

UNIVERSITY OF HOUSTON
WOMEN'S SWIMMING
Invites you to the
2005 USA Swimming Southern Zone
Age Group Swimming Championship
August 2-6, 2005
GULC 05-001



University of Houston
Campus Recreation and Wellness Center
4500 U.H. University Drive
map attached with center circled
Houston, Texas 77204

Southern Zone Open Water Championships
August 7, 2005
Moody Gardens Galveston Texas
Information in progress

SPONSORED BY:
USA swimming, Inc.

SANCTIONED BY:
Gulf Swimming, Inc.

HOSTED BY:
University of Houston, Women's Swimming

DATE: August 2-6, 2005

MEET DIRECTOR:
Linda Brenneke

This meet offers National Certification for assigned and non-specific positions. Applications to work as an assigned official are to be sent to Clark Hammond at hamm5690@bellsouth.net. Applications are available at the Southern Zone website at szoneswim.hypermart.net.

MEET REFEREE: TBA

ADMINISTRATIVE REFEREE: TBA

CHIEF STARTER: TBA

SAFETY MARSHAL: TBA

FACILITY:

University of Houston Campus Recreation and Wellness Center, indoor 8 lane 50 meter pool with non-turbulent lane lines. 5 lane 25 yard warm up/warm down pool.
Daktronics timing system and scoreboard

MEET FORMAT:

Preliminaries will be run with swimmers starting from both ends of the pool (chase starts). Finals will start from one end only. Eight (8) lanes will be used for both prelims and finals. Men and women will alternate starting ends each day. Additional information will be available at the General Meeting Tuesday August 2, 2005 10:00 AM

Tuesday, August 2, 2005

General Meeting 10:00 AM (Positive check in due at this time for the 800/1500 free events)

Warm up: 12:00 Noon

Timed Finals: 2:00 pm

Wednesday, August 3 – Saturday, August 6, 2005

Warm up: 7:00 am

Prelims: 9:00 am

Afternoon Warm up: 4:00 pm

Finals: 6:00 pm

Please see warm up schedule for lane assignments.

RULES:

2005 USA Swimming rules will govern the meet.

SWIMMERS WITH DISABILITIES:

Each LSC may bring six (6) swimmers 3 boys and 3 girls with disabilities who are 11 and over selected in any manner deemed appropriate by their LSC in conjunction with the LSC's Adapted Swimming Chair and assisted by the Southern Zone Adapted Swimming Coordinator if necessary. Swimmer's disability must satisfy the definition of a disability as outlined in USA Swimming Rules and Regulations: A permanent physical or mental impairment that substantially limits one or more major life activities. These swimmers with disabilities are in addition to the permitted 48 swimmers and are not required to meet the time standards for their age groups/events. However, they must provide a time for each event they enter. Swimmers with disabilities may compete in finals, earn awards and score points for their team in the same manner as the able bodied swimmers.

ELIGIBILITY:

Currently registered, USA Swimming year round athletes, selected by their LSC. Any swimmer who has ever achieved the current Senior National Championship Time Standard in any event (Long or Short Course) prior to the latest possible entry deadline (through July 31, 2005 12 Midnight Central Daylight Savings Time) for the 2005 Long Course USA Swimming Senior National Championships is **ineligible** to compete in the 2005 Southern Zone Championships.

ENTRIES

ENTRY LIMIT:

Each LSC is limited to: a **total of 54** swimmers

- 48 Swimmers – 7 males & 7 females in the 11-12 and 13-14 age group and 10 females and 10 males in the 15-18 age group
- **Each LSC may bring six (6) swimmers 3 boys and 3 girls with disabilities who are 11 and over**
- One relay team per event
- Three individual entries per event for the 400 free, 400 IM, and 800/1500 free, events
- Unlimited individual entries per event for all other individual events

Each swimmer is limited to:

- Six (6) individual events (entered) for the meet
- Three (3) individual events (entered) per day.

NO LATE ENTRIES – NO SUBSTITUTIONS

-

Entries for swimmers with disabilities should be submitted on the attached entry form indicating preference for seeding, and highlighted on the hard copy of the LSC's meet entry.

Classification of a swimmer with a disability is irrelevant.

It is the responsibility of the swimmer, or his/her coach, to inform the Meet Referee of any disability-related accommodations he/she may need to compete. **This information must be given in advance of the meet.** The Meet Referee shall inquire about the swimmer's needs and determine any modifications that may be required. This information shall be relayed to the starter and stroke and turn judges. Visually impaired swimmers who require tappers must bring their own devices and individuals to use them. The Meet Referee may reassign the lane of a deaf swimmer if a required view of the strobe light is obscured, and the light cannot be repositioned.

The meet referee shall determine an appropriate method of seeding the athlete into events.

It is the responsibility of the USA Swimming Disability Swimming Chair to provide the Meet Referee with current American Records for swimmers with disabilities. It is the swimmer's responsibility to complete and submit an application for an American Record should one be set.

AGE:

As of August 2, 2005

SEEDING:

Only long course (50 meter) times will be accepted for the purpose of seeding. **Tuesday afternoon's events will be deck-seeded timed finals with positive check-in required by 10:00 am at the General Meeting.** **NOTE 800/1500 All ages will be swum together and scored separately.** The heats in each event will be swum fastest to slowest, alternating women and men.

SCRATCHES:

1. No penalty for scratches in preliminaries.
2. Deck seeded events: Swimmers who are checked in and fail to compete will be barred from their next individual event.
3. Finals: Swimmers who qualify for the finals and then fail to declare their intention to scratch to the Clerk of Course within thirty (30) minutes of the announcement of the Finalists for that event, and then fail to scratch within thirty (30) minutes of their last event of that session and then fail to compete in the event in the finals will be barred from **ALL** subsequent competition in the meet. (Exception: The Meet Referee may allow a swimmer to compete further if based on his judgment, the swimmer was ill or the reason for missing the final was beyond the control of the swimmer.)

RELAYS:

All relays will be swum in the evening session as timed finals. Relay cards will filled out at the meet and turned in as specified by the Meet Referee in the General Meeting.

ENTRIES:

1. Electronic entries are required using Hy-Tek Team manager software.
2. A Team Manager meet events files will be posted for download on the Southern Zone web site by June 1, 2005.
3. You must include each swimmer's USA Swimming number and home club code.
4. Email entries to: **entries4meets@yahoo.com**
5. E-mail confirmation will be sent confirming receipt of the entries. Corrupt, unreadable or incorrectly formatted files must be retransmitted with twenty-four (24) hours of the entry deadline. Errors in entries submitted electronically are the responsibility of the applicant.
6. **A copy of the LSC's official selection procedure must be hand delivered to the Meet Director at the General Meeting.**

ENTRY FEES:

\$7.50 per individual event -- \$10.00 per relay

Please make checks payable to: **Houston Cougars**

All entry fees are to be hand delivered and paid in full to the meet director prior to the conclusion of the general meeting on the first day of competition.

ENTRY DEADLINE:

All entries must be emailed (SDIF or commlink files only **not free text**)) must be received no later than 12 Midnight Central Daylight Savings Time on Sunday, July 31, 2005. No other form of entry will be accepted. It is the responsibility of each LSC to contact the voice confirmation number after emailing their entries to ensure that the entries have been properly received. The e-mail must arrive by entry deadline for the meet.

Voice Confirmation: 281.589.8913

Electronic Entries: entries4meets@yahoo.com

CODE OF CONDUCT:

All athletes and coaches are required to sign the enclosed Code of Conduct in order to participate in the meet. Forms must be returned to the Meet Director at registration or at the general meeting.

AWARDS:

Individual events: 1st – 8th place medals

Relays: 1st – 3rd place medals

Combined team championship: 1st Place Team Banner and 50 T-shirts
2nd & 3rd Plaque/ Trophy

Age Group Championship 1st Women 1st Men each age group Banner

All awards will be given the day the events are swum. The awards schedule will be presented by the Meet Referee at the general meeting. There will be an awards ceremony after each set of events (example: All Female/Male 200 Freestyles). A Coach from the LSC of the winning athlete/team will present the awards for that event.

SCORING:

Individual events: 9-7-6-5-4-3-2-1

Relays: 18-14-12-10-8-6-4-2

CREDENTIAL TAGS:

Credential tags must be picked up at the registration desk. The registration desk will be open from 3:30-7:00 PM on Monday August 1 and from 9:30 AM to 12:30 PM on Tuesday August 2, 2005.

Replacement credential tags will be \$10.00.

Credential tags must be presented to enter the pool deck area. All meet personnel and USA Swimming registered coaches, officials and participating swimmers will be issued credential tags. No team photographers will receive credential tags. Credential tags for media personnel must be arranged for in advance with the meet director.

SPECIAL AWARDS:

CHARLENE CRADDOCK SPORTSMANSHIP AWARD: A banner and 50 swim caps will be awarded to the team who exhibits the highest level of sportsmanship throughout the meet. The winner will be decided by a vote during the last session of the competition. Each LSC, the Meet Director, Head Referee, and Chief Starter will be entitled to one vote. A minimum of nine (9) votes will be required for selection.

MEDICAL RELEASES:

Southern Zone and the meet host recommend that each LSC Head coach carry medical releases for their athletes.

CAPTAINS:

Each LSC is required to designate at least one (1) and no more than three (3) athletes as captains. One captain must attend the pre-meet general meeting.

GENERAL MEETING:

There will be a mandatory meeting for all Head Coaches and at least one Captain from each team on Tuesday, August 2, 2005, at 10:00 am at University of Houston Campus Recreation and Wellness Center. The location of the meeting will be posted at the Wellness Center main entrance.

CONCESSIONS:

Basic concessions will be available. (Paws n Go C store and Smoothie King)

MEET COMMITTEE:

The Meet Director and Southern Zone Age Group Chairman will appoint a Meet Committee. It will consist of the Meet Referee, three coaches and two athletes from 5 different LSC's. This committee will have jurisdiction over technical protests with the exception of the officials' judgment calls. The committee will follow the USA Swimming Rules and Regulations and the Southern Zone Age Group Swimming Championship Meet Handbook and the Meet Information Letter at all times.

SANCTION AND LIABILITY:

This meet is held under the sanction of USA Swimming, Inc. and Gulf Swimming, Inc. The sanction number is GULC 05-001. No entry will be accepted unless the entrant is registered with USA Swimming, Inc. and the LSC they represent. The complete USA Swimming registration number for each swimmer must accompany their entry. In granting this sanction, it is understood and agreed that USA Swimming, Inc., Gulf Swimming, Inc., the University of Houston The University of Houston Women's Swimming Team and The University of Houston Campus Recreation and Wellness Center staff, and all meet officials shall be free from any liabilities or claims for damage arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proven, will cause the offending swimmer's LSC to be held accountable for repairs.

VISITING OFFICIALS:

The meet is approved for National Certification. It is requested that each LSC, provide at least one official for all sessions of the meet. Please contact the meet referee: (TBA). The uniform for all preliminary sessions will be white shirt over blue shorts/pants/skirt as appropriate. Finals uniform will be **blue shirt over white shorts/pants/skirt as appropriate.**

DIRECTIONS AND PARKING:

The University of Houston is located in Southeast Houston adjacent to Interstate 45 just south of downtown Houston.

Directions:

I-45 Southbound Exit on Texas Spur 5 follow road to stop light at U.H. University Dr. Turn right. Turn right into parking lots 20 A and 20 C. Parking lots are across the street from the Campus Recreation and Wellness Center.

I-45 Northbound Exit Cullen. U Turn under I-45 at Cullen. Stay on the feeder road, follow road, continuing past stop light at Elgin to U. H. University Dr. Turn right. Turn right into parking lots 20 A and 20 C. Parking lots are across the street from the Campus Recreation and Wellness Center.

Parking fee Tuesday AM through Friday night is \$2.00 per day.

Parking is free on Saturday

SOCIAL:

There will be an athlete social following the timed final events on Tuesday. Details will be announced at a later time.

LANE TIMERS: It is required that each LSC take a lane assignment for timing on a rotating basis during prelims as indicated below. No LSC will appear more than four times during the sessions. Since chase starts will be used during prelims, 32 timers will be needed – 16 timers per start end.

LSC lane assignments for timers: (both ends for prelims one end for finals)

Lanes	1	2	3	4	5	6	7	8
Tues.	FG	FL	SE	GA	GU	KY	LA	MS
Wed.	NC	NT	SC	ST	WV	WT	BO	FG
Thurs.	ST	SE	GA	GU	KY	LA	MS	NC
Fri.	NT	SC	ST	WV	WT	BO	FL	GU
Sat.	FG	SE	GA	LA	MS	NC	FL	KY

SPECTATOR SEATING:

The spectator seating area can accommodate 600 occupants. Ticket sales will be on a first come-first served basis at the meet. No reserving of seating is allowed. Admission fees are as follows:

SPECTATOR ADMISSION:

All Meet passes \$20.00 Adult

\$10.00 Child/Seniors over 60

Individual session passes \$5.00 Adult

\$2.00 Child/Senior

HEAT SHEETS:

Prelims \$15.00 All days included

Finals Free with coupon in heat sheet

Finals Individual sales (no coupon) \$2.00 each day

INFORMATION:

Meet Director Linda Brenneke 281.589.8913 entries4meets@yahoo.com

Shannon Gillespy – Zone A/G Chairman

2701 N. Grapevine Mills Blvd. #1618

Grapevine, Texas 76051

972-906-0205 (H)

972-539-1591 x.19108 (O)

gillespys@LISD.net

Zone Director Coach: Duffy Dillon

email: ddillion@flacamps.com

Zone Director Non Coach: Dan Allen

d.mcalleniii@att.net

Officials Contact: TBA

WARM UP PROCEDURES

Monday, August 1, 2005

The competition pool will be available for open warm-up on Monday, August 1, 2005,
from 4:00 pm – 8:00 pm, under the following guidelines:

LANE 1 & 8 One way racing start sprints

LANE 2 – 7 General warm-up

Note: **Diving** will only be permitted in one-way sprint lanes and only from one end of the pool.

Tuesday, August 2 through Saturday, August 6, 2005

Prelims Warm-up

Lane	Group 1 Teams	Group 2 Teams
1	Florida	Florida Gold Coast
2	Border	Mississippi
3	Georgia	North Carolina
4	Kentucky	North Texas
5	Gulf	South Carolina
6	Louisiana	Southeastern
7	South Texas	West Virginia
8	West Texas	OPEN

Tuesday warm ups

12:00-12:50 pm

12:50-1:40 pm

Group 2

Group 1

Time	Wed.	Thurs.	Fri.	Sat.
7:00-7:50 am	Grp 2	Grp 1	Grp 2	Grp 1
7:50-8:40 am	Grp 1	Grp 2	Grp 1	Grp 2
4:00-4:50 pm	Grp 1	Grp 2	Grp 1	Grp 2
4:50-5:40 pm	Grp 2	Grp 1	Grp 2	Grp 1

Finals Warm-up

Wednesday – Saturday: 4:00-5:40 pm. **Open only to finalists.**

All lanes are general warm-up, circle swim, No starts.

5:00-5:45 pm

Lane 2 & 7 Racing sprints only

Lane 1 & 8 Push-Pace only

Lane 3, 4, 5, & 6 General warm-up, circle swim only

Lane	Team
1	Florida Gold Coast/Border
2	Georgia/West Virginia
3	Gulf/West Texas
4	Florida/Mississippi
5	Southeastern/South Texas
6	Louisiana/North Texas
7	South Carolina/Kentucky
8	North Carolina

It is the responsibility of each LSC to ensure that its athletes comply with the above guidelines. Each LSC shall insure that their respective warm-up period is monitored by a USA Swimming Certified Coach. Failure to do so may result in the disqualification of the offender(s).

The warm up pool will be set up with lane lines and will be available during all preliminary and final sessions for general warm-up.

SAFETY GUIDELINES:

1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
3. Coaches shall actively supervise their swimmers throughout the warm-up session.
4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
5. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
6. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
7. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks when a backstroke is waiting to start.
8. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
9. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
10. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
11. **See UH Campus Recreation and Wellness Center Pool Rules attached.**
12. Teams may bring two (2) coolers on deck.

2005 USA SWIMMING
SOUTHERN ZONE AGE GROUP CHAMPIONSHIP
AUGUST 2-6, 2005

Order of Events **Women odd # events Men even # events**

Tuesday August 2, 2005

Time Finals 2:00 PM

Event #	Age Group	Event	Event #
1	13-18	800 Free	
	13-18	1500 Free	2

Wednesday August 3, 2005

Prelims 9:00 AM

Finals 6:00 PM

Event #	Age Group	Event	Event #
3	11-12	200 Free	4
5	13-14	200 Free	6
7	15-18	200 Free	8
9	11-12	50 Breast	10
11	13-14	200 Breast	12
13	15-18	200 Breast	14
15	11-12	100 Fly	16
17	13-14	100 Fly	18
19	15-18	100 Fly	20

Thursday August 4, 2005

Prelims 9:00 AM

Finals 6:00 PM

Event #	Age Group	Event	Event #
21	15-18	200 Back	22
23	13-14	200 Back	24
25	11-12	50 Back	26
27	15-18	100 Free	28
29	13-14	100 Free	30
31	11-12	400 Free	32
33	15-18	400 IM	34
35	13-14	400 IM	36

Friday August 5, 2005

Prelims 9:00 AM

Finals 6:00 PM

Event #	Age Group	Event	Event #
37	11-12	100 Back	38
39	13-14	100 Back	40
41	15-18	100 Back	42
43	11-12	100 Breast	44
45	13-14	100 Breast	46
47	15-18	100 Breast	48
49	11-12	100 Free	50
51	13-14	400 Free	52
53	15-18	400 Free	54
55	11-12	200 Medley Relay	56
57	13-14	200 Medley Relay	58
59	15-18	200 Medley Relay	60

Saturday August 6, 2005

Prelims 9:00 AM

Finals 6:00 PM

Event #	Age Group	Event	Event #
61	11-12	200 IM	62
63	13-14	200 IM	64
65	15-18	200 IM	66
67	11-12	50 Free	68
69	13-14	50 Free	70
71	15-18	50 Free	72
73	11-12	50 Fly	74
75	13-14	200 Fly	76
77	15-18	200 Fly	78
79	11-12	200 Free Relay	80
81	13-14	200 Free Relay	82
83	15-18	200 Free Relay	84

OPEN WATER CHAMPIONSHIPS

Sunday August 7, 2005

Moody Gardens Galveston Texas

Information to follow

Hotels available for the Southern Zone Meet-2005

Number of teams invited: 15

Number of swimmers/team: 48 (w/o disability)

“coaches/team: 8

56 Average

Number of double rooms / team: 28 x 14 teams = 392 total

Proposal

	<u># Rooms</u>	<u>#Blocked</u>	<u>Cost</u>
Hilton/U of H (Gulf Swimming only) 713-741-2447	86	47	\$85
Holiday. Inn Reliant Center 713-790-1900	235	60	\$79 S/D \$85 Quad
Holiday Inn Park Plaza 713-795-8409	300	120	\$75 S/D
Hyatt-Downtown (Host) 713-646-6916	977	90	\$79
Guesthouse Inn 713-799-2436	130	60	\$59
		377 blocked	

2005 USA SWIMMING SOUTHERN ZONE CHAMPIONSHIP MEET

Swimmers with Disabilities Entry Form

Name: _____ DOB: ____/____/____ ☐ Male ☐ Female

Address: _____ USA Swimming #: _____

City: _____ State: _____ Zip: _____ Age on August 2, 2005: _____

Disability: _____ Classification (if known): _____

Swimmer/Parent E-mail Address: _____

Club: _____ Club Coach: _____ Phone: _____

Parent/Guardian's Name: _____

Phone: Day: _____ Evening: _____ Cell: _____

Emergency Contact: Name: _____ Phone: _____

Special Accommodations Needed: _____

ONLY LONG COURSE METER (LCM) TIMES WILL BE ACCEPTED FOR THE PURPOSES OF SEEDING

SEED WITH

#	<u>EVENT DESCRIPTION</u>	<u>ENTRY TIME</u>	Age Group (same age & distance)	Different Distance (same age)	Comparable Time (distance depends on entry time)
1	_____	_____	_____	_____	_____
2	_____	_____	_____	_____	_____
3	_____	_____	_____	_____	_____
4	_____	_____	_____	_____	_____
5	_____	_____	_____	_____	_____
6	_____	_____	_____	_____	_____

Please indicate the swimmer's preference regarding seeding of their entry for each event. Please note that changing age groups may change the session that the swimmer swims. Changing the distance may affect the date on which the swim occurs. Take these factors into consideration when selection the seeding procedure for each event listed below. The Meet Referee has the final decision regarding seeding procedures.

I certify that the above listed times are correct.

Signed: _____ Date: _____
Club Head Coach/Age Group Coach (REQUIRED SIGNATURE)

**USA SOUTHERN ZONE
AGE GROUP SWIMMING CHAMPIONSHIPS
CODE OF CONDUCT**

The following code is in effect throughout the 2005 USA Southern Zone Age Group Swimming Championships. Anyone who, in the opinion of the LSC Zone Meet Coaching Staff, acts in a manner that would interfere with the travel objectives listed below, will be subject to immediate return home (at the expense of the parent and/or swimmer) and other punishments including barring from future LSC trips or competition may be imposed.

- 1) The LSC may travel as a team to these meets/training sessions and everyone is expected to behave in an exemplary manner.
- 2.) The reputation of the LSC, as well as the other athletes with you, is dependent on your behavior.
- 3) The LSC Coaching Staff holds the final word on any rules, regulations or disciplinary actions.
- 4) The consumption or purchase of alcohol, smoking or chewing tobacco, or use of any other illegal drug or substance of any kind will not be allowed. In addition, any member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments and probable expulsion from the LSC Zone Team. Any swimmer suspected of such activity will appear before a review committee composed of the LSC Coaching Staff, and LSC Zone Team Captains.
- 5) At no times will male and female athletes be in the same hotel room together. This applies to your LSC Zone Team members or members of any other LSC Zone Team.
- 6) No team meetings or practices may be missed. Be punctual to all meetings and warm-up times.
- 7) No team member may be out of their room after the assigned curfew time and no one may leave their room alone.
Permission must be obtained from the LSC Coaching Staff to leave the room.
- 8) Any damages or thievery incurred at a hotel will be at the expense of the swimmers assigned to that room and further disciplinary action will be taken. No loud or boisterous behavior will be tolerated in the hallways or public areas, such behavior should be kept to a minimum in your rooms. Make all phone calls (except within the hotel) from a pay phone.
- 9) Any individual damages or thievery incurred on the trip will be at the expense of the swimmer, and further disciplinary action will be taken. Such behavior will not be tolerated.
- 10) All team members will be polite in restaurants. Leave a 15% tip (Minimum). If there is a problem with the service, see the LSC Coaching Staff.
- 11) Agree to follow these and any other rules having to do with the behavior and the LSC Zone Team, as established by the Coaching Staff and the LSC.

I recognize my responsibility to abide by the rules and requirements of the LSC Zone Team I am representing and I acknowledge that I have received and read such.

Swimmers Signature _____ Dated _____

LSC Head Coach's Signature _____ Dated _____

THE UNIVERSITY OF HOUSTON CAMPUS RECREATION AND WELLNESS CENTER (CRWC) NATATORIUM RULES

1. Seating is limited to 600 occupants in the spectator area of the facility. NO RESERVING OF SEATS IS PERMITTED. Seats will be on a first come basis only.
2. No Lawn chairs or portable seating are allowed in the facility.
3. Participants and spectators are not allowed to use other areas of complex during this event, may be in areas designated for meet only.
4. Flash photography will **not** be permitted at the start of each race.
5. Chase starts will be in effect for this meet.
6. **NO COOLERS, No glass containers, breakable containers, hard plastic toys, tobacco, alcoholic beverages or gum** are allowed within the Campus Recreation and Wellness Center Please be considerate. Throw your trash in the trash containers.
7. Only participants, coaches, event administrators and event volunteers are allowed on the pool deck. All spectators and parents must remain in the upstairs seating area.
8. Participants are not allowed to climb over the grandstand railings or pass any posted barriers.
9. There will be no shaving within the CRWC. All shaving should be completed prior to arrival at the Natatorium. Safety marshals will be monitoring the locker rooms and restrooms to enforce this policy.
10. Swimming is allowed only when the area is supervised.
11. No swimming under the bulkheads will be permitted
12. No hanging or sitting on the Lane Lines
13. Diving boards and platforms will be closed and off limits to all competitors and spectators.
14. The sauna, spa and outdoor pool areas are off limits to all competitors and spectators.
15. The University of Houston Campus Recreation and Wellness Center Natatorium staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.
16. Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergencies is prohibited.
17. **Team Banners must not exceed 5' x 8' and will be hung by event staff. No handmade signs.**
18. No balloons will be permitted in the facility.
19. No pets allowed in the center or on the pool deck.
20. Please respect the facility and clean up after your team at the conclusion of each session.



Elgin

Spur 5

Holman

University

Calhoun

Scott

Wheeler

Cullen

	Academic Instruction
	Administration/Support
	Auxiliary Services
	Housing
	System Buildings
	Wireless Access

