

The Woodlands Swim Team Times Report For 4/1/1975 - 4/7/2024

4/7/2024 6:09:07 PM



Time Standard Selected: "Slower than B"

| Rank | Event | Time | Power Points | Name | Comp Cat. | Club | Swim Date | Meet | Standard | Age Group |
|------|------------|---------|--------------|------------------------|-----------|------|-----------|---|-----------------------------|-----------|
| 1 | 50 FR LCM | 26.24 | 915 | Nordmann, Lucie | F | TWST | 3/21/2015 | 2015 FL NCSA Spring Champs | 2015 Winter Nationals (LCM) | 13-14 |
| 2 | 50 FR LCM | 26.80 | 866 | Staffeldt, Valerieanne | F | TWST | 7/31/2016 | 2016 ST Long Course Texas AG | 2016 Winter Juniors (SCY) | 13-14 |
| 3 | 50 FR LCM | 27.04 | 845 | McCarthy, Meredith | F | TWST | 8/5/2002 | 2002 NCSA Junior | 2007 Summer US Open | 13-14 |
| 4 | 50 FR LCM | 27.14 | 837 | Amundsen, Kelsey | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2007 Summer US Open | 13-14 |
| 5 | 50 FR LCM | 27.42 | 813 | Wiles, Lily | F | TWST | 7/30/2023 | 2023 ST AAAA Long Course TAGS | "AAAA" | 13-14 |
| 6 | 50 FR LCM | 27.76 | 824 | Flynn, Kelly | F | TWST | 6/17/2004 | 2004 ST Texas Senior Circuit Champs | 2000-2004 AAAA | 13-14 |
| 7 | 50 FR LCM | 27.79 | 781 | Gawronska, Zoe | F | TWST | 7/18/2015 | 2015 GU PEAK Summer Champs | 2012-2016 AAAA | 13-14 |
| 8 | 50 FR LCM | 27.82 | 779 | Henson, Emily | F | TWST | 7/27/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 9 | 50 FR LCM | 27.98 | 766 | Muir, Isabella | F | TWST | 6/25/2023 | 2023 ST AAAA-NS George Block Invitational | "AAA" | 13-14 |
| 9 | 50 FR LCM | 27.98 | 766 | Yu, Vivian | F | TWST | 7/23/2014 | 2014 ST Texas Age Group Championships | 2012-2016 AAAA | 13-14 |
| 1 | 100 FR LCM | 57.43 | 941 | Nordmann, Lucie | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2015 Winter Nationals (LCM) | 13-14 |
| 2 | 100 FR LCM | 58.17 | 872 | Staffeldt, Valerieanne | F | TWST | 7/28/2016 | 2016 ST Long Course Texas AG | 2016 Winter Juniors (SCY) | 13-14 |
| 3 | 100 FR LCM | 58.49 | 858 | McCarthy, Meredith | F | TWST | 8/5/2002 | 2002 NCSA Junior | 2007 Summer US Open | 13-14 |
| 4 | 100 FR LCM | 58.85 | 842 | Amundsen, Kelsey | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2007 Summer US Open | 13-14 |
| 5 | 100 FR LCM | 59.26 | 824 | Wiles, Lily | F | TWST | 6/22/2023 | 2023 ST AAAA-NS George Block Invitational | 2023 Futures (LCM) | 13-14 |
| 6 | 100 FR LCM | 59.40 | 852 | Gawronska, Zoe | F | TWST | 7/23/2014 | 2014 ST Texas Age Group Championships | 2012-2016 AAAA | 13-14 |
| 7 | 100 FR LCM | 59.42 | 817 | Muir, Isabella | F | TWST | 7/7/2023 | 2023 ST TXLA Speedo SZ LC Sectional Championships | "AAAA" | 13-14 |
| 8 | 100 FR LCM | 59.50 | 813 | Henson, Emily | F | TWST | 7/26/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 9 | 100 FR LCM | 59.86 | 797 | Vetalice, Kelsey | F | TWST | 7/20/2011 | 2011 ST Long Course TAGS | 2008-2012 AAAA | 13-14 |
| 10 | 100 FR LCM | 59.91 | 795 | Foster, Erin | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 1 | 200 FR LCM | 2:04.71 | 895 | Gawronska, Zoe | F | TWST | 7/29/2015 | 2015 IN NCSA Summer Swimming | 2015 Winter Juniors (SCY) | 13-14 |
| 2 | 200 FR LCM | 2:05.02 | 887 | Nordmann, Lucie | F | TWST | 8/5/2014 | 2014 IN NCSA Summer Swimming Cham | 2014 Winter Juniors (SCY) | 13-14 |
| 3 | 200 FR LCM | 2:06.62 | 850 | McCarthy, Meredith | F | TWST | 8/5/2002 | Jun Champ | 2007 Summer US Open | 13-14 |
| 4 | 200 FR LCM | 2:06.92 | 843 | Leijnse, Charlotte | F | TWST | 7/22/2022 | 2022-NT MARS LC TAGS | 2023 Futures (LCM) | 13-14 |
| 5 | 200 FR LCM | 2:07.14 | 838 | Wiles, Lily | F | TWST | 6/24/2023 | 2023 ST AAAA-NS George Block Invitational | 2023 Futures (LCM) | 13-14 |
| 6 | 200 FR LCM | 2:07.69 | 825 | Foster, Erin | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 7 | 200 FR LCM | 2:08.08 | 816 | Ebert, Nicole | F | TWST | 8/1/1998 | 1998 US Speedo Jr Champs | 1998 AAAA | 13-14 |

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4/7/2024 6:09:07 PM

Time Standard Selected: "Slower than B"

| Rank | Event | Time | Power Points | Name | Comp Cat. | Club | Swim Date | Meet | Standard | Age Group |
|------|-------------|----------|--------------|----------------------|-----------|------|------------|---|-----------------------------|-----------|
| 8 | 200 FR LCM | 2:08.77 | 800 | Amundsen, Kelsey | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 9 | 200 FR LCM | 2:08.92 | 822 | Nordmann, Lillian | F | TWST | 8/6/2015 | 2015 CA North American Challen | 2012-2016 AAAA | 13-14 |
| 10 | 200 FR LCM | 2:09.43 | 785 | Henson, Emily | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 1 | 400 FR LCM | 4:22.62 | 877 | Gawronska, Zoe | F | TWST | 7/25/2015 | 2015 ST TXLA LC TAGS | 2015 Winter Juniors (SCY) | 13-14 |
| 2 | 400 FR LCM | 4:24.71 | 853 | Ebert, Nicole | F | TWST | 8/1/1998 | 1998 US Speedo Jr Champs | 2007 Summer US Open | 13-14 |
| 3 | 400 FR LCM | 4:24.81 | 852 | Maddalena, Gabrielle | F | TWST | 7/23/2003 | 2003 ST TAGS Long Course Championships | 2007 Summer US Open | 13-14 |
| 4 | 400 FR LCM | 4:25.56 | 867 | Nordmann, Lucie | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 5 | 400 FR LCM | 4:25.70 | 866 | Neff, Payton | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 6 | 400 FR LCM | 4:26.60 | 855 | Adams, Natalie | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 7 | 400 FR LCM | 4:26.82 | 829 | Stautner, Elissa | F | TWST | 12/15/2000 | 2000 US Gulf Champs | 2000-2004 AAAA | 13-14 |
| 8 | 400 FR LCM | 4:28.09 | 815 | Wiles, Lily | F | TWST | 7/8/2023 | 2023 ST TXLA Speedo SZ LC Sectional Championships | 2023 Futures (LCM) | 13-14 |
| 9 | 400 FR LCM | 4:28.70 | 808 | Vetalice, Kelsey | F | TWST | 7/20/2011 | 2011 ST Long Course TAGS | 2008-2012 AAAA | 13-14 |
| 10 | 400 FR LCM | 4:28.91 | 805 | Leijnse, Charlotte | F | TWST | 7/23/2022 | 2022-NT MARS LC TAGS | "AAAA" | 13-14 |
| 1 | 800 FR LCM | 9:00.31 | 888 | Ebert, Nicole | F | TWST | 8/1/1998 | Jun | 2007 Summer US Open | 13-14 |
| 2 | 800 FR LCM | 9:04.98 | 863 | Gawronska, Zoe | F | TWST | 7/22/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 3 | 800 FR LCM | 9:05.84 | 859 | Vetalice, Kelsey | F | TWST | 7/20/2011 | 2011 ST Long Course TAGS | 2008-2012 AAAA | 13-14 |
| 4 | 800 FR LCM | 9:05.91 | 859 | Neff, Payton | F | TWST | 8/5/2014 | 2014 IN NCSA Summer Swimming Cham | 2012-2016 AAAA | 13-14 |
| 5 | 800 FR LCM | 9:08.24 | 873 | Nelson, Elizabeth | F | TWST | 8/9/2004 | 2004 US NCSA Junior Champs | 2000-2004 AAAA | 13-14 |
| 6 | 800 FR LCM | 9:09.74 | 839 | Maddalena, Gabrielle | F | TWST | 7/23/2003 | 2003 ST TAGS Long Course Championships | 2000-2004 AAAA | 13-14 |
| 7 | 800 FR LCM | 9:09.90 | 838 | Justice, Laura | F | TWST | 7/19/2006 | 2006 GU TAGS Championship | 2004-2008 AAAA | 13-14 |
| 8 | 800 FR LCM | 9:10.13 | 837 | Stautner, Elissa | F | TWST | 7/25/2001 | 2001 US Texas Age-g | 2000-2004 AAAA | 13-14 |
| 9 | 800 FR LCM | 9:11.75 | 829 | Leneave, Kelsey | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 10 | 800 FR LCM | 9:13.50 | 846 | Adams, Natalie | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 1 | 1500 FR LCM | 17:06.05 | 912 | Ebert, Nicole | F | TWST | 8/1/1998 | Jun | 1999 Summer Nationals (LCM) | 13-14 |
| 2 | 1500 FR LCM | 17:21.23 | 909 | Neff, Payton | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 3 | 1500 FR LCM | 17:24.34 | 863 | Gawronska, Zoe | F | TWST | 7/26/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 4 | 1500 FR LCM | 17:26.30 | 858 | Vetalice, Kelsey | F | TWST | 7/20/2011 | 2011 ST Long Course TAGS | 2008-2012 AAAA | 13-14 |
| 5 | 1500 FR LCM | 17:26.57 | 895 | Nelson, Elizabeth | F | TWST | 7/21/2004 | 2004 ST TAGS LC Champs | 2005 Summer Juniors (LCM) | 13-14 |

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4/7/2024 6:09:07 PM

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| Rank | Event | Time | Power Points | Name | Comp Cat. | Club | Swim Date | Meet | Standard | Age Group |
|------|-------------|----------|--------------|---------------------|-----------|------|------------|---|-----------------------------|-----------|
| 6 | 1500 FR LCM | 17:27.18 | 856 | Lewis, Jaime | F | TWST | 6/20/1997 | 1997 US Sr Cir | 2005 Summer Juniors (LCM) | 13-14 |
| 7 | 1500 FR LCM | 17:29.40 | 850 | Crowder, Emily | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2007 Summer Juniors (LCM) | 13-14 |
| 8 | 1500 FR LCM | 17:30.53 | 884 | Adams, Natalie | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2005 Summer Juniors (LCM) | 13-14 |
| 9 | 1500 FR LCM | 17:30.82 | 846 | Pope, Abigail | F | TWST | 7/28/2019 | 2019 ST TXLA LC TAGS | 2021 Futures (LCM) | 13-14 |
| 10 | 1500 FR LCM | 17:30.91 | 846 | Justice, Laura | F | TWST | 7/19/2006 | 2006 GU TAGS Championship | 2006 Summer Juniors (LCM) | 13-14 |
| 1 | 100 BK LCM | 1:01.76 | 1027 | Nordmann, Lucie | F | TWST | 3/20/2015 | 2015 FL NCSA Spring Champs | 2016 Olympic Trials | 13-14 |
| 2 | 100 BK LCM | 1:05.06 | 896 | Cooke, Margaret | F | TWST | 7/8/2010 | 2010 ST Texas Senior Circuit Long | 2011 Winter Nationals (LCM) | 13-14 |
| 3 | 100 BK LCM | 1:06.32 | 848 | Fields, Karsten | F | TWST | 7/26/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 4 | 100 BK LCM | 1:06.62 | 837 | Pratt, Carly | F | TWST | 7/21/2010 | 2010 ST TXLA LC TAGS | 2010 Summer US Open | 13-14 |
| 5 | 100 BK LCM | 1:06.79 | 831 | Roycraft, Sydney | F | TWST | 7/23/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 6 | 100 BK LCM | 1:07.64 | 846 | Sinkovic, Madeline | F | TWST | 7/26/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAA | 13-14 |
| 7 | 100 BK LCM | 1:07.67 | 798 | Henson, Emily | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAA | 13-14 |
| 8 | 100 BK LCM | 1:08.50 | 768 | Amundsen, Kelsey | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 9 | 100 BK LCM | 1:08.93 | 752 | Murphy, Megan | F | TWST | 7/28/2016 | 2016 ST Long Course Texas AG | 2012-2016 AAA | 13-14 |
| 10 | 100 BK LCM | 1:09.84 | 720 | Khan, Peyton | F | TWST | 6/24/2023 | 2023 ST AAAA-NS George Block Invitational | "AAA" | 13-14 |
| 1 | 200 BK LCM | 2:12.20 | 1005 | Nordmann, Lucie | F | TWST | 3/18/2015 | 2015 FL NCSA Spring Champs | 2016 Olympic Trials | 13-14 |
| 2 | 200 BK LCM | 2:21.46 | 851 | Fields, Karsten | F | TWST | 7/28/2015 | 2015 IN NCSA Summer Swimming | 2012-2016 AAAA | 13-14 |
| 3 | 200 BK LCM | 2:22.38 | 836 | Cooke, Margaret | F | TWST | 7/8/2010 | 2010 ST Texas Senior Circuit Long | 2008-2012 AAAA | 13-14 |
| 4 | 200 BK LCM | 2:22.61 | 833 | Roycraft, Sydney | F | TWST | 7/25/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 5 | 200 BK LCM | 2:22.97 | 827 | Pratt, Carly | F | TWST | 7/21/2010 | 2010 ST TXLA LC TAGS | 2008-2012 AAAA | 13-14 |
| 6 | 200 BK LCM | 2:24.34 | 805 | Gawronska, Zoe | F | TWST | 7/28/2015 | 2015 IN NCSA Summer Swimming | 2012-2016 AAAA | 13-14 |
| 7 | 200 BK LCM | 2:25.64 | 784 | Stabler, Michelle | F | TWST | 10/14/2000 | 2000 US Star 13 & Up Ope | 2000-2004 AAAA | 13-14 |
| 8 | 200 BK LCM | 2:25.70 | 817 | Sinkovic, Madeline | F | TWST | 7/25/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAA | 13-14 |
| 9 | 200 BK LCM | 2:25.97 | 779 | Lopez, Julianna | F | TWST | 7/29/2017 | 2017 ST TXLA Long Course TAGS | 2016-2020 AAA | 13-14 |
| 10 | 200 BK LCM | 2:26.98 | 763 | Murphy, Megan | F | TWST | 7/30/2016 | 2016 ST Long Course Texas AG | 2012-2016 AAA | 13-14 |
| 1 | 100 BR LCM | 1:14.17 | 873 | Flynn, Kelly | F | TWST | 8/12/2003 | 2003 GU NCSA Junior Long Course C | 2007 Summer US Open | 13-14 |
| 2 | 100 BR LCM | 1:15.80 | 824 | Eberwein, Victoria | F | TWST | 7/29/2009 | 2009 GU AGS TAGS LC Champs | 2008-2012 AAAA | 13-14 |
| 3 | 100 BR LCM | 1:15.93 | 817 | Leneave, Kelsey | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 4 | 100 BR LCM | 1:16.38 | 808 | Krantzcke, Isabella | F | TWST | 7/29/2017 | 2017 ST TXLA Long Course TAGS | 2016-2020 AAAA | 13-14 |
| 5 | 100 BR LCM | 1:16.54 | 799 | Nichols, Valerie | F | TWST | 7/30/1997 | Lc Tags | 1997 AAAA | 13-14 |

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4/7/2024 6:09:07 PM

Time Standard Selected: "Slower than B"

| Rank | Event | Time | Power Points | Name | Comp Cat. | Club | Swim Date | Meet | Standard | Age Group |
|------|------------|---------|--------------|------------------------|-----------|------|-----------|--|-----------------------------|-----------|
| 6 | 100 BR LCM | 1:16.90 | 789 | Fields, Karsten | F | TWST | 2/26/2016 | 2016 NT LAC Stampede | 2012-2016 AAAA | 13-14 |
| 7 | 100 BR LCM | 1:17.51 | 771 | Neff, Payton | F | TWST | 6/19/2014 | 2014 GU TWST Senior Invitational | 2012-2016 AAA | 13-14 |
| 8 | 100 BR LCM | 1:17.56 | 770 | Deardorf, Erika | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 9 | 100 BR LCM | 1:17.91 | 760 | Bub, Hannah | F | TWST | 7/25/2012 | Texas Age Group Championships | 2008-2012 AAA | 13-14 |
| 10 | 100 BR LCM | 1:18.42 | 745 | Winnier, Sarah | F | TWST | 6/17/2017 | 2017 GU TWST Senior Invite | 2016-2020 AAA | 13-14 |
| 1 | 200 BR LCM | 2:39.47 | 860 | Flynn, Kelly | F | TWST | 7/21/2004 | 2004 ST TAGS LC Champs | 2007 Summer US Open | 13-14 |
| 2 | 200 BR LCM | 2:41.99 | 818 | Eberwein, Victoria | F | TWST | 7/21/2010 | 2010 ST TXLA LC TAGS | 2008-2012 AAAA | 13-14 |
| 3 | 200 BR LCM | 2:43.09 | 804 | Krantzcke, Isabella | F | TWST | 7/29/2018 | 2018 ST TXLA Long Course TAGS | 2019 Futures (LCM) | 13-14 |
| 4 | 200 BR LCM | 2:45.98 | 766 | Fields, Karsten | F | TWST | 7/26/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 5 | 200 BR LCM | 2:46.14 | 764 | Leneave, Kelsey | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 6 | 200 BR LCM | 2:46.81 | 755 | Deardorf, Erika | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 7 | 200 BR LCM | 2:47.03 | 761 | Hager, Lauren | F | TWST | 7/23/2008 | 2008 ST TXLA TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 8 | 200 BR LCM | 2:47.49 | 746 | Neff, Payton | F | TWST | 7/23/2014 | 2014 ST Texas Age Group Championships | 2012-2016 AAA | 13-14 |
| 9 | 200 BR LCM | 2:49.58 | 728 | Bub, Hannah | F | TWST | 7/20/2011 | 2011 ST Long Course TAGS | 2008-2012 AAA | 13-14 |
| 10 | 200 BR LCM | 2:49.86 | 716 | Love, Rebekah | F | TWST | 7/24/2002 | 2002 Tags Long C | 2000-2004 AAA | 13-14 |
| 1 | 100 FL LCM | 1:01.40 | 927 | Nordmann, Lucie | F | TWST | 3/20/2015 | 2015 FL NCSA Spring Champs | 2015 Winter Nationals (LCM) | 13-14 |
| 2 | 100 FL LCM | 1:04.31 | 859 | Nordmann, Lillian | F | TWST | 8/6/2015 | 2015 CA North American Challen | 2012-2016 AAAA | 13-14 |
| 3 | 100 FL LCM | 1:04.55 | 816 | Wiles, Lily | F | TWST | 7/8/2023 | 2023 ST TXLA Speedo SZ LC Sectional Championships | 2023 Futures (LCM) | 13-14 |
| 4 | 100 FL LCM | 1:04.62 | 814 | Richard, Sophia | F | TWST | 6/23/2023 | 2023 ST AAAA-NS George Block Invitational | 2024 Futures (LCM) | 13-14 |
| 5 | 100 FL LCM | 1:04.64 | 812 | Weber, Taylor | F | TWST | 7/24/2002 | 2002 Tags Long C | 2000-2004 AAAA | 13-14 |
| 6 | 100 FL LCM | 1:04.83 | 806 | Staffeldt, Valerieanne | F | TWST | 7/29/2016 | 2016 ST Long Course Texas AG | 2012-2016 AAAA | 13-14 |
| 7 | 100 FL LCM | 1:05.94 | 768 | Gropp, Ashley | F | TWST | 7/18/2007 | 2007 ST TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 8 | 100 FL LCM | 1:06.04 | 764 | Salva, Karalynn | F | TWST | 7/27/2018 | 2018 ST TXLA Long Course TAGS | 2016-2020 AAA | 13-14 |
| 9 | 100 FL LCM | 1:06.09 | 763 | Amundsen, Kelsey | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2004-2008 AAAA | 13-14 |
| 10 | 100 FL LCM | 1:06.40 | 752 | Walker, Katie-li | F | TWST | 7/21/2010 | 2010 ST TXLA LC TAGS | 2008-2012 AAAA | 13-14 |
| 1 | 200 FL LCM | 2:19.64 | 859 | Weber, Taylor | F | TWST | 8/5/2002 | 2002 NCSA Junior | 2007 Summer US Open | 13-14 |
| 2 | 200 FL LCM | 2:19.93 | 855 | Wiles, Lily | F | TWST | 7/26/2023 | 2023 Futures Championships - San Antonio, TX - Cap Reached | 2024 Futures (LCM) | 13-14 |
| 3 | 200 FL LCM | 2:20.89 | 883 | Nordmann, Lillian | F | TWST | 8/7/2015 | 2015 CA North American Challen | 2012-2016 AAAA | 13-14 |
| 4 | 200 FL LCM | 2:21.55 | 873 | Adams, Natalie | F | TWST | 8/9/2005 | 2005 US Junior Champs TT | 2004-2008 AAAA | 13-14 |
| 5 | 200 FL LCM | 2:22.04 | 823 | Tank, Isabel | F | TWST | 7/31/2012 | 2012 GU TWST SCS LC Sectional | 2008-2012 AAAA | 13-14 |
| 6 | 200 FL LCM | 2:22.96 | 809 | Salva, Karalynn | F | TWST | 7/26/2018 | 2018 ST TXLA Long Course TAGS | 2016-2020 AAAA | 13-14 |
| 7 | 200 FL LCM | 2:23.27 | 848 | Ebert, Nicole | F | TWST | 8/5/1997 | 1997 US Clov Lcm Jr Chmp | 1997 AAAA | 13-14 |

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| Rank | Event | Time | Power Points | Name | Comp Cat. | Club | Swim Date | Meet | Standard | Age Group |
|------|------------|---------|--------------|---------------------|-----------|------|-----------|---|---------------------------|-----------|
| 8 | 200 FL LCM | 2:23.62 | 800 | Pope, Abigail | F | TWST | 7/31/2019 | 2019 Zone Senior Champs - Tupelo | 2016-2020 AAAA | 13-14 |
| 9 | 200 FL LCM | 2:24.21 | 791 | Justice, Laura | F | TWST | 6/22/2006 | 2006 GU UH LC Gulf Champs | 2004-2008 AAAA | 13-14 |
| 10 | 200 FL LCM | 2:24.70 | 827 | Foster, Mary | F | TWST | 7/21/2004 | 2004 ST TAGS LC Champs | 2000-2004 AAAA | 13-14 |
| 1 | 200 IM LCM | 2:22.21 | 853 | Gawronska, Zoe | F | TWST | 7/23/2015 | 2015 ST TXLA LC TAGS | 2015 Winter Juniors (SCY) | 13-14 |
| 2 | 200 IM LCM | 2:22.62 | 846 | Ramirez, Kristen | F | TWST | 4/6/2014 | XV CAMEX 2014 Championships | 2012-2016 AAAA | 13-14 |
| 3 | 200 IM LCM | 2:24.07 | 820 | Amundsen, Kelsey | F | TWST | 7/20/2005 | 2005 ST TAGS LCM Champs | 2007 Summer US Open | 13-14 |
| 4 | 200 IM LCM | 2:25.00 | 804 | Fields, Karsten | F | TWST | 7/23/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |
| 5 | 200 IM LCM | 2:25.86 | 789 | Krantzcke, Isabella | F | TWST | 7/26/2018 | 2018 ST TXLA Long Course TAGS | 2019 Futures (LCM) | 13-14 |
| 6 | 200 IM LCM | 2:26.20 | 834 | Wiles, Lily | F | TWST | 7/21/2022 | 2022-NT MARS LC TAGS | 2023 Futures (LCM) | 13-14 |
| 7 | 200 IM LCM | 2:26.56 | 828 | Hager, Lauren | F | TWST | 7/23/2008 | 2008 ST TXLA TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 8 | 200 IM LCM | 2:27.39 | 762 | Reese, Emily | F | TWST | 6/19/2014 | 2014 GU TWST Senior Invitational | 2012-2016 AAAA | 13-14 |
| 9 | 200 IM LCM | 2:27.61 | 759 | Pratt, Carly | F | TWST | 7/21/2010 | 2010 ST TXLA LC TAGS | 2008-2012 AAAA | 13-14 |
| 10 | 200 IM LCM | 2:28.85 | 789 | Adams, Natalie | F | TWST | 7/7/2005 | 2005 GU TWST Open | 2004-2008 AAAA | 13-14 |
| 1 | 400 IM LCM | 5:00.57 | 888 | Adams, Natalie | F | TWST | 8/9/2005 | 2005 Summer Junior Nats | 2007 Summer US Open | 13-14 |
| 2 | 400 IM LCM | 5:01.42 | 841 | Gawronska, Zoe | F | TWST | 7/30/2015 | 2015 IN NCSA Summer Swimming | 2015 Winter Juniors (SCY) | 13-14 |
| 3 | 400 IM LCM | 5:03.79 | 862 | Neff, Payton | F | TWST | 7/24/2013 | 2013 ST Texas Age Group Champi | 2012-2016 AAAA | 13-14 |
| 4 | 400 IM LCM | 5:05.47 | 809 | Krantzcke, Isabella | F | TWST | 7/27/2018 | 2018 ST TXLA Long Course TAGS | 2019 Futures (LCM) | 13-14 |
| 5 | 400 IM LCM | 5:07.12 | 836 | Hager, Lauren | F | TWST | 7/23/2008 | 2008 ST TXLA TAGS LC Champs | 2004-2008 AAAA | 13-14 |
| 6 | 400 IM LCM | 5:07.71 | 831 | Eberwein, Victoria | F | TWST | 7/29/2009 | 2009 GU AGS TAGS LC Champs | 2008-2012 AAAA | 13-14 |
| 7 | 400 IM LCM | 5:08.38 | 787 | Wiles, Lily | F | TWST | 7/7/2023 | 2023 ST TXLA Speedo SZ LC Sectional Championships | "AAAA" | 13-14 |
| 8 | 400 IM LCM | 5:10.60 | 769 | Reese, Emily | F | TWST | 6/19/2014 | 2014 GU TWST Senior Invitational | 2012-2016 AAAA | 13-14 |
| 9 | 400 IM LCM | 5:10.71 | 768 | Pope, Abigail | F | TWST | 6/29/2019 | 2019 GU TWST LC Senior Invite | 2016-2020 AAAA | 13-14 |
| 10 | 400 IM LCM | 5:10.82 | 768 | Fields, Karsten | F | TWST | 7/24/2015 | 2015 ST TXLA LC TAGS | 2012-2016 AAAA | 13-14 |