

Age Group Chairman Report – October 6-7, 2007

I. Age Group Information & Education

- A) The 2007 ASCA World Clinic was held September 4-9 in San Diego, California. I would strongly encourage clubs to send Age Group Coaches to this clinic despite the distance. Very few clubs have been sending age group coaches in previous years.
- B) I will be starting an e-mail group of age group coaches throughout the LSC as a way of communicating information to age group coaches and a way to discuss improvement in our LSC's age group development. Please make sure that you add your age group coaches to the list that will be passed around in the meeting.
- C) Upcoming Clinics - Eastern States Clinic – October 20-21 Cherry Hill, NJ (ASCA courses will be offered on October 18-19) – will feature swimmers Katie Hoff and Maddy Crippen as well as coaches David Marsh, Mark Schubert, Eddie Reese, and Paul Yetter.
- D) We are approaching an Olympic year and, as we all know, competitive swimming will receive much more exposure to the general public than in other years. We should be planning now on how to capitalize on this opportunity. USA Swimming's "We Want You On Our Team" recruitment program is a way to help recruit children into competitive swimming clubs. The packet includes some great ideas and marketing materials to bring more swimmers into the sport and your club. For more information, visit the following link:
<http://www.usaswimming.org/USASWeb/ViewMiscArticle.aspx?TabId=729&Alias=Rainbow&Lang=en&mid=1644&ItemId=1762>

II. Southern Zone All Star Meet

- A) 2007 Southern Zone Meet
Meet was held July 31-August 4 at the University of Houston. Coaching Staff - Matt Webber (BSL) was Head Coach. Brett Tannhauser (PACK), Hannah Haggard (SAC), Robbie Dellinger (AUB), and Cammy Crossen (MTS) were assistant coaches. A report from the 2007 SES Zone Meet is listed below.
- B) 2008 Southern Zone Meet
Meet will be held at Georgia Tech. The pool is a 10 lane facility that was used to host the meet in 2006. Dates are still to be determined. Meet will either be July 29-August 2 or August 5-9. The Zone Meet Committee strongly recommends the July 29-August 2 date.

III. SES Records

- A) Report of New Records from 2007 LCM Season - Below are listed the 23 new LSC Records set in the 2007 LCM season (19 individual; 4 relay). We have been working on updating the SES Records, and adding specific dates and meet names. Please look over the records and if you have any additional information regarding where or when some of these records were set, please let myself know.
- B) Record Clarification - There are an additional three individual records that must be accepted by Southeastern Swimming before they can be listed. I am recommending that the Technical Planning Committee and the House of Delegates consider proposals to help clarify what constitutes a SES LSC Record as there are many grey areas and vague interpretations.

IV. 8 & Under Time Standards Proposal

As I discussed last Fall, I have looked over the 8 & Under Time Standards that we have been using and I am recommending a change. I am not huge on 8&U standards, but if we have some posted on the website, they should at least be a little more representative of progression. The new standards shall be the same for Boys and Girls, and follow the pattern of 10&U events on USA-S Motivational Times Chart. Times were developed predominantly by comparisons using Hy-Tek Age Group Power Points to achieve similar level performance at the AAAA, AAA, AA, A, BB, and B level between 8&U and 10&U. This is a proposal to be voted on during Technical Planning. (New and Old Standards are listed below).

Proposed 8 & Under Time Standards

8 & Under Short Course Yards (Same Standards for Girls & Boys)

Event	AAAA	AAA	AA	A	BB	B
25 Free	14.89	15.79	16.79	17.89	20.59	24.49
50 Free	33.89	35.69	38.09	41.29	46.49	53.09
100 Free	1:16.99	1:21.39	1:26.89	1:32.69	1:46.09	2:02.59
25 Back	17.49	18.49	19.79	20.99	23.59	27.89
50 Back	40.29	42.99	45.79	48.79	55.09	1:04.99
25 Breast	19.89	21.49	22.69	24.09	26.89	30.69
50 Breast	45.99	48.39	51.99	55.39	1:04.79	1:14.49
25 Fly	16.59	17.69	18.79	20.09	23.19	27.29
50 Fly	39.09	41.99	44.59	47.99	53.79	1:03.49
100 IM	1:28.29	1:33.49	1:39.19	1:46.09	2:02.99	2:19.99

8 & Under Long Course Meters (Same Standards for Girls & Boys)

Event	AAAA	AAA	AA	A	BB	B
50 Free	39.09	41.99	45.09	48.29	55.49	1:05.09
100 Free	1:26.99	1:32.69	1:38.89	1:45.29	2:01.49	2:21.09
50 Back	46.19	48.99	51.59	55.09	1:02.29	1:12.99
50 Breast	51.29	54.39	58.39	1:02.99	1:11.89	1:22.79
50 Fly	44.79	47.49	50.39	53.99	1:01.89	1:12.79

Current Southeastern Swimming 8 & Under Time Standards

Current Time Standards - 8 & Under Short Course Yards – Girls (L) Boys (R)

"B"	"A"		"A"	"B"
21.6	18.0	25 Free	17.6	21.1
48.0	40.0	50 Free	39.8	47.7
1:35.0	1:24.0	100 Free	1:23.6	1:34.6
27.2	22.7	25 Back	21.9	26.2
59.2	49.4	50 Back	47.8	57.3
27.2	22.7	25 Fly	21.9	26.2
59.2	49.4	50 Fly	47.8	57.3
28.2	23.5	25 Breast	23.1	27.7
1:01.2	51.0	50 Breast	50.2	1:00.2
1:53.0	1:42.0	100 IM	1:39.8	1:50.0

Current Time Standards - 8 & Under Long Course Meters – Girls (L) Boys (R)

"B"	"A"		"A"	"B"
52.0	44.0	50 Free	43.0	52.3
1:41.6	1:32.4	100 Free	1:31.9	1:41.0
1:05.1	54.3	50 Back	52.5	1:03.0
1:05.1	54.3	50 Fly	52.5	1:03.0
1:07.3	56.1	50 Breast	55.2	1:06.2

2007 Southern Zone Meet Report

Team Scores:

Combined

Florida	785
Southeastern	601
Georgia & NC (tie)	517

Girls

Florida	478
Georgia	303
Southeastern	282

Boys

North Carolina	322
Southeastern	319
Florida	307

Age Group Team Champions

11-12 G – Florida (SES 6th); 11-12 B – Georgia (SES 4th); 13-14 G – Florida (SES 4th); 13-14 B – North Carolina (SES 2nd); 15-18 G – **Southeastern**; 15-18 B – Florida (SES 2nd)

Meet Highlights:

- Swimmers Laurel Chaney (Pilot-Knoxville) and Jenny VonJouanne (Madison) each qualified for the ConocoPhillips National Championships. Laurel qualified in the 100 meter Backstroke and Jenny qualified in the 50 meter Freestyle.
- Southeastern Swimming Team Members broke eight Southern Zone Meet Records:
 - Arden Pitman (BAY) 13-14 Girls 100 meter Backstroke 1:05.89
 - old record 1:05.99 set by Lauren Harrington SES in 2006
 - Arden Pitman (BAY) 13-14 Girls 200 meter Backstroke 2:20.93
 - old record 2:21.62 set by Lauren Harrington SES in 2006
 - Tyler Kaliszak (H.S.A.) 13-14 Boys 100 meter Breaststroke 1:07.55
 - old record 1:07.63 set by Dillon Connelly GA in 2003
 - Jenny VonJouanne (MSA) 15-18 Girls 50 meter Freestyle 26.82
 - old record 26.84 set by Natasha Moodie FGC in 2006
 - Laurel Chaney (PACK) 15-18 Girls 100 meter Backstroke 1:05.36
 - old record 1:05.88 set by Courtney Patterson NT in 2001
 - 15-18 Girls 200 meter Freestyle Relay 1:48.55 (VonJouanne, Pitman, List, Chaney)
 - old record 1:48.57 set by FGC in 2006
 - 15-18 Girls 200 meter Medley Relay 2:01.03 (Chaney, Goss, Watson, VonJouanne)
 - old record 2:01.12 set by FGC in 2005
 - T.J. Leon (CMSA) 15-18 Boys 100 meter Butterfly 56.36
 - old record 56.67 set by Gil Stovall SE in 2002
- Kyle Simpson (TNT) swam to the Top Time in the USA for 11-12 Boys 100 Fly (1:03.10).
- The following swimmers qualified for Junior Nationals:
Laurel Chaney – 100 Back, 200 Back; Bo Fethe – 100 Breast, 200 Breast; Cameron Higdon – 200 Free, 400 IM; Dakota Hodgson – 100 Fly, 200 Fly, 400 IM; Tyler Kaliszak – 100 Breast; Forrest Leary – 200 Free, 100 Fly; T.J. Leon – 50 Free, 100 Free, 100 Fly; Megan Molnar – 100 Breast; Arden Pitman – 100 Back, 200 Back; Sloane Pitman – 50 Free; Brett Roberson – 200 Breast; Spencer Rowe – 200 Breast; Sean Ryan – 1500 Free; Jenny VonJouanne – 50 Free; Alex Ward – 100 Back, 100 Fly, 200 Fly; Brooke Watson – 100 Fly, 200 Fly
- 2007 Southern Zone Event Champions:
Arden Pitman (13-14 Girls) – 100 Back, 200 Back; Megan Molnar (13-14 Girls) – 100 Breast; Jenny VonJouanne (15-18 Girls) – 50 Free; Laurel Chaney (15-18 Girls) – 100 Back, 200 Back; Brooke Watson (15-18 Girls) – 100 Fly; Kyle Simpson (11-12 Boys) – 100 Fly; Tyler Kaliszak (13-14 Boys) – 100 Breast; Spencer Rowe (13-14 Boys) – 200 Breast; Sean Ryan (13-14 Boys) – 400 Free, 1500 Free; T.J. Leon (15-18 Boys) – 100 Fly; 13-14 Girls 200 Medley Relay (Pitman, Molnar, Chapman, Darby); 15-18 Girls 200 Free Relay (VonJouanne, Pitman, List, Chaney); 15-18 Girls 200 Medley Relay (Chaney, Goss, Watson, VonJouanne); 15-18 Boys 200 Medley Relay (Housden, Fethe, Hodgson, Leon)

2007 Southeastern Swimming Zone All Star Team Representation:

11 – PACK / 7 - BAY, NAC / 4 – MTS / 3 – XCEL / 2 - BSL, GPAC, MSA; 1 - AUB, BASA, CMSA, CSWM, GST, H.SA, MCAL, MTAC, SCAC, SAC, TNT

2007 Southeastern Swimming Zone All Star Team Captains:

Boys - Forrest Leary – MTAC & Cameron Higdon – PACK

Girls - Erin Simpson – BAY & Brooke Watson - MTS

New Southeastern LSC Records in 2007 LCM Season

INDIVIDUAL EVENTS

- 1) 8&U Girls 50 meter Butterfly – 36.54 by Annie Kyriakidis (MTSC) at the SES LCM Meet 7/22/07
- old record 36.78 by Lee Ann Gathings (SCS) in 1987
- 2) 8&U Boys 50 meter Freestyle – 32.52 by Jackson DeFore (NAC) at the SES LCM Meet 7/21/2007
- old record 33.20 by Mark Matzek (KSA) in 1976
- 3) 8&U Boys 50 meter Backstroke – 38.32 by Jackson DeFore (NAC) at the SES LCM Meet 7/22/2007
- old record 38.38 by Brooks Stovall (MTS) in 1996
- 4) 10&U Boys 50 meter Freestyle – 29.35 by Chatham Dobbs (NAC) at the SES LCM Meet 7/21/2007
- old record 29.75 by Mark Matzek (KSA) in 1978
- 5) 13-14 Girls 100 meter Butterfly – 1:01.94 by Lauren Harrington (MTS) at Nationals 8/2/2007
- old record 1:02.48 by Lauren Harrington (MTS) in 2006
- 6) 13-14 Boys 100 meter Breaststroke – 1:06.76 by Tyler Kaliszak (H.S.A.) at the SES LCM Meet 7/20/2007
- old record 1:07.02 by Tait Jones (MTS) in 1996
- 7) 15-16 Boys 100 meter Backstroke – 58.40 by Reece Shirey (SST) at Sectionals 7/13/2007
- old record 58.57 by Alan Maher (NAC) in 2004
- 8) 17-18 Boys 200 meter Individual Medley – 2:04.00 by Andrew Mitchell (NAC) at Nationals 8/4/2007
- old record 2:04.96 by Gil Stovall (MTS) in 2004
- 9) 17-18 Boys 400 meter Individual Medley – 4:24.43 by Andrew Mitchell (NAC) at Nationals 8/4/2007
- old record 4:26.20 by Ryan Bishop (GCAC) in 2003
- 10) Open Girls 200 meter Freestyle – 2:00.03 by Ava Ohlgren (AU) at the Pan Am Games 7/20/2007
- old record 2:00.54 by Rada Owen (AUB) in 2000
- 11) Open Girls 800 meter Freestyle – 8:26.41 by Hayley Piersol (AU) at the FINA World Champs 3/31/2007
- old record 8:34.16 by Andrea Hayes (GPAC) in 1987
- 12) Open Girls 1500 meter Freestyle – 16:02.82 by Hayley Piersol (AU) at the FINA World Champs 3/27/2007
- old record 16:18.47 by Michelle Ford I(NAC) in 1980
- 13) Open Girls 100 meter Backstroke – 1:00.66 by Margaret Hoelzer (AUB) at the Duel in the Pool 4/3/2007
- old record 1:01.93 by Margaret Hoelzer (AUB) in 2006
- 14) Open Girls 200 meter Backstroke – 2:07.16 by Margaret Hoelzer (AUB) at the World Champs 3/31/2007
- old record 2:09.42 by Margaret Hoelzer (AUB) in 2006
- 15) Open Girls 100 meter Butterfly – 58.76 by Christine Magnuson (TENN) at Nationals 8/2/2007
- old record 59.01 by Demerae Christianson (AUB) in 2004
- 16) Open Boys 1500 meter Freestyle – 15:29.57 by Mark Randall (UN) at the Janet Evans Invite 7/18/2007
- old record 15:29.85 by Shaun Phillips (NAC) in 2006
- 17) Open Boys 100 meter Backstroke – 55.14 by James Wike (AUB) at Nationals 8/3/2007
- old record 55.17 by Bryce Hunt (AUB) in 2004
- 18) Open Boys 100 meter Breaststroke – 1:00.63 by Mark Gangloff (UN) at the Duel in the Pool 4/3/2007
- old record 1:00.77 by Jeremy Linn (UT) in 1996
- 19) Open Boys 200 meter Breaststroke – 2:13.15 by Andrew Bree (TENN) at Nationals 7/31/2007
- old record 2:13.99 by Mark Gangloff (AUB) in 2004

RELAYS

- 1) 17-18 Boys 800 meter Freestyle Relay – 7:45.04 by Nashville Aquatic Club (Andrew Mitchell, Hayes Johnson, Curtis Lovelace, Jordan Slaughter) at the National Championships 8/2/2007
- old record 8:01.17 by Pensacola Junior College in 1983
- 2) 17-18 Boys 400 meter Medley Relay – 3:52.36 by Nashville Aquatic Club (Hayes Johnson, Curtis Lovelace, Jordan Slaughter, Andrew Mitchell) at the National Championships 8/4/2007
- old record 4:00.38 by Baylor Swim Club in 1979
- 3) Open Girls 200 meter Freestyle Relay – 1:52.63 by Baylor Swim Club (Sloane Pitman, Allison Lusk, Lizzy Ketterer, Sarah List) at the Baylor Bullfrog Meet 7/7/2007
- old record 1:53.10 by Pilot Knoxville in 2004
- 4) Open Girls 200 meter Medley Relay – 2:05.59 by Baylor Swim Club (Sarah List, Allison Lusk, Erin Simpson, Sloane Pitman) at the Baylor Bullfrog Meet 7/6/2007
- old record 2:06.39 by Nashville Aquatic Club in 1996

RECORDS UNDER REVIEW

- 1) Open Boys 50 meter Freestyle – Cesar Cielo (AU) 21.84 at Pan Am Games 7/22/2007
- 2) Open Boys 100 meter Freestyle – Cesar Cielo (UN) 48.51 at World Championships 3/25/2007
- 3) Open Boys 100 meter Butterfly – Matt Targett (AU) 52.34 at Pan Pacific Invitational 6/23/2007

2007 Southeastern LCM Meet Team High Point Awards:

Age Group	Girls Champion	Boys Champion
10&Under	Nashville Aquatic Club	XCEL Aquatics
11-12	Greater Pensacola AC	Nashville Aquatic Club
13-14	Memphis Tiger	Nashville Aquatic Club
Senior	Nashville Aquatic Club	Pilot-Knoxville

2007 Southeastern LCM Meet Individual High Point Awards:

Age Group	Girls Champion	Boys Champion
10&Under	Kristen Myers (SCAC)	Chatham Dobbs (NAC)
11-12	Zoe MacFarlane (GPAC)	Kyle Simpson (TNT)
13-14	Arden Pitman (BAY)	Tyler Kaliszak (H.S.A.)
Senior	Sloane Pitman (BAY)	Chris Kelly (PACK)

USA-Swimming IMXtreme Program - SES Age Group Report

Report of SES Age Group (14&U) swimmers in National Top 50 as of 8/16/07

Age Group	2007 (as of 8/16)	2006 Final	Difference
9&U Girls	2	2	-0-
9&U Boys	2	1	+1
10 Girls	1	1	-0-
10 Boys	1	0	+1
11 Girls	2	2	-0-
11 Boys	1	1	-0-
12 Girls	1	3	-2
12 Boys	1	2	-1
13 Girls	2	0	+2
13 Boys	1	1	-0-
14 Girls	0	1	-1
14 Boys	0	3	-3
TOTALS	14	17	-3

USA-Swimming IMXtreme Program

SES Top 3 IMX Scores - As of 8/16/07 (swimmers in bold ranked Top 50 in USA)

9&U Girls (24)		
Katrina Chapman	BSL	4064
Emma Strom	ECS	4018
Alexandra McNamara	CLUB	3334
10 Girls (31)		
Kristen Myers	SCAC	3870
Sophie Pilkinton	NAC	3397
Ashley Darby	PACK	3349
11 Girls (42)		
Taylor Roswall	BASA	3776
Caroline Page	GPAC	3573
McKenzie Killian	BASA	3310
12 Girls (154)		
Zoe MacFarlane	GPAC	3680
Mallory Mathias	BSL	3468
Taylor Roswall	BASA	3371
13 Girls (14)		
Taylor Melton	MTS	4463
Angelica Chapman	BSL	4396
Sarah Allen Ray	NAC	3549

9&U Boys (14)		
Derek Sander	MSA	3620
Macon Graves	H.S.A.	3545
Zachary Harting	MSA	3460
10 Boys (21)		
Chandler Espy	H.S.A.	3755
Abel Kim	MTS	3113
Sean Nicholson	ACAC	2833
11 Boys (24)		
Alex Goss	NAC	3659
Scott Taylor	MVA	3345
Chandler Hinson	H.S.A.	3205
12 Boys (31)		
Kyle Simpson	TNT	3820
Pace Clark	GST	3183
Logan Gurtowsky	GPAC	3025
13 Boys (5)		
Raymond Burch	GPAC	4250
Ryan Funk	GPAC	3848
Joseph Spencer	PACK	2747

14 Girls (11)		
Arden Pitman	BAY	4020
Hannah Pinion	PACK	3862
Stephanie Steiner	NAC	3510
15 Girls (6)		
Audrey Brown	PACK	3941
Christine Parsons	MAV	2846
Kristen Degges	ACAC	2398
16 Girls (5)		
Haley Nicholson	GPAC	3973
Leah Thornton	HBT	3950
Alexandra Pierce	NAC	3913
17 Girls (2)		
Aileen Atzhorn	CLUB	3576
Pryce Scarborough	BAY	3348
18 Girls (1)		
Julia Jones	CMSA	3111

14 Boys (13)		
Spencer Rowe	BAY	4052
Sam Sloan	NAC	3989
John Paul Gaylor	PACK	3631
15 Boys (14)		
Woody Joye	MYB	4851
Spencer Kerns	CMSA	4142
Taylor Wilson	BSC	3532
16 Boys (4)		
Kyle Owens	BSC	4693
Brett Roberson	BAY	4061
Brian Moran	CAT	1586
17 Boys (2)		
Taylor Camp	NAC	3211
Richard O'Donnell	PCST	2494
18 Boys (3)		
Beau Brothers	PCST	2978
Richard O'Donnell	PCST	2633
Abram Miller	BLST	2488

USA-Swimming Virtual Club Championships Program 2007 Long Course Meters – Full Team Rankings (as of 8/19/07)

Nat'l	LSC	Score	Team Name
25	1	197,327	Nashville Aquatic Club
34	2	184,573	Pilot Aquatic Club - Knoxville
72	3	148,828	Excel Aquatics
104	4	135,944	Birmingham Swim League
231	5	99,652	Memphis Thunder Aquatic Club
258	6	94,743	Memphis Tiger Swim Club
260	7	94,489	Greater Pensacola Aquatic Club
275	8	92,847	Baylor Swim Club
286	9	90,614	Huntsville Swim Association
437	10	67,210	Scenic City Aquatic Club
490	11	61,618	Panama City Swim Team
492	12	61,475	City of Mobile Swim Association
616	13	50,102	Blount Area Swim Team
642	14	48,188	Atomic City Aquatic Club
683	15	45,461	Auburn Aquatics
698	16	44,458	Bluewater Barracudas Swim Team
708	17	43,446	Hoover Blue Thunder
732	18	42,033	Baldwin Mobile Aquatic Club
733	19	41,798	Barracuda Swim Club
744	20	41,404	Madison Swimming Association
751	21	41,016	Club Makos
759	22	40,743	Montgomery YMCA Barracudas
797	23	38,671	Germantown Center Swim Team
814	24	37,696	Crimson Tide Aquatic
855	25	35,528	Bartlett Extreme Swim Team
864	26	35,099	Sevier Aquatics Club
896	27	33,149	TNT Swimming, Inc
1005	28	27,474	Auburn University Swim Team

1027	29	26,697	Bristol Area Swim Association
1048	30	25,652	Emerald Coast Swimming
1128	31	22,685	Maverick Aquatics
1193	32	20,033	Magic City Aquatic League
1212	33	19,458	Union University Swim Club
1290	34	16,708	Collierville Swimming
1337	35	15,312	Middle Tennessee Swim Club
1386	36	14,137	Cleveland Aqua Tigers
1387	37	14,120	Sheffield Swim Team
1492	38	11,396	Tullahoma Swim Club
1600	39	9,196	Dothan Dolphins Swim Team
1782	40	6,098	Mountain Valley Aquatics
1801	41	5,779	Prattville Swim League of the YMCA
1817	42	5,516	Florence Alabama Swim Team
1883	43	4,333	Seals Swim Club
1936	44	3,487	Anniston Ymca Tiger Sharks
1984	45	2,671	Aqua Jets Aquatic Club
1987	46	2,618	University Of Alabama
2074	47	1,612	Auburn Tiger Swim Camp
2112	48	1,072	Phase One Smyrna Team
2185	49	5	Pensacola Navy Youth Swim Team

Highest Point Totals by Age Group (within LSC) - 2007 LCM & Comparison

2007 LCM		
Age Group	Highest Total	Points
11 Girls	NAC	9876
11 Boys	XCEL	10329
12 Girls	NAC	9808
12 Boys	NAC	9848
13 Girls	NAC	16038
13 Boys	XCEL	12222
14 Girls	XCEL	16151
14 Boys	NAC	16036

2006 LCM		
Age Group	Highest Total	Points
11 Girls	BSL	9090
11 Boys	PACK	9257
12 Girls	MTS	9894
12 Boys	GPAC	8428
13 Girls	NAC	15635
13 Boys	PACK	11562
14 Girls	NAC	17867
14 Boys	NAC	17661

SES Age Group Representation in USA-Swimming Top 16 List

2007 LCM Individual Events Preview List (as of 8/16/07)

54 Total Swims in Top 16 (21 swimmers)

Age Group	Swims In Top 16	Description
10&U G	2	<u>A. Darby (PACK)</u> - 400 Free (16) <u>K. Myers (SCAC)</u> - 50 Fly (13)
10&U B	15	<u>C. Dobbs (NAC)</u> - 50 Free (2), 100 Free (3), 50 Back (7), 100 Back (10), 50 Fly (3), 100 Fly (6), 200 IM (3) <u>J. Carbone (XCEL)</u> - 50 Free (15), 100 Free (11), 50 Back (9), 200 IM (5) <u>C. Espy (H.S.A.)</u> - 400 Free (14), 50 Back (10), 50 Fly (16) <u>E. Browne (XCEL)</u> - 100 Breast (11)
11-12 G	4	<u>M. Mathias (BSL)</u> - 400 Free (12), 800 Free (9), 1500 Free (1) <u>Z. MacFarlane (GPAC)</u> - 100 Back (16)
11-12 B	6	<u>K. Simpson (TNT)</u> - 50 Back (14), 100 Back (12), 200 Back (10), 50 Fly (11), 100 Fly (1) <u>P. Clark (GST)</u> - 1500 Free (10)
13-14 G	11	<u>L. Harrington (MTS)</u> - 50 Free (3), 100 Free (7), 200 Free (16), 100 Back (5), 200 Back (15), 100 Fly (3), 200 Fly (16) <u>A. Lusk (BAY)</u> - 200 Breast (16) <u>M. Molnar (AUB)</u> - 100 Breast (11) <u>A. Pitman (BAY)</u> - 100 Back (15), 200 Back (12)
13-14 B	16	<u>G. Wong (MSA)</u> - 50 Free (5), 100 Free (6)

		<u>S. Ryan (SCAC)</u> – 200 Free (11), 400 Free (8), 800 Free (16), 1500 Free (5) <u>T. Kaliszak (H.S.A.)</u> – 100 Free (15), 100 Breast (3), 200 Breast (9), 200 IM (9) <u>S. Rowe (BAY)</u> – 100 Breast (10), 200 Breast (3) <u>J.P. Gaylor (PACK)</u> – 800 Free (9), 1500 Free (10) <u>C. Lovelace (NAC)</u> – 200 Breast (11) <u>H. Baker (PACK)</u> – 100 Fly (12)
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2006 LCM Individual Events Final List

35 Total Swims in Top 16 (16 swimmers)

Age Group	Swims in Top 16	Description
10&U Girls	3	<u>C. Page (GPAC)</u> – 50 Back (15), 100 Back (11) <u>T. Roswall (BASA)</u> – 50 Fly (14)
10&U Boys	2	<u>A. Goss (NAC)</u> – 50 Breast (4), 100 Breast (2)
11-12 Girls	5	<u>J. Darby (UN)</u> – 50 Free (10), 100 Back (14) <u>A. Chapman (HBT)</u> – 50 Back (11), 50 Fly (4), 100 Fly (6)
11-12 Boys	1	<u>M. Zuppa (SCAC)</u> – 50 Fly (16)
13-14 Girls	8	<u>L. Harrington (MTS)</u> – 50 Free (10), 100 Back (12), 200 Back (13), 100 Fly (5) <u>C. Reeves (NAC)</u> – 100 Breast (6) <u>A. Lusk (BAY)</u> – 100 Breast (12), 200 Breast (5) <u>R. White (HBT)</u> – 100 Fly (14)
13-14 Boys	16	<u>T.J. Leon (CMSA)</u> – 50 Free (5), 100 Free (4), 100 Fly (10) <u>G. Wong (MSA)</u> – 100 Free (12), 100 Breast (7) <u>W. Joye (MYB)</u> – 200 Free (12), 400 Free (10), 1500 Free (14), 200 Back (16), 200 IM (15) <u>M. Sheppard (MTAC)</u> – 100 Back (4), 200 Back (3) <u>A. Ward (PACK)</u> – 100 Fly (1), 200 Fly (4) <u>D. Hodgson (NAC)</u> – 100 Fly (6), 200 Fly (6)