

# The Woodlands Swim Team Times Report For 4/1/1975 - 4/7/2024

4/7/2024 6:10:12 PM



Time Standard Selected: "Slower than B"

Rank	Event	Time	Power Points	Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	50 FR LCM	26.45	859	Staffeldt, Valerieanne	F	TWST	8/4/2018	2018 Zone Senior Champs - Huntsville	2018 Winter Nationals (LCM)	15-16
2	50 FR LCM	26.48	859	Nordmann, Lucie	F	TWST	8/8/2015	2015 U.S. Nats Time Trials	2015 Winter Nationals (LCM)	15-16
3	50 FR LCM	26.72	836	Gawronska, Zoe	F	TWST	8/5/2017	2017 GU AGS Southern Zone Senior Champs	2017 Winter Juniors (SCY)	15-16
4	50 FR LCM	26.98	813	Amos, Elena	F	TWST	7/9/2023	2023 ST TXLA Speedo SZ LC Sectional Championships	2023 Futures (LCM)	15-16
5	50 FR LCM	27.03	809	McCarthy, Meredith	F	TWST	8/12/2003	2003 GU NCSA Junior Long Course C	2007 Summer US Open	15-16
6	50 FR LCM	27.07	808	Gumina, Monica	F	TWST	7/28/2015	2015 IN NCSA Summer Swimming	2012-2016 AAAA	15-16
7	50 FR LCM	27.08	804	Vetalice, Kelsey	F	TWST	6/20/2013	2013 GU TWST Senior Invitational	2012-2016 AAAA	15-16
7	50 FR LCM	27.08	807	Amundsen, Kelsey	F	TWST	8/7/2006	2006 Summer Junior Nats	2007 Summer US Open	15-16
7	50 FR LCM	27.08	805	Lovick, Marley	F	TWST	6/3/2023	2023 GU Texas Senior Circuit 2	2023 Futures (LCM)	15-16
10	50 FR LCM	27.52	767	Sorensen, Alexandria	F	TWST	7/8/2010	2010 ST Texas Senior Circuit Long	2008-2012 AAAA	15-16
1	100 FR LCM	56.70	881	Vetalice, Kelsey	F	TWST	8/5/2013	2013 Summer Junior Nats	2015 Winter Nationals (LCM)	15-16
2	100 FR LCM	57.34	863	Nordmann, Lucie	F	TWST	7/28/2015	2015 IN NCSA Summer Swimming	2015 Winter Nationals (LCM)	15-16
3	100 FR LCM	57.47	845	Leneave, Kelsey	F	TWST	7/16/2009	2009 GU UH LC Sectionals	2011 Winter Nationals (LCM)	15-16
4	100 FR LCM	57.77	843	Gumina, Monica	F	TWST	7/30/2015	2015 IN NCSA Summer Swimming	2016 Summer Juniors (LCM)	15-16
5	100 FR LCM	57.89	838	McCarthy, Meredith	F	TWST	8/5/2003	2003 Summer Nationals	2007 Summer US Open	15-16
6	100 FR LCM	58.09	829	Lovick, Marley	F	TWST	7/28/2022	2022 Futures - College Station	2022 Winter Juniors (SCY)	15-16
7	100 FR LCM	58.23	822	Staffeldt, Valerieanne	F	TWST	8/2/2017	2017 GU AGS Southern Zone Senior Champs	2017 Winter Juniors (SCY)	15-16
8	100 FR LCM	58.27	821	Amundsen, Kelsey	F	TWST	8/7/2006	2006 Summer Junior Nats	2007 Summer US Open	15-16
9	100 FR LCM	58.33	806	Gawronska, Zoe	F	TWST	8/4/2017	2017 GU AGS Southern Zone Senior Champs	2017 Winter Juniors (SCY)	15-16
10	100 FR LCM	59.16	781	Foster, Erin	F	TWST	3/20/2008	2008 FL NCSA Junior National Swim	2004-2008 AAAA	15-16
1	200 FR LCM	2:02.41	881	Vetalice, Kelsey	F	TWST	8/5/2013	2013 Summer Junior Nats	2014 Summer Nationals (LCM)	15-16
2	200 FR LCM	2:02.48	880	Leneave, Kelsey	F	TWST	8/10/2009	2009 Summer Junior Nats	2010 Summer Nationals (LCM)	15-16
3	200 FR LCM	2:03.39	858	Foster, Erin	F	TWST	3/18/2009	2009 FL NCSA Junior Nats	2011 Winter Nationals (LCM)	15-16
4	200 FR LCM	2:03.58	872	Gawronska, Zoe	F	TWST	7/23/2016	2016 GU TWST Gulf Champs	2017 Winter Nationals (LCM)	15-16
5	200 FR LCM	2:04.56	849	Gumina, Monica	F	TWST	7/29/2015	2015 IN NCSA Summer Swimming	2015 Winter Nationals (LCM)	15-16

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Rank	Event	Time	Power Points	Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
6	200 FR LCM	2:05.49	827	Halmy, Dorothy	F	TWST	8/5/2013	2013 Summer Junior Nats	2012-2016 AAAA	15-16
7	200 FR LCM	2:05.83	800	McCarthy, Meredith	F	TWST	6/17/2004	2004 ST Texas Senior Circuit Champs	2007 Summer US Open	15-16
8	200 FR LCM	2:06.08	813	Nordmann, Lucie	F	TWST	6/19/2015	2015 GU TWST Senior Invitational	2012-2016 AAAA	15-16
9	200 FR LCM	2:06.25	809	Lewis, Jaime	F	TWST	8/5/1997	1997 US Clov Lcm Jr Chmp	2007 Summer US Open	15-16
9	200 FR LCM	2:06.25	790	Swartz, Genevieve	F	TWST	3/19/2008	2008 FL NCSA Junior National Swim	2008 Winter Nationals (LCM)	15-16
1	400 FR LCM	4:14.22	912	Leneave, Kelsey	F	TWST	8/10/2009	2009 Summer Junior Nats	2010 Summer Nationals (LCM)	15-16
2	400 FR LCM	4:16.22	888	Vetalice, Kelsey	F	TWST	8/5/2013	2013 Summer Junior Nats	2014 Summer Nationals (LCM)	15-16
3	400 FR LCM	4:17.43	908	Gawronska, Zoe	F	TWST	6/17/2016	2016 GU TWST Senior Invite	2016 Olympic Trials	15-16
4	400 FR LCM	4:17.51	873	Foster, Erin	F	TWST	7/16/2009	2009 GU UH LC Sectionals	2010 Summer Nationals (LCM)	15-16
5	400 FR LCM	4:21.12	830	Halmy, Dorothy	F	TWST	1/15/2015	2015 Pro Series - Austin	2016 Summer Juniors (LCM)	15-16
6	400 FR LCM	4:21.19	830	Maddalena, Gabrielle	F	TWST	8/9/2004	2004 PC NCSA LC JRNATS	2007 Summer US Open	15-16
7	400 FR LCM	4:22.27	850	Manning, Lindsay	F	TWST	7/28/2010	2010 GU TWST Speedo Champs	2011 Winter Nationals (LCM)	15-16
8	400 FR LCM	4:22.99	842	Nordmann, Lucie	F	TWST	7/11/2015	2015 ST TXLA Speedo Southern	2015 Winter Juniors (SCY)	15-16
9	400 FR LCM	4:23.80	833	Neff, Payton	F	TWST	7/31/2015	2015 IN NCSA Summer Swimming	2012-2016 AAAA	15-16
10	400 FR LCM	4:24.17	795	Boyles, Ashley	F	TWST	12/2/2011	2011 GU AGS Senior Champs	2008-2012 AAAA	15-16
1	800 FR LCM	8:48.05	894	Gawronska, Zoe	F	TWST	6/16/2016	2016 GU TWST Senior Invite	2016 Olympic Trials	15-16
2	800 FR LCM	8:48.92	873	Vetalice, Kelsey	F	TWST	8/5/2013	2013 Summer Junior Nats	2014 Summer Nationals (LCM)	15-16
3	800 FR LCM	8:54.44	861	Halmy, Dorothy	F	TWST	8/5/2013	2013 Summer Junior Nats	2015 Winter Nationals (LCM)	15-16
4	800 FR LCM	8:54.83	859	Neff, Payton	F	TWST	2/26/2015	2015 NT LAC Big 10 Stampede	2016 Summer Juniors (LCM)	15-16
5	800 FR LCM	8:55.02	840	Maddalena, Gabrielle	F	TWST	8/9/2004	2004 PC NCSA LC JRNATS	2005 Summer Nationals (LCM)	15-16
6	800 FR LCM	8:58.61	839	Manning, Lindsay	F	TWST	7/28/2010	2010 GU TWST Speedo Champs	2011 Winter Nationals (LCM)	15-16
7	800 FR LCM	8:59.98	815	Nelson, Elizabeth	F	TWST	8/6/2007	2007 Summer Junior Nats	2008 Summer US Open	15-16
8	800 FR LCM	9:00.72	811	Lewis, Jaime	F	TWST	8/11/1998	1998 US Nat	2007 Summer US Open	15-16
9	800 FR LCM	9:01.85	822	Ebert, Nicole	F	TWST	7/27/1999	Junior National	2007 Summer US Open	15-16
10	800 FR LCM	9:03.24	798	Boyles, Ashley	F	TWST	7/26/2011	2011 GU TWST Speedo Champs	2013 Summer Juniors (LCM)	15-16
1	1500 FR LCM	16:54.61	892	Maddalena, Gabrielle	F	TWST	8/9/2004	2004 PC NCSA LC JRNATS	2005 Summer Nationals (LCM)	15-16
2	1500 FR LCM	17:01.73	873	Vetalice, Kelsey	F	TWST	6/20/2013	2013 GU TWST Senior Invitational	2015 Winter Nationals	15-16

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Rank	Event	Time	Power Points	Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
3	1500 FR LCM	17:05.30	863	Nelson, Elizabeth	F	TWST	3/27/2007	2007 Spring Nationals	2007 Summer Nationals (LCM)	15-16
4	1500 FR LCM	17:06.62	860	Lewis, Jaime	F	TWST	8/11/1998	1998 US Nat	1999 Summer Nationals (LCM)	15-16
5	1500 FR LCM	17:14.71	853	Neff, Payton	F	TWST	3/1/2015	2015 NT LAC Big 10 Stampede	2015 Winter Juniors (SCY)	15-16
6	1500 FR LCM	17:17.10	847	Ebert, Nicole	F	TWST	3/28/1999	1999 National Champs	2007 Summer US Open	15-16
7	1500 FR LCM	17:19.58	840	Sosdian, Erin	F	TWST	8/6/2007	2007 Summer Junior Nats	2008 Summer US Open	15-16
8	1500 FR LCM	17:25.96	823	Nordmann, Lucie	F	TWST	6/18/2015	2015 GU TWST Senior Invitational	2012-2016 AAAA	15-16
9	1500 FR LCM	17:32.14	807	Justice, Laura	F	TWST	8/6/2007	2007 Summer Junior Nats	2007 Summer Juniors (LCM)	15-16
10	1500 FR LCM	17:34.24	802	Halmy, Dorothy	F	TWST	6/20/2013	2013 GU TWST Senior Invitational	2012-2016 AAAA	15-16
1	100 BK LCM	1:02.88	936	Nordmann, Lucie	F	TWST	7/30/2015	2015 IN NCSA Summer Swimming	2016 Olympic Trials	15-16
2	100 BK LCM	1:04.13	887	Cooke, Margaret	F	TWST	8/13/2010	2010 Summer Junior Nats	2011 Summer Nationals (LCM)	15-16
2	100 BK LCM	1:04.13	868	Taber, Paige	F	TWST	8/6/2021	2021 Speedo Summer Championships West	2021 Winter US Open (LCM)	15-16
4	100 BK LCM	1:04.25	864	Gawronska, Zoe	F	TWST	8/4/2017	2017 GU AGS Southern Zone Senior Champs	2017 Winter Nationals (LCM)	15-16
5	100 BK LCM	1:05.73	825	Pratt, Carly	F	TWST	7/26/2011	2011 GU TWST Speedo Champs	2011 Winter Nationals (LCM)	15-16
6	100 BK LCM	1:06.03	814	Gumina, Monica	F	TWST	6/20/2015	2015 GU TWST Senior Invitational	2012-2016 AAAA	15-16
7	100 BK LCM	1:06.08	812	Roycraft, Sydney	F	TWST	8/6/2016	2016 Futures - Austin	2012-2016 AAAA	15-16
7	100 BK LCM	1:06.08	812	Chin, Alyssa	F	TWST	7/27/1999	Junior Champs Ba	2007 Summer US Open	15-16
9	100 BK LCM	1:06.89	763	Chambers, Natalie	F	TWST	3/3/2012	2012 GU AGS Speedo Sectional Champs	2008-2012 AAA	15-16
10	100 BK LCM	1:07.52	740	Reese, Jennifer	F	TWST	8/4/2009	2009 GU TWST Senior SZ Champs	2008-2012 AAA	15-16
1	200 BK LCM	2:16.37	903	Gawronska, Zoe	F	TWST	6/19/2016	2016 GU TWST Senior Invite	2016 Olympic Trials	15-16
2	200 BK LCM	2:18.20	854	Taber, Paige	F	TWST	12/10/2020	2020 NT LAC Time Trial	2021 Summer Juniors (LCM)	15-16
3	200 BK LCM	2:18.67	865	Nordmann, Lucie	F	TWST	7/28/2015	2015 IN NCSA Summer Swimming	2015 Winter Nationals (LCM)	15-16
4	200 BK LCM	2:20.22	839	Cooke, Margaret	F	TWST	8/9/2010	2010 Summer Junior Nats	2011 Winter Nationals (LCM)	15-16
5	200 BK LCM	2:21.01	826	Roycraft, Sydney	F	TWST	8/7/2016	2016 Futures - Austin	2012-2016 AAAA	15-16
6	200 BK LCM	2:22.23	807	Gumina, Monica	F	TWST	7/28/2015	2015 IN NCSA Summer Swimming	2012-2016 AAA	15-16
7	200 BK LCM	2:22.81	797	Pratt, Carly	F	TWST	7/26/2011	2011 GU TWST Speedo Champs	2008-2012 AAAA	15-16

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8	200 BK LCM	2:22.94	776	Henson, Emily	F	TWST	2/28/2015	2015 NT LAC Big 10 Stampede	2012-2016 AAA	15-16
9	200 BK LCM	2:24.33	754	Reese, Jennifer	F	TWST	8/4/2009	2009 GU TWST Senior SZ Champs	2008-2012 AAA	15-16
10	200 BK LCM	2:25.10	761	Krantzcke, Isabella	F	TWST	7/21/2019	2019 GU TWST Senior Champs	2016-2020 AAA	15-16
1	100 BR LCM	1:13.00	829	Leneave, Kelsey	F	TWST	3/17/2009	2009 FL NCSA Junior Nats	2011 Winter Nationals (LCM)	15-16
2	100 BR LCM	1:14.23	806	Riederer, Evlin	F	TWST	7/22/2021	2021 ST TXLA Speedo Southern Sectionals	2022 Futures (LCM)	15-16
3	100 BR LCM	1:14.35	803	Krantzcke, Isabella	F	TWST	8/2/2019	2019 Zone Senior Champs - Tupelo	2021 Futures (LCM)	15-16
4	100 BR LCM	1:15.23	762	Beddingfield, Brooke	F	TWST	8/5/2016	2016 FL ISCA Summer Seniors Champ	2012-2016 AAAA	15-16
5	100 BR LCM	1:15.29	775	Hunt, Victoria	F	TWST	7/29/2014	2014 FL Southern Zone Senior LC C	2012-2016 AAAA	15-16
6	100 BR LCM	1:15.34	759	Gawronska, Zoe	F	TWST	8/4/2017	2017 GU AGS Southern Zone Senior Champs	2016-2020 AAA	15-16
7	100 BR LCM	1:15.70	763	Flynn, Kelly	F	TWST	3/28/2006	2006 Spring Championships TT	2004-2008 AAAA	15-16
8	100 BR LCM	1:16.32	744	Fields, Karsten	F	TWST	7/23/2016	2016 GU TWST Gulf Champs	2012-2016 AAA	15-16
9	100 BR LCM	1:16.35	729	Vetter, Delrae	F	TWST	7/22/2021	2021 ST TXLA Speedo Southern Sectionals	"AAA"	15-16
10	100 BR LCM	1:16.77	731	Nichols, Valerie	F	TWST	8/1/1998	Jun	1998 AAAA	15-16
1	200 BR LCM	2:36.62	853	Gawronska, Zoe	F	TWST	8/2/2017	2017 GU AGS Southern Zone Senior Champs	2017 Winter Nationals (LCM)	15-16
2	200 BR LCM	2:39.52	814	Riederer, Evlin	F	TWST	7/29/2022	2022 Futures - College Station	2023 Futures (LCM)	15-16
3	200 BR LCM	2:40.45	801	Beddingfield, Brooke	F	TWST	8/4/2016	2016 FL ISCA Summer Seniors Champ	2012-2016 AAAA	15-16
4	200 BR LCM	2:41.11	796	Krantzcke, Isabella	F	TWST	7/31/2019	2019 Zone Senior Champs - Tupelo	2021 Futures (LCM)	15-16
5	200 BR LCM	2:41.26	794	Flynn, Kelly	F	TWST	3/28/2006	2006 Spring Nationals	2007 Summer US Open	15-16
6	200 BR LCM	2:42.06	784	Hunt, Victoria	F	TWST	6/21/2015	2015 GU TWST Senior Invitational	2012-2016 AAAA	15-16
7	200 BR LCM	2:43.06	770	Deardorf, Erika	F	TWST	7/26/2006	2006 GU Speedo Sectionals	2004-2008 AAAA	15-16
8	200 BR LCM	2:43.57	764	Leneave, Kelsey	F	TWST	7/29/2008	2008 GA Southern Zone Champs	2004-2008 AAAA	15-16
9	200 BR LCM	2:45.52	738	Eberwein, Victoria	F	TWST	1/14/2011	2011 Pro Swim - Austin	2008-2012 AAA	15-16
10	200 BR LCM	2:46.17	726	O'Very, Meghan	F	TWST	7/16/2009	2009 GU UH LC Sectionals	2008-2012 AAA	15-16
1	100 FL LCM	1:02.11	875	Nordmann, Lucie	F	TWST	8/6/2015	2015 Summer Nationals	2015 Winter Nationals (LCM)	15-16
2	100 FL LCM	1:02.37	846	Weber, Taylor	F	TWST	8/9/2004	2004 PC NCSA LC JRNATS	2005 Summer Nationals (LCM)	15-16
3	100 FL LCM	1:02.56	859	Reese, Emily	F	TWST	2/28/2015	2015 NT LAC Big 10 Stampede	2015 Winter Nationals (LCM)	15-16
4	100 FL LCM	1:03.71	799	Swanson, Eriel	F	TWST	3/27/2007	2007 Spring Nationals	2007 Summer US Open	15-16
5	100 FL LCM	1:03.85	794	Halmy, Dorothy	F	TWST	7/10/2014	2014 ST TXLA Texas Senior Circ	2012-2016 AAAA	15-16
6	100 FL LCM	1:04.39	775	Foster, Erin	F	TWST	6/11/2009	2009 ST Texas Senior Circuit	2008-2012 AAAA	15-16

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7	100 FL LCM	1:04.41	794	Staffeldt, Valerieanne	F	TWST	8/4/2017	2017 GU AGS Southern Zone Senior Champs	2016-2020 AAA	15-16
8	100 FL LCM	1:04.46	773	Tank, Isabel	F	TWST	7/29/2014	2014 FL Southern Zone Senior LC C	2012-2016 AAAA	15-16
9	100 FL LCM	1:04.47	773	Amos, Elena	F	TWST	7/28/2023	2023 Futures Championships - San Antonio, TX - Cap Reached	2024 Futures (LCM)	15-16
10	100 FL LCM	1:04.59	768	Amundsen, Kelsey	F	TWST	12/7/2007	2007 GU AGS Senior Champions	2004-2008 AAAA	15-16
1	200 FL LCM	2:15.56	887	Swanson, Eriel	F	TWST	3/27/2007	2007 Spring Nationals	2008 Olympic Trials	15-16
2	200 FL LCM	2:17.01	865	Leneave, Kelsey	F	TWST	8/10/2009	2009 Summer Junior Nats	2011 Winter Nationals (LCM)	15-16
3	200 FL LCM	2:17.54	857	Foster, Erin	F	TWST	6/11/2009	2009 ST Texas Senior Circuit	2011 Winter Nationals (LCM)	15-16
3	200 FL LCM	2:17.54	857	Weber, Taylor	F	TWST	8/9/2004	2004 PC NCSA LC JRNATS	2007 Summer US Open	15-16
5	200 FL LCM	2:17.55	859	Halmy, Dorothy	F	TWST	7/30/2013	2013 GU TWST Sectional Champs	2013 Winter Juniors (SCY)	15-16
6	200 FL LCM	2:17.83	852	Gawronska, Zoe	F	TWST	8/2/2017	2017 GU AGS Southern Zone Senior Champs	2017 Winter Juniors (SCY)	15-16
7	200 FL LCM	2:18.18	847	Ebert, Nicole	F	TWST	8/1/2000	2000 US Speedo Jr.champs	2007 Summer US Open	15-16
8	200 FL LCM	2:19.49	827	Tank, Isabel	F	TWST	7/29/2014	2014 FL Southern Zone Senior LC C	2014 Winter Juniors (SCY)	15-16
9	200 FL LCM	2:19.85	822	Rash, Catherine	F	TWST	6/25/2010	2010 GU TWST Senior Invitational	2010 Summer US Open	15-16
10	200 FL LCM	2:20.24	816	Reese, Emily	F	TWST	7/29/2015	2015 IN NCSA Summer Swimming	2012-2016 AAAA	15-16
1	200 IM LCM	2:17.12	915	Leneave, Kelsey	F	TWST	8/10/2009	2009 Summer Junior Nats	2010 Summer Nationals (LCM)	15-16
2	200 IM LCM	2:18.52	895	Gawronska, Zoe	F	TWST	6/17/2016	2016 GU TWST Senior Invite	2016 Olympic Trials	15-16
3	200 IM LCM	2:21.00	850	Amundsen, Kelsey	F	TWST	8/7/2006	2006 Summer Junior Nats	2007 Summer Nationals (LCM)	15-16
4	200 IM LCM	2:22.35	826	Krantzcke, Isabella	F	TWST	8/3/2019	2019 Zone Senior Champs - Tupelo	2021 Futures (LCM)	15-16
5	200 IM LCM	2:22.52	823	Nordmann, Lucie	F	TWST	6/19/2015	2015 GU TWST Senior Invitational	2012-2016 AAAA	15-16
6	200 IM LCM	2:22.58	816	Riederer, Evlin	F	TWST	7/30/2022	2022 Futures Championships - C	2023 Futures (LCM)	15-16
7	200 IM LCM	2:23.05	814	Reese, Emily	F	TWST	6/19/2015	2015 GU TWST Senior Invitational	2012-2016 AAAA	15-16
8	200 IM LCM	2:24.07	790	Lewis, Jaime	F	TWST	3/28/1999	1999 National Champs	2007 Summer US Open	15-16
9	200 IM LCM	2:24.92	775	Everett, Ainsley	F	TWST	8/4/2018	2018 Zone Senior Champs - Huntsville	2019 Futures (LCM)	15-16
10	200 IM LCM	2:25.53	765	Flynn, Kelly	F	TWST	7/26/2006	2006 GU Speedo Sectionals	2004-2008 AAAA	15-16
1	400 IM LCM	4:50.06	891	Leneave, Kelsey	F	TWST	8/10/2009	2009 Summer Junior Nats	2010 Summer Nationals (LCM)	15-16
2	400 IM LCM	4:50.28	889	Gawronska, Zoe	F	TWST	7/14/2017	2017 GU TWST LC Senior Champs	2018 Summer Nationals (LCM)	15-16
3	400 IM LCM	4:59.94	811	Lewis, Jaime	F	TWST	8/11/1998	1998 US Nat	2007 Summer US Open	15-16

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4	400 IM LCM	5:00.39	813	Reese, Emily	F	TWST	2/27/2015	2015 NT LAC Big 10 Stampede	2015 Winter Juniors (SCY)	15-16
5	400 IM LCM	5:01.45	799	Riederer, Evlin	F	TWST	7/28/2022	2022 Futures - College Station	2023 Futures (LCM)	15-16
6	400 IM LCM	5:02.01	800	Neff, Payton	F	TWST	2/27/2015	2015 NT LAC Big 10 Stampede	2012-2016 AAAA	15-16
7	400 IM LCM	5:04.33	782	Everett, Ainsley	F	TWST	8/3/2017	2017 GU AGS Southern Zone Senior Champs	2016-2020 AAAA	15-16
8	400 IM LCM	5:05.24	775	Halmy, Dorothy	F	TWST	6/7/2013	2013 GU TAMU TSC #2	2012-2016 AAAA	15-16
9	400 IM LCM	5:05.29	774	Swanson, Eriel	F	TWST	7/27/2005	2005 ST Speedo Sectionals	2004-2008 AAAA	15-16
10	400 IM LCM	5:06.92	762	Amundsen, Kelsey	F	TWST	7/13/2006	2006 ST Senior Circuit Champs	2004-2008 AAAA	15-16