



Southeastern Swimming Starter Certification

APPRENTICE'S NAME/LSC/TEAM		
STARTER CERTIFICATION REQUIREMENTS		
	USA Swimming Non-Athlete Official Member	Must be current in these Three requirements to perform on-deck training
	Athlete Protection Training (APT) required annually	
	Background Check (BGC) required every two years	
	After Stroke & Turn Judge Certification, serve for 3 months and work at least 4 sessions at a minimum of 2 meets	
	Pass Starter Certification Course and Assessment	
	Apprentice as Starter for at least 4 training sessions total, over 2 meets with 2 trainers. Trainer can be the Deck Referee.	
	Certification must be complete within 1 year of the Starter Certification Course completion.	
	Return completed Apprentice Certification Form to your Area Representative	
STARTER RECERTIFICATION EVERY 3 YEARS		
	Be a current Official member of USA Swimming in good standing.	
	Work a minimum of 8 sessions, within a 3-year period, at a minimum of 2 different meets in Starter or higher capacity.	
	Pass USA Swimming Certification Course and Assessment for your highest level of certification	
	Satisfactory performance.	
DEFINITIONS		
Certifier: An official designated by the LSC OC to certify training is complete (Area Representative)		
Certification: Starter able to officiate at all LSC meets.		
Clinic: Formal training in person or online training recorded in Officials Tracking System (OTS). For the purpose of certification, only the online certification and assessment course meets the clinic requirement.		
Satisfactory Performance: Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.		
Sessions: At USA Swimming sanctioned or approved meets, recorded in OTS.		
Trainer: Designated by the Referee at a meet or LSC OC, and official who has been USA Swimming certified in the position for 1+ year. If a 1+ year experienced official is not on deck, the Referee may select the most experienced certified official(s) to be a trainer(s).		
Training Sessions: Meet sessions that include stroke and/or relays. Sessions shall be recorded in OTS. (No Observed Meets, Time Trials, or and Freestyle only sessions)		
USA Swimming Member: Completed all USAS member associated requirements before on deck apprenticeship. (Non-athlete official membership)		
TRAINING MEET INFORMATION		
Session 1	Meet Name/Date	
	Signature of MR	
Session 2	Meet Name/Date	
	Signature of MR	
Session 3	Meet Name/Date	
	Signature of MR	
Session 4	Meet Name/Date	
	Signature of MR	

Sessions				Apprenticeship Performance Requirements for Certification		
1	2	3	4	Y = Yes	N = No	ND= Not Determined
				Arrives on time, prepared with necessary personal equipment, in proper & professional attire		
				Knows the rules for starting		
				Demonstrate ability to start swimmers across a wide range of age and proficiency		
				Understands basic starting protocols and procedures (distance counting, OOF, etc.)		
				Understands how to start swimmers with disabilities		
				Demonstrates the start for a hearing-impaired swimmer		
				Demonstrates both forward and backstroke starts		
				Understands how the starting system operates		
				Establishes a comfortable starting position on deck for both forward and back starts		
				Demonstrates ability to communicate and interact with the DR (positioning, inserting swimmers, etc)		
				Prepared & in position prior to each heat; comfortable holding microphone and securing cord		
				Delivers Take Your Marks (TYM) calmly and with necessary volume		
				Shows PATIENCE before delivering TYM and starting signal		
				Understands the use of Other Commands		
				Understands and practices the False Start Protocol		
				Always gives the benefit of the doubt to the swimmer		
				Understands performance criteria as outlined in Starter Professional Document		
				Understands USA Swimming Safe Sport and MAAPP rules.		
Trainer Information and Comments						
Session 1: Trainer Name/Email:						
Comments (Optional)						
Session 2: Trainer Name/Email:						
Comments (Optional)						
Session 3: Trainer Name/Email:						
Comments (Optional)						
Session 4: Trainer Name/Email:						
Comments (Optional)						