

PRACTICE SCHEDULE [12/15/25 - 01/03/25]



**** No Practice on Christmas Day or New Year's Day****

Dec 15 [Mon] @ SAMOHI

- ❖ White → 6:30-7:30 PM
- ❖ Pink → 6:30-7:45 PM
- ❖ Red → 6:30-8 PM
- ❖ Blue → 5-6:30 PM
- ❖ Purple → 5-6:30 PM
- ❖ Sr Dev → 6:30-8 PM
- ❖ Sr Prep → 6:30-8 PM
- ❖ Sr Perf → 5-6:30 PM
- ❖ Nat Prep → 5-6:30 PM
- ❖ Nat → 5-6:30 PM

Dec 16 [Tue] @ SAMOHI

- ❖ White → 6:30-7:30 PM
- ❖ Pink → 6:30-7:45 PM
- ❖ Red → 6:30-8 PM
- ❖ Blue → 5-6:30 PM
- ❖ Purple → 5-6:30 PM
- ❖ Sr Dev → 6:30-8 PM
- ❖ Sr Prep → 6:30-8 PM
- ❖ Sr Perf → 5-6:30 PM
- ❖ Nat Prep → 5-6:30 PM
- ❖ Nat → 5-6:30 PM

Dec 17 [Wed] @ SAMOHI

- ❖ White → 6-6:45 PM
- ❖ Pink → 7-8 PM
- ❖ Red → 5:45-7 PM
- ❖ Blue → 4:30-5:45 PM
- ❖ Purple → 4:30-6 PM
- ❖ Sr Dev → 6:45-8 PM
- ❖ Sr Prep → 6-7:30 PM
- ❖ Sr Perf → 6-7:30 PM
- ❖ Nat Prep → 4:30-6 PM
- ❖ Nat → 4:30-6 PM

Dec 18 [Thu] @ SAMOHI

- ❖ White → 6:30-7:30 PM
- ❖ Pink → 6:30-7:45 PM
- ❖ Red → 6:30-8 PM
- ❖ Blue → 5-6:30 PM
- ❖ Purple → 5-6:30 PM
- ❖ Sr Dev → 6:30-8 PM
- ❖ Sr Prep → 6:30-8 PM
- ❖ Sr Perf → 5-6:30 PM
- ❖ Nat Prep → 5-6:30 PM
- ❖ Nat → 5-6:30 PM

Dec 19 [Fri] @ SAMOHI

- ❖ White → 5-6 PM
- ❖ Pink → 5-6:15 PM
- ❖ Red → 5-6:30 PM
- ❖ Blue → 5-6:30 PM
- ❖ Purple → 6:30-8 PM
- ❖ Sr Dev → 5-6:30 PM
- ❖ Sr Prep → 6:30-8 PM
- ❖ Sr Perf → 6:30-8 PM
- ❖ Nat Prep → 6:30-8 PM
- ❖ Nat → 6:30-8 PM

Dec 20 [Sat] @ SAMOHI

- ❖ White → 8-9 AM
- ❖ Pink → 8-9:15 AM
- ❖ Red → 8-9:30 AM
- ❖ Blue → 8-9:45 AM
- ❖ Purple → 8-10 AM
- ❖ Sr Dev → 8-9:30 AM
- ❖ Sr Prep → 8-9:45 AM
- ❖ Sr Perf → 8-10 AM
- ❖ Nat Prep → 8-10 AM
- ❖ Nat → 8-10 AM

PRACTICE SCHEDULE [12/15/25 - 01/03/25]



**** No Practice on Christmas Day or New Year's Day****

Dec 22 [Mon] @ SAMOHI

- ❖ White → 5:30-6:30 PM
- ❖ Pink → 5:30-6:45 PM
- ❖ Red → 5:30-7 PM
- ❖ Blue → 5:30-7:15 PM
- ❖ Purple → 3:30-5:30 PM
- ❖ Sr Dev → 5:30-7 PM
- ❖ Sr Prep → 3:30-5:15 PM
- ❖ Sr Perf → 3:30-5:30 PM
- ❖ Nat Prep → 3:30-5:30 PM
- ❖ Nat → 3:30-5:30 PM

Dec 23 [Tue] @ SAMOHI

- ❖ White → 5:30-6:30 PM
- ❖ Pink → 5:30-6:45 PM
- ❖ Red → 5:30-7 PM
- ❖ Blue → 5:30-7:15 PM
- ❖ Purple → 3:30-5:30 PM
- ❖ Sr Dev → 5:30-7 PM
- ❖ Sr Prep → 3:30-5:15 PM
- ❖ Sr Perf → 3:30-5:30 PM
- ❖ Nat Prep → 3:30-5:30 PM
- ❖ Nat → 3:30-5:30 PM

Dec 24 [Wed] @ SAMOHI

- ❖ White → 8-9 AM
- ❖ Pink → 8-9:15 AM
- ❖ Red → 8-9:30 AM
- ❖ Blue → 8-9:45 AM
- ❖ Purple → 8-10 AM
- ❖ Sr Dev → 8-9:30 AM
- ❖ Sr Prep → 8-9:45 AM
- ❖ Sr Perf → 8-10 AM
- ❖ Nat Prep → 8-10 AM
- ❖ Nat → 8-10 AM

Dec 25 [Thu] @ SAMOHI

- ❖ White → **No Swim**
- ❖ Pink → **No Swim**
- ❖ Red → **No Swim**
- ❖ Blue → **No Swim**
- ❖ Purple → **No Swim**
- ❖ Sr Dev → **No Swim**
- ❖ Sr Prep → **No Swim**
- ❖ Sr Perf → **No Swim**
- ❖ Nat Prep → **No Swim**
- ❖ Nat → **No Swim**

Dec 26 [Fri] @ SAMOHI

- ❖ White → 5:30-6:30 PM
- ❖ Pink → 5:30-6:45 PM
- ❖ Red → 5:30-7 PM
- ❖ Blue → 5:30-7:15 PM
- ❖ Purple → 3:30-5:30 PM
- ❖ Sr Dev → 5:30-7 PM
- ❖ Sr Prep → 3:30-5:15 PM
- ❖ Sr Perf → 3:30-5:30 PM
- ❖ Nat Prep → 3:30-5:30 PM
- ❖ Nat → 3:30-5:30 PM

Dec 27 [Sat] @ SAMOHI

- ❖ White → 8-9 AM
- ❖ Pink → 8-9:15 AM
- ❖ Red → 8-9:30 AM
- ❖ Blue → 8-9:45 AM
- ❖ Purple → 8-10 AM
- ❖ Sr Dev → 8-9:30 AM
- ❖ Sr Prep → 8-9:45 AM
- ❖ Sr Perf → 8-10 AM
- ❖ Nat Prep → 8-10 AM
- ❖ Nat → 8-10 AM

PRACTICE SCHEDULE [12/15/25 - 01/03/25]



**** No Practice on Christmas Day or New Year's Day****

Dec 29 [Mon] @ SAMOHI

- ❖ White → 5:30-6:30 PM
- ❖ Pink → 5:30-6:45 PM
- ❖ Red → 5:30-7 PM
- ❖ Blue → 5:30-7:15 PM
- ❖ Purple → 3:30-5:30 PM
- ❖ Sr Dev → 5:30-7 PM
- ❖ Sr Prep → 3:30-5:15 PM
- ❖ Sr Perf → 3:30-5:30 PM
- ❖ Nat Prep → 3:30-5:30 PM
- ❖ Nat → 3:30-5:30 PM

Dec 30 [Tue] @ SAMOHI

- ❖ White → 5:30-6:30 PM
- ❖ Pink → 5:30-6:45 PM
- ❖ Red → 5:30-7 PM
- ❖ Blue → 5:30-7:15 PM
- ❖ Purple → 3:30-5:30 PM
- ❖ Sr Dev → 5:30-7 PM
- ❖ Sr Prep → 3:30-5:15 PM
- ❖ Sr Perf → 3:30-5:30 PM
- ❖ Nat Prep → 3:30-5:30 PM
- ❖ Nat → 3:30-5:30 PM

Dec 31 [Wed] @ SAMOHI

- ❖ White → 8-9 AM
- ❖ Pink → 8-9:15 AM
- ❖ Red → 8-9:30 AM
- ❖ Blue → 8-9:45 AM
- ❖ Purple → 8-10 AM
- ❖ Sr Dev → 8-9:30 AM
- ❖ Sr Prep → 8-9:45 AM
- ❖ Sr Perf → 8-10 AM
- ❖ Nat Prep → 8-10 AM
- ❖ Nat → 8-10 AM

Jan 1 [Thu] @ SAMOHI

- ❖ White → **No Swim**
- ❖ Pink → **No Swim**
- ❖ Red → **No Swim**
- ❖ Blue → **No Swim**
- ❖ Purple → **No Swim**
- ❖ Sr Dev → **No Swim**
- ❖ Sr Prep → **No Swim**
- ❖ Sr Perf → **No Swim**
- ❖ Nat Prep → **No Swim**
- ❖ Nat → **No Swim**

Jan 02 [Fri] @ SAMOHI

- ❖ White → 5:30-6:30 PM
- ❖ Pink → 5:30-6:45 PM
- ❖ Red → 5:30-7 PM
- ❖ Blue → 5:30-7:15 PM
- ❖ Purple → 3:30-5:30 PM
- ❖ Sr Dev → 5:30-7 PM
- ❖ Sr Prep → 3:30-5:15 PM
- ❖ Sr Perf → 3:30-5:30 PM
- ❖ Nat Prep → 3:30-5:30 PM
- ❖ Nat → 3:30-5:30 PM

Jan 03 [Sat] @ SAMOHI

- ❖ White → 8-9 AM
- ❖ Pink → 8-9:15 AM
- ❖ Red → 8-9:30 AM
- ❖ Blue → 8-9:45 AM
- ❖ Purple → 8-10 AM
- ❖ Sr Dev → 8-9:30 AM
- ❖ Sr Prep → 8-9:45 AM
- ❖ Sr Perf → 8-10 AM
- ❖ Nat Prep → 8-10 AM
- ❖ Nat → 8-10 AM