

Dear Friends.

Curacao Aquatic Association has the pleasure to invite you to our FINA SYNCHRONIZE SWIMMING COACHES CLINIC.

DATES: Arrival: November 28th, 2015

Course: November 29th, 2015 till December 6th, 2015

Departure: December 7th, 2015

PARTICIPANTS: Each National Member Federation may nominate Coaches for this Clinic. The Nomination Form must be received no later than November 22th, 2015.

PLACE: Willemstad, Curação.

TRAVEL: Each National Federation is responsible for the travel expenses of the nominated coaches.

ACCOMMODATION: Trupial Inn,

Groot Davelaarweg 5, Willemstad, Curaçao. www.trupialinn.com

Each National Federation will cover the accommodation expenses of the nominated coaches.

Single Room: \$135 / day / person Double Room: \$85 / day / person Triple Room: \$75 / day / person Quad Room: \$65 / day / person

3 meals included

RESERVATIONS: To make a reservation, please contact the Curacao Aquatic Association as soon as possible.

LOCAL TRANSPORT: The organizing committee (OC) will provide local transportation from and to the airport and during the training days

CONTACT: entry-sy@curacao-aquatics.org

## **CLINIC PROGRAMME**

SPEAKER: mrs. Tensi Graupera from Spain.

SUBJECTS:

**Basic Position** 

**Basic Movements** 

Figure Groups

Difficulties Figures

Judgement of Figures

Routine

Pool Sessions

Looking forward to welcome you on the island of Curacao.

CURACAO AQUATIC ASSOCIATION.