



**2018 UANA PAN AMERICAN  
SYNCHRONIZED SWIMMING CHAMPIONSHIPS  
AUGUST 6 - 11 , 2018  
Riverside, California - USA  
PRELIMINARY SUMMONS**

***UANA summons all of its affiliated countries to participate in the 2018 UANA Pan American Synchronized Swimming Championships to be in Riverside, California USA***

<b>ENTRY DATES:</b>	May 7, 2018	Preliminary Entries Due
	June 6, 2018	50% of all Registration Fees Due
	July 6, 2018	Final Date to mail music to OC
	July 6, 2018	Final Entries Due
	July 6, 2017	Final 50% of all Registration Fees Due

**UANA Pan American Synchronized Swimming Championships 2018**  
**Preliminary Competition Schedule**  
**August 4, 2018 - August 11, 2018**

**August 4, 2018**

-Arrival of TSSC Chairman, TSSC Secretary/Chief Referee, Assistant Referee

**August 5, 2018**

-Arrival of TSSC Commission, Chief Recorder, Judges Chair  
-Chief Referee, Commission and Chief Scorer meet with OC

**August 6, 2018**

-Arrival of TSSC

-Arrival of Delegations

-General TSSC Business Meetings throughout the day (as arrival times permit) at Hotel

13:00-18:00                   Open Pool Practice - No Music

19:00                           Figure Group Draws at Hotel

**August 7, 2018**

7:30-7:45	Length Warm-up
7:45-16:15	Official Music Practice
9:00-12:00	TSSC General Business Meetings at Pool
<b>12:00-13:00</b>	<b>Lunch Break</b>
13:00-14:30	Team Leader Meeting
14:30-16:00	Judges Meeting
16:00-16:30	Judges Meeting for Free Solo Routines
16:15-16:30	12 & Under Solo Preliminary Warm-up
16:30-16:45	Junior Free Solo Preliminary Warm-up
<b>16:50-18:00</b>	<b>12 &amp; Under Solo Preliminary</b>
<b>18:05-19:20</b>	<b>Junior Free Solo Preliminary</b>
19:25-20:00	Opening Ceremonies
20:00-20:15	Judges Meeting with Evaluator

**August 8, 2018**

8:55-9:10	Length Warm-up
8:45-9:30	Judges Meeting for 12 & Under Figures
9:10-9:30	12&Under Figure Warm-up
<b>9:35-10:35</b>	<b>12&amp;Under Figure Competition</b>
10:40-11:10	Judges Meeting for 13-15 Figures
10:40-11:05	13-15 Figure Warm-up
<b>11:15-13:20</b>	<b>13-15 Figure Competition</b>
<b>13:20-14:20</b>	<b>Lunch Break</b>
14:20-14:50	Judges Meeting for Junior Free Duet & Senior Free Duet
14:20-14:45	Junior Free Duet & Senior Free Duet Warm-up
14:55-15:00	Parade of Athletes for Junior Free Duet Final & Senior Free Duet Final
<b>15:00-16:00</b>	<b>Junior Free Duet Final Competition</b>
<b>16:00-16:30</b>	<b>Senior Free Duet Final Competition</b>
<b>16:35-16:50</b>	<b>Awards For:</b>
	<b>Junior Free Duet</b>
	<b>Senior Free Duet</b>
16:50-17:20	Judges meeting for 13 - 15 Solo Preliminary
16:50-17:15	13 - 15 Solo Preliminary Warm-up
<b>17:25-19:30</b>	<b>13-15 Solo Preliminary Competition</b>

19:30-19:45	Judges Meeting with Evaluator
<b>August 9, 2018</b>	
7:45-8:00	Length Warm-up
7:45-8:30	Judges Meeting for Junior & Senior Solo Free Routines
8:00-8:25	Junior Solo Free Final & Senior Solo Free Final Warm-up
8:35-8:45	Parade of Athletes for Junior Solo Finals & Senior Solo Free Finals
<b>8:50-9:30</b>	<b>Junior Solo Free Final Competition</b>
<b>9:30-10:10</b>	<b>Senior Solo Free Final Competition</b>
10:15-10:45	Judges Meeting for 12&Under Duet Finals
10:15-10:45	12&Under Duet Finals Warm-up
10:50-10:55	Parade of Athletes for 12&Under Duet Finals
<b>10:55-11:35</b>	<b>12&amp;Under Duet Final Competition</b>
<b>11:35-11:50</b>	<b>Awards for:</b>
	<b>Junior Solo Free</b>
	<b>Senior Solo Free</b>
	<b>12&amp;Under Duet</b>
<b>11:35-12:35</b>	<b>Lunch Break</b>
12:35-13:05	Judges Meeting for Junior Duet Tech Finals & Senior Duet Tech Finals
12:35-13:00	Junior Duet Tech, Senior Duet Tech & Mixed Duet Tech Warm-up
13:10-13:20	Junior Duet Tech, Senior Duet Tech & Mixed Duet Tech Parade of Athletes
<b>13:20-14:05</b>	<b>Junior Duet Tech Final Competition</b>
<b>14:05-14:20</b>	<b>Senior Duet Tech Final Competition</b>
<b>14:20-14:30</b>	<b>Junior Mixed Duet Tech Final Competition</b>
<b>14:30-14:40</b>	<b>Senior Mixed Duet Tech Final Competition</b>
14:45-15:15	Judge Meeting for 13-15 Duet Preliminary
14:45-15:10	13-15 Duet Preliminary Warm-up
<b>15:20-17:00</b>	<b>13-15 Duet Preliminary Competition</b>
17:05-17:35	Judges Meeting for Free Combination Finals
17:05-17:35	Free Combination Finals Warm-up
17:40-17:50	Parade of Athletes for Free Combination Finals
<b>17:50-18:50</b>	<b>Free Combination Final Competition</b>
<b>19:00-19:20</b>	<b>Awards for:</b>
	<b>Junior Duet Tech</b>
	<b>Senior Duet Tech</b>
	<b>Junior Mixed Duet Tech Final Competition</b>
	<b>Senior Mixed Duet Tech Final Competition</b>
	<b>Free Combination</b>
19:00-19:20	Judges Meeting with Evaluator
<b>August 10, 2018</b>	
8:30-8:45	Length Warm-up
8:30-9:15	Judges Meeting for 12&U Solo & 13-15 Solo Final
8:45-9:15	12&Under Solo Final & 13-15 Solo Final Warm-up
9:20-9:30	Parade of Athletes for 12&Under Solo & 13-15 Solo Finals
<b>9:30-10:30</b>	<b>12&amp;Under Solo Final Competition</b>
<b>10:30-11:30</b>	<b>13-15 Solo Final Competition</b>
11:35-12:05	Judges Meeting for Junior Tech Solo & Senior Tech Solo Finals
11:35-12:05	Junior Tech Solo & Senior Tech Solo Finals Warm-up
12:10-12:15	Parade of Athletes for Junior Tech Solo & Senior Tech Solo Finals
<b>12:15-12:45</b>	<b>Junior Tech Solo Final Competition</b>
<b>12:45-13:00</b>	<b>Senior Tech Solo Final Competition</b>
<b>13:00-14:00</b>	<b>Lunch Break</b>

<b>13:45-14:00</b>	<b>Awards for:</b> <b>Junior Tech Solo</b> <b>Senior Tech Solo</b> <b>12&amp;Under Solo</b> <b>13-15 Solo</b>
14:00-14:30	Judges Meeting for Junior Team Tech & Senior Team Tech
14:00-14:25	Junior Team Tech Final & Senior Team Tech Final Warm-up
14:35-14:55	Parade of Athletes for Junior Team Tech & Senior Team Tech Final
<b>14:55-15:25</b>	<b>Junior Team Tech Final Competition</b>
<b>15:25-15:55</b>	<b>Senior Team Tech Final Competition</b>
16:00-16:30	Judges Meeting for 13-15 Duet Finals
16:00-16:25	13-15 Duet Finals Warm-up
16:35-16:40	Parade of Athletes for 13-15 Duet Finals
<b>16:40-17:40</b>	<b>13-15 Duet Finals</b>
<b>17:50</b>	<b>Awards for:</b> <b>Junior Team Tech</b> <b>Senior Team Tech</b> <b>13-15 Duet</b>
17:40-18:00	Judges Meeting with Evaluator

### **August 11, 2018**

8:30-8:45	Length Warm-up
8:30-9:15	Judges Meeting for 12&Under Team Final & Photo
8:45-9:15	12 & Under Team Final Warm-up
9:20-9:25	Parade of Athletes for 12&Under Team Final
<b>9:25-10:25</b>	<b>12&amp;Under Team Final Competition</b>
10:30-11:00	Judges Meeting for Mixed Duets & 13-15 Team Final
10:30-11:00	Mixed Duets & 13-15 Team Final Warm-up
11:05-11:10	Parade of Athletes for Mixed Duets & 13-15 Team Final
<b>11:10-11:25</b>	<b>Senior Mixed Free Duet Final Competition</b>
<b>11:25-11:40</b>	<b>12&amp;U Mixed Duet, 13-15 Mixed Duet &amp; Junior Free Mixed Duet Competition</b>
<b>11:40-12:25</b>	<b>13-15 Team Final Competition</b>
<b>12:25-13:25</b>	<b>Lunch</b>
<b>12:25-12:45</b>	<b>Awards for:</b> <b>12&amp;Under Team</b> <b>Senior Mixed Free Duet</b> <b>12&amp;Under Mixed Duet</b> <b>13-15 Mixed Duet</b> <b>Junior Mixed Free Duet</b> <b>13-15 Team</b>
13:25-13:55	Judges Meeting for Junior Free Team & Senior Free Team Final
13:25-13:55	Junior Free Team Final & Senior Free Team Final Warm-up
14:00-14:10	Parade of Athletes for Junior Free Team & Senior Free Team
<b>14:10-14:40</b>	<b>Junior Free Team Final</b>
<b>14:40-15:10</b>	<b>Senior Free Team Final</b>
15:15-15:30	Judges Meeting with Evaluator
<b>15:15-15:30</b>	<b>Awards for:</b> <b>Junior Free Team</b> <b>Senior Free Team</b>
15:45-17:00	Coaches Debrief Clinic
19:00	Closing Party and High Point Award

<b>POOL LOCATION:</b>	Riverside Aquatics Complex located at riverside City College 4800 Magnolia Avenue, Riverside, CA 92506 <a href="http://www.riversideaquaticscomplex.com">www.riversideaquaticscomplex.com</a>
<b>POOL SPECS:</b>	Competition area: 30 metres x 25 metres Entire Pool Length: 65 metres. There will be a screen that defines the competition area and the practice pool area. Depth: 5 metres (17 ft. at start, end sloping to 2.4 metres (8ft) Distance from Deck to Water: 12" Entry: Start under diving tower on bulkhead Pool is an Outdoor Pool
<b>HOSTED BY:</b>	USA Synchro, The Riverside Aquettes The Riverside Convention & Visitors Bureau/Riverside Sports Commission Union Americana de Natación (UANA)
<b>RULES to GOVERN:</b>	FINA Union American de Natación (UANA)
<b>SANCTIONED BY:</b>	Union Americana de Nacion-UANA Federacion International de Natación (FINA)
<b>MEET MANAGER:</b>	<b>Denise Shively, Meet Co-Manager (Entries, Fees, Competition questions)</b> <a href="mailto:2018UANASynchroUSA@gmail.com">2018UANASynchroUSA@gmail.com</a> 1-614-208-5759
	<b>Devin Carson, Meet Co-Manager (Hotel &amp; Meals, Local transportation, Facility, Volunteers)</b> <a href="mailto:swimraq@gmail.com">swimraq@gmail.com</a> 1-951-227-0762
<b>EVENTS:</b>	12 and Under: Figures, Solos, Duets and Teams 13-15: Figures, Solos, Duets and Teams Junior: Technial and Free Routines: Solos, Duets and Teams (seperate events) Senior: Technical and Free Routines: Solos, Duets and Teams (separate events) Mixed Duet 12&Under, 13-15, Junior, Senior Free Combination 13 years old and over
<b>AIRPORT:</b>	Ontario International Airport (ONT), Ontario, California. Distance to Pool: 20 miles. Airport transportation from Ontario Airport will be provided to all guests staying at the Host Hotel free of charge, to/from Ontario International Airport only. If you fly into another airport, you will need to arrange your own shuttle service to the Host Hotel.
<b>HOST HOTEL:</b>	Marriott Riverside at the Convention Center 3400 Market Street, Riverside, CA 92501 Delegations will book directly though the meet host and not with the hotel. (Costs to follow) <b>*Each Delegation will stay at the Host Hotel</b>

For those who may choose not to stay at the host hotel a rate of 100.00 USD per day per person will be required. This rate does not include transportation, meals or lodging.

**TRANSPORTATION:** The transportation between the Ontario International Airport and the official hotel will be provided by the OC as well as between the hotel and the pool. Transportation will be provided August 6 to August 12. Those arriving or departing outside these dates will be responsible for their own transportation.

Transportation to/from LAX is available at an additional cost. Advance shuttle reservations are required.

**FRIENDS & FAMILY:** **Marriott Riverside at the Convention Center**  
**3400 Market Street. Riverside, CA 92501.**  
\$133.00 USD per night (room only, no meal packages provided)  
Rate includes complimentary basic wireless internet and \$11 discounted parking.  
Deadline for reservation: July 6, 2018.

**VISA INVITATION:** USA Synchro will provide a letter of invitation to the Championships to all Federations, which is a requirement to enter or participate in the USA.

**INTEREST PLACES TO VISIT, SEE:** to follow

**PRACTICE SPACE:** Practice time and space will be assigned to each Federation on Monday, August 6, 2018.

**MUSIC PRACTICE:** A schedule of practice time with music on Tuesday August 7, 2018 will be emailed to the Federations once the final entries have been received.

**PARTICIPANTS:** Every participant in the championship must be a member of a Club, Regional or National Team of a Federation duly constituted and affiliated with FINA & UANA. The Federation must be in good standing with both UANA & FINA. Each Federation will send in one entry, which will include **ALL** of the entries for the country. The name of the "TEAM LEADER" will need to be listed. The Team Leader is the person who all communications will go through from the Federation to the OC and from the OC to the Federation.

**GENERAL RULES:** Each Federation may enter with National Teams, Regional Teams or Clubs. The entry in each category is the decision of each Federation.

Federations may fill their entry in each category with athletes from a variety of teams or clubs, if they wish. The entry must not exceed two (2) entries per event per Federation and the number of athletes entered must fit in the athlete quota of twenty-four (24) for each age category.

**Entry forms will only be accepted from the Federation on behalf of all entries from their country. Entry forms submitted from a Regional Team or Club will not be accepted. All entries will compete as their Federation and not individual Regional Team or Club.**

**ENTRIES:** The OC will provide the Entry Forms with the pertinent instructions to all Federations. Note: No athletes will be allowed to take part in music practice or compete until all fees have been received by the OC.

**ENTRY FEE:** A fee of \$25.00 will be charged. Payment information is in the form attached to this bulletin.

**PRELIMINARY ENTRIES:** The preliminary entries must be completed and received on or before May 7, 2018 using the official forms.

**Please use the forms attached and email before the deadline.**  
**Send to: [2018UANASynchroUSA@gmail.com](mailto:2018UANASynchroUSA@gmail.com) with copy to**  
**Erika Lindner: [kelindner@rogers.com](mailto:kelindner@rogers.com)**

The OC will send confirmation by email to each Federation of the entries received.

Even though the preliminary entry is due May 7, 2018, we urge you to submit the information as soon as possible so the OC can make the transportation, meals, and room and board arrangements.

**FINAL ENTRIES:** Final entry forms must include the following information and the Official Seal of the Federation. A letter must accompany all entries from the Federation, which states that the athletes have permission of the Federation to attend the competition.

**Please note: It is essential that we receive the following information as soon as possible to assist with planning for the competition**

- Names of the athletes, birth date, category and events
- Names of the coaches, chaperones, Team Leader and Delegate
- Names of the judges and their level in FINA & UANA
- Arrival and Departure dates, including airline, time and flight number
- Hotel where the delegation will be staying

Entry deadlines:

Preliminary Entry: May 7, 2018 (until 12 midnight EST)

Final Entry: July 6, 2018 (until 12 midnight EST)

It is the responsibility of each Federation to assure that their entries are complete and received within the above mentioned deadlines.

**FINAL ENTRY DEADLINE** Final entry forms must be received by July 6, 2018 on the official entry form and must be sent by email to the email below:

**[2018UANASynchroUSA@gmail.com](mailto:2018UANASynchroUSA@gmail.com)**

**Registration Late Fees Commencing in 2018**

**Any late entries will be assessed a \$150.00 fine after the July 6, 2018 deadline**

**Any change to entries after July 6, 2018 will be assessed a \$150.00 fine**

**Additional entries within 7 days of the competition will be assessed a \$250.00 fine**

Remember there is only one entry submission to enter all of the athletes and routines in all of the age groups, per Federation. No entries will be accepted from individual clubs. (PLEASE TYPE ALL FORMS)

**AGE CATEGORIES:** FINA rule SSAG 2.1 will apply; All Age Group competitors remain qualified from January 1st to the following December 31st at the age they are at the close of the day (12 midnight) on December 31st of the year of the competition.

Age 12 & Under	Born in 2006 or later
Age 13 to 15	Born in 2003 – 2005
Junior (Ages 15 – 18)	Born in 2000 – 2003
Senior (15 ↑↑)	Born in 2003 or before

**SWIMMING UP:** A 13-15 or Junior athlete(s) may swim up one age group category only to complete a Duet and/or Team. Where an athlete(s) swims up in Duet and/or Team they may not also swim those events in their own age category. Duets must have one member of the correct age category and Teams must have 50% of their members of the correct age category. 12 & Under is not allowed to swim up per FINA rule ASAG 4. Junior Solo, Duet and Team athletes may also compete in the Senior Tech Events.

**FIGURE ENTRY:** Each Federation may participate with twelve (12) athletes per Team routine per age group in the Figure events. Any number of athletes over ten (10) will be allowed to participate as “Honorary” or pre-swimmers.

#### **COMPETITION RULES:**

**12 & UNDER, 13-15, JR, SR** Each participating Federation or Club is allowed to send a maximum of twenty-four (24) athletes and four (4) coaches for EACH of the age groups, 12 & Under, 13-15, Junior and Senior.

For each age group in solo, duet and team competition athletes can represent each Federation as follows:

- a. If the Federation has two (2) National Team entries in solo, duet, mixed duet and/or team competition for an age group, no Regional Team or Club entry from the same Federation is allowed.
- b. If the Federation has one (1) National Team entry in solo, duet, mixed duet and/or team competition for an age group, then a Regional Team or Club from the same Federation may enter one (1) solo, duet, mixed duet and/or team for an age group. A Federation must submit the Regional Team or Club's name for UANA Approval.
- c. If the Federation has no National Team competitors in a certain age group for solo, duet, mixed duet and/or team competition, two (2) solos, duets, mixed duets and/or teams from a Regional Team or Club of the same Federation are allowed to enter.

For each Federation one (1) solo, one (1) duet and one (1) team per age category (12 & Under, 13-15, Junior, Senior) will be permitted to swim during finals for a maximum of 12 routines.

Please note: Any events with 12 or less competitors will have a final event only

**JUNIOR & SENIOR:** The competition will consist of technical and free routines in solo, duet, mixed duet and team. Each Federation may register the same or different athletes for both events. The Senior events will be Final events only; there will be no preliminary events. Each event will be a 100% event; scores from the technical and free routines will not be added together to determine final placement. Awards will be given to the top 3 in each technical and free event; one per federation.

Please note: Any events with 12 or less competitors will have a final event only

**MIXED DUETS:** The competition will be a FINAL event only; there will be no preliminary events. In the 12 and under, 13-15 and Junior age group categories, each mixed duet event will be a 100% FINAL event. Figures will not be added to the routine score to determine final placement. Awards will be given to the top 3 in each mixed duet event; one per federation.

Please note: Any events with 12 or less competitors will have a final event only

**FINALS:** In the 12 and under, 13-15 and Junior age group categories, only one (1) solo, one (1) duet and one (1) team per age group category from each Federation will advance to Finals for a maximum of 12 routines in Finals, per each routine event. The highest scoring entry using the combined routine and figure scores will advance to Finals; one per federation.

**FREE COMBINATION:** This is an Open category event for the age group, junior and senior competitors at least 13 years of age. Each Federation may enter two (2) routines in the Free Combination event. Each Free Combination may consist of 4-10 athletes. This event will compete as a 100% FINAL event; there will be no preliminary event. Sections ( a), (b), (c) above also applies to this event regarding the number of athletes that represent the Federation.

**JUDGES:** Each participating Federation or Club must bring a minimum of one (1) or a maximum of four (4) FINA/UANA judges. The maximum number of practice judges per Federation is two (2).

#### **Officials Surcharge Commencing in 2018**

**Countries not sending a Judge to UANA**  
**\$100.00 per Federation up to 8 swimmers**  
**Each additional swimmer \$10.00 per swimmer**

**Please note: Federations that do not have a UANA or FINA Judge will not be charged the Officials Surcharge**

Judges submitted from Federations must be a FINA UANA JUDGE

**Please note the new Fina Conflict of Interest Policy for all Judges. Judges with conflicts will be allowed to judge all events that they do not have a conflict in**

**Conflict of Interest Policy:**

**The following categories of people are deemed to have a conflict of interest:**

- A Relative of a Competitor**
- A current Coach of a Competitor or Relative of a current Coach of a Competitor**
- A Team Manager or Relative of a Team Manager**
- An inhabitant of the same household of the Competitor and any of a), b) c)**  
"Relative" refers to a person connected with another by blood or marriage (including boyfriend and/or girlfriend). Relative also includes step relationships and is any of parent, child, sibling, uncle, aunt, nephew, niece, first cousin, grandparent or spouse. "Coach" refers to any person who coaches figures and/or routines on a regular basis to the Competitor.

**Judges must observe FINA Code of Ethics Section F (Conflict of Interest) and if a judge neglects to declare a situation of a potential conflict of interest, the FINA President or one of the FINA Executive members may refer the matter to the Ethics Panel.**

There will be a FINA Evaluator at this competition.

Judges from non-participating Federations are welcome and will be allowed to judge in the competition, but priority will be given to the judges whose Federation is participating in the competition.

**DELEGATE:**

There will be One (1) delegate per registered Federation. The Delegate serves as the Head of the Delegation and is appointed by their Federation to represent the Federation at all official functions. Please fill out the name and contact information for this person on the entry form.

**TEAM LEADER:**

There will be one (1) Team Leader per Federation. The Team Leader will be appointed by their Federation to serve as the liaison between the UANA TSSC, OC and the coaches, managers, officials, and athletes of the Federation regarding the administrative management and organizational aspects of the competition. There is a space on the entry forms for the name and contact information of this person, so we can contact the Team Leader if necessary.

**AWARDS:**

Medals will be awarded to first, second and third place in each routine and figure category, per age group.

An award will be presented to the Federation with the highest overall point accumulation in each age group category, 12 and under, 13-15, Junior and Senior.

An overall High Point award will be presented to the Federation accumulating the highest number of points for all events and age categories. The point accumulations will be calculated following Rule GR 9.8.5 from the 2017-2021 FINA Handbook

**FLAGS & NATIONAL ANTHEMS:** Each Federation must bring a flag, 100cms by 150cms of their Country and a CD or digital file with their National Anthem.

**ATHLETES PARADE:** The Athletes Parade will be held prior to each Age Group Final Routine competition. All athletes from all Federations are encouraged to participate. Dress for the parade is team warm-up suits or appropriate team uniform.

**PASSPORT VERIFICATION:** Original passports are required for all athletes at registration and the host federation can provide photocopies of the passport. Passport verification will take place during the Technical Meeting

**BATHING SUIT CHECK:** Will occur during the official music practice on August 7, 2018 to ensure they comply with FINA rules.

**MEDICAL CARE:** As a reminder, all Federations must carry their own health insurance. The OC will provide First Aid Technical personnel. All federations must take full responsibility for any other needed medical expenses.

**MUSIC REQUIREMENTS:** In the competition a digital format will be used. Each Federation must e-mail its digital music files by July 6, 2018 to USA Synchro at the following address:

**swimraq@gmail.com**

There must be a digital file (CD) for each registered routine. The recorded music must be in files with extension to mp3 or in files with extension to WAV. The coaches must review the quality of the digital files (CD), the timing and the integrity of the tracks. It is recommended that the CD has an initial lead of 3 to 5 seconds before the actual recording of the music. Each CD must be identified in the following way:

Last name and name of the competitor  
Category  
Routine (solo, duet, mixed duet, team and combination)  
Country, Club or Federation  
Last name of the coach

**WIRE TRANSFERS:** **Information to Follow**

**WEBSITE:** Event information will be posted on the USA Synchro website on the 2018 UANA Events page.

<https://www.teamusa.org/USA-Synchronized-Swimming/Events/2018/August/06/2018-UANA-Championships>

Information will also be posted on the UANA website <https://www.teamunify.com/SubTabGeneric.jsp?team=uana&stabid=58025>

And Riverside Aquettes website  
<https://www.swimraq.org/>