

2026 LONG COURSE TAGS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
28.49*	30.09*	33.49	50 Fr	33.69	29.39	26.49*
1:01.79*	1:05.79*	1:13.29	100 Fr	1:13.89*	1:04.59*	57.59*
2:14.29+	2:22.69*	2:40.09+	200 Fr	2:41.49+	2:19.99+	2:05.19+
4:42.19	5:01.59+	5:42.39+	400 Fr	5:43.29+	4:57.59+	4:28.19+
9:52.39+			800 Fr			9:20.59+
18:48.49+			1500 Fr			18:06.59+
	35.29*	39.59*	50 Bk	39.59*	34.69*	
1:10.39*	1:15.49*	1:25.29*	100 Bk	1:25.09+	1:14.79*	1:05.89*
2:31.39*	2:42.49*		200 Bk		2:40.29+	2:22.59+
	39.59*	45.09*	50 Br	46.09*	38.69*	
1:20.89*	1:26.69*	1:38.89*	100 Br	1:40.09*	1:24.49*	1:13.89*
2:55.59*	3:06.99*		200 Br		3:01.69*	2:41.09
	32.69*	37.09*	50 Fly	36.89*	32.19*	
1:08.09*	1:13.19*	1:27.09	100 Fly	1:26.89+	1:12.09+	1:03.29
2:35.59+	2:48.49*		200 Fly		2:47.19*	2:22.79+
2:32.89*	2:42.19*	3:03.29+	200 IM	3:04.09+	2:38.19+	2:20.99+
5:25.59+			400 IM			5:06.09+
1:56.99	2:02.89	2:19.59	200 FR	2:19.79	2:01.29	1:49.49
4:13.59	4:27.69	5:10.79	400 FR	5:13.99	4:28.69	3:57.69
9:12.69			800 FR	x	X	8:43.49
2:10.69	2:17.49	2:39.49	200 MR	2:41.09	2:17.39	2:01.99
4:44.29	5:02.29	X	400 MR	x	5:02.99	4:25.79

2026 LONG COURSE TAGS BONUS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
28.69	30.29	33.69	50 Fr	33.89	29.59	26.69
1:02.09	1:06.19	1:13.69	100 Fr	1:14.29	1:04.89	57.89
2:14.99	2:23.49	2:40.89	200 Fr	2:42.29	2:20.69	2:05.89
4:43.59	5:03.09	5:44.19	400 Fr	5:44.99	4:59.09	4:29.59
9:55.39			800 Fr			9:23.39
18:54.19			1500 Fr			18:12.09
	35.49	39.79	50 Bk	39.79	34.89	
1:10.79	1:15.89	1:25.79	100 Bk	1:25.59	1:15.19	1:06.29
2:32.19	2:43.39		200 Bk		2:41.09	2:23.29
	39.79	45.39	50 Br	46.39	38.89	
1:21.29	1:27.19	1:39.39	100 Br	1:40.59	1:24.99	1:14.29
2:56.49	3:07.99		200 Br		3:02.59	2:41.89
	32.89	37.29	50 Fly	37.09	32.39	
1:08.49	1:13.59	1:27.59	100 Fly	1:27.39	1:12.49	1:03.59
2:36.39	2:49.39		200 Fly		2:48.09	2:23.49
2:33.69	2:42.99	3:04.09	200 IM	3:05.09	2:38.99	2:21.69
5:27.29			400 IM			5:07.69

2026 SHORT COURSE TAGS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
24.99*	26.69*	29.99*	50 Fr	29.59*	25.99	23.09*
54.19	57.89+	1:05.79*	100 Fr	1:05.09+	56.09+	49.99*
1:57.59+	2:04.69+	2:22.29+	200 Fr	2:22.69+	2:02.79+	1:49.59
5:14.59+	5:33.59+	6:19.39+	500 Fr	6:20.39+	5:29.69+	4:55.89+
11:00.09+			1000 Fr			10:20.09+
18:19.49+			1650 Fr			17:20.29+
	30.39*	34.69	50 Bk	34.39*	30.09*	
1:00.29	1:04.89*	1:14.59+	100 Bk	1:14.39+	1:05.09+	56.29+
2:09.99	2:20.39*		200 Bk		2:18.69+	2:02.79+
	34.59*	39.49*	50 Br	39.79*	33.69*	
1:09.29	1:15.29*	1:26.39*	100 Br	1:27.59	1:14.09*	1:04.29+
2:29.59	2:41.89+		200 Br		2:41.69+	2:17.69+
	28.99	33.09*	50 Fly	32.89*	28.59+	
59.69+	1:04.59*	1:16.39	100 Fly	1:16.59*	1:03.59+	55.59+
2:15.49+	2:26.89+		200 Fly		2:23.29+	2:03.29+
	1:05.89	1:15.29+	100 IM	1:15.09*	1:04.59	
2:12.69*	2:20.99+	2:41.89+	200 IM	2:41.29+	2:19.29+	2:04.29+
4:42.09+			400 IM			4:24.89+
1:42.29	1:47.69	2:03.59	200 FR	2:04.19*	1:46.79	1:35.09
3:42.69	3:56.09	4:34.79	400 FR	4:35.69	3:55.59	3:26.79
8:00.19	X	X	800 FR	X	X	7:35.99*
1:53.19	1:59.89	2:18.59	200 MR	2:20.49	1:59.19	1:44.99
4:08.19	4:24.29	X	400 MR	X	4:24.59	3:50.89

2026 SHORT COURSE TAGS BONUS TIME STANDARDS

Girls				Boys		
13-14	11-12	10&U	EVENT	10&U	11-12	13-14
25.19	26.89	30.19	50 Fr	29.79	26.19	23.29
54.49	58.19	1:06.19	100 Fr	1:05.49	56.39	50.29
1:58.19	2:05.39	2:22.99	200 Fr	2:23.49	2:03.49	1:50.19
5:16.19	5:35.29	6:21.29	500 Fr	6:22.29	5:31.39	4:57.39
11:03.39			1000 Fr			10:23.19
18:24.99			1650 Fr			17:25.49
	30.59	34.89	50 Bk	34.59	30.29	
1:00.59	1:05.29	1:14.89	100 Bk	1:14.79	1:05.49	56.59
2:10.69	2:21.09		200 Bk		2:19.39	2:03.29
	34.79	39.69	50 Br	39.99	33.89	
1:09.69	1:15.69	1:26.89	100 Br	1:28.09	1:14.49	1:04.69
2:30.39	2:42.69		200 Br		2:42.49	2:18.39
	29.19	33.29	50 Fly	33.09	28.79	
59.99	1:04.99	1:16.79	100 Fly	1:16.99	1:03.89	55.89
2:16.19	2:27.69		200 Fly		2:23.99	2:03.99
	1:06.29	1:15.69	100 IM	1:15.49	1:04.99	
2:13.39	2:21.69	2:42.69	200 IM	2:42.09	2:19.99	2:04.69
4:43.49			400 IM			4:26.29