

Technical Officials' Guide

AQUATICS — SYNCHRONIZED SWIMMING





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About

About the Technical Officials' Guides

The *Technical Officials' Guides* provide details about each sport competition at the TORONTO 2015 Pan American Games, as well as operational information that may be of interest to teams. Each guide includes:

- An introduction to Toronto and the Games.
- Information on accreditation, arrivals and departures, transportation, accommodation and other operations for international technical officials.
- Sport-specific information such as competition format and schedule, training and procedures.
- Venue maps and a daily competition and training schedule for all sports.

About Toronto

Toronto, the largest city in Canada and the capital of the province of Ontario, celebrated its 180th anniversary in March 2014. Located on the picturesque shoreline of Lake Ontario, Toronto is Canada's most populous region and just over an hour's drive from the American border.

- At 112 metres (367 feet) above sea level, Toronto's altitude offers ideal conditions for highperformance athletes.
- Toronto features warm but moderate summer temperatures, with an average of fewer than five days in July with temperatures above 30°C (86°F).
- The average monthly rainfall for July is only 67 millimetres. Typically, one in three days will offer some precipitation, but only one day in nine will have rainfall greater than 5 millimetres.
- Toronto is the third largest financial centre in North America.
- The Economist ranks Toronto as the fifth "most liveable" city in the world, based on factors including stability, health care, culture, environment, education and infrastructure.
- With a population of 2.6 million people, Toronto is Canada's largest city and the fifth largest in North America.
- Toronto's surrounding region is home to 8.1 million people, all living within an hour's drive of the Games area.
- Approximately 20 per cent of the region's population was born in the Caribbean, Central America, South America, the United States or Mexico.

About the TORONTO 2015 Pan American Games

In brief Sports: 36 Disciplines: 52 Medal events: 364 Athletes: 6,135

Competition venues: 29 Competition days: 20

Athletes' Village opening: July 5, 2015 Opening Ceremony: July 10, 2015 Closing Ceremony: July 26, 2015



Competition venues

CIBC Pan Am Park

CIBC Pan Am Park, located on downtown Toronto's waterfront, will be home to five competition venues and 15 sport disciplines.

- Chevrolet Beach Volleyball Centre: volleyball beach volleyball
- Exhibition Centre: volleyball indoor volleyball; handball; racquetball; roller sports figure skating; squash
- Exhibition Stadium: rugby sevens
- Ontario Place West Channel: aquatics open water swimming; athletics marathon and race walk; cycling – road cycling; triathlon; waterski & wakeboard
- Toronto Coliseum: gymnastics artistic gymnastics; gymnastics rhythmic gymnastics; gymnastics trampoline

Toronto

In addition to CIBC Pan Am Park, the city of Toronto will be the site of nine venues covering 12 sport disciplines.

- Canadian Tennis Centre: tennis
- Centennial Park Pan Am BMX Centre: cycling BMX
- CIBC Pan Am/Parapan Am Aquatics Centre and Field House: aquatics diving; aquatics swimming; aquatics synchronized swimming; fencing; modern pentathlon; roller sports speed skating
- CIBC Pan Am/Parapan Am Athletics Stadium: athletics track and field
- Pan Am Bowling Centre: bowling
- Pan Am/Parapan Am Fields: field hockey
- Royal Canadian Yacht Club: sailing
- Ryerson Athletic Centre: basketball
- Varsity Stadium: archery

North of Toronto

- OLG Caledon Pan Am Equestrian Park (Caledon): equestrian eventing, dressage and jumping
- Hardwood Mountain Bike Park (Oro-Medonte): cycling mountain bike
- Minden Wild Water Preserve (Minden): canoe/kayak slalom
- Pan Am Cross-Country Centre (Caledon): equestrian eventing (cross-country)
- Pan Am Shooting Centre (Cookstown): shooting

East of Toronto

- Angus Glen Golf Club (Markham): golf
- Atos Markham Pan Am/Parapan Am Centre (Markham): aquatics water polo; badminton; table tennis
- Oshawa Sports Centre (Oshawa): boxing, weightlifting
- President's Choice Ajax Pan Am Ballpark (Ajax): baseball; softball

West of Toronto

- CIBC Hamilton Pan Am Soccer Stadium (Hamilton): football
- Cisco Milton Pan Am/Parapan Am Velodrome (Milton): cycling track cycling
- Mississauga Sports Centre (Mississauga): judo; karate; taekwondo; wrestling
- Milton Time Trial Course: cycling road cycling (individual time trial)
- Royal Canadian Henley Rowing Course (St. Catharines): rowing
- Welland Pan Am Flatwater Centre (Welland): canoe/kayak sprint



Welcome



On behalf of the TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015), I am delighted to introduce this *Technical Officials' Guide* for the TORONTO 2015 Pan American Games. Nearly six years after TO2015 won the right to stage the XVII Pan American Games, we are excited to welcome you to Toronto for what promises to be a memorable summer of world-class competition.

With the help of PASO, the 36 International Federations, our government partners and our sponsors, TO2015 has worked tirelessly to ensure that all technical officials will have the best possible experience at the Games. Our aim is to provide optimum conditions across all of our venues, helping you to perform your duties effectively. We have worked to ensure that your accommodation will

be comfortable, that the facilities at the competition venues will be comprehensive, and that you will have easy access to up-to-date information about the Games in general and your sport in particular.

This guide contains important details on a number of subjects:

- Summary information on subjects that affect all sports, such as accreditation, accommodation, insurance, per diems, uniform collection, ticketing and the Opening and Closing Ceremonies.
- Key dates and personnel, including contact details.
- Information on competition format and rules.
- Guidance on all important competition and training procedures.
- Details on all venue facilities and services, including transport information and maps.

We hope this guide helps you in both your preparations and your activities at Games time. If you need any further information, please contact a member of the sport competition management team.

The TORONTO 2015 Games will provide an opportunity to celebrate and strengthen the goals of fair play and diversity, foster lifelong friendships, promote accessibility and inclusion, and encourage all of us, on and off the field, to practice good sportsmanship.

We look forward to welcoming you to Toronto in July.

Bob O'Doherty Senior vice-president, sport and venues TO2015



International Technical Official Services

Accreditation

Use of accreditation for entry into Canada

When accompanied by a valid passport and/or other travel document, an accreditation card holder may enter Canada from midnight (ET) on May 10, 2015, to 23:59 (ET) on August 26, 2015, without requiring a separate entry visa*. The card will be valid for multiple entries, provided it is accompanied on each occasion by a valid passport and/or other travel document.

Individuals not in possession of an accreditation card must follow regular procedures for obtaining a temporary resident visa or temporary resident permit to enter Canada.

TO2015 accreditation will facilitate entry into Canada only. International technical officials (ITOs) travelling through other countries on their way to Canada may require an entry visa to that country. It is the traveller's responsibility to secure such a visa.

*TO2015 must have received accreditation information by April 17, 2015.

Accreditation validation

Individuals will be required to validate their accreditation cards in order to use them at Games time. Validation-only accreditation counters will be available to ITOs at Toronto Pearson International Airport following customs clearance. In Terminal 1, this will be located prior to arriving at the baggage claim area; in Terminal 3, this will be located in the baggage claim area.

Travellers arriving on domestic flights will not be able to access the accreditation validation desk at Toronto Pearson International Airport. They will have to obtain accreditation validation at one of the following locations:

- CIBC Pan Am/Parapan Am Athletes' Village
- Games Family hotel (The Westin Harbour Castle, 1 Harbour Square, Toronto)
- Uniform Distribution and Accreditation Centre (5800 Yonge Street, Toronto)
- Main Media Centre (at CIBC Pan Am Park)

Arrivals and Departures

Baggage claim and mishandled baggage

Upon arrival at Toronto Pearson International Airport, ITOs will be responsible for claiming their accompanying baggage (standard and over-sized) and ensuring both that they have the correct number of bags and that all bags are in good condition, before leaving the airport. Individual baggage carts and trolleys will be available for free in the domestic and international baggage claim areas of both terminals.

Airlines will be responsible for locating and returning mishandled baggage to owners. ITOs should report any baggage issues to the appropriate airline baggage service counter in the baggage claim area immediately upon arrival. TO2015 representatives will be available in the baggage claim areas to assist delegates, as required.

Following the baggage claim process, wayfinding signage and TO2015 representatives will direct ITOs to loading zones for their hotel shuttle or to the Union Pearson Express train.



Hotel shuttles

TO2015 will operate a transport system connecting Pearson International Airport directly to the ITO accommodation.

Accommodation and Meals

Delta Toronto East

2035 Kennedy Road Scarborough, ON, M1T 3G2

TO2015 will provide meals to ITOs during their participation in the Games, as follows:

- Hot breakfast at their respective accommodation (in exceptional cases, breakfast will be provided at the venue).
- Lunch and dinner through a combination of in-venue meals and/or per diem, depending on each sport's schedule.

Transportation

TO2015 will operate a transportation system that connects ITO accommodation to the competition/training venues. All ITOs will also be able to access public transportation using their validated accreditation.

Before arrival, ITOs will be emailed their sport's specific transportation schedule, including the location of the pickup/drop-off areas at the hotel and the venue.

ITO transportation information will also be available through the sport information desk at each competition venue.

Ceremonies

The TORONTO 2015 Pan American Games Opening Ceremony will be held in the heart of Toronto's city centre, near the shores of Lake Ontario, at the Pan Am Ceremonies Venue on Friday, July 10, 2015, at 20:00. The Closing Ceremony will be held at the Pan Am Ceremonies Venue on Sunday, July 26, 2015, at 20:00. Both ceremonies will be broadcast live throughout Canada.

ITOs on duty as of July 10, 2015, will be entitled to attend the Pan Am Games Opening Ceremony. ITOs on duty as of July 24, 2015, will be entitled to attend the Pan Am Games Closing Ceremony.

ITOs will require a ticket to attend a ceremony. The ITO Services team will provide these tickets to the sport's technical delegate in the days before the ceremony.

TO2015 will provide return transportation from the ITO accommodation to the Opening Ceremony/Closing Ceremony venue. The ITO Services team will email to the ITOs their sport's specific ceremonies transportation schedule, including the location of the pickup/drop-off areas at the hotel and ceremonies venue.

ITOs will be spectators only; they will not participate in the parade of athletes.

Medical Services

The TO2015 Medical Services team will cater to the needs of all accredited athletes, coaches, team officials and ITOs for new and exacerbated medical conditions requiring diagnosis and treatment. Spectators at



venues and workforce on duty will receive emergency care prior to being referred to the appropriate medical facility.

Hospital and ambulance services will be provided at venues and the Games Family hotel during the Games period of July 1–29, 2015. Games Family members covered will include all persons accredited in the "IF," "CF," "F" and "J" categories.

Private health and repatriation insurance

TO2015 has procured in-Canada emergency hospital/medical coverage for all accredited athletes, team officials, coaches/support staff, Games Family members and International Federation members participating in the TORONTO 2015 Pan American Games, including ITOs. This coverage will be in place from June 29 to August 27, 2015.

Payments

TO2015 is committed to providing honorariums and per diems directly to ITOs at their accommodation or venue shortly after their arrival in Toronto. The date, timing and location will be agreed upon in advance with the technical delegate and communicated to the ITOs.

Uniforms, Participation Certificates and Participation Medals

TO2015 will distribute ITO uniforms at their respective competition venues, based on the sizing information they provided in advance.

TO2015 will provide a participant certificate and medal to each ITO before their departure.



Competition Information

The synchronized swimming competition at the TORONTO 2015 Pan American Games will be held on July 9 and 11 at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House. Training will take place at the same venue from July 4 to 8.

A total of 80 athletes will take part in the swimming competition, and will consist of a team and duet event.

Key Dates

June 19, 2015	Music accompaniments due by 12:00 (ET)
July 4, 2015	Training begins
July 5, 2015	CIBC Pan Am/Parapan Am Athletes' Village opens
July 8, 2015	Technical meeting
July 9, 2015	Duet technical routine Team technical routine
July 10, 2015	Pan Am Games Opening Ceremony
July 10, 2015	Duet free routine Team free routine
July 26, 2015	Pan Am Games Closing Ceremony
July 29, 2015	CIBC Pan Am/Parapan Am Athletes' Village closes

Key Personnel

Technical delegate	Rose Cody	rosecodypagan@gmail.com
Continental Federation president	Coaracy Nunes Filho	presidente@cbda.org.br
TO2015 sport managers	Rebecca Watts Brigitte Legare	rebecca.watts@toronto2015.org brigitte.legare@toronto2015.org
TO2015 Sport Organizing Committee chair	Erika Lindner	synchro@toronto2015.org
TO2015 Sport Organizing Committee members	Leanne McDonnell Pat McCann Suzanne Kostron Vivianne Slade Karen Seymour Chris Gauthier	

Format

The Fédération Internationale de Natation (FINA) rules of competition will apply to the TORONTO 2015 Pan American Games. The rules referenced in the following document form only part of the rules:

fina.org/H2O/docs/rules/sy_rules_20132017.pdf



The synchronized swimming competition will be comprised of four sessions: technical routine and free routine programs in each of team and duet.

Competition Draw

The draw for order of appearance will be according to FINA rules.

Music Accompaniments

Please note a revision to the sport *Technical Manual* regarding FINA rule SS 15.3: the submission of music for the TORONTO 2015 synchronized swimming competition will now be **electronic**.

Federations are to email synchro@toronto2015.org to create a user account for the submission of electronic files on the FTP site.

The deadline for submission to the FTP site is Friday June 19, at 12:00 (ET).

Per rule SS 15.3 Team managers/coaches will be responsible for labelling their submission. If the deadline and means for submission for the music is respected, the sound centre manager will then be entirely responsible for the correct execution of the music. In all other circumstances, if the sound reproduction is not working, the team manager will be entitled to immediately provide two additional discs with the music. If the two additional discs fail again, the competitor will be disqualified.

Rules, Clothing and Equipment

Rules, clothing and equipment for the swimming competition at the TORONTO 2015 Pan American Games will be held in accordance with the conditions outlined in the following documents that will be in force at Games time:

- FINA Synchronised Swimming Rules available at fina.org
- Pan American Sports Organization (PASO) Regulations
- TORONTO 2015 Sport Equipment and Competition Uniform Guidelines

International technical officials' uniforms

- International technical officials will be expected to bring their own full-length white bottoms, white shoes and, if required, white belt.
- No shorts, including Bermuda shorts, will be permitted.

PASO Late Athlete Replacement Policy for the TORONTO 2015 Pan Am Games

Sport entries information for all sports must be completed and received by the TO2015 Sport Entries department before midnight (ET) on June 15, 2015. In exceptional cases where there are urgent medical issues or otherwise and on a case-by-case basis, PASO, International Federations (IFs) and Pan American Sport Confederations may permit a permanent substitution of one athlete with another in the same sport, discipline and event, even after the above date.

An athlete can replace another registered athlete if and only if:

- i. The National Olympic Committee (NOC) of the replacement athlete had applied for accreditation for said athlete prior to the March 27, 2015, accreditation application deadline.
- ii. No doping control issues are pending concerning the replacement athlete.



iii. The replacement athlete is entitled and qualified to take part in the TORONTO 2015 Pan American Games, as stipulated in the TORONTO 2015 *Qualification System* for the respective sport.

When the above conditions are met, the following actions must be undertaken:

- a. The NOC must complete an Athlete Replacement Form, endorsed by the chef de mission or deputy chef de mission, for the athlete being replaced and the replacement athlete.
- b. The replacement athlete and relevant NOC must complete the Eligibility Conditions Form and, when required, the Sport Entry Form ¹.
- c. The accreditation card of the athlete being replaced must be submitted to a TORONTO 2015 Accreditation Centre and cancelled so that the accreditation entitlements may be transferred to the substitute (subject to the approval of PASO).
- d. As "P" accredited athletes have already fulfilled requirements (i), (ii), (iii) and (b), NOCs only need to submit an Athlete Replacement Form.
- e. The accreditation card of the replacement athlete will be issued at the TORONTO 2015 Accreditation Centre in the CIBC Pan Am/Parapan Am Athletes' Village.

Note:

Athlete replacements may normally be considered up to 24 hours prior to the time of the technical meeting for the sport concerned, or at a later time as determined by PASO and the relevant IF.

All documentation ² and queries regarding the policy should be addressed to the TORONTO 2015 Sport Entries department at entries@toronto2015.org or in person at the CIBC Pan Am/Parapan Am Athletes' Village (at Games time). The Sport Entries department will forward a copy of the documentation to the TO2015 Accreditation team and PASO.

In exceptional circumstances, the above-noted policy will be subject to review by PASO.

- ¹ A hard copy (paper) version of the Sport Entry Form must be requested from the Sport Entries department.
- ² Including supportive documentation for the replacement claim (such as medical certificates) in English.

International Technical Officials

The technical delegate will be Rose Cody. The international technical officials will be:

Name
Heather Archer
Victoria Montedonico
Stella Van Dormalen
Helzir Borges Lopes
Dorothy L Padget
Diane Van der Pol
Patricia Rocio Barrios
Lina Maria Zapata



Christina Maria Hiller

Maribel Isabel Solis de Ortega

Rosa Amparo Del Busto

Mireya Andrade

Marisol Vega

Linda Sue Loehndorf

Sharon Ann Darst

Ana Maria Lobo Da Silveira

Norma Patricia Vila Islas

Barbara Gordon McNamee

Leslie Anne Sproule

Laura Georgina Ana Montes

Marlon Jose Falcon Silva

Ulla Soili Marjatta Lucenius

National Technical Officials

The national technical officials will be:

Simonetta Antanaroli (FINA Evaluator)

Name
Audrey Sribney
Christine Hampshire
Chris Knobbs
Louise Kennedy
Lynda Furniss
Ross Phelphs
Ted Smith

Protests

- a. Protests shall be resolved under FINA rule GR 9.2.
- b. Protests must be submitted to the referee in writing by the Team Leader with a deposit in American dollars or in Canadian Dollars (national currency) in the amount equivalent to 100 Swiss Francs within 30 minutes following conclusion of the respective event.
- c. All protests will be considered by the Referee.



Jury of Appeal

For the Pan American Games, the jury of appeal will be comprised of the Union Americana de Natacion (UANA) Executive Committee and UANA Honorary Members present and the FINA delegate when present with the UANA president or in his absence a UANA vice-president as chairman.

A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her Federation is involved. A jury member having acted as an official will not be allowed to vote on a case if there is a protest against his/her decision or on his/her interpretation of a rule.

In case of urgency, the jury may vote on a matter even if it has not been possible to call all members.

The decision of the jury will be final.

Medals and Diplomas

Gold, silver and bronze medals will be awarded in each event of the synchronized swimming competition. In accordance with *PASO Regulations*, top-eight diplomas will also be awarded in each event.

Sport Information

Sport information desks

Sport information desks will be located at all competition venues and at the sport information centre in the CIBC Pan Am/Parapan Am Athletes' Village. These desks will provide a variety of services to teams, including:

- General sport information through sport publications and discussions with sport-specific staff.
- Distribution of draw/start lists, results and other competition information, including schedule updates when required.
- Training schedule information and, for selected sports, assistance with booking and changing training sessions.

The sport information centre's hours of operation will be as follows:

Dates	Hours of Operation
July 2–4, 2015	08:00–20:00
July 5–25, 2015	07:00–23:00
July 26, 2015	07:00–17:00

Competition and Training Schedule

The synchronized swimming competition will be held at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House.

Times	Detail	
July 9 – Session 1		
12:05–13:00	Preliminaries	Duet technical routine



July 9 - Session 2		
18:05–19:00	Preliminaries	Team technical routine
July 11 - Session 1		
11:05–12:00	Finals	Duet free routine
July 11 – Session 2		
15:05–16:00	Finals	Team free routine

Schedule is tentative and subject to change.

Training

Training will occur at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House beginning on July 4. Each NOC will be assigned training blocks in either the competition pool or training pool.

The competition pool will be divided into two sections. The 30-metre section will have music available. The 20-metre section will not have music and tapping will not be permitted at any time.

The training pool will be divided into two sections. The 30-metre section will have music available. The 20-metre section will be strictly reserved for warming up for the next groups.

The full assignment of training groups will be completed after June 15, 2015.

There will be four groups, composed of two teams and one duet. During each time slot, there could be up to three groups training.

Group 1: ARG, BRA, CHI Group 2: ARU, CAN, GUA Group 3: COL, CUB, MEX

Group 4: CRC (duet), USA, PER (only team), VEN (duet)

Times	Group	Detail
July 4 – Competition	n Pool	
08:00-09:00		Open warm-up
09:00–11:30	Group 1 Group 2	30 m competition pool (music) 20 m competition pool (no music)
11:31–14:01	Group 1 Group 2	20 m competition pool (no music) 30 m Competition Pool (music)
14:02–16:32	Group 3 Group 4	30 m competition pool (music) 20 m competition pool (no music)
16:33–19:04	Group 3 Group 4	20 m competition pool (no music) 30 m competition pool (music)



July 4 – Training Pool			
08:00-09:00		Open warm-up	
09:00–10:30	Group 3	30 m training pool (music)	
10:33–12:06	Group 4	30 m training pool (music)	
16:00–17:32	Group 1	30 m training pool (music)	
17:33–19:05	Group 2	30 m training pool (music)	

Pre-Competition Procedures

Technical meeting

The technical meeting for coaches or appointed representatives from each NOC will be held on July 8 at 15:30. It may be attended by a maximum of two representatives from each NOC and, if necessary, an interpreter or attaché.

The synchronized swimming technical delegate, TO2015 Sport Organizing Committee chair and TO2015 sport managers will preside over the meeting, which will be conducted in English.

Team leaders' meetings

The team leaders' meeting for coaches or appointed representatives from each NOC will be held on July 9 at 10:45 (ET) and on July 11 at 09:45 (ET). It may be attended by a maximum of two representatives from each NOC and, if necessary, an interpreter or attaché.

Pronunciation assistance

In order to ensure that all athletes' names are pronounced correctly in announcements made during the competition, the announcer will be available at the competition pool on July 8 from 13:00 to 15:00.

Venue familiarization

A venue tour and meeting will take place upon arrival at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House on July 8 at 17:30, following the technical officials' meeting, to ensure that technical officials are familiar with the venue and its facilities.

Rehearsal

Technical officials will attend a rehearsal on July 8, following the technical officials' meeting, to practise parading on and off the field of play.

Vanity rooms

A shared vanity room will be available for athletes. Athletes will be requested to please be respectful of the venue when using gelatin and pins.

Land drills

Land drills will only be permitted in the upper track of the Field House in the designated area. Land drills in hallways will not be permitted.



Competition Procedures

Entering the field of play

Technical officials will be escorted from the technical officials' lounge to the officials' marshalling area approximately 10 minutes before the start of each session. Technical officials will then receive a verbal command confirming when to enter the field of play, after which they will parade into position. Technical officials must ensure all personal items are kept off the field of play and that their personal presentation is of the highest order.

Warm-up and call to completion

Minutes Before Competition	Activity	Details
20 minutes before start of competition	Report to first call room	Athletes must report to the first call room with their accreditation and equipment. Technical officials will collect athletes' accreditation in the final call room. Accreditations will be left at the doping control table on the field of play near the athlete exit for collection after the race.
20 minutes before start of competition	Report to staging area	Technical officials must report to the staging area.
5 minutes before start of competition	Officials march on to field of play	
50 seconds before start of routine	Athletes enter field of play	Athletes walk from final call room to bottom of platform steps. Introduction of athletes.
30 seconds before start of routine	Athletes walk to start line to stationary position	
Zero time	Referee whistle	On the referee's whistle, time allotted for deck movements is 10 seconds.

Athlete uniform

All athletes must wear their NOC tracksuit for the Medal Ceremonies.

Accredited/team seating

Athlete seating on the field of play will be available.

TO2015 will be enforcing a clear-deck policy during competition; no movement around the poolside will be permitted during competition sessions.



Activity between sessions

Technical officials will be transported to and from their hotels at the end of sessions. Breakfast will be provided at the venue. Lunch will be provided in the technical officials' lounge. A per diem will be provided for dinner.

Video recording

Non-professional consumer cameras will not require stickers to be brought into venues, and clearance with the Host Broadcaster will not be necessary. If a team wishes to do its own technical video shooting in a competition venue during competition, they may do so from the athlete and spectator seating area using non-professional consumer video cameras. Teams may also video record during the training sessions using non-professional cameras.

All such video material may only be used for internal viewing purposes and not for commercial use.

Chiller tubs

Teams bringing their own chiller tubs must ensure their power requirements meet the standards of 2.4 kw@120V. Chiller tubs will be permitted in the designated area only.

Post-Competition Procedures

Leaving the pool

Athletes should swim off to the side of the mixed zone. They must stand on the platform and then walk off. For duet technical routine: 1:14 seconds will be allocated.

For team technical routine: 1:50 seconds will be allocated.

For duet free routine: 40 seconds will be allocated. For team free routine: 1:50 seconds will be allocated.

Athletes must then collect their accreditation from the doping control table on the field of play before proceeding through the mixed zone. Athletes finishing in the top three during the finals will be informed by a medal chaperone of the time that they will be required to attend the Medal Ceremony, and will be escorted through the mixed zone and to the Medal Ceremony staging area.

Leaving the field of play

Technical officials should follow the directions of the announcer and leave the field of play when requested.

Debrief meetings

Immediately after the end of each session, technical officials will attend a debrief meeting in the technical officials' meeting room.

Doping control

Athletes selected for doping control will be notified in person and escorted to the doping control station by an anti-doping chaperone as soon as practical after they have finished competing. It will be the responsibility of the athlete to remain under continuous observation of the anti-doping chaperone after notification.

All NOCs, athletes and athlete support personnel, including medical practitioners, should review and be familiar with the *PASO Anti-Doping Rules*, which are based on the World Anti-Doping Code that came into effect January 1, 2015.



Mixed zone

TO2015 Press Operations will run the competition venue's mixed zone, where the press will seek to interview athletes (and in some instances, coaches) as they leave the field of play. All athletes must pass through the mixed zone and will be encouraged to speak with broadcasters and the press.

Athletes will first pass through the broadcast area of the mixed zone before reaching the press area.

Every attempt will be made to ensure that broadcast interviews will be limited to a reasonable length of time per athlete to ensure the athlete has time to talk to the press before exiting the mixed zone.

Coaches will be requested to pass though the mixed zone for interview possibilities.

Media availability

TO2015 Press Operations will organize and run post-event media availability sessions. NOCs may request to host their own media availability sessions in the venues before the competition begins. NOCs must book these through the Venue Media Centre help desk.

Formal language interpretation services will not be available in the mixed zones or at the media availability sessions in the Venue Media Centres. Medallists will be available for interviews after completing a competition session and after Medal Ceremonies. Coaches and/or other athletes may also be available, depending on the circumstances.

Results distribution

Printed results for NOCs will be available from sport information desks at the competition venue and the sport information centre in the Athletes' Village. Results for all sports will also be available on TORONTO2015.org.

Medal Ceremonies

Medal Ceremonies will take place in the venue immediately following the completion of a final competition, where applicable. The Medal Ceremony will include the presentation of bronze, silver and gold medals to third, second and first place athletes, respectively. The Medal Ceremony will include the raising of the appropriate flags and the playing of the national anthem for the gold medallist.

Medal Ceremonies will be conducted in English, French and Spanish. Medals will be presented by members of the PASO Executive Committee, International Olympic Committee members, International Federation and Continental Federation presidents or government dignitaries.

In accordance with *PASO Regulations*, all athletes will attend their Medal Ceremony dressed in NOC track suits or approved competition uniforms. Athletes will not be permitted to step on to the podium if they are displaying flags, slogans, unapproved brands or commercial statements of any kind.

Venue Information

Synchronized swimming events will be held at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House located at the University of Toronto, Scarborough. This brand new high-performance facility was built for the TORONTO 2015 Games and includes two internationally sanctioned 10-lane, 50-metre pools, a 5-metre-deep diving tank and dryland dive training facilities. The Field House features flexible gymnasium space for training and competition, as well as an indoor recreational track and fitness area with cardio and weightlifting facilities.

The field of play and all equipment will be presented in accordance with FINA rules and regulations.



Training will occur at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House. Each NOC will be assigned training blocks, which will be confirmed at a later date. The field of play and all equipment will be presented in accordance with FINA rules and regulations.

Facilities

Other facilities at the competition venue will include:

- change rooms and showers
- an athletes' lounge
- vanity room for pre-competition preparation
- dedicated land drill area
- · catering services
- an athlete preparation area
- a mixed zone and press conference room where accredited media may conduct interviews with athletes post-competition
- a sport information desk
- medical facilities
- a doping control station

Technical Officials' Space

Change rooms

Technical officials will have access to designated male and female change rooms, including showers, toilets and change areas. Technical officials should bring their own lock.

Technical officials' meeting room

The technical officials' meeting room will be located near the change areas and will offer a dedicated workspace and area for daily briefings. Refreshments will be provided in this area.

Technical officials' lounge

The technical officials' lounge will be located near the dryland training area and will feature an area with refreshments and meals.



Maps











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