



Parent Code of Conduct

We, the **Z3 Triathlon Team**, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league. Any parent guilty of improper conduct at any event or practice will be asked to leave the premises and be suspended from the following event.

Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and seven core principles:

- Respect
- Accountability
- Humility
- Integrity
- Goal Setting
- Sportsmanship
- Safety

I therefore agree:

1. I will not force my child to participate in triathlon.
2. I will remember that children participate to have fun and that the event is for youth.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of triathlon.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, officials and spectators at every event or practice.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, athlete or parent.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will demand that my child treat other athletes, coaches, officials and spectators with respect regardless of race, creed, color, gender or ability.
9. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of his/her performance.
10. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
11. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
12. I will refrain from coaching my child or other athletes during practices and events.