



# PAN AMERICAN MASTERS CHAMPIONSHIPS 2018

Orlando, Florida



**Entry Booklet**





UANA calls all countries affiliated to participate in the Pan American Masters Championships to agree to the following announcement.

This document contains the essential requirements for registration information on the 2018 Pan American Masters Championship in Orlando, Florida.





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## Executive Committee

<b>Name</b>	<b>Position</b>	<b>Country</b>
Dale Neuburger	President	United States of America
Errol Clarke	Secretary/Treasurer	Barbados
Dr. Margo Mountjoy	Vice President	Canada
Guno Van Der Jagt	Vice President	Suriname
Algernon Cargill	Member	Bahamas
Marcos Jara	Member	Chile
Kathy Seaman	Member	Canada
Brenda Villa	Member	United States of America
Coaracy Nunes Filho	UANA Immediate Past President	Brazil

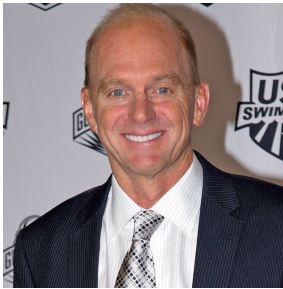


## Executive Committee

<b>Name</b>	<b>Position</b>	<b>Country</b>
Mel Goldstein	Chairman	United States of America
Ed Evelly	Vice Chairman	Canada
Maureen Croes	Secretary	Aruba
Marco Jara	Liaison	Chile
Carlos Roberto Da Silva	Member	Brazil
Sigifredo Cordova	Member	Chile
Edith Clashing	Member	Netherlands
Veronica Stanham	Member	Uruguay
Ana Fortin	Member	Honduras
Ricardo Dimas	Member	Panama
Mel Goldstein	Member	United States of America
Jim Miller	Member	United States of America
Dot Padgett	Member	Canada
Nadine Day	Athlete	United States of America



## Welcoming Address



Rowdy Gaines  
Vice President of Aquatics  
YMCA of Central Florida

Greetings Athletes,

On behalf of the YMCA of Central Florida, welcome to the beautiful city of Orlando and the 2018 Pan American Masters Championships! We are truly excited about hosting such an amazing event here in Central Florida.

Bringing the Pan American Masters Championships to Orlando not only boosts the local economy, but also allows us to showcase what makes our city great: world-class culture and dining, breath-taking natural beauty and of course the true passion of water sports! We invite you to enjoy your time at the event and to experience all that Central Florida has to offer, including (add some of our local sponsorships here), and energetic downtown.

With the help of partners like (here), the YMCA of Central Florida continues to fulfill its mission of improving our community by implementing a healthy spirit, mind, and body for all. In fact, the YMCA has more than (number) of members and continues to grow in order to help improve the lives around the Central Florida area.

We hope that you enjoy our world-class facility and wish you the best of luck in your competition. We are positive that your experience in Orlando will be nothing short of remarkable.

Sincerely,

Rowdy Gaines  
Vice President of Aquatics  
YMCA of Central Florida



## Welcoming Address



Michael Brady  
Executive Director of the Aquatic Center  
YMCA of Central Florida

Dear Pan American Masters Swimmers,

Welcome to the YMCA Aquatic Center!

At the YMCA Aquatic Center, we take pride in unlocking the full potential of all athletes interested in strengthening their spirit, mind, and body from youth to adult and novice to Olympian. We are truly honored to host the 2018 Pan American Masters Championships and welcome you to enjoy everything the YMCA and the City of Orlando have to offer.

In conjunction with UANA, the YMCA Aquatic Center is excited to bring each and every swimmer a truly memorable experience. In your free time, we hope you will not only explore our facility, but also our amazing 'City Beautiful' as well.

On behalf of the YMCA Aquatic Center, we wish you the best of luck during your competition and congratulate you in advance for your participation!

Sincerely,

Mike Brady  
Executive Director  
YMCA Aquatic Center



## Event Schedule Competitions

**Sun Mon Tue Wed Thu Fri Sat**

<b>7/22</b> Diving <a href="#">Event Here</a>	<b>7/23</b> Diving <a href="#">Event Here</a>	<b>7/24</b> Diving <a href="#">Event Here</a>	<b>7/25</b> Synchro <a href="#">Event Here</a>	<b>7/26</b> Synchro <a href="#">Event Here</a>	<b>7/27</b> Synchro <a href="#">Event Here</a>	<b>7/28</b> Swimming 800 Free
<b>7/29</b> Swimming 200 Back 100 Free 100 Breast	<b>7/30</b> Swimming 400 IM 200 Free 50 Fly	<b>7/31</b> Swimming 50 Free 200 IM 100 Fly	<b>8/1</b> Swimming 200 M Mix 200 F Mix 200 M Relay 200 F Relay	<b>8/2</b> Swimming 200 Breast 100 Back 200 Fly	<b>8/3</b> Swimming 400 Free 50 Back 50 Breast	<b>8/4</b> Open Water
<b>8/5</b> Water Polo	<b>8/6</b> Water Polo	<b>8/7</b> Water Polo	<b>8/8</b> Water Polo	<b>8/9</b> Water Polo	<b>8/10</b>	<b>8/11</b>

## Practices

**Sun Mon Tue Wed Thu Fri Sat**

						<b>7/21</b> Diving
<b>7/22</b> Synchro Swimming	<b>7/23</b> Synchro Swimming	<b>7/24</b> Synchro Swimming	<b>7/25</b> Swimming	<b>7/26</b> Swimming	<b>7/27</b> Swimming	<b>7/28</b>
<b>7/29</b>	<b>7/30</b>	<b>7/31</b>	<b>8/1</b>	<b>8/2</b>	<b>8/3</b> Open Water	<b>8/4</b> Water Polo



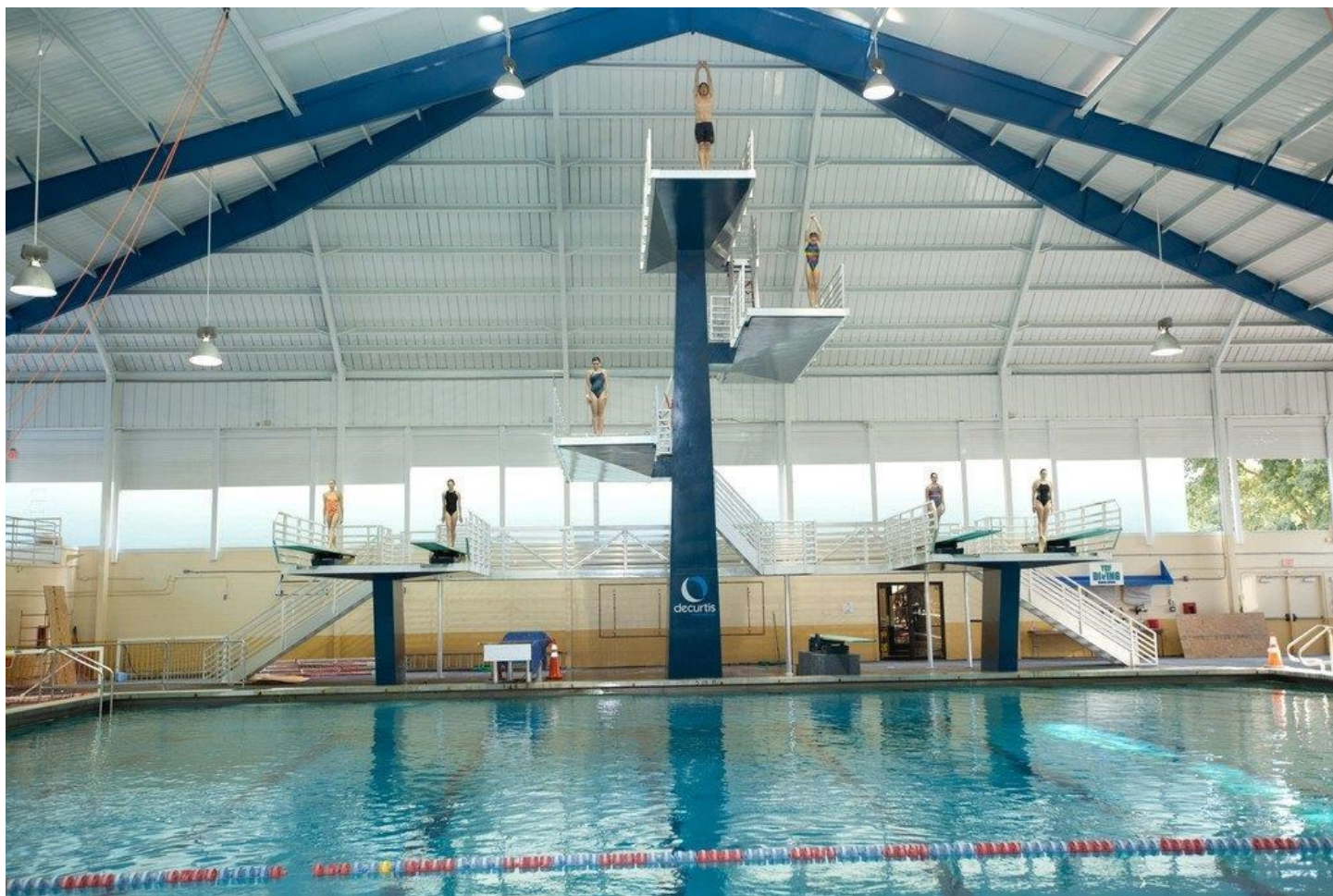


## Registration Fees

Athlete Fees	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
Coaches Fees	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
Diving	
Per Event	\$15.00
Open Water	
Per Race	\$25.00
Swimming	
Per Event	\$15.00
Per Relay	\$25.00
Synchronized Swimming	
Per Event	\$15.00
Water Polo	
Per Team with Referee	\$200.00
Per Team without Referee	\$375.00



## Diving



Athlete Fees	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
Diving	
Per Event	\$15.00



## Diving

**Minimum Age Limit:** 25 years

**Age Determining Date:** The actual age of the competitor as of December, 31 (2018).

**Age Groups:** Springboard and platform events: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ and five-year age groups as long as necessary.

**Practice Provision:** Practice opportunities will be available 20-21 July 2018 from 08:00 to 18:00 hours at the Aquatic Center. Practice opportunities will also be available on competition days. Details of practice times will be given to competitors at registration. All practices times will be open.

**Technical Meeting:** A technical meeting will be held on Saturday 21 July 2018 at 10:00am. The meeting location and details will be available on the official web page event [www.2018PanAmMasters.com](http://www.2018PanAmMasters.com). This meeting is for athletes, coaches and managers.

**Entry Restrictions:** A diver may enter a maximum of seven events: the 1-M springboard, 3-M springboard, the platform, the synchronized 3-M springboard, synchronized platform, mixed synchro 3-M and Mixed Synchro Platform event. Divers are allowed to compete in only one club team in the 3-M synchronized diving event and only one club team in the platform synchronized diving event.



## Diving

### Total Number of Dives Required:

Age group years	Men 1M & 3M	Women 1M & 3M	Men Plat- form	Women Plat- form
25-29	7	6	6	6
30-34	7	6	6	6
35-39	7	6	6	6
40-44	7	6	6	6
45-49	7	6	6	6
50-54	6	5	5	5
55-59	6	5	5	5
60-64	6	5	5	5
65-69	6	5	5	5
70-74	5	4	4	4
75-79	5	4	4	4
80 +	4	3	3	3

**Note:** 10 meter limit 50+ can only perform divers with feet first entries and not exceeding 2.0 in difficulty.



## Synchronized Diving

	Age Group	Men	Women	Mixed
3M Springboard	25-49	2(*) + 2	2 (*) +2	2(*)+2
	50+	2(*) + 2	2 (*) +2	2(*)+2
Platform	25-49	2(*) + 2	2 (*) +2	2(*)+2
	50+	2(*) + 1	2 (*) +1	2 (*) +1

### MD 1.3.2 Platform Synchronized Diving – Men and Women

Age Group	Men	Women
50-99	2(*) +2	2(*) +2
100 +	2(*)+1	2(*) +!

(\*) Degree of difficulty of 2.0 for each dive regardless of the formula for degree of difficulty of the dive.

**MD 1.3.3** The Age Group in Synchronized Diving is decided by adding the ages of the two divers.

**MD 1.3.4** If in any of the two groups in Synchronized Diving the age of a diver is 50 years or more, the limitation from 10M platform dives of only feet first and any dive from 10M must not exceed degree of difficulty 2.0 applies for the pair.



# Diving

## Schedule

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						7/21 Diving Warm Up
7/22 Diving Event Here	7/23 Diving Event Here	7/24 Diving Event Here				





## Open Water Swimming



Athlete Fees	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
Open Water	
Per Race	\$25.00



## Open Water

**Race Distance:** 3K, 1K

**Minimum Age Limit:** 20 years

**Age Determining Date:** The actual age of the competitor as of 31 December 2018.

**Age Groups:** 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 and five year increments as high as necessary.

Swimmers will be seeded by age/gender. Athletes will be started in waves based on age group and or gender. Race organizers, in consultation with the referee and subject to advice from the UANA Masters Technical Committee, have designated a cut-off time for each Masters race of 90 minutes. All swimmers will be required to wear highly visible colored numbered swim caps, which will be provided.

**Use of Wetsuits:** Wet suits are NOT permitted.

**Training Provision:** Training opportunities may be available in the warm up/warm down pools, daily at Aquatic Center. Training may also be done on the competition course the day before the event.

**Technical Meeting:** The Open Water technical meeting will be held on Friday August 3, 2018 at 16:00 hours. Location to be announced on the host official website. [www.2018panammasters.com](http://www.2018panammasters.com)

**Competition Date:** August 4, 2018. The tentative start time for Open Water event is 07:00am.

**Length of Course:** 3 kilometers. The Organizing Committee reserves the right to reduce the length of the swim, based on medical advice should adverse weather conditions prevail.

**Competition Venue:** The open water course is TBD and will be announced on the official website.

**Water Temperature:** 85-88 Degrees F





## Open Water

**Transport:** The YMCA Aquatic Center will have transportation from the Aquatic Center to the competition site. A complete transportation schedule will be announced on the host website [www.2018panammasters.com](http://www.2018panammasters.com).

**Time Limits:** Swimmers who cannot complete the 3K distance in 90 minutes (1.5 hours) are advised to not enter. Swimmers still on the course will be clearly visible after this time may be stopped at their progress marked.

**Marshaling Area:** All athletes must be in the marshaling area ½ hour before their allowed wave. A map showing the course will be clearly visible in this area for all the participants.

**Safety:** Full medical provision and appropriate safety craft will be provided during and at the end of competition.

**Changing Area:** Competitors must leave their equipment in this area. The Organizing Committee will provide a bright colored cap for each swimmer. Each swimmer is required to wear this cap. Thermal caps may NOT be worn.

**Support Facilities:** Shower and changing facilities will be available.

**Hospitality:** Hot drinks and fruits will be provided in the catering area.

**Medals:** Medals will be awarded 1<sup>st</sup>–10<sup>th</sup> place in each age group.



# Open Water

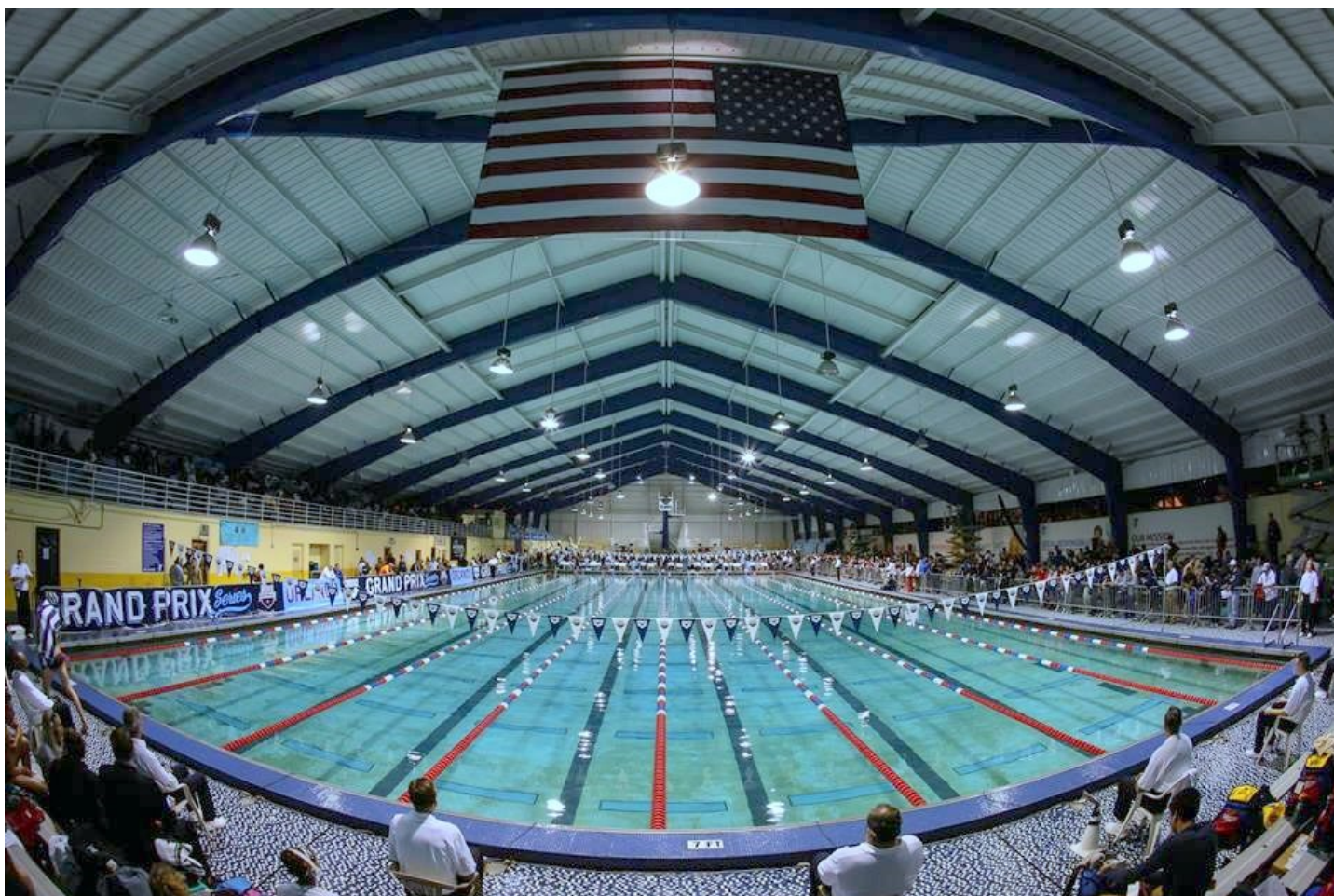
## Schedule

**Sun****Mon****Tue****Wed****Thu****Fri****Sat**

					<b>8/3</b> Open Water Warm Up	<b>8/4</b> Open Water Competition
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## Swimming



Athlete Fees	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
Swimming	
Per Event	\$15.00
Per Relay	\$25.00



## Swimming

**Minimum Age Limit:** 18 Years

**Age Groups, Individual Events:** 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 and five-year age increments as high as necessary.

**Note:** 18-24 age groups are not permitted to participate on relay teams: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359

**Technical Meeting:** The swimming technical meeting will be held on Friday July 27<sup>th</sup>, 2018 at 1600 hours. The location will be announced on the host official website ([www.2018PamAmMasters.com](http://www.2018PamAmMasters.com)). This meeting is for athletes, coaches and managers.

**Competition Dates:** July 28 – August 3, 2018

**Technical Meeting:** The swimming technical meeting will be held on Friday July 27<sup>th</sup>, 2018 at 1600 hours. The location will be announced on the host official website ([www.2018PamAmMasters.com](http://www.2018PamAmMasters.com)). This meeting is for athletes, coaches and managers.

**Minimum Age Limit:** 18 Years Old

**Individual Events:** 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94 and five-year age increments as high as necessary.

**Relay events:** 18-24 age groups are not permitted to participate on relay teams: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359

**Training Provision:** The YMCA Aquatic Center will be open for training from 0600 to 2200 hours (6:00am to 10:00pm). The venue may be limited for warm up to those athletes only competing on that day. Please see refer to the hosts official website ([www.2018.PanAmMasters.com](http://www.2018.PanAmMasters.com)) for most up to date warm up schedules and pool availability.



## Swimming

We may limit the total number of athletes to register for the sport of swimming in an effort to not exceed 10 hours of competition a day. We are committed to giving the athletes and their families the opportunity to enjoy all that Orlando has to offer. We may also limit the number of heats for the 400 Free, 800 Free, and the 400 IM in order to provide the best experience for our athletes and their families.

### Schedule

**Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat**

			<b>7/25</b> Swimming Warm Up	<b>7/26</b> Swimming Warm Up	<b>7/27</b> Swimming Warm Up	<b>7/28</b> Swimming 800 Free
<b>7/29</b> Swimming 200 Back 100 Free 100 Breast	<b>7/30</b> Swimming 400 IM 200 Free 50 Fly	<b>7/31</b> Swimming 50 Free 200 IM 100 Fly	<b>8/1</b> Swimming 200 M Mix 200 F Mix 200 M Relay 200 F Relay	<b>8/2</b> Swimming 200 Breast 100 Back 200 Fly	<b>8/3</b> Swimming 400 Free 50 Back 50 Breast	





## Synchronized Swimming



Athlete Fees	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
Synchronized Swimming	
Per Event	\$15.00



## Synchronized Swimming

**Competition Venue:** Indoor Diving Well Pool 25 meter x 25 yards

### Age Groups:

**Solo and Duet Events:** 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

**Teams:** 20-34, 35-49, 50-64, 65+

**Free Combination:** 20-39, 40-64, 65+

For duet and free combination and team events the category is determined by the average age of the competitors as per MSS Rule 1.5.

**Technical Meeting:** The synchronized swimming technical meeting will be held on Tuesday July, 24 2018 at 10:00am. The location of this meeting will be informed at [www.2018PanAmMasters.com](http://www.2018PanAmMasters.com). This meeting is for athletes, coaches and managers and covers the following:

- Correction to spelling off athlete's names
- Procedure for draws
- Order of appearance draw
- Reserve procedure in duet and team events
- Pre-Competition warm up
- Call room procedures
- Marshaling and walk
- Warm down facilities
- Victory ceremonies

**Practice Provision:** Practice opportunities with music will be available in the competition pool. Additional practice opportunities will be made available during the competition period. The exact times of practice are subject to entry numbers. Details will be provided on arrival from the competitor registration point



## Synchronized Swimming

**Sound Equipment:** Competitors are responsible for providing their own music, based on the music guidelines from the 2017-2021 FINA rulebook and will also be posted on the official website.

**Entry Restrictions:** Athletes may enter no more than three (3) routine events and one (1) free combination. All Duets and team and free combination competitors must represent the same club. Each club may submit up to a maximum of five (5) routine entries per age group per event. Each Club may enter one free combination in each age group.

**Competition:** Each team shall consist of a minimum of four (4) and maximum of eight (8) members. Each Free Routine Combination shall consist of a minimum of (4) and a maximum of (10) members.

**Time Limits:** Please see the FINA Handbook MSS 4,1 for time requirements for each category of Routine. There is no minimum time limit. There shall be an allowance of fifteen (15) seconds plus the allotted time for Technical Routines, Free Routines and Free Combination.

**Technical Routines:** The technical routine shall be performed for solos, duets and teams, to music as described in Appendix 1 of FINA MSS rules, with the required elements selected by the Masters Technical Committee every four years, subject to approval by the FINA Bureau. Technical routines must include all required elements. Music selection is optional and may be the same as the music used in the free routine.

Goggles may be worn.

Please see the 2017 – 2021 FINA Handbook Masters Synchronized Swimming Section for a full description of all Elements which will be performed in each Technical Routine.

**Reporting:** It is the responsibility of each competitor, including all members of duets and teams, to report to at least 30 minutes prior to the start of the designated event.

**Medals:** Medals will be awarded in all events 1<sup>st</sup> to 3<sup>rd</sup> place in each group (each member of a duet/team will receive a medal including alternates).





# Synchronized Swimming

## Schedule

**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

<b>7/22</b> Synchro Warm Up	<b>7/23</b> Synchro Warm Up	<b>7/24</b> Synchro Warm Up	<b>7/25</b> Synchro <b>Event Here</b>	<b>7/26</b> Synchro <b>Event Here</b>	<b>7/27</b> Synchro <b>Event Here</b>	
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## Water Polo



<b>Athlete Fees</b>	
August 1 - December 31, 2017	\$80.00
January 1 - March 31, 2018	\$90.00
April 1 - June 30, 2018	\$100.00
<b>Water Polo</b>	
Per Team with Referee	\$200.00
Per Team without Referee	\$375.00



## Water Polo

**Minimum Age Limit:** 30 Years

**Age Determining Date:** The actual age of the competitor as of 31 December 2018. Ages will need to be verified by Passport or official federation identification with photo included.

**Team Gender:** The 2018 Pan American Masters Championships are open to master's club registered with the member Federations of UANA. The teams entered may be Men's Club Teams and Women's Club teams. Women may be members of the men's teams.

**Team Age Group:** The age of the youngest member of the team determines the age group of the team. There are no restrictions on the ages of the players older than the youngest player on the team. Age groups for teams, both men and women, are five-year intervals beginning with 30. i.e. 30-34, 35-39, 40-44, 45-49, and five year increments as high as necessary. If there are fewer than three teams entered in an age group they will be offered the opportunity to compete in the next youngest age group.

**Training Opportunities:** Training opportunities will be available at the YMCA Aquatic Center on Saturday 4 August 2018. Requests for training may be made by written request prior to arrival, or on arrival at the competitor registration desk for water polo. Further training opportunities will be announced at the technical meeting.

**Warm Up:** Athletes must enter the water using extreme caution. All athletes who do not comply with the safety rules set out by the organization or once guilty of unsportsmanlike conduct, may be sanctioned by the tournament committee and/or the UANA Masters Technical committee.



## Water Polo

**Equipment:** Teams will be responsible for providing their own practice and warm up water polo balls. The Organizing Committee will provide the competition match balls, which will be the officials FINA water polo balls. Game caps must be brought by the team, but teams may use their own caps, provided the numbers on caps conform to FINA rule WP4.

**Note:** MWP 5.1 provides for a list of 15 players in masters water polo

**Composition of Team:** FINA Masters Water Polo latest rules apply to this competition. Please ensure that the composition of a team complies with MWP 4 and the number of players complies with MWP5.

### **Periods of Matches:**

**FINA WP11 Rules apply with the following exceptions:**

As for category 30+, 35+, 40+, 45+ each of the four periods shall have the duration of seven minutes of actual play; the time of ball possession shall be 35 seconds.

As for the category 50+, 55+, 60+ and the following ones , each of the four periods shall have the duration of 6 minutes of actual play; the time of ball possession shall be 35 seconds.

**For example,** a team may list up to 15 players on their team entry form to participate in any game of this tournament, i.e. seven players and 8 reserves. A player may only represent one club in the competition and all players must be registered with the same club. However, a player may represent that club on two teams but in this case each of them must have nine players that are only on the roster for that team.



## Water Polo

**Competition Format:** The competition format will depend on the number of teams entered in each age group. If there are fewer than three teams entered in a age group, the teams will be contacted to determine if they are willing to play in the next youngest age group. If there are not enough teams in an age group, that age group will be combined with the next most appropriate age group as determined by the tournament director and play through that age group keeping separate rankings. Brackets and placements will be at the discretion of the tournament director. Each age group will have separate final placement and awards.

**Reporting:** It is the responsibility of each team to be ready to play at least 15 minutes prior to the designated starting time for their match. Teams arriving later than 5 minutes after the designate start time for their match will forfeit the match, with the match awarded to the opponent with the goal score of 5-0.

**Medals:** A maximum of 15 medals (dependent upon the size of the team entered) will be awarded to teams placing 1<sup>st</sup>- 3<sup>rd</sup> in each division. Each player on the team will receive a medal.



# Water Polo

## Schedule

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						8/4 Water Polo Warm up
8/5 Water Polo	8/6 Water Polo	8/7 Water Polo	8/8 Water Polo	8/9 Water Polo		



## Event Entry

All entry's and payments must be by credit card through Club Assistant.

<https://www.clubassistant.com/club/form/country.cfm?c=2164>

### ENTRY PROCEDURES FOR ALL PARTICIPANTS

**Participants must present and submit the following documentation:** proof of age, registration cards and photo used for accreditation.

**Entry Deadline:** The final date for entries to be received by the Organization Committee is June 30, 2018 at Midnight.

**FINA Affiliation:** All Masters Competitors must be registered with a FINA Member Federation and demonstrate it with a Masters License, Club Registration Card or Federation Membership Card.

**Entry Checklist:** For an entry to be accepted by the Organizing Committee the following forms will need to be provided for validation: photo copy of ID card or passports, Guarantee issued by the National Swimming Federation and fees must be submitted on the registration site.

**On-Line Registration:** Competitors only can register on-line. Visit our website for more details at [www.2018panammasters.com](http://www.2018panammasters.com)



## Essential Entry Info

**Individual Registration Form:** Every competitor entering the Championships must complete the relevant sections on the online entry form and sign the waiver of liability.

**Team Entry Form:** For teams entering water polo, swimming relays, synchronized swimming and Synchronized diving the appropriate team entry form must be completed by a team representative.

**Passport Sized Photographs:** One photograph with the competitor's name must be attached to the individual online registration form for the Championship identification card.

**Proof of Age:** A photocopy of an official document, i.e. passport, driver's license or birth certificate showing the competitor's date of birth must be attached (PDF format).

**Registration Card/Travel Permit:** A photocopy of the competitor's club Registration Card or Masters License issued by their respective national swimming organization must be attached (PDF format).

**Payment:** Payment of fees in full, including the Individual Registration fee and the appropriate sport entry fees must be enclosed or authorized and by made by credit card charge.

**Championship Entries:** Faxed entries will not be accepted. All Championship entries must be online.

**Letter of Invitation:** Those requiring a Letter of Invitation in order to secure a VISA for travel to the United States, please contact: [jwilkins@cfymca.org](mailto:jwilkins@cfymca.org)

**Information:** Any additional inquiries should be submitted in writing or forwarded by email to the Organizing Committee.

Jillian Wilkins: [jwilkins@cfymca.org](mailto:jwilkins@cfymca.org)





## Essential Information

### Officials and Referees

If you are interested in volunteering during any of our events at the 2018 Pan American Masters Championships, please send your resume to [jwilkins@cfymca.org](mailto:jwilkins@cfymca.org) or visit the official website at [www.2018panammasters.com](http://www.2018panammasters.com). By registering with us in advance you may qualify for aid in accommodations.

### Eligibility

Any athlete that is a citizen of the Pan American continents may participate in the Pan American Championship. Athletes from other continents may participate as guests. Athletes from overseas will be presented with medals, without interfering with the awarding of athletes with citizenship in the Americas. All competitors must represent a club, association, fitness academies, will NOT permit athlete entry who representing a country team.

### Social Program and Special Events

**Information about the social events in the Championships web page:**

[www.2018PanAmMasters.com](http://www.2018PanAmMasters.com)

### On Site Parking

Parking during the event may be limited therefore there will be no RVs allowed on site. There may be valet parking available during the length of the events.

### Hospitality

Hospitality will be offered to Officials only. Coaches and athletes will not be able to receive the Officials hospitality. We encourage our athletes and coaches to experience the many restaurants and proud partners within walking distance of the YMCA Aquatic Center.



## Essential Information

### Money:

Money in the United States of America is the US Dollar (\$).

**MoneyGram:** 7329 Sand Lake Rd.—(407)363-9369

**Tharoo & Co. Foreign Currency Exchange:** 9101 International Dr.—(407)351-2123  
<http://www.tharoo.co/currency-exchange.html>

**Western Union:** 7640 Sand Lake Rd.—(407)226-3315

**Duty Free Shops:** Duty Free Shops are located at the airports. Articles purchased in duty-free shops, or on the plane are not subject to customs duty and other applicable restrictions.

### Banks

Most commercial banks are open Monday through Friday 9:00am to 5:00pm (0900 to 1700). Banking facilities at the international airport and other parts of the city provide foreign exchange services for international changes, including weekends.

### Credit Cards

Credit cards are widely accepted throughout the United States. These in common use include: VISA, MasterCard, American Express, Diners Club and others.

### Travelers Checks

Travelers Checks are widely accepted throughout the United States. They can be changed at commercial banks, large city hotels and many other retail establishments.

### Shopping

Visitors to Orlando, Florida can shop at our many shopping malls and stores. Most stores are open from 10:00am to 8:00pm (1000 to 2000) Monday through Saturday and 12:00pm to 6:00pm (1200 to 1800) on Sundays.



## Essential Information

### What to Wear:

The American people have a relaxed lifestyle lending itself to an informal style of dress. Even in restaurants and nightclubs casual clothes are accepted. (There are restaurants that require a jacket and tie be worn by men.)

**Medical and Emergency Services:** Medical services are both public and private.

**Please note – medical services are not free to visitors. It is strongly recommended that visitors purchase health insurance.**

Visitors requiring medical services, drugs or pharmaceutical supplies after normal shopping hours should check with hotel/motel reception or the local telephone directory. Emergency Medical assistance with ambulances will be available at all competition sites for the entire meet.

**Newspaper and TC Channels:** Orlando has major daily papers, over the air television channels and cable channels available in hotels and motels.

**Postal Service:** The closest United States Post Office to the YMCA Aquatic Center is located two miles away: 10450 Turkey Lake Rd, Orlando, FL 32819 and is open from 8:00am to 7:00pm (0800 to 1900) Monday through Friday and 9:00am to 5:00pm (0900 to 1700) on Saturday. The Post Office located at the Orlando International Airport has extended hours and is open 7 days a week.

**Pool Deck:** Due to the high volume of athletes expected at this event, pool deck space may be limited on certain days.



## Essential Information

**Electricity:** Electricity throughout the United States is supplied at 110 volts 60x hertz.



**Water:** The United States has an excellent public water supply. Tap water is fresh, clean and free to drink.

**Internet Access:** Internet access can be found at most major hotels, many coffee shops and shopping centers. Local internet cafe has wireless access. The Aquatic Facilities will have free internet access during the event.

**Couriers:** Couriers are able to transport goods or documents for you. Couriers are located throughout Orlando near the Aquatic Center.

**FedEx Office:** 7341 W. Sand Lake Rd.—(407)345-9117

**Dropoff:** 7380 Sand Lake Rd.—(407)955-4362

**A.S.A.P. Courier Service:** 7901 Kingspointe Pkwy.— (407)852-0000

**BlueStreak Couriers:** 2900 Titan Row—(866)204-5215



## Passport and Visa Information

Any specific information and requirements for Visa and Passports for people coming to you can be obtained at [www.travel.state.gov](http://www.travel.state.gov)

MORE INFO HERE



## Airline Information



### Airports located near the YMCA Aquatic Center:

Orlando International Airport (MCO), 14 miles (22.5km)  
Sanford International Airport (SFB), 37.1 miles (59.1km)  
Tampa International Airport (TPA), 82.1 miles (132.1km)

### Customs Declaration

In United States of America, it is necessary to fill out the Declaration for customs and immigration clearance.





## Transportation Information



**Orlando has several options for local transportation.**

**Taxis:** There are a number of Taxi services throughout International Drive and Orlando

**Uber Cars:** Uber is a mobile app that selects a certified driver for your trip.

**Bus Transportation:** Local bus stations are located around Orlando and International Drive.

**IRide:** Is a local transportation service for International Drive visitors to easily get around.

<http://www.iritrolley.com/>



## Competition Regulations

FINA rules as modified for Masters Championships and printed in the latest edition of the FINA Handbook will govern all 5 aquatic disciplines at the 2018 Pan American Masters Championships. It is the responsibility of each competitor to be familiar with these rules. The FINA Handbook is available for purchase from the following web address: <http://fina.org>

**Results:** A full set of Championship results will be produced and collated after each event. Results will also be posted on the official website.

**Information:** The Logo and mascots is a registered trademark. Reprints have to be approved by the Organizing committee. UANA Pan American Masters Championships Organizing Committee exclusively covers all rights of textile production and reproduction. Please contact the Organizing Committee for further information.

**Refunds:** Except for water polo teams where there are not at least three teams in a bracket, there are no refunds. You may NOT TRANSFER one entry to another competitor.





## Agreements

In consideration of all participants being allowed in any way in the UANA Pan American Championships and related events and activities, I acknowledge and agree that:

1. I am physically fit and have not otherwise been informed by a physician.
2. The risk of injury from the activities involved in these championships is significant including the potential for permanent disability, permanent paralysis, and death; while particular rules, equipment, personal discipline may reduce risk, and risk of serious injury does exist.
3. I knowingly and freely assume such risks, both known and unknown, even if arising from the negligence of the released parties listed below or others and assume full responsibility for my participation.
4. I willing agree to comply with the stated and customary rules, terms and conditions for my participation, if however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
5. I for myself and on behalf of my heirs, assigns, personal representative and next of kin, waiver any and all rights to claims for injuries, losses or damages. However characterized, and arising from the actions or negligence, active or passive, of the following (individually or in any combination) and their trustees, officers, officials, agents, and or employees; Union Aquatics Swimming Association (UANA) and it affiliates; UANA Pan American Championships Organizing Committee; YMCA of Central Florida; other participating, sponsoring agencies; sponsors; event hosts; venue owners; officials and volunteers. This waiver is in respect to any and all injury, disability, or loss or damage to person or property.



## Agreements

I have read the release for liability and assumption of risk agreement. I fully understand its terms and understand that I have given substantial rights by signing it. I sign it freely and without any inducements.

### **Transfer of Rights:**

As a competitor of the UANA Pan American Masters Championships, I understand the importance of the Union Aquatics Swimming Association (UANA), Pan American Championships Organizing Committee of retaining all film, television and photographic right from these championships. In consideration of being allowed to participate in the Championships I agree to be filmed, televised, photographed and otherwise recorded during the Championships under conditions and for the purposes now and hereafter authorized by the Sport Organizations in relations to the 2018 Pan American Masters Championships and the swimming sports.

### **Permission for Photographic Use:**

I agree the 2018 Pan American Masters Organizing Committee may use the photo affixed to this form (or otherwise provided) for my accreditation card and for my athlete profile at this UANA Pan American Masters Championships. I will not be compensated for use of my photo for this purpose.

UANA  
PAN AMERICAN



# MASTERS CHAMPIONSHIPS

ORLANDO, FL | 2018



## **2018 Pan American Masters Championships**

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Orlando, Florida 32819

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