



TECHNIQUE TUNE-UPS

Level up your swimming skills.

PROVIDES AN OPPORTUNITY FOR SUMMER LEAGUE SWIMMERS WHOSE PARENTS SEEK TO PROVIDE THEM WITH A SCHOOL YEAR WEEKEND OPPORTUNITY TO WORK ON COMPETITIVE SWIMMING DRILLS AND SKILLS.

TECHNIQUE TUNEUPS IS A PROGRAM DESIGNED BY LONG TIME (AND RECENTLY RETIRED) TRINITY UNIVERSITY HEAD COACH JOHN RYAN.



IT'S A GREAT BRIDGE BETWEEN SUMMER LEAGUE SEASONS AND IS A PROVEN STEPPING STONE BETWEEN SUMMER LEAGUE PARTICIPATION AND YEAR-ROUND CLUB TEAMS, WHICH TYPICALLY REQUIRE A MUCH MORE SIGNIFICANT WEEKDAY TIME COMMITMENT.

OVER THE PAST 15 YEARS OR SO, SOME OF SAN ANTONIO'S BEST HIGH SCHOOL SWIMMERS PARTICIPATED IN THIS SEPTEMBER THRU MAY PROGRAM WHEN THEY WERE YOUNGSTERS.

PLEASE TEXT COACH RYAN AT (210)-241-1989 FOR COST AND SCHEDULE INFORMATION!