



Committee Meeting Minutes

Committee name: Age Group Committee

Date and time of this meeting: 8-20-23 7:34 pm

Function of committee: Administer the Age Group Program for SC Swimming

Committee Chair: Nate Murray

Meeting Location/Platform: Zoom

Members Present: Chip Holland, Brian Heaton, Nate Murray, Lynn Williams

Guests Present:

Members not Present:

Date of last meeting: 6-15-23

Date of next meeting: ?

Reports on Action Items:

1. New Time Standards will be rounded to the nearest .09.
2. Age Group State Events:
 - a. 10 & Under Events Order set for Age Group Meet
 - b. 11 & Older: Move the 400 Free Relay to Thursday
 - c. 11 & Older: Move the 400 Medley Relay to Friday
 - d. 11 & Older: Move the 200 Medley and 200 Free Relays to Saturday and Sunday
 - b., c., d.: Recommendations from the Official Committee Age Group has no objection to the above
3. Select Camp: 9/15-17/23 in Charleston
 - Training Plan & Objectives
 - a. Ready to race skills on Friday
 - b. Team Building Saturday morning on beach: Build sandcastles on beach
 - c. HOOS Meet Saturday afternoon: All will swim all events
 - d. Trust the process



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- e. Importance of Underwaters/Fifth Stroke: Turns, Relay Starts on Friday Night
 - f. Technique & Training Sunday morning: Break into 4 groups and rotate with 1 Coach with each group.
 - g. Friday Icebreakers: Keep it light and fun
 - h. Saturday evening dinner and classroom session with possible Zoom with some college coaches
 - i. \$250 fee
4. Long Course State: Possible flip Age Group and Senior Meets to potentially add more Senior Swimmers due to the Post State Championship Meets. This would directly effect the Zone Team selection for 2024. Airline ticket changes have to be made 72 hours out.
5. Possible legislation proposal: Have the Zone Team selection date before the Age Group State Championship Meet if airplane travel is involved and at the Age Group Championship Meet if bus travel is involved.

Unfinished business:

Victoria Ratliff and Brian Heaton added to the Age Group Committee.

Motions: Motions could not be made and voted on as no quorum and no athlete present for the meeting.

New Business: Brian Heaton was introduced to the Committee.

Announcements:

Adjournment time: 8:22 pm