

Southeastern Swimming Technical Planning Meeting

Our Mission: Southeastern Swimming supports our members in achieving excellence in swimming and in life. Our Vision: Leading the country in high end performance and life skill development. Our Core Values: Character, Achievement, Inclusion, Respect & Dedication

September 6, 2025, 1:30PM CST

Lifetime Fitness - Vestavia Hills, Alabama

Roll Call: Fleming, Demotte, Murry, A. Franklin, C. Franklin, Higdon, Johnson, Heapy, McGhee, Lutz, McClain, McAfee, Lemke, Dahlke, Coraggio, Boxmeyer, J. Dellinger, Wood, Greenwood, Bottchen, McGill, Wharam, Keen, Carter, Ryan, Pick, Webber, Kerns, Blasini, Kale, Abrahamson, Roberts, Blackman, R. Dellinger

I. Opening remarks/Introductions

II. Approval of Minutes - Approved

III. Reports of Officers

a) *Age Group Vice Chair – no report*

b) *Senior Vice Chair – no report*

IV. Review of 2025 Short Course Championships

a) *Regions – 1, 2, 3, 4 – Region1: good meet, smaller numbers from Memphis team this year. No report from regions 2,3,4.*

b) *Championships – SC, LC – Long Course champs was smaller than short course meet. More details and thoughts are to be presented in the meeting.*

V. Old Business

a) *Prior Legislation - none*

VI. New Business

a) *Legislative Packet*

VII. Proposals pertaining to tech planning (Full legislation package listed below)

VIII. T-1 Create New Time Standards for 13-14, Open 50 back, breast 50 fly. ADOPTED

A. Discussion led by Matt Weber. Would not affect bonus swims.

IX. T-2 Split the SES Summer (LC) Championship into two meets. DEFEATED

A. Discussion led by Benji Demotte. Recommended forming a championship committee.

X. T-3 Add 200 fly, 200 back, 200 breast to the 11-12 event line-up at Winter and Summer SES championships. ADOPTED

A. Discussion led by Benji Demotte. Goes into effect 2026 SES Summer (LC Championships)

1. Amendment 1 – The events shall be deck seeded PASSED
2. Amendment 2 – These events shall not be eligible for Bonus Swims PASSED
3. Amendment 3 – The days in which these events will be swum shall be submitted to the Technical Planning Committee at a future date for acceptance by the championship committee but will correspond to the 50s of those strokes. PASSED
4. Amendment 4 – these events shall be swum as Timed Finals with the top 8 swimmers swimming that event in the Finals Session. PASSED
5. Amendment 5 – Time standards for these events shall be developed using the USA Swimming Motivational AA time Standards. PASSED

XI. T-4 Change Formula for developing time standards ADOPTED

A. Discussion led by Benji Demotte.

1. Amendment 1 – Keep the existing format of setting the qualification time as equal to the average of 32nd place from the previous year championship. PASSED

XII. T-5 Create New Time Standards for 13-14, Open 200-yard freestyle relays ADOPTED

A. Discussion led by Tyler McGill

1. Amendment 1 Create 200 MR using the newly adopted 13-14 and Open 50 time standards. Use the Girls 200 Medley Standard for qualification for the 200 Mixed Medley Relay. PASSED

XIII. Recommendations to HOD

A. Officials Proposal by Jim Works was APPROVED in HOD

XIV. b) Proposals from Floor VII.

A. Proposal by Macel Blasini

- B. T-6 Allow an athlete that achieves a qualifying time standard and ages up before the date of the championship meet, they can swim that event at championship in their new age group.
- DEFEATED

Proposals in the “T” Block are to be considered for adoption by the Committee.

T- 1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn
Submitted by Matt Webber H.S.A. Will be effective immediately T-1 Create New Time Standards for the 13-14 and Open 50 Back, 50 Breast, and 50 Fly							

Proposal is to create new Time Standards for the following events: 13-14 50 Back, 13-14 50 Breast, 13-14 50 Fly, Open 50 Back, Open 50 Breast, and Open 50 Fly. This would eliminate the use of corresponding 100 times currently used for qualification. The Time Standards shall be created for both the SES Winter (SC) Championships and the SES Summer (LC) Championships. The Time Standards shall be developed using an equivalent Hy-Tek Power Point Score for a 50 yard or meter event as the corresponding 100 yard or meter event currently used for qualification. For example, if the current standard in the Open 50 Back had a Hy-Tek Power Point Score of 700, then the new time standard would be the time that achieves the same 700 point power point score rounded up to finish in a 9 for the one-hundreth decimal (Example: 100 Back time of 2:00.09 has a power point score of 700. Power point score of 700 for a 50 Back would be 55.91. New Standard would be rounded up to 55.99)

Rationale/Notes: We now have more than enough years of swimming the 50s of stroke for 13-14 and Open swimmers at Championship Meet to determine suitable standards. Many meets now also offer the 50s of stroke which may not have done so a decade ago. This will allow more reflective standard of qualification and reduces variances to the timeline of the meet by having more accurate entry times.

T- 2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn
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Submitted by Benji Demotte XCEL

Will be effective starting with the 2026 Long Course Season

T-2 Split the SES Summer (LC) Championships into Two Meets

Proposal is to Split the **2026** SES Long Course Championships into two different meets. The first would be the Open meet held on the weekend of June 26th-28th. The second would be the 14 & under championships held on weekend that we traditionally hold the combined championships which would be July 17-19th.

Rationale/Notes: Our Senior meet has seen decreasing attendance over the last couple of years. Recently, many of the Futures, NCSA and Summer Junior kids don't attend as the meet is one or two weeks prior. Moving that meet into the end of June would perhaps attract more of the National level talent back to the meet.

- Only HSA can host the meet in the current format and should there ever come a time when they aren't willing to do so, no one else can run host the meet as is. Splitting the meet means more teams could share the load of hosting.

- Splitting the meet would mean a lot more flexibility in timelines for both meets allowing for shorter sessions and the opportunity for the 11-12 age group to swim their full list of events.

T- 3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn
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Submitted by Benji Demotte XCEL

Will be effective starting with the 2026 SES Summer (LC) Championships

T-3 Add 200 Fly, 200 Back, and 200 Breast to 11-12 Event Lineup at SES Winter and Summer Championships

Proposal is to add the 200 Fly, 200 Back and 200 Breast into the event line up for 11-12 beginning with the 2026 Long Course Championships and continuing for both Short Course and Long Course afterwards.

Amendment #1 - The events shall be deck seeded.

Amendment #2 – These events shall not be eligible for Bonus Swims

Amendment #3 – The days in which these events will be swum shall be submitted to the Technical Planning Committee at a future date for acceptance by the Championship Committee, but will correspond to the 50s of that stroke.

Amendment #4 – These events shall be swum as Timed Finals with the Top 8 swimmers swimming that event in the Finals Session.

Amendment #5 – Time Standards for these events shall be developed using the USA Swimming Motivational “AA” Time Standards

Rationale/Notes: USA Swimming recognizes all the events that we currently offer our 11-12 plus the 200 Fly, 200 Back, 200 Breast, 800/1000, 1,500/1.650 and 400 IM. Our current format denies our 11-12 swimmers the opportunity to compete in those events at SES Champs and discourages them from swimming them during the season. Furthermore, when our 11-12 swimmers go on to compete in higher level championships like Age Group Sectionals, they are at a distinct disadvantage against other swimmers in our Zone. Adding these three events in will be a step towards improving the development of all our age group swimmers.

T- 4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn
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Submitted by Benji Demotte XCEL

Will be effective

T-4 Change Formula for Developing Time Standards

Proposal is to change the formula of calculating qualification times for both Short and Long Course to address the number of events that have less than 16 total entries.

~~Keep the existing format of setting the qualification time as equal to the average of 32nd place from the last three year cycle.~~

-Add in the caveat that if that average ends up being slower than the existing cut, we slow the cut down to match the average based on the following:

-If we don't have data (a particular event doesn't have 32 the minimum of the formula swimmers in every one of the prior 3 years) we simply slow the cut down by 2%.

Rationale/Notes: We are having trouble filling events which results in some B finals and this Summer, even an A final, having empty lanes due to lack of entries. Currently there is no mechanism in place to relax a time standard to qualify more swimmers. This formula would allow us to fill our events and set the cuts more accurately to reflect the current attendance at our championships. Finally, our recent championship meets have a disproportionally low percentage of female swimmers when compared to the number of registered swimmers in the LSC. These changes would help bring that back into balance.

T- 5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn
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Submitted by Tyler McGill OST

Will be effective immediately

T-5 Create New Time Standards for 13-14 and Open 200 yard Freestyle Relays

Proposal is to create new time standards for the 13-14 and Open 200 yard Freestyle Relay using the 50 yard/meter Freestyle qualifying times to generate the relay standard rather than using the same qualifying standard as the 400 yard Freestyle Relay which is based on the 100 yard/meter standard.

Amendment – Create 200 Medley Relays using the newly adopted 13-14 and Open 50 time standards. Use the Girls 200 Medley Standard for qualification for the 200 Mixed Medley Relay

Rationale/Notes: We have standards for the 50 yard Freestyle so we should utilize those for 200

yard Freestyle Relay qualification as they are a better reflection of the actual event than the 100 Free which is more comparable to the 400 yard Freestyle Relay.
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XV. 2026 Championships Time Standards SCY and LC – time standards will be re-drafted and sent out to membership soon.

XVI. VIII. Upcoming Elections/Awards

XVII. Coaches Committee Chairman Election – Congratulations, Greg Johnson!

XVIII. Other Awards Voted on via email

XIX. Announcements:

A. Bid packages come out this week. Body will vote via email.

B. Coach of the Year award recipients also receive \$1000 towards education for yourself or your club. Just submit receipts to Chris C. The sitting coaches receive \$1000 this year. It is in the proposed budget.

C. Adjourn: 3:04pm CST