

SC SWIMMING

| STROKE A | ND TURN APPRENTICE FO | RM | | | | |
|---------------|---|------------|---|--|-----------|---|
| APPRENTIC | CE INFORMATION | | | | | |
| Full Name: | | | | | | |
| | Last | | First | | M.I. | |
| Trainer Sign | ature: | | | Clinic Date: | | |
| NON-EVAL | UATION SESSIONS | | | | | |
| familiar witi | n the different aspects of this pos rent situations as they arise, and | sition. Yo | ou should always l I a good perspectiv | be asking many que ve from each Mento | estions (| knowledge, and become intimately about the position, inquiring how to whom you work. These are Non- |
| SESSION 1 | DATE: | | | | | |
| ☐ Time | ed Finals | | 12 & Under | | | 2 Hours or Less |
| □ Prel | m or Finals (circle one) | | 13 & Over | | | Greater than 2 Hours |
| Comments | : | | | | | |
| | r Signature: | | | | | |
| SESSION 2 | f Signature: DATE: | | | | | |
| ☐ Time | ed Finals | | 12 & Under | | | 2 Hours or Less |
| □ Prel | m or Finals (circle one) | | 13 & Over | | | Greater than 2 Hours |

| Comments: | | |
|-----------------------------------|----------------|----------------------|
| Mentor Signature: | | |
| Meet Ref Signature: | | |
| ESSION 3 DATE: | | |
| ☐ Timed Finals | 12 & Under | 2 Hours or Less |
| Prelim or Finals (circle one) | 13 & Over | Greater than 2 Hours |
| Comments: | | |
| | | |
| Mentor Signature: | | |
| Meet Ref Signature: | | |
| | | |
| SSION 4 DATE: \Box Timed Finals | 12 & Under | 2 Hours or Less |
| Prelim or Finals (circle one) | 13 & Over | Greater than 2 Hours |
| omments: | | |
| | | |
| | | |
| Mentor Signature: | | |

EVALUATION SESSIONS

The following are some key elements of this position you need to become proficient in knowing and/or doing: 1) Adequate skills in using proper deck protocol; 2) Adequate training working a 12 & Under session; 3) Adequate training working an 13 & Over session; 4) Demonstrate professional deck presence at all times; 5) Be able to clearly express the rule infraction to Chief Judge and/or Deck Referee when requested; 6) Complete DQ slip accurately and in a consistent manner; 7) Show a clear understanding of the rules for all strokes and turns; 8) Understands and knows jurisdiction; 9) Understand how to perform as a Relay Take-Off Judge.

| SESSION 5 DATE: Timed Finals 12 & Under 2 Hours or Less Prelim or Finals (circle one) 13 & Over Greater than 2 Hours Proper Deck Protocol Professional Deck Presence Clearly State Infraction Complete DQ slip accurately Perform as Relay Take-Off Judge Understand Jurisdiction Rules for Butterfly Rules for Breaststroke Rules for Backstroke Rules for Freestyle Rules for Turns and Finishes Medley Rules (relay & individual) Mentor Signature: SESSION 6 DATE: 2 Hours or Less Timed Finals 12 & Under 2 Hours or Less Prelim or Finals (circle one) 13 & Over Greater than 2 Hours Proper Deck Protocol Professional Deck Presence Clearly State Infraction Complete DQ slip accurately Perform as Relay Take-Off Judge Understand Jurisdiction Rules for Butterfly Rules for Breaststroke Rules for Backstroke Rules for Freestyle Rules for Turns and Finishes Medley Rules (relay & individual) Mentor Signature: Meet Ref Signature: | | | | |
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| □ Prelim or Finals (circle one) □ 13 & Over □ Greater than 2 Hours □ Proper Deck Protocol □ Professional Deck Presence □ Clearly State Infraction □ Complete DQ slip accurately □ Perform as Relay Take-Off Judge □ Understand Jurisdiction □ Rules for Butterfly □ Rules for Breaststroke □ Rules for Backstroke □ Rules for Freestyle □ Rules for Turns and Finishes □ Medley Rules (relay & individual) Meet Ref Signature: SESSION 6 DATE: □ 12 & Under □ 2 Hours or Less □ Prelim or Finals (circle one) □ 13 & Over □ Greater than 2 Hours □ Proper Deck Protocol □ Professional Deck Presence □ Clearly State Infraction □ Proper Deck Protocol □ Professional Deck Presence □ Clearly State Infraction □ Complete DQ slip accurately □ Perform as Relay Take-Off Judge □ Understand Jurisdiction □ Rules for Butterfly □ Rules for Breaststroke □ Rules for Backstroke □ Rules for Freestyle □ Rules for Turns and Finishes □ Medley Rules (relay & individual) | SESS | ION 5 DATE: | <u></u> | |
| □ Proper Deck Protocol □ Professional Deck Presence □ Clearly State Infraction □ Complete DQ slip accurately □ Perform as Relay Take-Off Judge □ Understand Jurisdiction □ Rules for Butterfly □ Rules for Breaststroke □ Rules for Backstroke ☑ Rules for Freestyle □ Rules for Turns and Finishes □ Medley Rules (relay & individual) Mentor Signature: □ Medley Rules (relay & individual) SESSION 6 DATE: □ 2 Hours or Less □ Timed Finals □ 12 & Under □ 2 Hours or Less □ Prelim or Finals (circle one) □ 13 & Over □ Greater than 2 Hours □ Proper Deck Protocol □ Professional Deck Presence □ Clearly State Infraction □ Complete DQ slip accurately □ Perform as Relay Take-Off Judge □ Understand Jurisdiction □ Rules for Butterfly □ Rules for Breaststroke □ Rules for Backstroke □ Rules for Freestyle □ Rules for Turns and Finishes □ Medley Rules (relay & individual) Mentor Signature: □ Medley Rules (relay & individual) | | Timed Finals | 12 & Under | 2 Hours or Less |
| Complete DQ slip accurately Perform as Relay Take-Off Judge Understand Jurisdiction Rules for Butterfly Rules for Breaststroke Rules for Backstroke Rules for Freestyle Rules for Turns and Finishes Medley Rules (relay & individual) Meet Ref Signature: Meet Ref Signature: 2 Hours or Less Prelim or Finals (circle one) 13 & Over Greater than 2 Hours Proper Deck Protocol Professional Deck Presence Clearly State Infraction Complete DQ slip accurately Perform as Relay Take-Off Judge Understand Jurisdiction Rules for Butterfly Rules for Breaststroke Rules for Backstroke Rules for Freestyle Rules for Turns and Finishes Medley Rules (relay & individual) Mentor Signature: | | Prelim or Finals (circle one) | 13 & Over | Greater than 2 Hours |
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| | | Complete DQ slip accurately | Perform as Relay Take-Off Judge | Understand Jurisdiction |
| Meet Ref Signature: SESSION 6 DATE: 2 Hours or Less 2 Hours or Less 2 Hours or Less 3 & Over Greater than 2 Hours Clearly State Infraction Complete DQ slip accurately Perform as Relay Take-Off Judge Understand Jurisdiction Rules for Butterfly Rules for Breaststroke Rules for Backstroke Rules for Freestyle Rules for Turns and Finishes Medley Rules (relay & individual) Mentor Signature: | | Rules for Butterfly | Rules for Breaststroke | Rules for Backstroke |
| Meet Ref Signature: SESSION 6 | \boxtimes | Rules for Freestyle | Rules for Turns and Finishes | Medley Rules (relay & individual) |
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| | | Prelim or Finals (circle one) Proper Deck Protocol Complete DQ slip accurately | 13 & Over Professional Deck Presence Perform as Relay Take-Off Judge | Greater than 2 Hours Clearly State Infraction Understand Jurisdiction |
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| S THE APPRENTICE READY TO BE A STROKE AND TURN OFFICIAL? | |
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| □ YES □ NO (Additional Session(s) Required) | |
| OMMENTS: | |
| | |
| Meet Ref Signature: | |
| | |
| OFF-DECK REQUIREMENTS | |
| | DATE COMPLETED |
| MUST BE COMPLETED WITHIN 60 DAYS OF YOUR CLINIC DATE | DATE COMPLETED |
| MUST BE COMPLETED WITHIN 60 DAYS OF YOUR CLINIC DATE Account Created at www.usaswimming.org | DATE COMPLETED/ |
| OFF-DECK REQUIREMENTS MUST BE COMPLETED WITHIN 60 DAYS OF YOUR CLINIC DATE Account Created at www.usaswimming.org Non-Athlete Membership Registration Complete Level 2 Background Check Complete | DATE COMPLETED/ |
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