



2025 Harvest Hustle

November 22-23, 2025
Conducted under the sanction of USA Swimming
Sanction #: ST-25-90

Hosted by:
AAAA - SW

Location:	Southwest ISD Aquatic Center 9290 SW Loop 410 San Antonio, TX 78242 (210) 622-4900
Facility:	Two eight (8) lane 25-yard competition courses. Colorado automatic starting and timing. Additional lanes will be available for constant warm-ups and cool-downs. All two-piece swimsuits are prohibited everywhere within the Southwest ISD Aquatic Center. The host will ensure the required course dimensions. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and the turn end is 13 feet, 6 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.
Meet Director:	Nathan Coppock - ncoppock9619@swisd.net
Meet Referee:	Fabio Caliandro - f.caliandro@gmail.com , 210-875-2993
Admin Official:	Cody Mackall - cody.a.mackall@gmail.com
Entry Chair:	Nathan Coppock - ncoppock9619@swisd.net
Sanction:	Held under the sanction of USA Swimming. This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may only enter the meet only if they can present their current USA Swimming membership card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app). Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
Meet Format:	Timed final. No qualifying times. Two 8-lane pools will be used for competition; an adjacent pool will be used for warm-up/cool-down during the meet. All events will be seeded from fastest to slowest. Entry times will be seeded: SCY, LCM, SCM. No relays. No time trials. No deck entries.
Entry Deadline:	Sunday, November 16, 2025, at 11:59 pm
# of Sessions:	2
Medical Supervision:	During the meet, lifeguards and AED devices will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

Entry Dates	
Tuesday, November 11, 2025	12:00 PM - Entries open for AAAA
Wednesday, November 12, 2025	12:00 PM - Entries open for other teams
Sunday, November 16, 2025	11:59 PM - Entry deadline; all entries must be received

Important Meet Dates and Times	
Saturday, November 22, 2025	Athlete Entrance Opens - 7:15 AM Coaches Meeting - 7:15 AM Warmups Begin - Not before 7:30 AM Sprint Lanes Open - 8:30 AM Clear Competition Pool - 8:50 AM Meet Start - Not before 9:00 AM Positive Check-in for 500 Freestyle - no later than 9:00 AM
Sunday, November 23, 2025	Athlete Entrance Opens - 7:15 AM Warmups Begin - Not before 7:30 AM Sprint Lanes Open - 8:30 AM Clear Competition Pool - 8:50 AM Meet Start - Not before 9:00 AM Positive Check-in for 400 IM - no later than 9:00 AM

Disclaimers
In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the Alamo Area Aquatic Association (AAAA), the Southwest Independent School District, and all meet officials shall be free from any liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Organization Regulations/Waivers	
USA Swimming Rules:	• Deck changing is prohibited. Violators are subject to disqualification from the meet and disbarment from the facility. • Per USA Swimming Rule 103.13 and SWISD district policy, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program and Events Committee Chair, or designee, and SWISD. • The presence and/or use of cell phones, smartphones, or any other devices capable of producing audio recordings and/or photographic or video images in locker rooms, restrooms, or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this prohibition. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest. • All swimmers, coaches, and officials participating in this competition must be current members of USA Swimming in good standing as of the meet date(s). • No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming membership card using the USA Swimming app as proof of their membership to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the

	Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). Current national and LSC regulations do not allow for exceptions to these policies. - Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. - When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm-up, cool down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.
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Entering the Meet & Meet Procedures

Entry Limits & Entry Fees:	This meet is open to all USA Swimming athletes in good standing as of the meet date(s). <u>Maximum</u> of twelve (12) total events. Six (6) on each day Saturday and Sunday. All entries <u>must</u> include a seed time. Entries will be processed in the order received. Entries will be capped when any session with 12 & Under swimmers reaches 4 hours. Meet management has the right to modify meet operations to stay within the 4-hour time limit. \$8.00 per event (this includes the \$0.75 AAAA Splash fee) \$5.00 per athlete facility surcharge Checks payable to: Southwest ISD Mail to: Kristin Libardoni c/o Southwest ISD 9290 SW Loop 410 San Antonio, TX 78242 Memo: AAAA SW Harvest Hustle
Entry Procedures & Acceptance:	- Entries will be accepted starting on Tuesday, November 12th at 12:00 PM (noon) and must be received no later than 11:59 pm on Sunday, November 16th. Late entries will not be accepted. - The only acceptable mode of entry is via Hy-Tek Commlink File. PDF copy MUST accompany. Entries received without a seed time will not be entered into the meet and fees will not be refunded. Please e-mail entries to the Entry Chair noted below. An HYV File for importing events and time standards into Team Manager is available from https://www.stswim.org/. - Send your entries to: Nathan Coppock ncoppock9619@swisd.net - You will receive an email confirming that your entry file has been received and processed. - E-mail submissions to any other address cannot be accepted. The Commlink File must be renamed to identify the entering team clearly, the shorter the better. Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded. Athletes WILL NOT be entered into Meet Manager until the Meet Entry Report (PDF) is received.
Warm-up and Safety Guidelines:	- Warm-ups will be conducted in accordance with the current STSI Policies and Procedures on page six (6). Continuous warm-up and warm-down will be available in the adjacent lanes. Please also review the daily schedules. - The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.
Competition Guidelines and Meet Format:	- This meet will be contested in SCY. The number of lanes used for Preliminary and Timed Finals sessions will be determined by the Meet Director before the meet. - All events will be timed final and will be seeded fastest to slowest. - Positive check-in is required for the 500 freestyle and 400 IM by the start of the meet session. Athletes will not be seeded unless they check-in. Swimmers must provide their own timer (500 and 400) and counter (500). - Flyover starts may be used at the discretion of the Meet Referee.

Awards:	No awards.
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Scratch Procedures & Deadlines:	This meet will be pre-seeded from fastest to slowest and there will be no penalty for scratching from a pre-seeded event.
Eligibility:	• No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. • Membership verification deadline is 11:59 PM on Wednesday, November 19, 2025. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. • All adult athletes must hold current Athlete Protection Training certification. • Age on November 22, 2025, will determine age for the entire meet.
Athlete Necessary Accommodations:	• Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals, must provide an advance written notice, accompanying their meet entry file, to the Entry Chair or Meet Director and Meet Referee by the entry deadline. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Failure to provide advance notice may limit the meet host's ability to accommodate all requests. The suggested form can be downloaded here. In any meet that may include one or more swimmers with visual, hearing, cognitive, or physical disabilities, the judging of such competitors shall be in accordance with the current USA Swimming Rules and Regulations, including Article 105.
Waiver/Release:	• By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club-approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or STS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured in any media should inform their team's head coach and the Meet Director before the meet.
Photographs and Videos:	Teams with photographers must notify the meet director in advance. Photographers and videographers are prohibited from the area immediately behind the starting blocks and on the bulkheads.

Officials:	• All certified and in-training USA Swimming registered officials are cordially invited to participate. All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC. • The required uniform is: • White collared shirts/blouses over khaki trousers, Bermuda-length shorts, skirts, or capris • PLEASE: NO jeans, cut-offs, or flip-flops • Please report to the Meet Referee. • Any officials interested in working the meet should contact the meet referee in advance • The wearing of name tags is strongly encouraged
Timers:	Volunteer timers will be needed to conduct the meet.

Order of Events

all events will be competed in short course yards

Saturday - Session 1		Sunday - Session 2	
Event #	Event	Event #	Event
1	Girls 50 Freestyle	9	Girls 100 Freestyle
101	Boys 50 Freestyle	109	Boys 100 Freestyle
2	Girls 50 Backstroke	10	Girls 50 Breaststroke
102	Boys 50 Backstroke	110	Boys 50 Breaststroke
3	Girls 100 Butterfly	11	Girls 200 Backstroke
103	Boys 100 Butterfly	111	Boys 200 Backstroke
4	Girls 200 Breaststroke	12	Girls 100 Individual Medley
104	Boys 200 Breaststroke	112	Boys 100 Individual Medley
5	Girls 100 Backstroke	13	Girls 200 Butterfly
105	Boys 100 Backstroke	113	Boys 200 Butterfly
6	Girls 50 Butterfly	14	Girls 100 Breaststroke
106	Boys 50 Butterfly	114	Boys 100 Breaststroke
7	Girls 200 Individual Medley	15	Girls 200 Freestyle
107	Boys 200 Individual Medley	115	Boys 200 Freestyle
8**	Mixed 500 Freestyle	16*	Mixed 400 Individual Medley

*Must positive check-in by the start of the session and provide a timer.

**Must provide lap counter

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on the number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from the starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards pull buoys, or hand paddles may be used.
- III. Safety Guidelines
 - a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure they are not starting simultaneously as swimmers on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.



Clear Bag Policy for SWISD Extracurricular Events

Effective August 1, 2025, Southwest ISD will implement a Clear Bag Policy for all extracurricular events held on district campuses and facilities. This new measure is designed to **enhance safety and streamline entry procedures** for students, staff, families, and community members.

Approved Bags

Only clear bags that meet approved guidelines will be permitted inside venues. **Exceptions will be made for small clutches, necessary medical items and credentialed media** which will be subject to inspection.

We appreciate your cooperation and support as we take proactive steps to create a more secure environment for everyone.

Clear Bag

12"
12"

Clear Branded Bag

6"
4.5"
3.4"

One gallon clear resealable plastic storage bag

1 gallon

Bags must be clear plastic, vinyl or PVC and have a maximum of one logo imprint not exceeding 4.5 inches tall by 3.4 inches wide.

OR

Small Bags

The only non-clear bags permitted are small bags (with or without a strap) no larger than the size of a hand.

Non-Approved Bags

All non-clear and/or larger than those shown here:

