

SHORT COURSE Senior LSC Championships

| <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> | <u>Sunday</u> |
|-------------------------|------------------------|-------------------|-------------------------|
| 200y Medley Relay | 200y Freestyle | 100y Backstroke | Women's 1000y Freestyle |
| Women's 1650y Freestyle | 100y Breaststroke | 200y Breaststroke | Men's 1650y Freestyle |
| Men's 1000y Freestyle | 200y Butterfly | 100y Butterfly | 200y Individual Medley |
| 800y Freestyle Relay | 50y Freestyle | 500y Freestyle | 100y Freestyle |
| | 400y Individual Medley | 400y Medley Relay | 200y Backstroke |
| | 200y Freestyle Relay | | 400y Freestyle Relay |

^{*}The top heat of Women's 1000y Freestyle and Men's 1650y Freestyle will be swum at the beginning of Sunday Finals. All other heats will be swum at the end of Sunday Preliminaries.

Age Group LSC Championships - 11/12 & 13-14

| <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> | <u>Sunday</u> |
|------------------------------|------------------------------|-------------------------|------------------------------|
| 11-12 400y Freestyle Relay | 11-12 200y Freestyle | 11-12 100y Butterfly | 11-12 200y Butterfly |
| 13-14 400y Freestyle Relay | 13-14 200y Freestyle | 13-14 200y Butterfly | 11-12 50y Freestyle |
| 11-12 400y Individual Medley | 11-12 100y Breaststroke | 11-12 100y Freestyle | 13-14 100y Freestyle |
| 11-14 1000y Freestyle | 13-14 100y Breaststroke | 13-14 50y Freestyle | 11-12 200y Breaststroke |
| | 11-12 50y Butterfly | 11-12 50y Breaststroke | 13-14 200y Backstroke |
| | 13-14 100y Butterfly | 13-14 200y Breaststroke | 11-12 100y Backstroke |
| | 11-12 100y Individual Medley | 11-12 50y Backstroke | 13-14 200y Individual Medley |
| | 13-14 400y Individual Medley | 13-14 100y Backstroke | 11-12 200y Individual Medley |
| | 11-12 200y Backstroke | 11-12 500y Freestyle | 13-14 200y Freestyle Relay |
| | 13-14 400y Medley Relay | 13-14 500y Freestyle | 11-12 200y Freestyle Relay |
| | 11-12 400y Medley Relay | 11-12 200y Medley Relay | 11-14 1650y Freestyle |
| | | 13-14 200y Medley Relay | |

^{*1650}y Freestyle will be swum at the conclusion of Sunday Preliminaries.

^{*}All Friday and Saturday relays will be swum at the conclusion of Friday Finals and Saturday Finals. Sunday relays will be swum at the conclusion of Sunday Preliminaries.

^{*}The top heat of 11-12 200y Backstroke, 200y Breaststroke, 200y Butterfly, 400y Individual Medley & 500y Freestyle will be swum in finals.



Age Group LSC Championships - 10 & Under

| <u>Saturday</u> | <u>Sunday</u> |
|------------------------|------------------------|
| 200y Medley Relay | 200y Freestyle Relay |
| 100y Individual Medley | 200y Individual Medley |
| 50y Breaststroke | 50y Freestyle |
| 100y Freestyle | 100y Breaststroke |
| 50y Backstroke | 50y Butterfly |
| 100y Butterfly | 200y Freestyle |
| 500y Freestyle | 100y Backstroke |



LONG COURSE Senior LSC Championships

| <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> | <u>Sunday</u> |
|-------------------------|------------------------|-------------------|------------------------|
| 200m Medley Relay | 200m Freestyle | 100m Backstroke | 200m Backstroke |
| Women's 1500m Freestyle | 100m Breaststroke | 200m Breaststroke | 100m Freestyle |
| Men's 800m Freestyle | 200m Butterfly | 100m Butterfly | 200m Individual Medley |
| 800m Freestyle Relay | 50m Freestyle | 400m Freestyle | Women's 800m Freestyle |
| | 400m Individual Medley | 400m Medley Relay | Men's 1500m Freestyle |
| | 200m Freestyle Relay | | 400m Freestyle Relay |

^{*}The top heat of Women's 800m Freestyle and Men's 1500m Freestyle will be swum at the end of individual events during Sunday Finals. All other heats will be swum at the end of Sunday Preliminaries.

Age Group LSC Championships - 11/12 & 13-14

| <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> | <u>Sunday</u> |
|------------------------------|------------------------------|-------------------------|------------------------------|
| 11-12 400m Freestyle Relay | 13-14 200m Freestyle | 13-14 200m Butterfly | 11-12 200m Butterfly |
| 13-14 400m Freestyle Relay | 11-12 200m Freestyle | 11-12 100m Butterfly | 13-14 100m Freestyle |
| 11-12 400m Individual Medley | 13-14 100m Breaststroke | 13-14 50m Freestyle | 11-12 50m Freestyle |
| 11-14 800m Freestyle | 11-12 100m Breaststroke | 11-12 100m Freestyle | 11-12 200m Breaststroke |
| | 13-14 100m Butterfly | 13-14 200m Breaststroke | 13-14 200m Backstroke |
| | 11-12 50m Butterfly | 11-12 50m Breaststroke | 11-12 100m Backstroke |
| | 13-14 400m Individual Medley | 13-14 100m Backstroke | 13-14 200m Individual Medley |
| | 11-12 200m Backstroke | 11-12 50m Backstroke | 11-12 200m Individual Medley |
| | 13-14 400m Medley Relay | 13-14 400m Freestyle | 13-14 200m Freestyle Relay |
| | 11-12 400m Medley Relay | 11-12 400m Freestyle | 11-12 200m Freestyle Relay |
| | | 13-14 200m Medley Relay | 11-14 1500m Freestyle |
| | | 11-12 200m Medley Relay | |

^{*1500}m Freestyle will be swum at the conclusion of Sunday Preliminaries.

^{*}All Friday and Saturday relays will be swum at the conclusion of Friday Finals and Saturday Finals. Sunday relays will be swum at the conclusion of Sunday Preliminaries.

^{*}The top heats of 11-12 200m Backstroke, 200m Breaststroke, 200m Butterfly, 400m Individual Medley & 400m Freestyle will be swum in finals.



Age Group LSC Championships - 10 & Under

| <u>Saturday</u> | <u>Sunday</u> |
|-------------------|------------------------|
| 200m Medley Relay | 200m Freestyle Relay |
| 50m Breaststroke | 200m Individual Medley |
| 100m Freestyle | 50m Freestyle |
| 50m Backstroke | 100m Breaststroke |
| 100m Butterfly | 50m Butterfly |
| 500m Freestyle | 200m Freestyle |
| | 100m Backstroke |