the qualifying standard, their club must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Otherwise, fines will be issued. Coaches are to submit Proof of Time with their entries. Be sure to select "Include Proof of Time" filter on the entry software.
Awards: $\quad$ Banners: First place overall, men, and women $\quad$ Plaques: Second and Third Place overall $\quad$ Individual Events: Medals for First through Tenth place $\quad$ Relays: Medals for First through Third place, Ribbons for Fourth through Tenth place $\quad$ High Point: Plaques for highest scoring male and highest scoring female in each age group.

Scoring: Individual Events:24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

Timing: Colorado timing system and data processing services are provided by TG Timing. There will be a secondary semi-automatic timing system of two buttons per lane. Per the P\&P (VIII.C.2), for freestyle events 800 and above one button per lane is allowed.

| Coaches | Coaches must check in at Clerk of Course and provide current coaching credentials to be permitted on deck. |
| :--- | :--- |
| Eligibility: | The USA Swimming app is an acceptable proof of USA Swimming membership. All coaches must be a current |
| member in good standing with USA Swimming. Coaches will be required to wear a host provided wrist band |  |
| to aid in identification. |  |

Other Coaches: A coaches meeting will be held fifteen minutes prior to the start of the Friday session. The Meet Information: Referee may call other coaches meetings as needed. One coach from each club may pick up the club's packet at Clerk of Course. Finals heat sheets, relay cards, and any announcements will be available at Clerk of Course.

Officials: Individuals wishing to officiate at this meet should apply online through the sc-swimming.org website officials portal. All officials must be currently registered as USA Swimming Non-Athlete members in good standing. Selections will be posted one week before the start of the meet. Walk-ins will not be accommodated.

The dress at the State Championship Meet will be a collared, white, sleeved SC Swimming shirt over navy for all officials on deck during prelim and timed final sessions. During the finals sessions on Friday, Saturday and Sunday, the dress is a collared red sleeved shirt over navy. No shorts at finals are allowed. (You will receive a red shirt if you have not previously. Additional shirts can also be purchased.) White shoes should be worn at all sessions; please, no open-toed shoes of any kind (sandals, flip flops, feet shoes or crocs) are allowed. If officials have any questions, please contact the Meet Referee.

Officials will meet one (1) hour before the start of each session in the officials room.

Officials are expected to work time trial sessions.

This meet will be an Officials Qualifying Meet. Officials interested in advancing their national level qualifications can obtain the following evaluations at this meet:

Stroke and Turn: N2/N3
Chief Judge: N2/N3f
Starter: N2
Deck Referee: N2/N3f
Administrative Referee/Official: N2

Officials desiring an evaluation must turn in a Request for Evaluation form, which can be found on the SCSwimming website under the Officials tab. Send this form to the Officials Chair (officials@sc-swimming.org). Please make sure that you have the prerequisite sessions to request any evaluation before sending it to the Officials Chair. Note that the 10 and under sessions are not evaluated sessions and will not count towards the evaluation session totals.

Meet Eligibility Jury: A Meet Eligibility Jury will be formed by the Meet Referee after the entries have been received as deemed necessary. This jury will be comprised of three (3) individuals as follows: one coach, one athlete, and one official. This jury will meet and determine the outcome of any protests affecting the eligibility of any swimmer to compete or to represent any club/organization.

Meet Committee: A Meet Committee will be formed by the Meet Referee prior to the start of the first session of the meet. This jury will consist of not less than three (3) people and not more than five (5) persons, at least one of whom must be a coach and one an athlete.

Meet Management Committee: A Meet Management Committee shall be established by the Meet Referee prior to entry deadline for the meet and convened prior to publication of timelines. This committee will consist of five (5) persons: (a) one athlete designated by the Senior Athlete Representative; (b) the head coach of the host club; (c) the Meet Director; (d)the Meet Referee; and (e) one Board of Directors member, (Age Group Championship: Age Group Chair; Senior Championship: Senior Chair). If the respective chair for the meet is unavailable, a Board of Directors member shall be selected in the order of Coaches Representative, Senior or Age Group Chair, and Technical Planning Chair. There shall be no more than two members from the host club. Prior to the beginning of the meet, the Meet Management Committee must convene and make the decisions regarding timeline breaks or any other changes needed to run the meet in the most efficient manner. Once the meet begins, these decisions will revert to the Meet Referee.

Hospitality: Hospitality for coaches and officials will be provided.

Concessions: Vendors and concessions may be provided in the area outside the pool but be prepared to bring all food and drinks for your swimmers and families.

Host Hotels: Full listing on the TG website: www.tgswim.com.

Directions: Take Interstate 385 North into Greenville. Go through town past the Hyatt on your left and County Library on your right. Take S.C. 183 towards Pickens. At S.C. Route 253 turn left onto Blue Ridge Drive. Greenville County Aquatic Complex is about one mile on right.

From Interstate 85 take exit 44 (White Horse Road, U.S. 25 By-Pass). Go North on 25 for approximately five miles. Turn right on S.C. Route 253. Greenville County Aquatic Complex is about one-half mile on left.

Alternate Contact Person: Coach Danyelle Parker, 864-483-8703

## 2024 SOUTH CAROLINA AGE GROUP LSC CHAMPIONSHIP

February 15-18, 2024
Held under the sanction of USA Swimming issued by SC Swimming
Sanction Number SC2473SCY \& SC2474TT

## Order of Events

Thursday February 15
Session 1: Timed Finals 11-14
Warm-ups 4:00 pm/Start 5:30 pm

Women
1
3
5
7

|  | Men |
| :---: | :---: |
| 11-12 400 Freestyle Relay | 2 |
| $13-14400$ Freestyle Relay | 4 |
| 11-12 400 Individual Medley | 6 |
| $11-14$ 1000 Freestyle | 8 |

Friday February 16
Session 2: Preliminaries 11-14
Warm-ups 7:00 am/Start 8:30 am
Women
9
11
13
15
17
19
21
23

11-12 200 Freestyle Men

13-14 200 Freestyle 12
11-12 100 Breaststroke 14
13-14 100 Breaststroke 16
11-12 50 Butterfly 18
13-14 100 Butterfly 20
11-12 100 Individual Medley 22
13-14 400 Individual Medley 24
11-12 200 Backstroke * 26
(Timed Finals - Top heat in finals) *
Session 3: Finals 11-14
Warm-ups 5:00 pm/Start 6:00 pm
Women

## Men

9
11
13
15
17
19
21
23
25

27
29
11-12 200 Freestyle 10

13-14 200 Freestyle 12
11-12 100 Breaststroke 14
13-14 100 Breaststroke 16
11-12 50 Butterfly 18
13-14 100 Butterfly 20
11-12 100 Individual Medley 22
13-14 400 Individual Medley 24
11-12 200 Backstroke * 26
5 min break
13-14 400 Medley Relay 28
11-12 400 Medley Relay 30

# Saturday February 17 

## Session 4: Preliminaries 11-14

## Warm-ups 7:00 am/Start 8:30

am

| Women |  | Men |
| :---: | :---: | :---: |
| 31 | 11-12 100 Butterfly | 32 |
| 33 | 13-14 200 Butterfly | 34 |
| 35 | 11-12 100 Freestyle | 36 |
| 37 | 13-14 50 Freestyle | 38 |
| 39 | 11-12 50 Breaststroke | 40 |
| 41 | 13-14 200 Breaststroke | 42 |
| 43 | 11-12 50 Backstroke | 44 |
| 45 | 13-14 100 Backstroke | 46 |
| 47 | 11-12 500 Freestyle* | 48 |
| 49 | 13-14 500 Freestyle | 50 |
|  | (Timed Finals - Top heat finals)* |  |
|  | Session 5: Timed Finals 10 \& U |  |
|  | Warm-ups Not Before 2:30 pm |  |
|  | Start Not Before 3:15 pm |  |
| Women |  | Men |
| 55 | 10 \& U 200 Medley Relay | 56 |
|  | 5 Min Break |  |
| 57 | 10 \& U Individual Medley | 58 |
| 59 | 10 \& U 50 Breaststroke | 60 |
| 61 | 10 \& U 100 Freestyle | 62 |
| 63 | 10 \& U 50 Backstroke | 64 |
| 65 | 10 \& U 100 Butterfly | 66 |
| 67 | 10 \& U 500 Freestyle | 68 |

## Session 6: Finals 11-14 <br> Warm-ups 5:00 pm Start 6:00 pm

| Women | 11-12 100 Butterfly | Men |
| :---: | :---: | :---: |
| 31 | $13-14$ 200 Butterfly | 32 |
| 33 | $11-12100$ Freestyle | 34 |
| 35 | $13-1450$ Freestyle | 36 |
| 37 | $11-1250$ Breaststroke | 38 |
| 39 | $13-14200$ Breaststroke | 40 |
| 41 | $11-1250$ Backstroke | 42 |
| 43 | 13-14 100 Backstroke | 44 |
| 45 | 11-12 500 Freestyle* | 46 |
| 47 | $13-14$ 500 Freestyle | 48 |
| 49 | 5 min break | 50 |
|  |  |  |

## Sunday February 18

| Session 7: Preliminaries 11-14 <br> Warm-ups 7:00 am Start 8:30 am |  |  |
| :---: | :---: | :---: |
| Women |  | Men |
| 69 | 11-12 200 Butterfly* | 70 |
| 71 | 11-12 50 Freestyle | 72 |
| 73 | 13-14 100 Freestyle | 74 |
| 75 | 11-12 200 Breaststroke * | 76 |
| 77 | 13-14 200 Backstroke | 78 |
| 79 | 11-12 100 Backstroke | 80 |
| 81 | 13-14 200 Individual Medley | 82 |
| 83 | 11-12 200 Individual Medley | 84 |
| 5 min break |  |  |
| 85 | 13-14 200 Free Relay | 86 |
| 87 | 11-12 200 Free Relay | 88 |
| 10 min break |  |  |
| 89 | 11-14 1650 Freestyle | 90 |
| (Timed Finals - Top heat in finals)* |  |  |
| Session 8: Timed Finals 10 \& $U$ Warm-ups Not Before 2:30 pm Start Not Before 3:15pm |  |  |
|  |  |  |
|  |  |  |
| Women |  | Men |
| 91 | 10 \& U 200 Freestyle Relay | 92 |
| 5 min break |  |  |
| 93 | 10 \& U 200 Individual Medley | 94 |
| 95 | 10 \& U 50 Freestyle | 96 |
| 97 | 10 \& U 100 Breaststroke | 98 |
| 99 | 10 \& U 50 Butterfly | 100 |
| 101 | 10 \& U 200 Freestyle | 102 |
| 103 | 10 \& U 100 Backstroke | 104 |


| Session 9: Finals 11-14 |  |
| :---: | :---: |
| Warm-ups 5:00 pm |  |
| Start 6:00 pm | Men |
| 11-12 200 Butterfly* | 70 |
| 11-12 50 Freestyle | 72 |
| 13-14 100 Freestyle | 74 |
| 11-12 200 Breaststroke* | 76 |
| $13-14200$ Backstroke | 78 |
| $11-12100$ Backstroke | 80 |
| $13-14200$ Individual Medley | 82 |
| $11-12200$ Individual Medley | 84 |


| Women |  | Men |
| :---: | :---: | :---: |
| 69 | $11-12200$ Butterfly* | 70 |
| 71 | $11-1250$ Freestyle | 72 |
| 73 | $13-14100$ Freestyle | 74 |
| 75 | $11-12200$ Breaststroke* | 76 |
| 77 | $13-14200$ Backstroke | 78 |
| 79 | $11-12100$ Backstroke | 80 |
| 81 | $13-14200$ Individual Medley | 82 |
| 83 | $11-12200$ Individual Medley | 84 |

(Timed Finals - Top Heat)*

## February 15-18, 2024

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2473SCY \& SC2474TT

## Coaches:

Please use this checklist to make sure you return all the required items. This form must be filled out and included with your entry.
$\qquad$ Financial Summary Form (including email address).
$\qquad$ Hard copy of entries.
$\qquad$ Check for all fees (payable to Team Greenville).
I certify that this entry is completed to the best of my ability and that all swimmers entered have achieved the entry time required in each event.

## Meet Entry Summary Sheet

Club Name $\qquad$ Abbreviation $\qquad$

Coach(es) $\qquad$

Club Contact Person
Home/Cell Phone Number $\qquad$ Work Phone Number $\qquad$

E-Mail Address $\qquad$
Club Mailing Address $\qquad$


## Number of Relay Events <br> $\qquad$

 Number of Swimmers Number of Swimmers $\qquad$$\times \$ 4.00$ each
$\times \$ 8.00$ each
$\times \$ 25.00$ Pool Surcharge fee
$\times \$ 10.00$ Electronic Heat Sheet
$\times \$ 4.00$ SC Swimming LSC Fees
$\qquad$
\$
$\$$

\$
\$
(SCLSC Travel Fund/Program Fee - Sports Development Fee)
Number of Swimmers $\qquad$ $\times \$ 1.00$ Jennifer Smith Scholarship Fund
\$ $\qquad$
$\times \$ 10.00$ surcharge per swimmer
\$ $\qquad$ for non-electronic submission of entries

Total Amount Enclosed (checks payable to Team Greenville)
\$ $\qquad$

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina Swimming, Greenville County, TG Timing, Team Greenville, its agents, employees, and coaches shall be held free from any liabilities or claims rising by reason of injury to anyone during the conduct of the meet. I, the undersigned coach or club representative, verify that all the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming.
$\qquad$


## 2023-2024 <br> AGE GROUP LSC CHAMPIONSHIP

## Time Standards - Short Course Yards

| GIRLS |  |  | BOYS |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 10 \& Under | 11-12 | 13-14 | EVENT | 10 \& Under | 11-12 | 13-14 |
| :33.89 | :29.29 | :26.89 | 50 Free | :34.49 | :29.99 | :26.09 |
| 1:16.89 | 1:04.49 | :58.19 | 100 Free | 1:16.49 | 1:04.79 | :56.49 |
| 2:50.59 | 2:22.39 | 2:05.59 | 200 Free | 2:47.99 | 2:22.69 | 2:04.09 |
| 8:11.99 | 6:29.99 | 5:38.59 | 500 Free | 8:11.99 | 6:33.39 | 5:31.89 |
| n/a | 13:59.99 | 11:47.09 | 1000 Free | n/a | 13:59.99 | 11:43.39 |
| n/a | 22:59.99 | 19:59.99 | 1650 Free | n/a | 23:29.99 | 19:27.29 |
| :39.99 | :34.29 | n/a | 50 Back | :40.99 | :34.79 | n/a |
| 1:27.69 | 1:15.09 | 1:07.19 | 100 Back | 1:30.99 | 1:15.49 | 1:05.79 |
| n/a | 2:49.39 | 2:25.09 | 200 Back | n/a | 2:47.89 | 2:23.39 |
| :46.19 | :39.59 | n/a | 50 Breast | :46.19 | :39.49 | n/a |
| 1:41.79 | 1:25.69 | 1:17.19 | 100 Breast | 1:42.49 | 1:26.19 | 1:16.09 |
| n/a | 3:13.69 | 2:51.49 | 200 Breast | n/a | 3:14.79 | 2:43.99 |
| :39.79 | :32.99 | n/a | 50 Fly | :39.79 | :34.09 | n/a |
| 1:38.19 | 1:16.49 | 1:07.69 | 100 Fly | 1:41.59 | 1:19.89 | 1:03.99 |
| n/a | 2:58.49 | 2:34.49 | 200 Fly | n/a | 2:58.19 | 2:29.49 |
| 1:27.79 | 1:16.19 | n/a | $100 \mathrm{I} . \mathrm{M}$. | 1:27.69 | 1:15.59 | n/a |
| 3:12.09 | 2:41.39 | 2:26.59 | 200 I.M. | 3:21.39 | 2:41.69 | 2:20.19 |
| n/a | 5:50.79 | 5:10.49 | 400 I.M. | n/a | 5:49.99 | 4:59.99 |
| 2:16.92 | 1:58.29 | n/a | 200 Free Relay | 2:19.29 | 2:01.09 | n/a |
| n/a | n/a | 3:55.09 | 400 Free Relay | n/a | n/a | 3:48.19 |
| 2:41.69 | 2:17.49 | n/a | 200 Medley Relay | 2:42.99 | 2:19.49 | n/a |
| n/a | n/a | 4:32.99 | 400 Medley Relay | n/a | n/a | 4:24.89 |



## 2023-2024 <br> AGE GROUP LSC CHAMPIONSHIP <br> Time Standards - Long Course Meters

| GIRLS |  |  | BOYS |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 10 \& Under | 11-12 | 13-14 | EVENT | 10 \& Under | 11-12 | 13-14 |
| :39.29 | :33.49 | :31.89 | 50 Free | :39.49 | :34.19 | :29.69 |
| 1:26:39 | 1:13.39 | 1:06.89 | 100 Free | 1:28.19 | 1:14.69 | 1:04.29 |
| 3:14.19 | 2:39.79 | 2:26.49 | 200 Free | 3:11.99 | 2:43.69 | 2:23.99 |
| 7:22.49 | 5:40.59 | 5:13.89 | 400 Free | 7:22.49 | 5:40.59 | 5:07.49 |
| n/a | 13:09.29 | 10:50.39 | 800 Free | n/a | 13:06.59 | 10:38.19 |
| n/a | 25:10.99 | 20:32.19 | 1500 Free | n/a | 24:44.99 | 20:20.69 |
| :45.59 | :39.29 | n/a | 50 Back | :46.79 | :40.09 | n/a |
| 1:41.59 | 1:26.19 | 1:19.69 | 100 Back | 1:44.59 | 1:26.49 | 1:14.79 |
| n/a | 3:09.49 | 2:46.99 | 200 Back | n/a | 3:12.89 | 2:44.09 |
| :52.79 | :45.19 | n/a | 50 Breast | :53.79 | :45.39 | n/a |
| 1:56.89 | 1:36.39 | 1:30.49 | 100 Breast | 1:58.19 | 1:42.99 | 1:29.99 |
| n/a | 3:36.09 | 3:14.49 | 200 Breast | n/a | 3:41.89 | 3:07.29 |
| :46.19 | :37.59 | n/a | 50 Fly | :46.99 | :38.09 | n/a |
| 1:49.79 | 1:27.59 | 1:17.99 | 100 Fly | 1:49.69 | 1:31.79 | 1:14.29 |
| n/a | 3:16.59 | 3:04.89 | 200 Fly | n/a | 3:25.19 | 2:56.69 |
| n/a | n/a | n/a | 100 IM | n/a | n/a | n/a |
| 3:35.69 | 2:58.89 | 2:47.69 | 200 IM | 3:39.29 | 3:05.49 | 2:43.19 |
| n/a | 7:08.99 | 6:01.29 | 400 IM | n/a | 6:52.29 | 5:48.19 |
| 2:38.69 | 2:15.29 | n/a | 200 Free Relay | 2:39.49 | 2:18.09 | n/a |
| n/a | n/a | 4:30.29 | 400 Free Relay | n/a | n/a | 4:19.79 |
| 3:05.69 | 2:37.09 | n/a | 200 Medley Relay | 3:08.89 | 2:39.29 | n/a |
| n/a | n/a | 5:18.29 | 400 Medley Relay | n/a | n/a | 5:06.39 |

## 2023-2024 <br> AGE GROUP LSC CHAMPIONSHIP

| GIRLS |  |  |  | BOYS |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 10 \& Under | 11-12 | 13-14 | EVENT | 10 \& Under | 11-12 | 13-14 |
| :41.29 | :33.49 | :29.89 | 50 Free | :38.29 | :33.29 | :28.99 |
| 1:25.39 | 1:11.59 | 1:04.59 | 100 Free | 1:24.89 | 1:11.99 | 1:02.69 |
| 3:09.39 | 2:38.09 | 2:19.39 | 200 Free | 3:06.49 | 2:38.39 | 2:17.79 |
| 9:06.09 | 7:12.89 | 6:15.79 | 400 Free | 9:06.09 | 7:16.69 | 6:08.39 |
| n/a | 15:32.39 | 13:04.89 | 800 Free | n/a | 15:32.39 | 13:00.79 |
| n/a | 25:31.79 | 22:11.99 | 1500 Free | n/a | 26:05.09 | 21:35.69 |
| :44.39 | :38.09 | n/a | 50 Back | :45.49 | :38.59 | n/a |
| 1:37.29 | 1:23.39 | 1:14.59 | 100 Back | 1:40.99 | 1:23.79 | 1:12.99 |
| n/a | 3:07.99 | 2:41.09 | 200 Back | n/a | 3:06.39 | 2:39.19 |
| :51.29 | :43.99 | n/a | 50 Breast | :51.29 | :43.79 | n/a |
| 1:52.99 | 1:35.09 | 1:25.69 | 100 Breast | 1:53.79 | 1:36.59 | 1:24.49 |
| n/a | 3:34.99 | 3:10.39 | 200 Breast | n/a | 3:36.19 | 3:01.99 |
| :44.49 | :36.59 | n/a | 50 Fly | :44.19 | :37.79 | n/a |
| 1:48.99 | 1:24.89 | 1:15.09 | 100 Fly | 1:52.79 | 1:28.69 | 1:10.99 |
| n/a | 3:18.09 | 2:52.09 | 200 Fly | n/a | 3:17.79 | 2:45.89 |
| 1:37.49 | 1:24.59 | n/a | 100 IM | 1:37.39 | 1:23.89 | n/a |
| 3:33.19 | 2:59.19 | 2:42.69 | 200 IM | 3:43.59 | 2:59.49 | 2:35.59 |
| n/a | 6:29.39 | 5:44.69 | 400 IM | n/a | 6:28.49 | 5:32.99 |
| 2:31.99 | 2:11.29 | n/a | 200 Free Relay | 2:34.59 | 2:14.39 | n/a |
| n/a | n/a | 4:20.99 | 400 Free Relay | n/a | n/a | 4:13.29 |
| 2:59.49 | 2:32.59 | n/a | 200 Medley Relay | 3:00.89 | 2:34.79 | n/a |
| n/a | n/a | 5:02.99 | 400 Medley Relay | n/a | n/a | 4:53.99 |



## RELAYS:

An 11-12 400 Relay team may qualify using the 200 Relay time standards (either by aggregate or team time). Qualifying for the 13-14 200 Relays will be based on the 400 Relay time standards (either by aggregate or team time). Seeding for all 11-12 Relays will be done using a qualifying or aggregate time in the 200 Relay distance and for the 13-14 age group, seeding will be based on the 400 relay distance using either a qualifying or aggregate time.

## PARA-SWIMMING:

Para-Swimming athletes are eligible to compete at LSC Championships provided they achieve the USA Swimming suggested LSC time standards for any offered event.

