



Sport Technical Manual

AQUATICS — SWIMMING



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About

About the Sport Technical Manuals

Published in 2014, the *Sport Technical Manuals* provide details about each sport competition at the TORONTO 2015 Pan American Games, as well as operational information that may be of interest to teams. Each manual includes:

- An introduction to Toronto and the Games.
- Sport-specific information such as competition format and schedule, training and qualification criteria.
- Operational information on accreditation, ticketing, transportation, accommodation, medical services and doping control.
- Venue maps and a daily competition and training schedule for all sports.

While this information is accurate as of the date of publication, details may change. NOCs should consult their TO2015 extranet (Cosmos, <https://to2015panam.sharepoint.com/sites/Extranet/NOC/SV/SitePages/Home.aspx>) for important updates.

The TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015) will provide detailed *Team Guides* for each sport to NOCs in June 2015.

About Toronto

Toronto, the largest city in Canada and the capital of the province of Ontario, celebrated its 180th anniversary in March 2014. Located on the picturesque shoreline of Lake Ontario, Toronto is Canada's most populous region and just over an hour's drive from the American border.

- At 112 metres (367 feet) above sea level, Toronto's altitude offers ideal conditions for high-performance athletes.
- Toronto features warm but moderate summer temperatures with an average of fewer than five days in July with temperatures above 30°C (86°F).
- Average monthly rainfall for July is only 67 millimetres. On average, one in three days will offer some precipitation, but only one day in nine has rainfall greater than 5 millimetres.
- Toronto is the third largest financial centre in North America.
- *The Economist* ranks Toronto as the fifth "most liveable" city in the world based on factors including stability, health care, culture, environment, education and infrastructure.
- With a population of 2.6 million people, Toronto is Canada's largest city and the fifth largest in North America.
- Toronto's surrounding region is home to 8.1 million people, all living within an hour's drive of the Games area.
- Approximately 20 per cent of the region's population was born in the Caribbean, Central America, South America, the United States or Mexico.

About the TORONTO 2015 Pan American Games

In brief

Sports: 36

Disciplines: 52

Medal events: 364

Athletes: 6,000+

Competition venues: 29

Competition days: 20

Athletes' Village opening: July 5, 2015

Opening Ceremony: July 10, 2015

Closing Ceremony: July 26, 2015

Competition venues

CIBC Pan Am Park

CIBC Pan Am Park, located on downtown Toronto's waterfront, will be home to five competition venues and 15 sport disciplines.

- Chevrolet Beach Volleyball Centre: volleyball — beach volleyball
- Exhibition Centre: indoor volleyball, handball, racquetball, roller sports — figure skating, squash
- Exhibition Stadium: rugby sevens
- Ontario Place West Channel: aquatics — open water swimming, athletics — marathon and race walk, cycling — road cycling, triathlon, waterski & wakeboard
- Toronto Coliseum: gymnastics — artistic, gymnastics — rhythmic, gymnastics — trampoline

Toronto

In addition to CIBC Pan Am Park, the city of Toronto will be the site of nine venues covering 12 sport disciplines.

- Canadian Tennis Centre: tennis
- Centennial Park Pan Am BMX Centre: cycling — BMX
- CIBC Pan Am/Parapan Am Aquatics Centre and Field House: aquatics — diving, aquatics — swimming, aquatics — synchronized swimming, fencing, modern pentathlon, roller sports — speed skating
- CIBC Pan Am/Parapan Am Athletics Stadium: athletics — track and field
- Pan Am Bowling Centre: bowling
- Pan Am/Parapan Am Fields: field hockey
- Royal Canadian Yacht Club: sailing
- Ryerson Athletic Centre: basketball
- Varsity Stadium: archery

North of Toronto

- Caledon Pan Am Equestrian Park (Caledon): equestrian — eventing, dressage and jumping
- Hardwood Mountain Bike Park (Oro-Medonte): cycling — mountain bike
- Minden Wild Water Preserve (Minden): canoe/koyak — slalom
- Pan Am Cross-Country Centre (Caledon): equestrian — eventing
- Pan Am Shooting Centre (Cookstown): shooting

East of Toronto

- Angus Glen Golf Club (Markham): golf
- Atos Markham Pan Am/Parapan Am Centre (Markham): aquatics — water polo, badminton, table tennis
- Oshawa Sports Centre (Oshawa): boxing, weightlifting
- President's Choice Ajax Pan Am Ballpark (Ajax): baseball, softball

West of Toronto

- CIBC Hamilton Pan Am Soccer Stadium (Hamilton): football
- Cisco Milton Pan Am/Parapan Am Velodrome (Milton): cycling — track cycling
- Mississauga Sports Centre (Mississauga): judo, karate, taekwondo, wrestling
- Pan Am Individual Time Trial Route (Milton): cycling — road cycling (individual time trial)
- Royal Canadian Henley Rowing Course (St. Catharines): rowing
- Welland Pan Am Flatwater Centre (Welland): canoe/kayak — sprint



Introduction

On behalf of the TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015), I am pleased to introduce this *Sport Technical Manual* for the TORONTO 2015 Pan American Games.

Our mission — ignite the spirit through a celebration of sport and culture — is built on the foundation of our values: joy, purpose, accountability, collaboration and results. At the heart of this is ensuring that the TORONTO 2015 Games are sport focused and athlete centred.

We are dedicated to providing a first-rate field of play and delivering an outstanding experience for all athletes, coaches and officials. We are also committed to providing athletes and teams

with the best possible conditions at our competition venues for them to perform at their peak, which include a combination of transformational new facilities and iconic existing locations. The training facilities will be of similarly high standard and will be conveniently located within easy reach of the Athletes' Village and satellite accommodation locations.

To assist you in your Games preparations, we have prepared this *Sport Technical Manual* in collaboration with your respective Continental and International Federations. This manual provides the necessary sport-specific content for the successful delivery of each sport competition as well as operational and general information that may be of interest to athletes and teams.

The Games provide an opportunity to celebrate and strengthen the goals of fair play and diversity, foster lifelong friendships, promote accessibility and inclusion, and encourage all of us, on and off the field, to practice good sportsmanship.

We look forward to welcoming you to Toronto in July 2015.

Bob O'Doherty
Senior vice-president, sport
TO2015

Key Personnel

Technical delegate	Bill Hogan (CAN)	billhogan@nf.sympatico.ca
Continental Federation president	Coracy Nunes Filho	presidente@cbda.org.br
TO2015 sport manager	Rebecca Watts	rebecca.watts@toronto2015.org
TO2015 Sport Organizing Committee co-chairs	Anne Bell and Paul Corkum	swimming@toronto2015.org

Competition

Events	
Men (16)	Women (16)
Individual 50 m freestyle 100 m freestyle 200 m freestyle 400 m freestyle 1,500 m freestyle 100 m backstroke 200 m backstroke 100 m breaststroke 200 m breaststroke 100 m butterfly 200 m butterfly 200 m individual medley 400 m individual medley	Individual 50 m freestyle 100 m freestyle 200 m freestyle 400 m freestyle 800 m freestyle 100 m backstroke 200 m backstroke 100 m breaststroke 200 m breaststroke 100 m butterfly 200 m butterfly 200 m individual medley 400 m individual medley
Relay 4 x 100 m freestyle relay 4 x 200 m freestyle relay 4 x 100 m medley relay	Relay 4 x 100 m freestyle relay 4 x 200 m freestyle relay 4 x 100 m medley relay

Format

The swimming competition will be comprised of 32 events – 16 for men and 16 for women. The structure of the competition will be as follows:

- The competition will be conducted in eight lanes.
- The competition will feature preliminaries, A finals and B finals in all events except for the 800 m freestyle (women), 1,500 m freestyle (men) and relay events.
- The 800 m freestyle (women) and 1,500 m freestyle (men) will be conducted as a timed final event with the fastest eight seeded swimmers competing in the evening finals session.
- Relay events will have preliminaries and A finals.

Competition Draw

All start lists will be seeded according to Fédération internationale de natation (FINA) rules, based on the swimmers in the final entry list.

For preliminary heats, the fastest 24 swimmers entered in each event will be distributed in the last three heats according to FINA rules, with the remaining swimmers then placed in successive heats according to their qualification times. Start lists will be produced following the team leaders' meeting held one day prior to the start of competition.

Starting Positions

The starting positions for all swimming events at the TORONTO 2015 Pan American Games will be based on seeding as outlined in the *FINA Handbook*.

Rules, Clothing and Equipment

The rules, clothing and equipment for the swimming competition at the TORONTO 2015 Pan American Games will be held in accordance with the conditions outlined in the following documents that will be in force at Games time:

- FINA *Swimming Rules* available at fina.org
- Pan American Sports Organization (PASO) *Regulations*
- TO2015 brand guidelines

Protests

- a. Protests will be resolved under FINA rule GR 9.2.
- b. Protests must be submitted to the referee in writing by the team leader, with a deposit in American dollars or in Canadian dollars in the amount equivalent to 100 Swiss Francs, within 30 minutes following the conclusion of the respective event.
- c. All protests will be considered by the referee.
- d. The commission will consider appeals against decisions by the referee and give recommendations to the jury of appeal, whose decision will be final.

Jury of Appeal

For the TORONTO 2015 Pan American Games, the jury of appeal will be comprised of the Union Americana de Natacion (UANA) executive committee and UANA honorary members present and the FINA delegate when present with the UANA president or in his absence a UANA vice-president as chairman.

A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her Federation is involved. A jury member having acted as an official will not be allowed to vote on a case if there is a protest against his/her decision or on his/her interpretation of a rule.

In case of urgency, the jury may vote on a matter even if it has not been possible to contact all members.

The decision of the jury will be final.

Technical Officials and Judges

For FINA-sanctioned events, the technical officials will comprise:

- a. 2 referees
- b. 2 starters
- c. 4 stroke judges
- d. 2 chief inspectors of turn
- e. 16 turn inspectors
- f. 2 clerks of course
- g. 1 control room supervisor
- h. 1 chief finish judge
- i. 4 call-room officials
- j. 3 meet commission officials
- k. 2 reserve officials
- l. 1 executive liaison
- m. 1 bilingual announcer

Medals and Diplomas

Gold, silver and bronze medals will be awarded in each event of the swimming competition. In accordance with PASO *Regulations*, top-eight diplomas will also be awarded in each event.

Venue

The CIBC Pan Am/Parapan Am Aquatics Centre and Field House, located at the University of Toronto, Scarborough campus, is a brand new high-performance facility being built for the TORONTO 2015 Games and will include two internationally sanctioned 10-lane, 50-metre pools, a 5-metre deep diving tank with 3-metre, 5-metre, 7.5-metre and 10-metre platforms as well as dryland training facilities. The Field House will feature flexible gymnasium space for training and competition as well as an indoor recreational track and fitness area with cardio and weightlifting facilities.

The field of play and all equipment will be presented in accordance with FINA rules and regulations.

Facilities

Other facilities at the competition and training venues will include:

- change rooms and showers (separate facilities for men and women)
- athletes' lounge
- catering services
- athlete preparation area
- a mixed zone and press conference room where accredited media may conduct interviews with athletes post-competition
- a sport information desk
- medical facilities
- a doping control station

Sport Information

Sport Information Desks

Sport information desks will be located at all competition venues and at the sport information centre in the CIBC Pan Am/Parapan Am Athletes' Village. These desks will provide a variety of services to teams, including:

- General sport information through sport publications and discussions with sport-specific staff.
- Distribution of draw/start lists, results and other competition information, including schedule updates when required.
- Training schedule information and, for selected sports, assistance with booking and changing training sessions.

The sport information centre's hours of operation will be as follows:

Dates	Hours of Operation
July 2–4, 2015	08:00–20:00
July 5–25, 2015	07:00–23:00
July 26, 2015	07:00– 17:00

Competition and Training Schedule

Competition

The swimming competition will be held at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House.

Times	Gender	Detail
July 14 – Session 1		
10:00–12:00	Both	Preliminaries W & M 100 m freestyle W & M 200 m butterfly W & M 4 x 100 m freestyle relay
July 14 – Session 2		
19:00–21:00	Both	Finals W & M 100 m freestyle W & M 200 m butterfly W & M 4 x 100 m freestyle relay
July 15 – Session 1		
10:00–13:00	Both	Preliminaries W & M 200 m freestyle W & M 200 m breaststroke W & M 200 m backstroke M 4 x 200 m freestyle relay
July 15 – Session 2		
19:00–21:00	Both	Finals W & M 200 m freestyle W & M 200 m breaststroke W & M 200 m backstroke M 4 x 200 m freestyle relay
July 16 – Session 1		
10:00–12:30	Both	Preliminaries W & M 400 m individual medley W & M 100 m butterfly W 4 x 200 m freestyle relay
July 16 – Session 2		
19:00–21:00	Both	Finals W & M 400 m individual medley W & M 100 m butterfly W 4 x 200 m freestyle relay

Times	Gender	Detail
July 17 – Session 1		
10:00–13:00	Both	Preliminaries W & M 100 m backstroke W & M 400 m freestyle W & M 100 m breaststroke W & M 50 m freestyle
July 17 – Session 2		
19:00–21:00	Both	Finals W & M 100 m backstroke W & M 400 m freestyle W & M 100 m breaststroke W & M 50 m freestyle
July 18 – Session 1		
10:00–13:00	Both	Preliminaries W 800 m freestyle W & M 200 m individual medley M 1,500 m freestyle W & M 4 x 100 m medley relay
July 18 – Session 2		
19:00–21:00	Both	Finals W 800 m freestyle W & M 200 m individual medley M 1,500 m freestyle W & M 4 x 100 m medley relay

Training

Training will occur at the CIBC Pan Am/Parapan Am Aquatics Centre and Field House, Etobicoke Olympium and Donald D. Summerville Pool beginning on July 9.

Each NOC will be assigned training blocks, which will be confirmed at a later date.

Technical Meeting

- The technical meeting will be held on July 13. More details will follow.
- The technical meeting may be attended by a maximum of two representatives from each NOC and, if necessary, an interpreter or attaché.
- The swimming technical delegate, TO2015 Sport Organizing Committee co-chairs and TO2015 sport manager will preside over the meeting, which will be conducted in English.

Qualification to Rio 2016

The swimming competition at the TORONTO 2015 Pan American Games will serve as a qualifier for the Rio 2016 Olympic Games.



QUALIFICATION SYSTEM

AQUATICS — SWIMMING

Events	
Men (16)	Women (16)
Individual 50 m freestyle 100 m freestyle 200 m freestyle 400 m freestyle 1,500 m freestyle 100 m backstroke 200 m backstroke 100 m breaststroke 200 m breaststroke 100 m butterfly 200 m butterfly 200 m individual medley 400 m individual medley	Individual 50 m freestyle 100 m freestyle 200 m freestyle 400 m freestyle 800 m freestyle 100 m backstroke 200 m backstroke 100 m breaststroke 200 m breaststroke 100 m butterfly 200 m butterfly 200 m individual medley 400 m individual medley
Relay 4 x 100 m freestyle relay 4 x 200 m freestyle relay 4 x 100 m medley relay	Relay 4 x 100 m freestyle relay 4 x 200 m freestyle relay 4 x 100 m medley relay

Quota

The athlete quota for swimming is 276.

Quota Per NOC/NF	
Men	18
Women	18
Total	36

Quota Per Event Per NOC/NF	
Individual events	2
Relay events	1 team of 4*
Total	4

*Up to six athletes may be registered on a relay team. These athletes must all have qualified according to the system described below.

Athlete Eligibility

Athletes must have signed and submitted the Athlete Eligibility Condition Form.

Qualification System

Qualification period: January 1, 2014 – May 1, 2015.

As the Host Country, Canada automatically will qualify 18 male and 18 female competitors.

Each NOC/National Federation (NF) may use proven swim times attained during the qualification period of those swimmers who have met the qualifying standards established by the UANA for the TORONTO 2015 Pan American Games.

The Pan American Games Swimming Technical Manual has been updated to accept the addition of the 2014 Commonwealth Games results as entry times and eligible entries for submission in the Online Meet Entry System (OME) prior to the deadline for entries of May 4, 2015.

This minimum standard of performance must be achieved at a competition recognized by FINA from the official list of approved qualifying competitions for the Kazan 2015 FINA World Championships.

The priority order for qualification and selection into the Pan American Games will be:

1. All athletes who have achieved an "A" time standard (see chart on page 13) will be invited to compete. For any country entering two athletes in an individual event, both athletes from that country must have equalled or bettered the "A" time standard in that event.
2. Universality athletes will be invited to compete. The universality rule applies to those countries that do not have athletes with either an "A" or "B" qualifying time, or countries that have no athletes selected for the TORONTO 2015 Pan American Games through the online selection process. Countries are entitled to have one male and one female competitor entered in the Pan American Games. Universality athletes will be selected separately by gender.
3. Relay-only athletes will be invited to compete. NOCs/NFs entering relay teams may enter a maximum of two relay-only athletes per gender, as part of their team. Relay-only athletes will be considered as part of the per-team quota of 18 men and 18 women.
4. Athletes who have achieved a "B" time standard (see chart on page 13) will be invited to compete until the quota of athletes for the TORONTO 2015 Pan Am Games is met. If a country has an athlete with a "B" qualifying standard, but that athlete is not invited to compete, then that country may be permitted to enter athletes via the universality rule (step 2, above).

Under the universality rule, each NOC/NF is guaranteed an entry of one male and one female swimmer, each of whom may enter a maximum of three individual events, without having a qualifying time for any event. Should an NOC/NF not qualify any athletes during the selection process, it must identify which athletes are to be considered for the universality positions within the online meet entry system (OME).

Once a swimmer has qualified in at least one individual event and has been invited to the TORONTO 2015 Pan American Games, that athlete may enter and swim other individual events, up to a maximum of five individual events, without having a qualifying time in those other events. These additional events must also be entered during the OME process described in this document. The rule of two entries per event per NOC/NF still applies.

Relays

Each NOC/NF may enter one team in each relay event, provided it has at least two athletes invited to compete in the TORONTO 2015 Pan American Games. Each NOC/NF will be allowed a maximum of two relay-only swimmers per gender. All other relay participants must be entered in at least one individual event. Relay-only athletes must only participate in the relay(s) and will not be permitted to swim in any individual events.

Qualification standards

Women		
Length of race	"A" time standard	"B" time standard
50 m freestyle	26.05	27.61
100 m freestyle	56.91	1:00.32
200 m freestyle	2:04.99	2:12.49
400 m freestyle	4:17.99	4:33.47
800 m freestyle	8:52.99	9:24.97
100 m backstroke	1:04.09	1:07.94
200 m backstroke	2:20.19	2:28.60
100 m breaststroke	1:11.89	1:16.20
200 m breaststroke	2:36.89	2:46.30
100 m butterfly	1:01.49	1:05.18
200 m butterfly	2:17.99	2:26.27
200 m individual medley	2:20.49	2:28.92
400 m individual medley	4:59.99	5:17.99

Men		
Length of race	"A" time standard	"B" time standard
50 m freestyle	22.71	24.07
100 m freestyle	50.05	53.05
200 m freestyle	1:51.49	1:58.18
400 m freestyle	3:57.29	4:11.53
1,500 m freestyle	15:48.39	16:45.29
100 m backstroke	56.59	59.99
200 m backstroke	2:06.05	2:13.61
100 m breaststroke	1:02.79	1:06.56
200 m breaststroke	2:19.49	2:27.86
100 m butterfly	53.99	57.23
200 m butterfly	2:01.39	2:08.67
200 m individual medley	2:07.29	2:14.93
400 m individual medley	4:35.99	4:52.55

UANA online meet entry system

Swimming entries to the TORONTO 2015 Pan Am Games will first be processed by UANA through its OME system. UANA will provide each NOC/NF with an OME system username and password and an OME users' guide (English and Spanish) for the TORONTO 2015 Pan American Games. This information will be distributed on January 1, 2015.

The OME entry system opens at noon (ET) on February 1, 2015, and closes at 23:59 (ET) on May 4, 2015.

Notification of athlete selection

UANA will notify all NOCs by May 30, 2015, of athletes who have been selected to compete in the TORONTO 2015 Pan American Games.

2016 Olympic qualification

The swimming competition of the TORONTO 2015 Pan American Games is considered a qualification competition for the Rio 2016 Olympic Games.

Timeline

January 1, 2014	Qualification period begins.
January 1, 2015	UANA online meet entry user guide, username and password available.
February 1, 2015	UANA online meet entry opens at uana-aquatics.org.
February 5, 2015	Webinar for online meet entry, available in English and Spanish.
March 27, 2015	TO2015 entry by number deadline.
May 1, 2015	Qualification period ends.
May 4, 2015	UANA online meet entry closes at 23:59 (ET).
May 5, 2015	UANA invites universality athletes.
May 8, 2015	NOCs/NFs confirm to UANA the participation of universality athletes.
May 9, 2015	UANA sends invitations to NOCs/NFs.
May 15, 2015	NOCs confirm to UANA which eligible athletes will be entered in the TORONTO 2015 Pan Am Games.
May 20, 2015	UANA to update list of athletes participating in the TORONTO 2015 Pan Am Games.
May 21, 2015	UANA sends invitations to NOCs for athletes not previously invited on May 9.
May 24, 2015	NOCs confirm to UANA the participation of athletes invited on May 21.
May 30, 2015	UANA online meet entry system complete with swimmer lists and entries per event.
June 15, 2015	TO2015 entry by name deadline.

Accreditation

Accreditation is the process of identifying individuals and their role(s) at the Pan Am Games and ensuring they are granted the appropriate access to fulfil their role(s). The role of the NOC is to register, appropriately, every potential athlete, official, dignitary and press person from its territory.

Applications for accreditation must be received by TO2015 no later than March 27, 2015, in order for NOCs to receive their pre-valid cards (PVCs) before the delegations' departure for the Games.

Eligibility Condition Forms

As required by the *PASO statute*, each athlete and team official must complete an Eligibility Condition Form acknowledging his/her compliance with Games objectives and goals regarding participation in the Games. The form is mandatory and must be signed by participating athletes and officials before their arrival at the Games, in order for their accreditation to be validated.

Pre-Valid Cards

By May 30, 2015, and following the data verification and pre-delegation registration meetings (pre-DRMs), TO2015 will produce and send out PVCs to each NOC. NOCs will be responsible for distributing the PVCs to their delegation members before they travel to Toronto.

The PVC, along with a valid passport, will serve as an official entry document to Canada. Individuals will be able to enter Canada using this process from May 11, 2015, to August 25, 2015, at 23:59 p.m., for a period of stay no longer than six months from first entry. No additional entry visas will be required during this period. The PVC will be valid for multiple entries, provided it is accompanied on each occasion by a valid passport.

Accreditation Card Validation

After the delegation registration meeting (DRM) has been completed, eligible delegation members will be able to validate their PVCs, which will provide access to the CIBC Pan Am/Parapan Am Athletes' Village once it opens on July 5, 2015. It can also be used to access other official competition and non-competition venues, as determined during the DRM. Only once the PVC is validated does it become an official Pan Am identity and accreditation card (PIAC).

Upon arrival in Toronto, delegation members holding PVCs can have their cards validated (providing the DRM is complete) at one of the Accreditation Centres to gain access to Pan Am venues and the CIBC Pan Am/Parapan Am Athletes' Village.

The following table lists the level of accreditation services that will be provided at the various venues:

Venue	Location	Population	Services
CIBC Pan Am/Parapan Am Athletes' Village (PAV)	Toronto	NOCs	Full service*
CIBC Pan Am Park Accreditation Centre (PAP)	Toronto	Press; broadcast	Full service*
Games Family hotel (WES)	Toronto	IFs; CFs; NOCs	Full service*
Toronto Pearson International Airport (YYZ)	International terminals 1 and 3	All	PVC validation only
Accreditation resolution volunteers	At all competition venues	All	Temporary problem resolution; no reissuing of cards

*Full service: card validation, card production, image capture, problem resolution, reissuing of lost or stolen cards, guest passes, day passes.

Validation counters at Toronto Pearson International Airport (international terminals 1 and 3) will only offer accreditation validation services. There will be no additional accreditation facilities at any other Canadian airport or border crossing.

During the TORONTO 2015 Pan Am Games, the Accreditation Centre in the CIBC Pan Am/Parapan Am Athletes' Village will serve as the primary accreditation location for NOC delegations.

Ticketing and Accredited Seating

Games-time Ticket Sales

During Games time, available tickets can be purchased through the official TORONTO 2015 website or at any of these locations:

- CIBC Pan Am/Parapan Am Athletes' Village
- Games Family hotel
- competition venues

Same- and Different-discipline Spectating Athletes

Athletes and officials may access the athletes' stand during their own discipline's competitions without a ticket, upon presentation of their accreditation.

In order to watch competitions at venues in disciplines other than their own, however, athletes and officials will require a ticket.

NOC Services will implement a request process for the order and allocation of complimentary tickets for different-discipline athletes and officials, through the NOC Services Centre.

Accommodation

The CIBC Pan Am/Parapan Am Athletes' Village will accommodate approximately 7,500 athletes and NOC team officials. TO2015 will also operate five satellite accommodation locations for the comfort of athletes competing at remote venues, as listed below:

- Shooting and equestrian satellite accommodation (PVN) at Nottawasaga Resort, Alliston, ON
- Canoe/kayak – slalom satellite accommodation (PVM) at Pinestone Resort, Minden, ON
- Rowing, canoe/kayak – sprint satellite accommodation (PVB) at Brock University, St. Catharines, ON
- Mountain bike satellite accommodation (PVH) at Horseshoe Valley Resort, Barrie, ON
- Football satellite accommodation (PVF) at McMaster University, Hamilton, ON

Across all of these accommodations, TO2015 aims to provide a secure, comfortable, home-like environment for athletes and NOC team officials, allowing them to relax, perform at their best and enjoy the unique cultural mosaic of Toronto.

The CIBC Pan Am/Parapan Am Athletes' Village

The CIBC Pan Am/Parapan Am Athletes' Village will be located in east downtown Toronto in the Lower Don Lands, adjacent to the Don River. This area of Toronto is currently undergoing extensive regeneration, with many new developments existing harmoniously alongside heritage neighbourhoods and districts.

The Athletes' Village will be conveniently located within a few blocks of the Toronto city centre and close to public transportation. Following the Games, the Village will be one of the Games' lasting legacies with a mixed-use neighbourhood with affordable housing, new condominiums, a YMCA and a dormitory for George Brown College students.

Key Dates of Operation

Date	Event
July 1–4, 2015	Pre-opening access to the CIBC Pan Am/Parapan Am Athletes' Village.
July 5, 2015	Opening of the CIBC Pan Am/Parapan Am Athletes' Village.
July 10, 2015	Opening Ceremony of the TORONTO 2015 Pan Am Games.
July 26, 2015	Closing Ceremony of the TORONTO 2015 Pan Am Games.
July 29, 2015	Closing of the CIBC Pan Am/Parapan Am Athletes' Village.

Site Orientation

The Athletes' Village will consist of three distinct zones: the Village Plaza, residential zone and operations zone. The Village Plaza will contain the retail facilities and ceremonial facilities available to residents and guests, while the residential zone will be a restricted area for residents and guests with an "R" on their PIAC. The residential zone will contain five accommodation lots, recreation, dining, medical facilities, parklands and access to transportation links to competition and training venues.

The operations zone will include the workforce entry, logistics warehouse, facilities services area, support services operations centre, waste transfer area and NOC container freight storage.

The Welcome Centre will be the entry point for first-time arrivals. The taxi drop-off and pick-up area will be located adjacent to it. The Village Plaza entry point will be located off Trinity Street for dedicated access to the Guest Pass Centre and Village Media Centre.

Residences

Athletes and NOC team officials will be accommodated in newly constructed permanent buildings, ranging in height from nine to 15 storeys. The buildings will contain a combination of apartments for three, four, five, six, nine or 10 beds.

All bedrooms will be equipped with furniture to provide a comfortable stay for residents, in accordance with past Games practices. In-suite finishes will include coated flooring in bedrooms and social spaces, tiled floors in bathrooms, and window coverings and shelf space in bedrooms. Corridors within the residential blocks will be carpeted. Public and NOC office spaces will have a combination of carpet and sealed concrete floor finishes.

Social spaces furniture will include tables and comfortable seating. All suites will have free Wi-Fi access.

TO2015 is planning for a resident experience that will reflect an average athlete-to-bathroom ratio below 4:1.

Resident Services

There will be seven resident centres located throughout the Athletes' Village. Six resident centres will operate 07:00–23:00 and one will be open 24 hours a day. The resident centres will cater to all of the accommodation needs of the NOCs and Village residents. Each resident centre will provide hotel-like front desk service, which will assist with the resolution of issues relating to Village accommodation services.

Main Dining Hall

The main dining hall will be located adjacent to the transport mall in the residential zone and will operate on a 24-hour basis. A diverse range of ethnic and cultural food options will be available. Menus are being developed in consultation with caterers and sport nutritionists and will be published in early 2015. Additional dining options will include a Village Plaza café and grab-and-go items, refreshments and various cuisines that will reflect some of the diverse neighbourhoods of Toronto.

Athlete Venue Meals

Athlete venue meals will be available for athletes and officials who will be away from the Village for competition and training for more than five hours. These meals must be ordered from the catering desk 48 hours in advance. They will be prepared at the venue for collection from the athlete lounge and will be available from July 1 to 26, 2015.

NOC Services Centre

The NOC Services Centre will be located in the Athletes' Village residential zone, situated centrally to facilitate communication and coordinate issue resolution between TO2015 and the NOCs. Services available at the front desk will include mail distribution, reservation of bookable meeting rooms, and distribution of participation certificates and medal boxes. Arrivals and departures, transport, logistics and Rate Card will also have desks in the NOC Services Centre.

Resident Entertainment and Recreation

An athlete lounge, DVD lounge, internet café and games room will be available to Village residents.

Fitness Centre

The Athletes' Village will feature recreational sports facilities for general use. The Village recreational fitness facilities will include playing fields (general grass areas), an internal running track and an indoor pool designed to suit general fitness activities. In addition, the Village will have a gymnasium with a large selection of cardiovascular equipment and free weights, and space for stretching, warming up and cooling down.

There will also be plenty of safe places for running within the Village, including an 18-acre park with paved trails located east of the accommodation blocks and within the security perimeter. The Fitness Centre will operate 24 hours a day, but will only be supervised between 06:00 and 22:00, except when temporarily closed for cleaning or maintenance.

Village Plaza

The Village Plaza will be comprised of a number of retail outlets and services. TO2015 will design this area as a significant focal point of the Village to attract both residents and visitors alike. The Plaza will act as an interface with athletes, guests and media, enabling this interaction without needing to enter the residential zone. The Plaza will include a user-pay café, which can also act as a casual meeting place. All team Welcome Ceremonies will take place in the Village Plaza.

Medical Services

Medical services during the TORONTO 2015 Pan Am Games will be provided at all competition and training venues, and non-competition venues such as the CIBC Pan Am/Parapan Am Athletes' Village, satellite accommodation, the Games Family hotel, and the Cisco International Broadcast Centre and Main Press Centre.

The TO2015 medical team will cater to the needs of all accredited athletes, coaches and officials for new and exacerbated medical conditions requiring diagnosis and treatment.

Polyclinic

Polyclinic services will be located in the residential zone of the Athletes' Village and will be open from July 1 to 29, 2015, from 07:00 to 23:00. Emergency medical services will be available 24 hours per day.

The following services will be available at the Athletes' Village Polyclinic:

- general medical practice
- sports medicine and Rehabilitation
- diagnostic Imaging
- laboratory
- pharmacy
- specialty services
- dental, eye clinic, specialty consultation

Satellite Accommodation

Each satellite accommodation will have a medical clinic to provide family practice, sport medicine and rehabilitation services from 07:00 to 23:00. Access will be arranged within the local communities for initial diagnostic and laboratory testing covered under the TO2015 medical insurance plan. Emergency services will be available in satellite accommodation medical clinics 24 hours a day and transportation will be arranged as needed to local community hospitals for in-patient emergency or specialist care.

Venue Medical Services

Medical facilities will be provided at competition, training and other official venues. Athlete and spectator services will be stocked with appropriate equipment, supplies and medication and will be staffed by experienced medical personnel. Ambulances, staffed by paramedics, will be stationed at competition and some non-competition venues.

Competition and training venues

Emergency services and sports medicine for ill and injured athletes and team officials will be available at each competition and training venue. These services will be provided by physicians and therapists and will be available for two hours before competition and for one hour post-competition.

Field-of-play response

Athletes injured on the field of play during competition or training will be evaluated on-site. If necessary, they will be evacuated from the field of play and transported to the athlete medical room, Polyclinic or hospital, as appropriate. Field-of-play response will abide by International Federation rules.

Transportation

Transportation System for Athletes and Team Officials (TA)

The TA bus system will provide the following transportation services for accredited athletes and team officials, including their accompanying baggage and sport equipment:

- Arrival and departure services between Toronto Pearson International Airport (YYZ) and TORONTO 2015 accommodation sites.
- Training and competition services between TORONTO 2015 accommodation sites and competition and training venues.
- Ceremonies services.
- Connectivity between the CIBC Pan Am/Parapan Am Athletes' Village and satellite accommodation locations.

Training and Competition Venue Services

Athlete and team official training and competition transportation services are being planned and developed in consultation with the Continental Federations/International Federations. Service timings are planned to enable:

- Arrivals at the venue for warm-up and preparation, pre-session.
- Transfers to and from venue and Village Plaza during the session time.
- Departures immediately after the session.
- Departures after the session following cool down.
- Other requirements such as doping control procedures.

Athlete Transport Mall to Competition Venues

Competition venue transportation services will depart the CIBC Pan Am/Parapan Am Athletes' Village from the transport mall with a 30-minute frequency in order for athletes to be at the venue two hours prior to the competition start time, with the last vehicle leaving the venue two hours after competition.

Athlete Transport Mall to Training Venues

Regular transportation services will be scheduled with a 60-minute frequency to transfer athletes to designated training venues. Leaving the CIBC Pan Am/Parapan Am Athletes' Village from the transport mall, the service will enable athletes and team officials to be at the venue one hour prior to training and leave up to one hour after training.

The service will begin in accordance with the training schedule, to a maximum of five days prior to the first day of competition, and will continue until the closing day of each sport's individual training session.

Team Sport Vehicles

Each team will be allocated one team bus with driver(s) to operate on a pre-arranged schedule for use during the training and competition period and cease upon return to the CIBC Pan Am/Parapan Am Athletes' Village after the team's final competition. Team sports for which a bus will be provided include baseball, basketball, field hockey, football, handball, rugby sevens, softball, volleyball and water polo.

These buses will be available to support training and competition movements only. Team buses will be equipped with a vehicle access and parking permit, which will allow access to the CIBC Pan Am/Parapan Am Athletes' Village and the respective sport training and competition venues as well as the Games route network. Teams will first meet their bus in the athlete transport mall. Bus services will be arranged through the team's host, and all schedule changes must be communicated to the transport desk in the NOC Services Centre by 16:00 for the following day's requirements.

CIBC Pan Am/Parapan Am Athletes' Village Connection with Satellite Accommodation

A transportation service will connect the CIBC Pan Am/Parapan Am Athletes' Village with each of the five satellite accommodation locations. This will allow athletes and team officials to travel between the Village and satellite accommodation to connect to services departing from the athlete transport at the Village. The service will operate from the opening day of each satellite accommodation to July 26, 2015.

NOC-dedicated Vehicles

Each NOC will be provided with a number of dedicated vehicles based on its delegation size (Aa, Ac, Ao). The number of dedicated vehicles allocated to each NOC will be confirmed at the DRM.

The seven-seat, multi-passenger vehicle (Chevrolet Traverse) will include a fuel card, automobile insurance, driver handbook including venue route maps, and a vehicle access and parking permit.

Public Transportation

All Games-accredited clients with a "T" privilege will be entitled to travel free of charge when wearing their accreditation on the following modes of public transportation within the Greater Toronto Area during the Games:

- Toronto subway system (TTC)
- Toronto GO Train
- bus and streetcar (TTC)
- Toronto Pearson International Airport – Union Station Rail Link

CIBC Pan Am Park Zone

EPS	Exhibition Stadium
EXC	Exhibition Centre
OPW	Ontario Place West Channel
PBV	Chevrolet Beach Volleyball Centre
TCO	Toronto Coliseum
MMC	Main Media Centre

Downtown Zone

PAF	Pan Am/Parapan Am Fields
RCY	Royal Canadian Yacht Club
RYA	Ryerson Athletic Centre
VAR	Varsity Stadium
MTC	Metro Toronto Convention Centre
PAD	Pan Am Ceremonies Venue
PAV	CIBC Pan Am/Parapan Am Athletes' Village
WES	Pan Am Games Family Hotel

East Zone

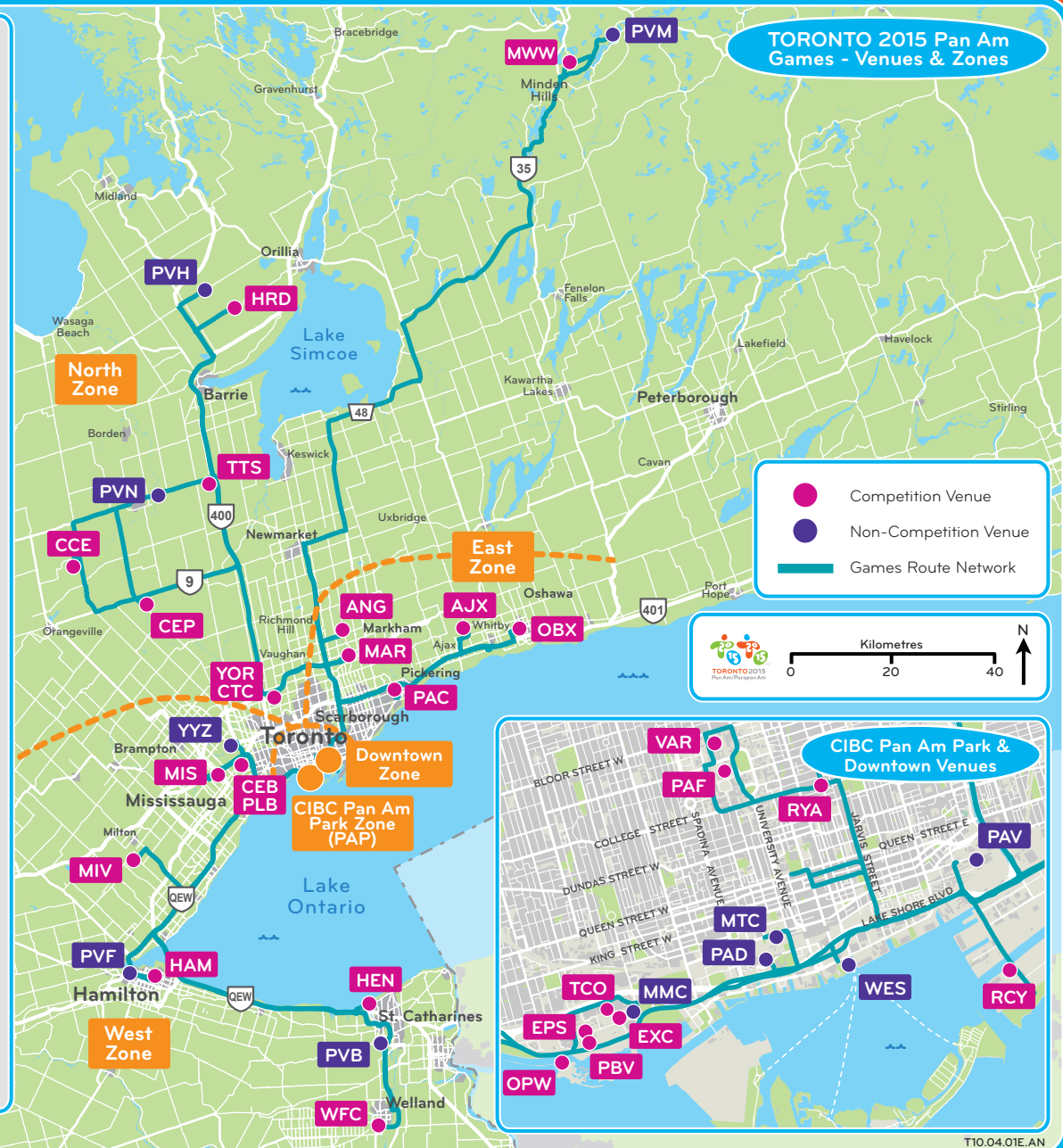
AJX	President's Choice Ajax Pan Am Ballpark
ANG	Angus Glen Golf Club
MAR	Atos Markham Pan Am/Parapan Am Centre
OBX	Oshawa Sports Centre
PAC	CIBC Pan Am/Parapan Am Aquatics Centre and Field House

North Zone

CCE	Pan Am Cross-Country Centre
CEP	Caledon Pan Am Equestrian Park
HRD	Hardwood Mountain Bike Park
MWW	Minden Wild Water Preserve
TTS	Pan Am Shooting Centre
YOR CTC	CIBC Pan Am/Parapan Am Athletics Stadium & Canadian Tennis Centre
PVH	Mountain Bike Satellite Accommodation
PVM	Canoe/Kayak — Slalom Satellite Accommodation
PVN	Shooting & Equestrian Satellite Accommodation

West Zone

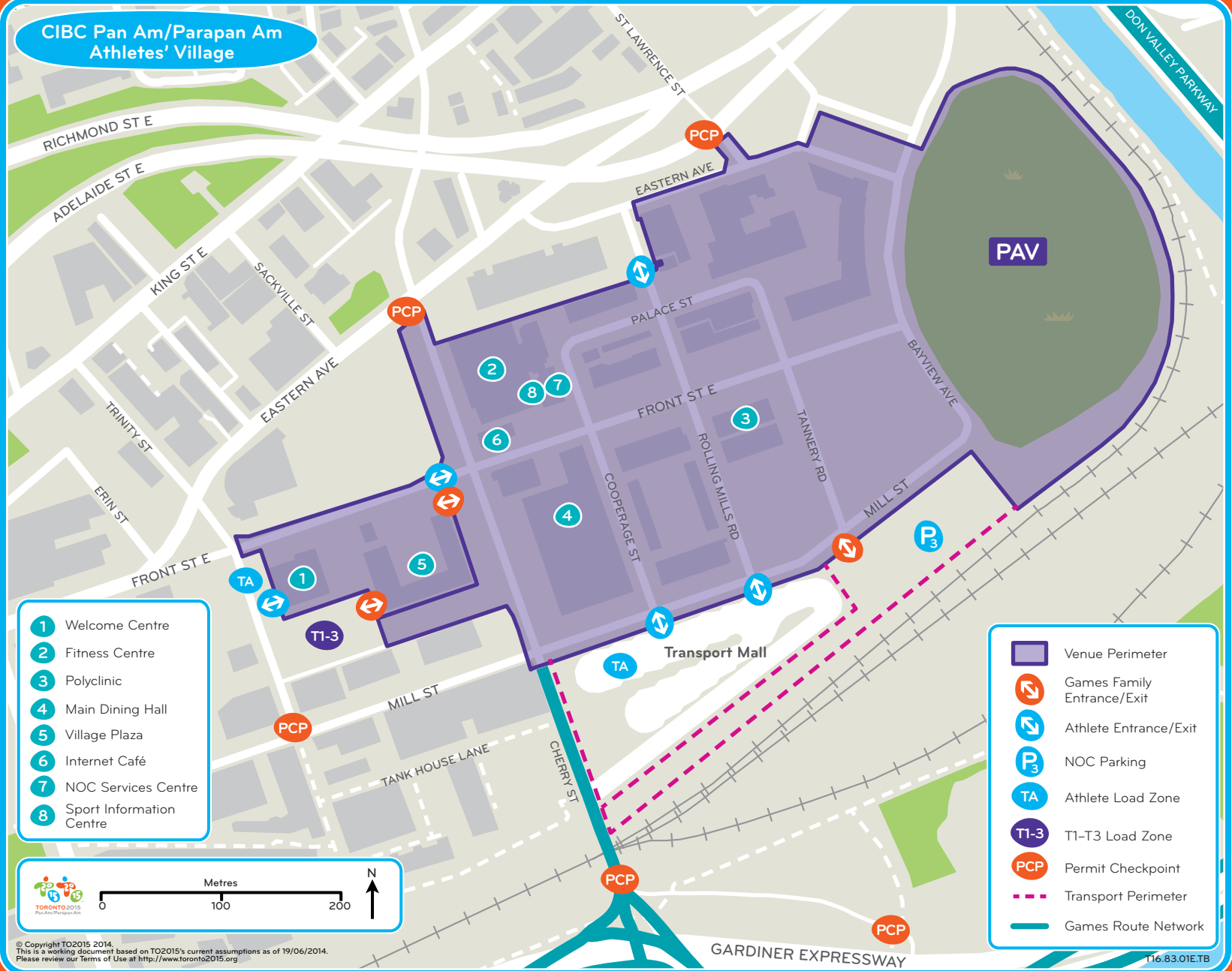
CEB PLB	Centennial Park Pan Am BMX Centre & Pan Am Bowling Centre
HAM	CIBC Hamilton Pan Am Soccer Stadium
HEN	Royal Canadian Henley Rowing Course
MIS	Mississauga Sports Centre
MIV	Cisco Milton Pan Am/Parapan Am Velodrome
WFC	Welland Pan Am Flatwater Centre
PVB	Rowing & Canoe/Kayak — Sprint Satellite Accommodation
PVF	Football Satellite Accommodation
YYZ	Toronto Pearson International Airport



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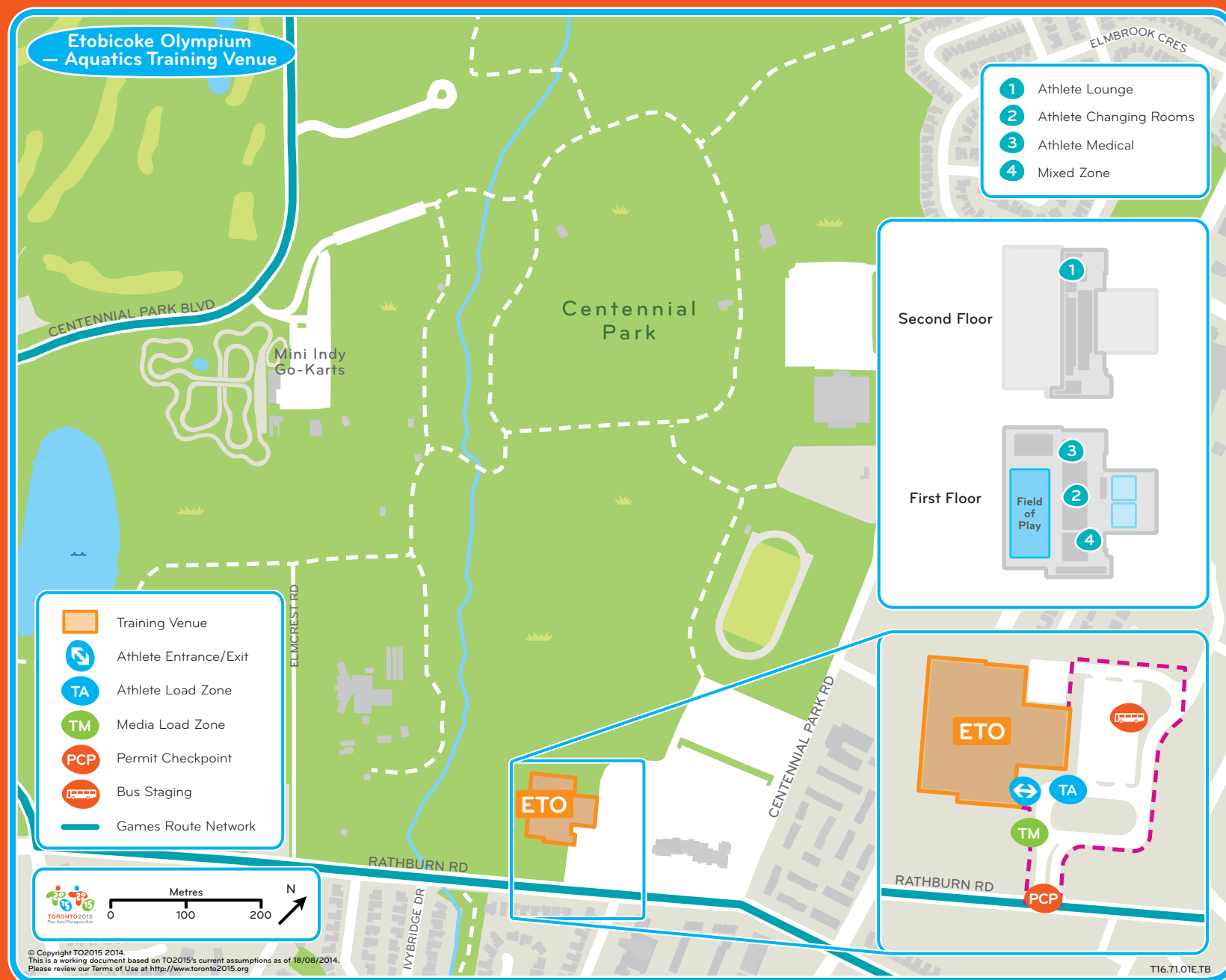
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CIBC Pan Am/Parapan Am Athletes' Village

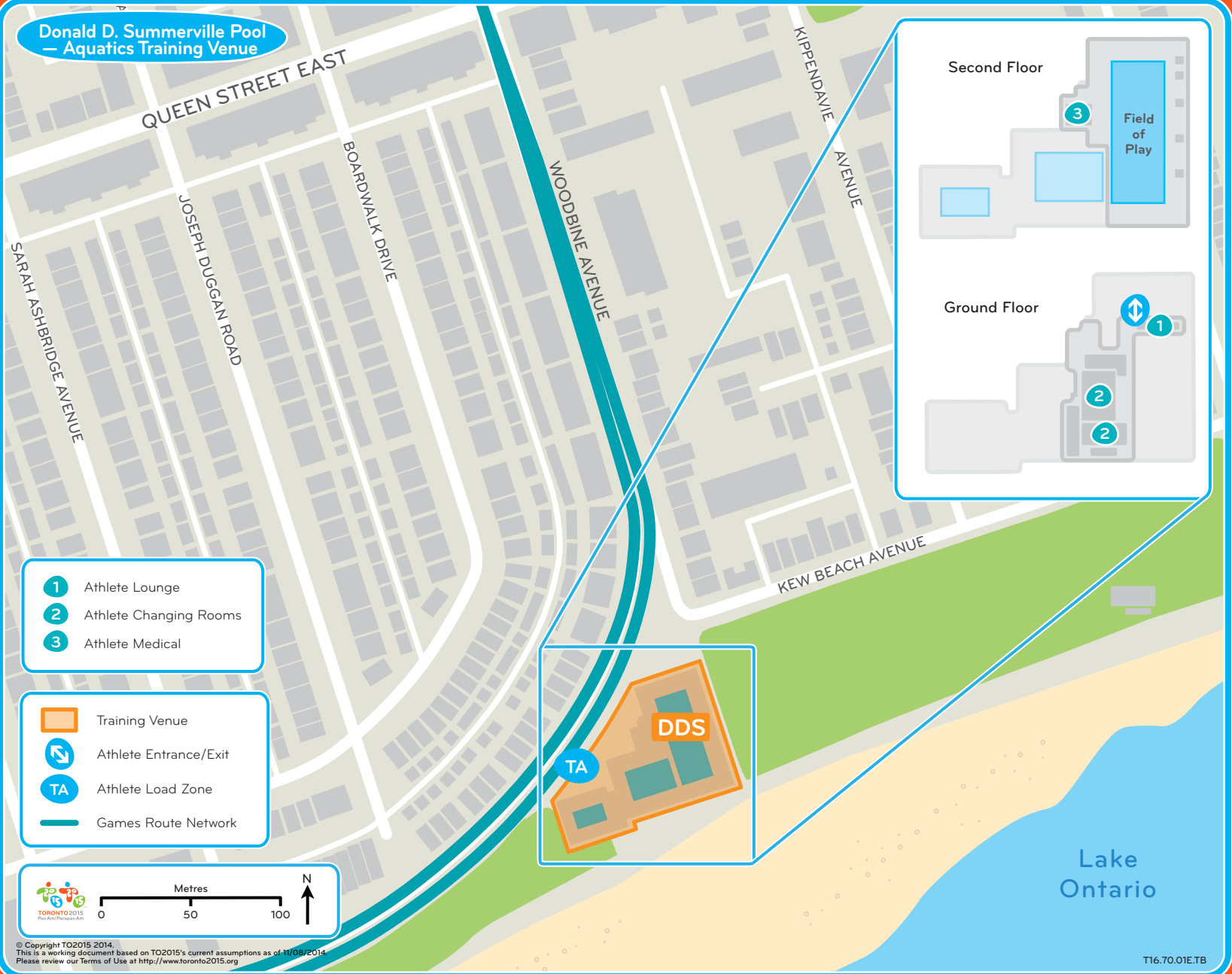


CIBC Pan Am/Parapan Am
Aquatics Centre and Field House
Aquatics – Swimming





**Donald D. Summerville Pool
— Aquatics Training Venue**



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Thank You

The TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015) would like to thank its partners for their support.

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