



2025 SOUTH CAROLINA LONG COURSE AGE GROUP LSC CHAMPIONSHIP

Date:	July 17-20, 2025		
Meet	Held under the sanction of USA Swimming issued by SC Swimming:		
Sanction:	Sanction Number: SC25117LCM & SC25118TT		
Meet Host:	Carolina Aquatics Swim Club		
Meet Director:	Gretchen Collum	ca.meet.dir@gmail.com	803-530-0726
Referee:	Scott McMillan	smcmillan@wyattseal.com	704-614-3846
Admin Official:	Jason Overby	overbyj@cofc.edu	843-801-4201
Meet Entries to:	Victoria Culbertson	Meet.support@sportstiming.com	843-628-5486
Safety	Heather Bullard	helyseg@yahoo.com	803-206-3193
Marshal:	Matt Whitaker	mwhitakerDPT@gmail.com	803-422-5585

Facility: The Carolina Natatorium (located inside the Solomon Blatt Physical Education Center)
University of South Carolina
1400 Wheat Street, Columbia, SC, 29201

Home to USC's competitive swimming and diving programs, the Carolina Natatorium is a semi-open-air facility that contains a ten lane 50-meter competition pool with an adjacent five lane 25 yard warm down pool. The water depth of the competition course is 7 feet measured from one (1) meter to five (5) meters at the starting end of the course and 6 feet measured from one (1) meter to five (5) meters at the turn end of the course. The competition course has not been certified in the accordance with 104.2.2C(4).

The pool deck capacity will be 500 people as per SCDHEC and the University of South Carolina.

PARKING: Limited parking will be available in the Blatt parking lot for Thursday and Friday evening and weekend sessions at a cost of \$5 per day, collected by USC parking attendants, credit card only. Do not park in permit areas or reserved parking. Any vehicles parked in spaces marked "reserved" are subject to towing at the owner's expense. Other parking areas include nearby garages and metered spots. Do not park in the Bright Horizon's child care center lot on Thursday or Friday. All USC parking regulations will be enforced.

ENTRY TO THE CAROLINA NATATORIUM: Swimmers, coaches and officials will enter on the east side of the building through the Gamecock awning doors adjacent to the back of the parking lot. Swimmers will be allowed on deck no sooner than 15 minutes before their warm up session. The front entrance (on Wheat Street) is only for those with USC identifications and those needing ADA entry.

Medical supervision will be provided by the University of South Carolina lifeguard staff.

FACILITY RULES:

- The Blatt PE Center is an academic building and classes will be in session, noise in the public spaces need to be kept at a minimum. Areas of the building including gyms, weight rooms, and classrooms are off limits.
- Only swimmers, meet officials, coaches and meet personnel with proper credentials will be allowed on the pool deck.
- There will be bleachers on deck for swimmers.
- Safety marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent or club from the pool and facility if necessary for not following the facility and meet safety rules.
- Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility.
- The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.
- Locker room and restroom use must comply with all Safe Sport guidelines.
- Locker rooms will be available for use by all athletes.
- No glass containers inside the pool area.
- Hallways and stairwells must remain clear and easily accessible.
- Pool Area: the diving equipment is off limits.
- Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Rules: Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. Use of audio or visual recording devices, including a mobile phone, are not permitted in changing areas, rest rooms, or locker rooms. Recording devices are also not permitted behind the starting blocks. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

SWSWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (USA Swimming rule 102.8.1F.). No equipment will be allowed in warm up.

Athlete Eligibility: This competition is open to all qualified swimmers. All swimmers and clubs must be currently registered members of the USA-Swimming and SC Swimming only. All USA Swimming registration numbers will be verified with SWIMS. Age is to be determined by the first day of the meet. All swimmers entered must meet or exceed the South Carolina state meet qualifying standards in each event entered. All paralympic swimmers entered must meet or exceed the USA Swimming suggested LSC time standards in each event entered. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Image Release: By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographers(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC

website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their club's head coach and the Meet Director prior to the start of the meet.

Entry Fees: \$5.00 per individual event

\$10.00 relay
\$48.00 pool fee per swimmer
\$7.00 per swimmer fee for electronic heat sheet
\$2.00 SCLSC Travel Fund/Program fee per swimmer
\$2.00 SCLSC Sports Development fee
\$1.00 Jennifer Smith Scholarship Fund
\$8.00 per time trial

Faxed entries will not be accepted. No late entries will be accepted.
\$10.00 per swimmer surcharge if entries are not submitted electronically

Entry limit: All swimmers may swim up to eight (8) individual events total. Athletes 11 & Over may swim up to three (3) individual events per day exclusive of relays. Athletes 10 & Under may swim up to four (4) individual events per day exclusive of relays. A swimmer that does not appear for a heat will be recorded as a No Show (NS) which will count as a swim. A time trial, exclusive of relays, is counted as an event. Clubs may enter as many relays as desired. However, only two (2) relays per club will score and can receive awards. Deck entries for individual and relay events are not permitted. No refunds will be given.

Meet Format: Meet management reserves the right to adjust course breakdown and warm-up times based on number of entries. Meet Management also reserves the right to move an age group to another session based on the timeline and number of entries. Meet Management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest.

The host club may request timers from visiting clubs.

The adjacent five (5) lane warm-up and warm-down pool will be open at the discretion of the Meet Referee.

Lane assignments for each club will be made for each preliminary session. All SCLSC and USA Swimming safety guidelines will be enforced.

The meet will be conducted according to this meet information and the SCLSC Policies and Procedures. A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim.

Seeding will be done in order of LCM times, SCM times, SCY times then consideration times (when appropriate, in the order LCM, SCM, SCY). Times will not be converted.

All 11-12 and 13-14 events except those noted on the itinerary and below, will be conducted as Preliminary/Final events with two heats of 10 returning for 11-12 and 13-14 in finals. The order for finals shall be B-A for 11-12 and 13-14 events. The championship "A" heat will always be the last heat. The names of swimmers in each "A" Championship Final heat will be announced prior to the start of the event with a swimmer parade to the blocks. The names of swimmers in the "B" heats will be announced while they are in the water.

All 10 & under events will be conducted as timed finals during the Timed Final sessions.

The 10 & Under 400 Freestyle events will be deck seeded after positive check-in. It will be seeded slowest to fastest alternating women and men. Swimmers may be asked to provide their own timer.

All 10 & Under relays will be conducted at the beginning of the timed finals sessions and be pre-seeded.

All positive check-ins will close thirty (30) minutes prior to the start of each session.

The 11-12 400 Individual Medley and the 11-12 400 Freestyle will be seeded slowest to fastest alternating women and men.

The 11-12 200 Butterfly, 200 Backstroke, 200 Breaststroke, and 400 Freestyle will be conducted as deck-seeded, positive check-in timed final events. The top heat of swimmers in each event will swim during finals.

The 13-14 400 Individual Medley and 400 Freestyle events will be conducted as Preliminary/Final events. These events will be deck seeded with the top two (2) women heats swimming (slow to fast, circle-seeded), followed by the top two (2) men heats (slow to fast, circle-seeded), and then the remaining heats will be competed alternating women, then men, fast to slow.

The 800 Freestyle and 1500 Freestyle will be timed finals and 11-12 and 13-14 will be seeded together by combining all ages but scored separately by age group (11-12 and 13-14). These will be contested fastest to slowest, alternating women and men. Swimmers may be asked to provide their own timer.

All positively checked-in 1500 Freestyle swimmers will swim at the conclusion of the Sunday preliminary session.

Swimmers in the 800 Freestyle and 1500 Freestyle must provide their own lap counter if they wish one.

All 11-12 and 13-14 relays will compete as the last events of the finals sessions on Friday and Saturday. The 11-12 and 13-14 relays on Sunday will be contested in the preliminary session as the last events before the 1500 Freestyle. All relays will be pre-seeded. Relay teams consisting of swimmers not in individual events must meet the relay standard with aggregate times. A fine of \$100 will be levied against the club when a relay fails to comply with this rule.

Scratch Rule: Coaches with swimmers over entered per day must scratch a swimmer from the excess events. This needs to be done by the start of warm-ups for each session. Coaches are encouraged to not over enter swimmers.

There will be no penalty for not swimming in the seeded preliminary events or relays; it would be appreciated if a coach would inform Clerk of Course of any swimmers or relays scratching from the meet (SC Swimming Policies and Procedures XI.B.16.c).

The penalty for missing a deck-seeded event will result in being barred from the swimmer's next individual event. (SC Swimming Policies and Procedures XI.B.16.d)

Any swimmer not planning to swim during a finals session must scratch so those swimmers who would like to swim again may do so. The penalty for failure to show in a final or consolation final is being barred from the remainder of the meet (SC Swimming Policies and Procedures XI.B.16.e).

Exceptions for failure to compete – no penalty shall apply for failure to report or swim an event if (1) the meet referee is notified in event of illness or injury and accepts the proof thereof, (2) a swimmer qualifying for a final based upon the results of preliminaries notifies the meet referee within thirty (30) minutes of the announcement of the qualifiers for that final event that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event, (3) a swimmer qualifying for a final event, as a result of scratches following announcement of the qualifiers based upon the results of preliminaries or failure of a qualifier to swim, or (4) if it is determined by the meet referee that failure to compete is caused by circumstances beyond the control of the swimmer.

Swim Offs: It is the responsibility of coaches and swimmers to check for ties leading to swim offs. Swim offs will be swum immediately following the preliminary session or not more than 45 minutes after the last heat of any event in which any one of the swimmers is competing in that session. Any swimmer absent for a swim off will be dropped to the lower place.

Time Trials: Time trials will be conducted after preliminaries, at the end of the afternoon session and/or after finals at the discretion of the Meet Referee. On the final day of the meet, any event longer than 400 meters will not be available for time trials. Time Trial fees must be paid upon entry at the Clerk of Course. Each swimmer in a time trial is required to provide their own timer.

Time of the Meet: All preliminary competition warm-ups will begin at 7:00 AM. All preliminary competitions will begin at 8:30 AM. All 11 & older finals warm-ups will begin at 5:00 PM. All finals competition will begin at 6:00 PM. Meet management reserves the right to adjust warm-up and meet start times based upon the number of entries and timeline of the meet. Clubs will be notified of any changes in the timeline via email.

Entries: Entry Deadline: *All entries must be received by 5:00 PM, Monday, July 7th, 2025.*

SC Swimming does not accept deck registrations. All swimmers entered must be registered at time of entry deadline.

All times must be listed to the 1/100th of a second. Entries must be submitted using a South Carolina State Meet Qualifying Short Course Yards, Short Course Meters, or Long Course Meters time. Times must have been achieved on or after June 1, 2024, and prior to the entry deadline.

For all individual events, proof of time is necessary. Entry times will be checked against the SWIMS database. For these events, Sportstiming will provide the LSC with a printout of the times that will need to be proved prior to the seeding of the meet.

In all SCLSC Championship Meets, non-conforming time entries shall be sent to the club by electronic mail (e-mail). The club shall have the opportunity to correct the entry if done so within 24 hours from the email time stamp.

The multi-age group events will be set up with different event numbers for each age group. Swimmers should be entered in the correct age group. The events will then be combined in the meet manager software and the events will be contested as specified in the meet information. This will allow for the verification of the entry times for each swimmer in each entered event.

The meet host of the SCLSC State Championships shall post a preliminary meet psych sheet within 72 hours following the meet entry deadline (Monday, July 7th, 2025). Coaches will then have 48 hours upon notice of the posting to review the psych sheet and notify the hosting club of any corrections. Coaches cannot change athlete's events or times once entries are received by the host club (except as currently stated in the P&P where non-conforming times can be changed within 24 hours of notification by the host club to the athlete's coach). Only omissions can be corrected at the published cost of the event.

Additional individual entries will be accepted after the entry deadline (*July 7th, 2025*) for times achieved between the entry deadline (*July 7th, 2025*) and the following Sunday (July 13th 2025). New qualifying events for existing entered swimmers are allowed. Updated qualifying times for events previously entered for swimmers are not allowed. *All new qualifying time entries must be received by 5:00 PM, Monday, July 14th, 2025. Coaches must present meet results (prove times).*

Late entries for any team or athlete missing the entry deadline will be permitted. The team or athlete must pay a one-time processing fee of \$150.00 and pay entry fees at double the regular entry fee.

All late entries will be processed manually. Coaches must present meet results (prove times) with all late entries *by 5:00 PM, Monday, July 14th, 2025.*

Clubs should submit a single check payable to Carolina Aquatics Swim Club (P.O. Box 5592, Columbia SC 29250) and payment is due at the start of the meet. All fees must be paid prior to any swimmer entering the pool. Entry fees for events not swum will not be refunded nor will a credit be given.

Please use the swimmer's full name, age, and sanctioned short course yard, short course meters, or long course meter times. Only entries using Standard Data Interchange (SDIF/SD3) format will be accepted. Clubs or individuals not submitting entries electronically will be subject to a \$10.00 per swimmer entry surcharge. Go to www.hy-tekltd.com to download Team Manager II Lite if your club does not possess club management software. You must submit a paper (pdf) back-up and your signed club summary sheet for verification.

SUBMISSION PROCEDURE: Go to <https://sportstiming.com/>, click on upcoming meets, and click on "2025 Long Course Age Group LSC Championship", complete the form, upload your entry file, and click submit. You will receive an email confirmation. If you need to submit updated entry files, you can submit a new form and file.

Carolina Aquatics Swim Club is not responsible for lost or delayed entries.

Proof of Time: Times not approved by USA Swimming OTS (Officials Tracking System) will not be used. A fine of \$100 will be levied against the club (if unattached, against the swimmer) when a swimmer fails to swim a time equal to or faster than the qualifying standard for each event at the long course or short course State Championships and the club (or the swimmer if unattached) is unable to prove, using officials results, that he or she has met the qualifying standard in that event in a meet held since the last like-course state championship. The fine must be paid (or the time must be proved) within 45 days from the date of the notification. If the fine is not paid within the 45 days, it will be doubled. This notification will be made through an exception report that will be generated by the host club and sent with the meet results. The Administrative Vice-Chair will enforce the fines. If swimmers participate in a relay, and the relay fails to meet the qualifying standard, their club must demonstrate that the aggregate of the times of the four competing swimmers meets the relay qualifying standard. Otherwise, fines will be issued. Coaches are to submit proof of time with their entries. Be sure to select "Include Proof of Time" filter on the entry software.

Awards: Banners: First place overall, men and women

Plaques: Second and third place overall

Individual events: Medals for first through tenth place

Relays: Medals first through third place, ribbons for fourth through tenth place

High Point: Plaques for highest scoring male and female in each age group

Scoring: Individual Events: 24-21-20-19-19-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1

Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

Timing: Colorado timing system and data processing services and provided by Sports Timing, Inc. There will be a secondary semi-automatic timing system of two buttons per lane. Per the P&P (VIII.C.2), for freestyle events 800 meters and above one button per lane is allowed.

Coaches Eligibility: Coaches must check in at the Clerk of Course and provide current coaching credentials to be permitted on deck. The USA Swimming App is an acceptable proof of USA Swimming membership. All coaches must be a current member in good standing with USA Swimming. Coaches will be required to wear a host team provided wrist band to aid in identification.

Other Information: The alternate contact is Carolina Aquatics Head Coach Pam Swander. 317-985-7765
pamswander@gmail.com

Coaches: A coaches meeting will be held 15 minutes prior to the start of warm-ups on Thursday. The Meet Referee may call other coaches meetings as needed. One coach per club may pick up the club's packet the Clerk of Course. Finals heat sheets, relay cards and any announcements will be available at Clerk of Course.

Officials: Individuals wishing to officiate at this meet should apply online through the sc-swimming.org website official's portal. All officials must be currently registered as USA Swimming Non-Athlete members in good standing. Selections will be posted one week before the start of the meet. Walk-ins will not be accommodated.

The dress at the State Championship Meet will be a collared, white, sleeved SC Swimming shirt over navy for all officials on deck during prelim and timed final sessions. During the finals sessions on Friday, Saturday and Sunday, the dress is a collared red sleeved shirt over navy. No shorts at finals are allowed. (You will receive a red shirt if you have not previously. Additional shirts can also be purchased.) White shoes should be worn at all sessions; please, no open-toed shoes of any kind (sandals, flip flops, feet shoes or crocs) are allowed. If officials have any questions, please contact the Meet Referee.

Officials will meet one (1) hour before the start of each session in the officials room.

Officials are expected to work time trial sessions.

This meet will be an Officials Qualifying Meet. Officials interested in advancing their national level qualifications can obtain the following evaluations at this meet:

Stroke and Turn: N2/N3
Chief Judge: N2/N3i
Starter: N2
Deck Referee: N2
Administrative Referee/Official: N2

Officials desiring an evaluation must turn in a Request for Evaluation form, which can be found on the SC-Swimming website under the Officials tab. Send this form to the Officials Chair (officials@sc-swimming.org). Please make sure that you have the prerequisite sessions to request any evaluation before sending it to the Officials Chair. Note that the 10 and under sessions are not evaluated sessions and will not count towards the evaluation session totals.

Meet Eligibility Jury: A Meet Eligibility Jury will be formed by the Meet Referee after the entries have been received as deemed necessary. This jury will be composed of three (3) individuals as follows: one coach, one athlete, and one official. This jury will meet and determine the outcome of any protests affecting the eligibility of any swimmer to compete or to represent any club/organization.

Meet Jury: A Meet Jury will be formed by the Meet Referee prior to the start of the first session of the meet. This jury will consist of not less than three (3) people and not more than five (5) persons, at least one of whom must be a coach and one an athlete.

Meet Management Committee: A Meet Management Committee shall be established by the Meet Referee prior to entry deadline for the meet and convened prior to publication of timelines. This committee will consist of five (5) persons: (a) one athlete designated by the Senior Athlete Representative; (b) the head coach of the host club; (c) the Meet Director; (d) the Meet Referee; and (e) one Board of Directors member, (Age Group Championship: Age Group Chair; Senior Championship: Senior Chair). If the respective chair for the meet is unavailable, a Board of Directors member shall be selected in the order of Coaches Representative, Senior or Age Group Chair, and Technical Planning Chair. There shall be no more than two members from the host club. Prior to the beginning of the meet, the Meet Management Committee must convene and make the decisions regarding timeline breaks or any other changes needed to run the meet in the most efficient manner. Once the meet begins, these decisions will revert to the Meet Referee.

Hospitality: Hospitality for coaches and officials will be provided.

Concessions: Vendors and concessions will be provided in the area outside the pool but be prepared to bring all food and drinks for your swimmers and families.

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Thursday July 17

Session 1: Timed Finals 11-14 **Warm-ups 4:00 pm/Start 5:30 pm**

Women		Men
1	11-12 400 Freestyle Relay	2
3	13-14 400 Freestyle Relay	4
5	11-12 400 Individual Medley	6
7	11-14 1500 Freestyle	8

Friday July 18

Session 2: Preliminaries 11-14

Warm-ups 7:00 am/Start 8:30 am

Women		Men
9	11-12 200 Freestyle	10
11	13-14 200 Freestyle	12
13	11-12 100 Breaststroke	14
15	13-14 100 Breaststroke	16
17	11-12 50 Butterfly	18
19	13-14 100 Butterfly	20
21	11-12 200 Backstroke *	22
23	13-14 400 Individual Medley	24

(Timed Finals – Top heat in finals) *

Session 3: Timed Finals 10 & U

Warm-ups 12:00 am/Start 1:00 pm

Women		Men
29	10 & U 400 Freestyle	30

Session 4: Finals 11-14

Warm-ups 5:00 pm/Start 6:00 pm

Women		Men
9	11-12 200 Freestyle	10
11	13-14 200 Freestyle	12
13	11-12 100 Breaststroke	14
15	13-14 100 Breaststroke	16
17	11-12 50 Butterfly	18
19	13-14 100 Butterfly	20
21	13-14 400 Individual Medley	22
23	11-12 200 Backstroke *	24

5 min break

25	13-14 400 Medley Relay	26
27	11-12 400 Medley Relay	28

Saturday July 19
Session 5: Preliminaries 11-14
Warm-ups 7:00 am/Start 8:30 am

Women		Men
43	11-12 100 Butterfly	44
45	13-14 200 Butterfly	46
47	11-12 100 Freestyle	48
49	13-14 50 Freestyle	50
51	11-12 50 Breaststroke	52
53	13-14 200 Breaststroke	54
55	11-12 50 Backstroke	56
57	13-14 100 Backstroke	58
59	11-12 400 Freestyle*	60
61	13-14 400 Freestyle	62

(Timed Finals – Top heat finals)*

Session 6: Timed Finals 10 & U

Warm-ups Not Before 12:30 pm
Start Not Before 1:15 pm

Women		Men
31	10 & U 200 Medley Relay	32
5 Min Break		
33	10 & U 50 Breaststroke	34
35	10 & U 100 Freestyle	36
37	10 & U 50 Backstroke	38
39	10 & U 100 Butterfly	40
41	10 & U 200 Freestyle	42

Session 7: Finals 11-14

Warm-ups 5:00 pm
Start 6:00 pm

Women		Men
43	11-12 100 Butterfly	44
45	13-14 200 Butterfly	46
47	11-12 100 Freestyle	48
49	13-14 50 Freestyle	50
51	11-12 50 Breaststroke	52
53	13-14 200 Breaststroke	54
55	11-12 50 Backstroke	56
57	13-14 100 Backstroke	58
59	11-12 400 Freestyle*	60
61	13-14 400 Freestyle	62
5 min break		
63	11-12 200 Medley Relay	64
65	13-14 200 Medley Relay	66

Sunday July 20

Session 8: Preliminaries 11-14

Warm-ups 7:00 am

Start 8:30 am

Women		Men
79	11-12 200 Butterfly*	80
81	13-14 100 Freestyle	82
83	11-12 50 Freestyle	84
85	11-12 200 Breaststroke *	86
87	13-14 200 Backstroke	88
89	11-12 100 Backstroke	90
91	13-14 200 Individual Medley	92
93	11-12 200 Individual Medley	94
5 min break		
95	13-14 200 Free Relay	96
97	11-12 200 Free Relay	98
10 min break		
99	11-14 800 Freestyle	100

(Timed Finals – Top heat in finals)*

Session 9: Timed Finals 10 & U

Warm-ups Not Before 12:30 pm

Start Not Before 1:15pm

Women		Men
67	10 & U 200 Freestyle Relay	68
5 min break		
69	10 & U 200 Individual Medley	70
71	10 & U 50 Freestyle	72
73	10 & U 100 Breaststroke	74
75	10 & U 50 Butterfly	76
77	10 & U 100 Backstroke	78

Session 10: Finals 11-14

Warm-ups 5:00 pm

Start 6:00 pm

Women		Men
79	11-12 200 Butterfly*	80
5 min break		
81	13-14 100 Freestyle	82
83	11-12 50 Freestyle	84
5 min break		
85	11-12 200 Breaststroke*	86
87	13-14 200 Backstroke	88
89	11-12 100 Backstroke	90
91	13-14 200 Individual Medley	92
93	11-12 200 Individual Medley	94

(Timed Finals – Top Heat)*

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Coaches:

Please use this checklist to make sure you return all the required items. This form must be filled out and included with your entry.

_____ Financial Summary Form (including email address).

_____ Hard copy of entries.

_____ Check for all fees (payable to).

I certify that this entry is completed to the best of my ability and that all swimmers entered have achieved the entry time required in each event.

_____**Coach's Signature**

Date

_____**Club Name**

Club Abbreviation

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Meet Entry Summary Sheet

Club Name _____ Abbreviation _____

Coach(es) _____

Club Contact Person _____

Home/Cell Phone Number _____ Work Phone Number _____

E-Mail Address _____

Club Mailing Address _____

Number of Individual Events _____ × \$5.00 each \$ _____

Number of Relay Events _____ × \$10.00 each \$ _____

Number of Swimmers _____ × \$48.00 Pool Surcharge fee \$ _____

Number of Swimmers _____ × \$7.00 Electronic Heat Sheet \$ _____

Number of Swimmers _____ × \$4.00 SC Swimming LSC Fees \$ _____

(SCLSC Travel Fund/Program Fee – Sports Development Fee)

Number of Swimmers _____ × \$1.00 Jennifer Smith Scholarship Fund \$ _____

Number of Swimmers _____ × \$ 10.00 surcharge per swimmer \$ _____

for non-electronic submission of entries

Total Amount Enclosed (checks payable to) \$ _____

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina Swimming, Sportstiming, Carolina Aquatics Swim Club, its agents, employees, and coaches shall be held free from any liabilities or claims rising by reason of injury to anyone during the conduct of the meet. I, the undersigned coach or club representative, verify that all the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming.

Signature/Title _____

