

My name is Aimee Middleton. I am 15-year-old and this is my tenth year swimming with Auburn Aquatics in Auburn, Alabama. I have literally grown up in Southeastern Swimming. This has given me the opportunity to meet and know many swimmers, parents and coaches from all over our LSC.

This is my freshman year in high school, and my first year being enrolled in Ballard Christian School, which is a home school cooperative. I am a straight A student, and this year, I am an editor for my school's yearbook. Part of being on the yearbook committee is selling ads to local businesses. This has been a great experience for me, because it has taught me to be poised and to express myself easily with people I do not know.

I would say that I am an outgoing person. I enjoy meeting new people, and making new friends. I am comfortable talking to anybody. I am also, definitely, a go-getter. By nature, I am very organized. I like to get the "job" done. This year my coach, Jeff Dellinger, has taught me a lot about being a leader both in and out of the pool. I think that these skills, along with my communication abilities, are essential assets to being an athlete representative/delegate for Southeastern Swimming.