

Southeastern Swimming Time Standards
LCM Championship Qualifying Times Worksheet

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
10 G 50 Free	37.49	37.49	nc	32	43
10 G 100 Free	1.23.19	1.23.19	nc	28	35
10 G 200 Free	2.58.69	2.58.69	nc	18	19
10 G 400 Free	6.08.59	6.08.59	nc	9	9
10 G 50 Back	44.79	44.79	nc	29	42
10 G 100 Back	1.35.69	1.35.69	nc	25	28
10 G 50 Breast	51.69	51.69	nc	29	37
10 G 100 Breast	1.52.09	1.52.09	nc	24	28
10 G 50 Fly	44.29	44.29	nc	33	37
10 G 100 Fly	1.46.49	1.46.49	nc	16	19
10 G 200 IM	3.17.69	3.17.69	nc	8	10

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
10 B 50 Free	37.89	37.89	nc	30	33
10 B 100 Free	1.25.29	1.25.29	nc	26	29
10 B 200 Free	3.01.69	3.01.69	nc	16	17
10 B 400 Free	6.35.49	6.35.49	nc	13	13
10 B 50 Back	46.59	46.59	nc	36	44
10 B 100 Back	1.40.99	1.40.99	nc	32	35
10 B 50 Breast	54.29	54.29	nc	30	34
10 B 100 Breast	1.57.99	1.57.99	nc	22	25
10 B 50 Fly	46.19	46.19	nc	19	24
10 B 100 Fly	1.50.79	1.50.79	nc	17	17
10 B 200 IM	3.33.79	3.33.79	nc	18	22

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
12 G 50 Free	31.89	31.89	nc	43	62
12 G 100 Free	1.11.09	1.11.09	nc	40	56
12 G 200 Free	2.32.49	2.32.49	nc	30	38
12 G 400 Free	5.17.19	5.17.19	nc	12	14
12 G 50 Back	38.09	38.09	nc	47	59
12 G 100 Back	1.21.59	1.21.59	nc	33	38
12 G 50 Breast	43.89	43.89	nc	36	45
12 G 100 Breast	1.36.89	1.36.89	nc	45	47
12 G 50 Fly	35.39	35.39	nc	46	56
12 G 100 Fly	1.23.39	1.23.39	nc	43	49
12 G 200 IM	2.55.59	2.55.59	nc	34	40

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
12 B 50 Free	32.89	32.89	nc	48	58
12 B 100 Free	1.13.49	1.13.49	nc	47	55
12 B 200 Free	2.37.39	2.37.39	nc	33	38
12 B 400 Free	5.27.49	5.27.49	nc	17	19

12 B 50 Back	39.29	39.29	nc	40	51
12 B 100 Back	1.26.89	1.26.89	nc	42	53
12 B 50 Breast	46.49	46.49	nc	45	52
12 B 100 Breast	1.40.89	1.40.89	nc	40	47
12 B 50 Fly	37.59	37.59	nc	35	40
12 B 100 Fly	1.28.09	1.28.09	nc	32	35
12 B 200 IM	3.02.19	3.02.19	nc	27	33

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
14 G 50 Free	29.69	29.69	nc	27	70
14 G 100 Free	1.04.59	1.04.59	nc	18	37
14 G 200 Free	2.19.29	2.19.29	nc	17	28
14 G 400 Free	4.52.99	4.52.99	nc	13	21
14 G 800 Free	10.07.79	10.07.79	nc	N/A	N/A
14 G 1500 Free	19.53.19	19.53.19	nc	18	22
14 G 100 Back	1.13.89	1.13.89	nc	28	37
14 G 200 Back	2.39.49	2.39.49	nc	16	28
14 G 100 Breast	1.25.09	1.25.09	nc	26	39
14 G 200 Breast	3.05.59	3.05.59	nc	28	34
14 G 100 Fly	1.11.29	1.11.29	nc	15	26
14 G 200 Fly	2.50.19	2.50.19	nc	24	25
14 G 200 IM	2.38.39	2.38.39	nc	10	26
14 G 400 IM	5.38.59	5.38.59	nc	14	17

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
14 B 50 Free	28.19	28.19	nc	42	75
14 B 100 Free	1.01.29	1.01.29	nc	31	43
14 B 200 Free	2.14.89	2.14.89	nc	32	42
14 B 400 Free	4.46.99	4.46.99	nc	18	19
14 B 800 Free	9.59.59	9.59.59	nc	N/A	N/A
14 B 1500 Free	18.51.19	18.51.19	nc	12	16
14 B 100 Back	1.12.09	1.11.29	-0.8	39	49
14 B 200 Back	2.35.69	2.35.69	nc	30	35
14 B 100 Breast	1.22.19	1.22.19	nc	31	37
14 B 200 Breast	2.58.59	2.58.59	nc	23	26
14 B 100 Fly	1.09.69	1.09.69	nc	32	37
14 B 200 Fly	2.44.99	2.44.99	nc	21	23
14 B 200 IM	2.34.99	2.34.99	nc	24	33
14 B 400 IM	5.28.09	5.28.09	nc	13	15

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
SR G 50 Free	28.99	28.89	-0.1	53	128
SR G 100 Free	1.02.69	1.02.69	nc	48	82
SR G 200 Free	2.15.89	2.15.89	nc	29	56
SR G 400 Free	4.45.29	4.44.19	-1.1	22	31
SR G 800 Free	9.57.49	9.57.49	nc	N/A	N/A
SR G 1500 Free	18.53.29	18.53.29	nc	12	24

SR G 100 Back	1.11.79	1.11.69	-0.1	49	62
SR G 200 Back	2.36.39	2.36.39	nc	36	46
SR G 100 Breast	1.23.19	1.22.89	-0.3	47	56
SR G 200 Breast	2.59.19	2.59.19	nc	32	39
SR G 100 Fly	1.09.19	1.09.19	nc	40	63
SR G 200 Fly	2.40.79	2.40.79	nc	25	32
SR G 200 IM	2.35.89	2.35.89	nc	37	42
SR G 400 IM	5.30.99	5.27.39	-3.6	22	27

Event	2021 QT	Prop. 2022 QT	Diff.	#21 results faster Prop 22 QT	Total 22 results
SR B 50 Free	26.09	25.99	-0.1	69	135
SR B 100 Free	56.89	56.69	-0.2	52	97
SR B 200 Free	2.03.39	2.03.39	nc	39	77
SR B 400 Free	4.21.79	4.21.79	nc	23	34
SR B 800 Free	9.07.99	9.07.99	nc	N/A	N/A
SR B 1500 Free	17.21.69	17.21.69	nc	16	28
SR B 100 Back	1.05.59	1.05.39	-0.2	51	71
SR B 200 Back	2.25.29	2.25.29	nc	36	47
SR B 100 Breast	1.14.89	1.14.69	-0.2	56	68
SR B 200 Breast	2.44.59	2.43.59	-1	45	52
SR B 100 Fly	1.02.19	1.02.19	nc	48	71
SR B 200 Fly	2.22.39	2.22.39	nc	40	48
SR B 200 IM	2.22.79	2.22.79	nc	57	72
SR B 400 IM	5.00.79	5.00.79	nc	25	29

