



THE UANA PAN AMERICAN SYNCHRONIZED SWIMMING CHAMPIONSHIPS

August 10–16, 2014; Riverside, California USA



UANA summons all its affiliated countries to participate in the UANA Pan American Synchronized Swimming Championships to be held in Riverside, California, USA, 2014.

DATES	Preliminary Entry Due: May 30, 2014 Final Entry Due: June 30, 2014 Official Arrival Date and Practice: August 10, 2014 Practice and Opening Ceremonies: August 11, 2014 Competition Dates: August 12 – 16, 2014 International Gala and Competition debriefing: August 16, 2014 Official Departure Date: August 17, 2014
POOL LOCATION	Riverside Aquatics Complex located at Riverside City College www.riversideaquaticscomplex.com 4800 Magnolia Avenue, Riverside, CA 92506. Pool diagram is attached in this package. Please note the moveable bulkhead will be along side of the deck underneath the diving towers. Routines will start at the deep end and walk on with the pool on their left.
POOL SPECS	Length: 65 meters; lane lines will define the competition area. Width: 25 yards Depth: 17 ft. at start, end sloping to 8 ft. Distance from Deck to Water: 12" Entry: Start under diving tower on bulkhead. Walk on with the pool on the left. Spectators: Both sides of pool, majority on the right when standing on the bulkhead.
EVENTS	12 and under: Figures, Solos, Duets, and Teams 13-15: Figures, Solos, Duets, and Teams Junior: Figures, Solos, Duets, and Teams Senior: Technical and Free Duets (separate events) Free Combination (13 and over): routine
AIRPORT	Ontario International Airport (ONT), Ontario, California. Distance to Pool: 20 miles Airport transportation from Ontario Airport will be provided to all guests free of charge to/from Ontario International Airport only. Advance shuttle reservations are required. If you fly into another airport, you will need to arrange your own shuttle service to the Host Hotel.
VEHICLE RENTAL	If you decide to fly into LAX rather than Ontario airport you will need to provide your own transportation to the Host Hotel. Here are some options for shuttles Prime Time Shuttle. 310.536.7922. www.primetimeshuttle.com Yellow Cab of Riverside. 800.349.8294 AA Inland Empire Taxicab & Sedan. 800.800.7821
HOST HOTEL	Each Federation will stay at the host hotel (Four Star Hotel) located approximately one mile from the pool. The housing forms will be a part of the final entry forms. The rates for the federations including their coaches, judges, athletes and support staff includes breakfast, lunch and dinner as well as transportation to and from the pool to the hotel and transportation from the Ontario Airport to the hotel. These rates are per person, per day and payable in US dollars. The final



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entry will give information on how to send the payment. Single occupancy \$200 per day per person, double occupancy \$149.00 per day per person, triple occupancy \$125.00 per day per person, and quads per day per person \$115.00. **Note: The Federations who decide to arrive prior to August 10th, will have to make the necessary arrangements for hotel and pool practice time until the designated official arrival date directly through Sue Nesbitt, RAQSynchro@sbcglobal.net**

FRIENDS AND FAMILY Additionally we have booked space for friends and family at the same hotel. To get this rate you must reserve your rooms through the LOC. This rate includes airport transportation from Ontario Airport to the Hotel and back to the airport with 48 hour notice. There is no food service included in this price. Information forms will be coming out soon. Room rates are \$110 per room per night. Depending upon the number of buses we are able to hire there may be transportation to the competition complex. Once the entries have been received we will know for sure if family and friends will be able to use the provided transportation at a small fee.

TRANSPORTATION The transportation between the Ontario airport and the official hotel will be provided by the Hotel. If you choose to fly into another airport, you will need to provide your own transportation to the Host Hotel. The Organizing Committee will provide the transportation between the host hotel and the pool. Each Federation will receive the transportation schedule upon arrival. All Federations will be taken to the Hotel for registration upon arrival. After registration is completed, federations may take a shuttle to the Aquatic Complex.

MEALS All meals will be provided and are included in your hotel registration fees for the Federation. Some meals will be at the hotel and some will be at the pool. A complete schedule will be given to each Federation at check in. These meals are for the registered Federations, not for the family and friends.

VISA INVITATION LETTER **USA Synchro** will provide a letter of invitation to the Championships to all Federations that require them in order to enter or participate in the USA. A VISA to enter the United States may be required. If you are in need of a letter from USA Synchro, please send the following information to Janice@USASynchro.org; Name on the passport, passport number and date of expiration, date of birth, place of birth, position in the delegation (swimmer, judge, coach or delegate) name of City where the visa will be applied for, and contact information.

INTERNATIONAL GALA On the early evening of August 16th the Organizing Committee will be presenting a premier show at the competition pool. Each country is asked to prepare a routine to be performed at the Gala. You may use a competitive routine or prepare a show routine. Once all of the routines have been submitted a selection of the routines. More than one routine per country may be included. The UANA Technical Committee is looking at ways for our champions from the competition to be highlighted. The organizing committee is looking at ways to “showcase” the champions during the Gala. This does not necessarily mean they need to swim their routine. All participants will be receiving a special gift from the organizing committee for their participation in the event.

PRACTICE SPACE: Practice time and space will be assigned to each federation starting Aug 10th. Federations who would like to rent a pool prior to Sunday August 10th please contact Sue Nesbitt. Cost is \$200 an hour. Two or more federations may share the time and cost. Time will be assigned on a first-come, first-served basis. There are two areas in the competition pool that may be rented, the



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competition end and the non-competition end. Additionally there may be other pools available for your use. Contact RAQSynchro@sbcglobal.net

PRACTICE WITH MUSIC A schedule of practice time with music will come out to the Federations once the final entries have been received.

PARTICIPANTS Every participant in the championship must be a member of a club, regional or national team of a Federation duly constituted and affiliated with FINA and UANA. The Federation must be in good standing with both UANA and FINA. Each Federation will send in one entry, which will include **ALL** of the entries for the country. They will provide the name of the “team leader”. This will be the person who all contacts go through from the Federation to the local organizing committee (LOC) and from the LOC to the Federation.

RULES TO GOVERN Union Americana de Natacion-**UANA**
Federacion Internacional de Natacion-**FINA**

SANCTIONED BY Union Americana de Natacion-**UANA**
Federacion Internacional de Natacion-**FINA**

ENTRIES The Organizing Committee (OC) will provide the **Entry Forms** with the pertinent instructions to all Federations. For the first time UANA is charging a participation fee of \$20 per athlete. Information as to how to pay this fee will be on the Final meet announcement.

PRELIMINARY ENTRIES The preliminary entries must be completed and received on or **before May 30, 2014** using the Official forms and must be sent to the following e-mail. The Organizing Committee will send a confirmation e-mail of the entries. **PLEASE USE THE FORMS ATTACHED AND EMAIL BEFORE THE DEADLINE. Send to RAQSynchro@sbcglobal.net**

FINAL ENTRIES Final entry forms and information will be sent to those Federations who have sent the preliminary entry. Final entries will include the names, birthdates, category and events of each of the swimmers. The names of the coaches, chaperones, delegates and official shall be included with the final entry. Arrival and departure dates, including airline, time and flight number must be included. There will be a \$100 USD per person penalty fee for federation members not staying in the Host hotel.

ENTRY DEADLINE **FINAL FORMS MUST BE RECEIVED BY JUNE 30, 2014** Official entry forms must be used.

Organizing Committee E-mail: RAQSynchro@sbcglobal.net

Mailing Address: UANA / Sue Nesbitt
5461 Brockton Ave
Riverside, CA 92506 USA



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CATEGORIES

FINA rule SSAG 2.1 will apply; All Age Group competitors remain qualified from January 1st to the following December 31st at the age they are at the close of the day (12 midnight) on December 31st on the year of competition.

Age 12 and under	Born in 2002 or later
Age 13 to 15	Born in 1999 – 2001
Junior (Ages 15 – 18)	Born in 1996 – 1999
Senior Duet (15 ↑)	Born in 1999 or before

12 UNDER, 13-15, JR

Each participating Federation or Club is allowed to send a maximum of twenty (20) athletes and four (4) coaches for EACH of the age groups, 12 and under, 13-15, and Junior.

For each age group in solo, duets and team competition athletes can represent each Federation the following way:

- If the Federation has two (2) National Team representatives in solo, duet, or team competition for an age group, no club representative from the same Federation is allowed.
- Where there is one (1) National Team solo, duet or team from a Federation, one (1) solo, duet or team representing a club from the same Federation is allowed. A Federation must submit the club's name for UANA's approval.
- If the Federation has no National Team competitors at a certain age group for solo, duet or team competition, two (2) solos, duets, or teams from a club of the same Federation are allowed.

One (1) solo, one (1) duet and one (1) team will be permitted to swim during finals for each Federation for a maximum of 12 routines, per each category. For finals, the highest scoring entry in the Federations will advance to finals.

SENIOR

The competition will consist of a technical duet and a free duet. Each Federation or club can register the same or different athletes for both events.

FREE COMBINATION ROUTINE This is an Open category event for the age group and junior competitors at least 13 years of age. Each Federation or Club can register two (2) routines in the Free Combination event. Each Free combination may consist of 8-10 swimmers. This event will compete as a Finals event; there is no preliminary event. Section IX, #2 (a), (b), and (c) also apply to this age group regarding athletes that represent the Federation as a country and club teams.

JUDGES

Each participating Federation or Club is allowed to send a maximum of three (3) FINA or UANA judges. A minimum of two (2) judges is requested from each Federation. The maximum number of practice judges per Federation is two (2).

Judges from non-participating Federations are welcome and will be allowed to judge in the competition, but priority will be given to the judges whose Federation or Club is participating in the competition.



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DELEGATE

There will be One (1) delegate per registered Federation.

AWARDS

Medals will be awarded to first, second and third place of each event by category.

An award will be presented to the Federation or Club with the highest overall point accumulation in each age group category, 12 and under, 13-15 and Junior. The overall point accumulation by events will be awarded following the GR 9.8.5 Synchronized Swimming FINA 2013-2017 Handbook.

FLAGS & NATL ANTHEMS

Each Federation or Club must bring a flag, 100cm by 150cm, of their country and a CD or digital file with their National Anthem.

MUSIC REQUIREMENTS

The final entry will specify how the music should be brought to the competition. You will not need to send CD's in the mail prior to arrival. We are considering having countries sending their music electronically prior to arrival. Each Federation should bring an EXTRA copy of each of the routines on a CD. One routine per CD with it labeled with Federation, age group, event and names of competitors. Please note if it is a team or combo, all names do not need to be listed on the CD.

PASSPORT VERIFICATION

The passport verification will take place upon arrival at the hotel. This will happen when the Federations are registering and receiving their credentials.

BATHING

SUIT VERIFICATION

During the technical meeting the bathing suits may be checked to ensure they comply with the FINA rules.

HOSTED BY

USA Synchro is the host of the event with the support of The Riverside Aquettes and the Riverside Convention & Visitors Bureau/Riverside Sports Commission.



WEBSITE

Information can be found on www.RAQSynchro.org

MEET MANAGER Sue Nesbitt. 5461 Brockton Ave, Riverside, CA 92506. 951.750.3744 RAQSynchro@sbcglobal.net



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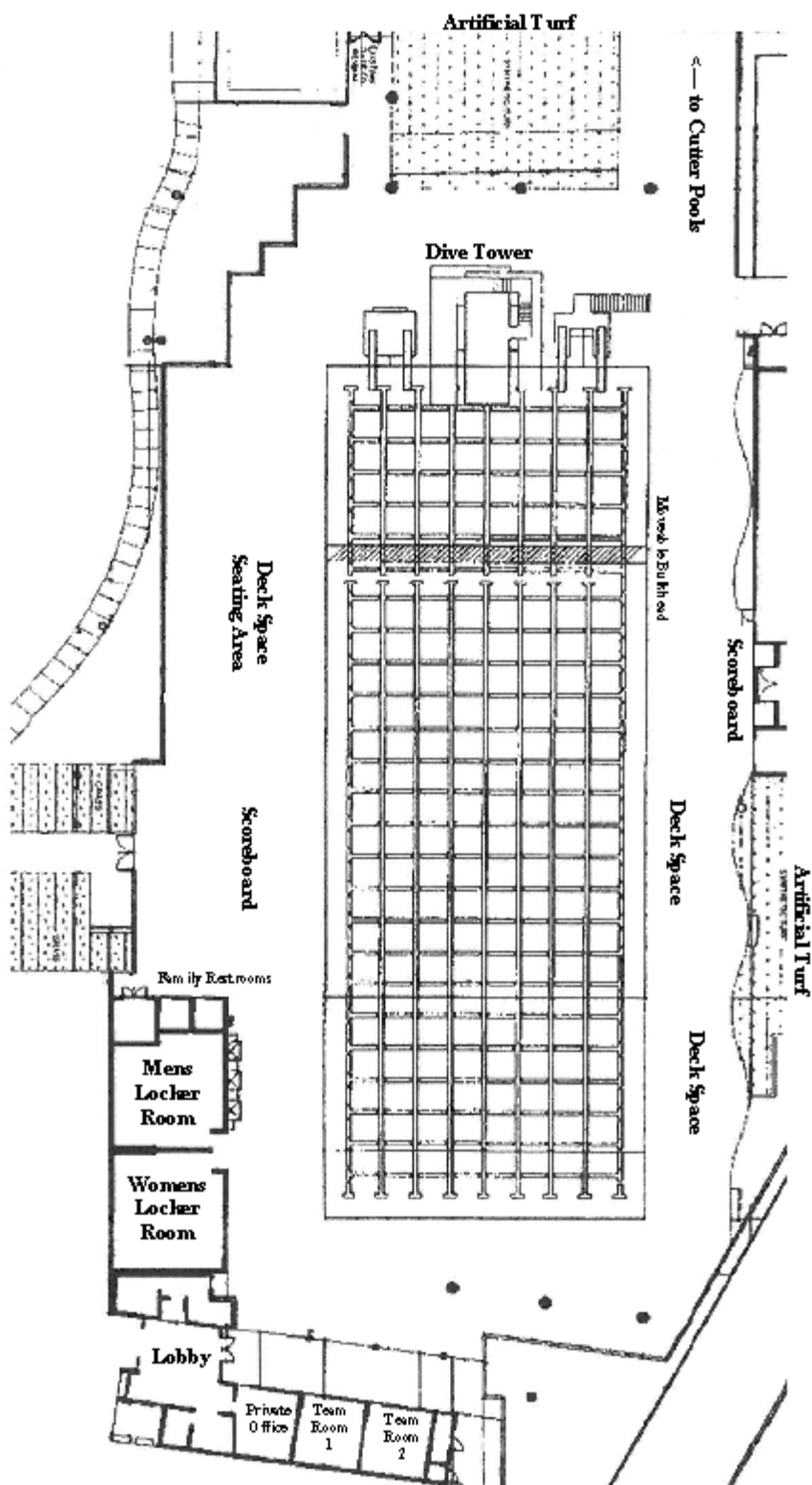
TENTATIVE TRAINING AND COMPETITION PROGRAM

Sunday August 10	Arrival of all Delegations TSSC Meeting Figure Draw Pool spacing Time
Monday August 11	Pool spacing time Practice Judges Training, Technical meeting, Coaches meeting Opening ceremonies
Tuesday August 12	Figure Competition 12 and under 13 – 15 Juniors 15-18
Wednesday August 13	ALL Solos Preliminaries (am) ALL Team Preliminaries (pm) Figures Debrief for Coaches and Judges
Thursday August 14	All Duets Preliminaries (am) Senior Technical Duets and awards (am) Solo Finals and Award Ceremonies (pm)
Friday August 15	Duet - Finals & Awards Ceremonies (am) Team Finals & Award Ceremonies (pm)
Saturday August 16	Free Combination Finals Coaches and Judges Routines debrief International Gala Closing Party
Sunday August 17	Departure



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MEDICAL CARE

As a reminder, all Federations must carry their own health insurance. The Organizing Committee will provide First Aid Technical personnel. All federations must take full responsibility for any other needed medical expenses.

OPENING CEREMONIES

An Opening Ceremony will be held at the Riverside Convention Center, which is next to the Host Hotel with a dinner immediately following. Tickets will be available for Family and friends will be available for purchase prior to the event. We are hoping that all Federations will be available to participate in the ceremony. More information will be coming out in the final entry.

CLOSING PARTY

Tickets for

A closing party will be held at the Riverside Convention Center, which is next to the Host Hotel.

Family and friends will be available for purchase prior to the event.

SPECTATOR

Daily admission will be charged. \$10.00 Tickets can be purchased at the door for a single day pass, \$6.00 for seniors (55 and over) and Children ages 6 – 12. \$2.00 Discount for Students with a valid ID. Free admission will be granted for Children 5 & Under. An all event wristband may be purchased for \$30.00. Single day attendees will have their hand stamped if they would like to re-enter. Tickets can be purchased in advance. Detailed information will come out in the final meet entry.

PROGRAMS

An official program for the competition will be produced with photos from each of the Federation. One copy of each of the programs will be given to each Federation and judge. We will be asking each federation to submit one photo at our cost. If Federation would like additional photos in the program they can be submitted. Detailed information will come out in the final meet entry

GELLING

Gelling is only allowed in the designated last call room located on the pool deck level as well as outside of the gates. Please clean the last call area when done. There is NO de-gelling allowed in the facility (including showers). Those de-gelling anywhere in the facility will incur a \$100 fine.

ATHLETES PARADE

The Athletes Parade will be held prior to each Age Group Final Routine competition. All athletes from all clubs are encouraged to participate. Dress for the parade in team warm-up suits or appropriate team uniform. Sandals or shoes are recommended, as the deck can get very hot.

CHAMPIONSHIP MERCHANDISE There will be Championship items available for purchase in addition to USA Synchro items throughout the Championship. Visa and MasterCard will be accepted.

LIVE WEB STREAMING

We are hoping to have live web streaming of the event. More information will be coming out in the final entry information.

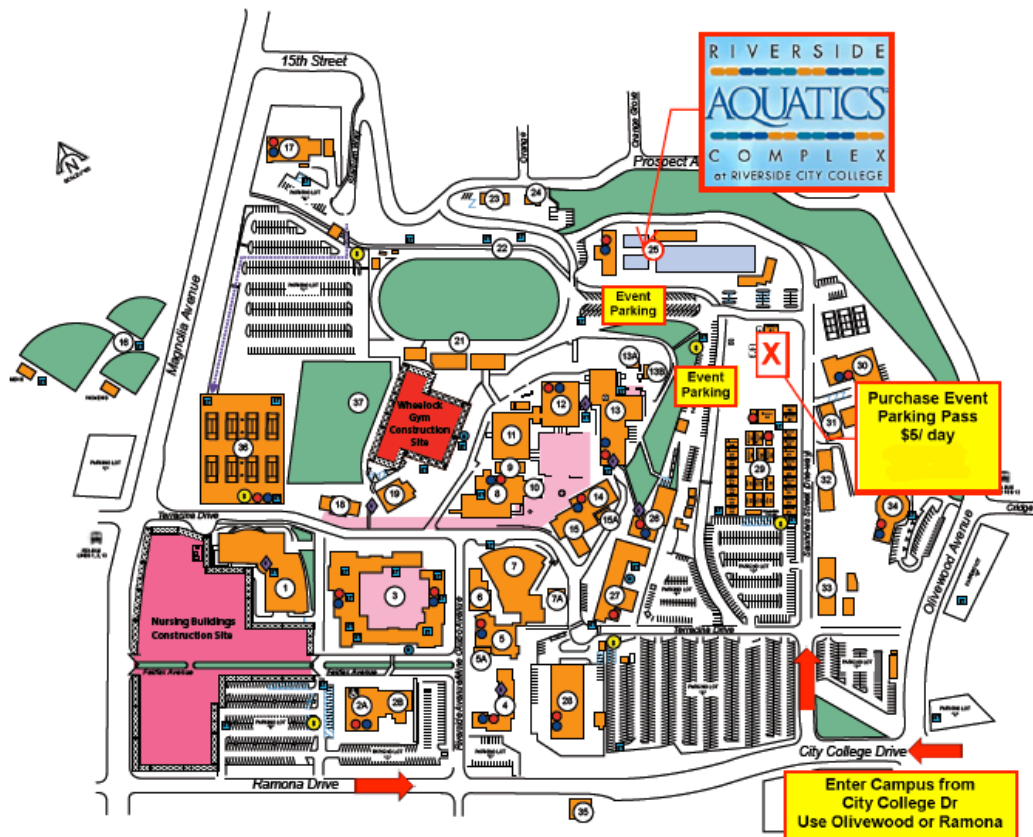


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Riverside City College



UPPER CAMPUS

1. DIGITAL LIBRARY & LEARNING RESOURCE CENTER
 - Auditorium
 - Glen Hunt Center for Teaching Excellence
 - Instructional Media Center
 - Tutorial Services
2. ADMINISTRATION (O.W. NOBLE)
 - Section A
 - Board Room
 - Center for Communication Excellence
 - Disabled Services
 - H.O.M.E. Room (The Ujima Project)
 - Learning Disabilities Center
 - Mailroom
 - Veteran's Center
 - Section B
 - Academic Affairs
 - Community for Academic Progress (CAP)
 - Dean of Instruction
 - President's Office
3. QUADRANGLE (ARTHUR G. PAUL)
 - Art Gallery
4. BUSINESS EDUCATION (ALAN D. PAUW)
5. MUSIC
- 5A. MUSIC ANNEX
6. MUSIC HALL (RICHARD M. STOVER)
7. LANDIS PERFORMING ARTS CENTER
- 7A. LANDIS ANNEX
8. MARTIN LUTHER KING, JR. HIGH TECH CENTER
 - Academic Labs
 - STEM Center
9. ASSESSMENT CENTER

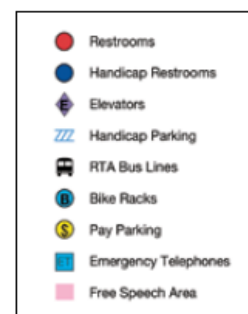
10. PLANETARIUM (ROBERT T. DIXON)
11. PHYSICAL SCIENCES
12. LIFE SCIENCES
13. STUDENT CENTER (RALPH H. BRADSHAW)
 - Aguilar Patio
 - Auxiliary Business Services/ Cashier
 - Bookstore
 - Cafeteria/Food Services
 - Citrus Room
 - Extended Opportunities Programs & Services (E.O.P.S.)
 - Hall of Fame
 - Health Services
 - Heritage Room
 - Matriculation
 - Student Services/Student Activities
- 13A. ASRCC STUDENT GOVERNMENT
- 13B. FINANCIAL AID ANNEX
14. STUDENT FINANCIAL SERVICES
 - Financial Aid
 - Information Services
15. ADMISSIONS & COUNSELING (CESAR E. CHAVEZ)
 - Admissions & Records
 - Career/Transfer Counseling
 - Transcripts
- 15A. OUTREACH ANNEX/Wells Fargo

LOWER CAMPUS

16. SPORTS COMPLEX (SAMUEL C. EVANS)
 - Baseball Field
 - Pony League Field (NATE DEFRANCISCO)
 - Softball Field (AB BROWN)
17. EARLY CHILDHOOD STUDIES
18. CERAMICS

20. GYMNASIUM (ARTHUR N. WHELOCK)
 - Coaches' Office
 - Fitness Room
21. STADIUM (ARTHUR N. WHELOCK FIELD)
 - Weight Room
22. NATURE TRAIL (ARLENE & ROBERT F. RICHARD)
23. NORTH HALL
 - Finance & Accounting Services
 - Purchasing & Accounts Payable
24. COLLEGE HOUSE
 - Administration & Finance
 - Risk Management
25. RIVERSIDE AQUATICS COMPLEX
26. TECHNOLOGY B
 - International Students Center
 - Printing & Graphics Center
27. TECHNOLOGY A
 - Air Conditioning & Refrigeration
 - Career/Technical Education
 - Welding
28. AUTOMOTIVE TECHNOLOGY
29. LOVEKIN COMPLEX
 - Athletics (H1)
 - CalWORKs/Resource Center (F2)
 - College Safety and Police (A1, A2)
 - Community Learning in Partnership (CLIP) (D6)
 - CTA & Academic Senate (E4)
 - Gateway to College (GTC) (D5, E1, F1, F5, F6)
 - Independent Living Program (ILP) (E2)
 - Karate/Yoga (A8)
 - Marching Tigers (C6)
 - Photo Lab & Studio (G1, G2)
 - Student Job Placement & Employment Services (F2)
 - Upward Bound (A4)
 - Workforce Development (MED) (E3)

30. GYMNASIUM (CATHERINE S. HUNTLEY)
 - Band
 - PE/Cheer
 - Dance
31. PILATES STUDIO (ELEANOR H. CRABTREE)
32. WAREHOUSE
33. MAINTENANCE & OPERATIONS
34. COSMETOLOGY
35. ALUMNI HOUSE - 3564 RAMONA DRIVE
 - Foundation
36. PARKING STRUCTURE/TENNIS COURTS (FRAN BUSHMAN)
37. PRACTICE FIELD





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RIVERSIDE ATTRACTIONS & LANDMARKS

Riverside is home to a number of historic landmarks and attractions. Ranging from fascinating museums, art galleries and historic landmarks to one-of-a-kind outdoor adventure, spas and a lively downtown, investigate some of the most popular things to do in Riverside here.

MUSEUMS OF ART California Museum of Photography

University of California (UC) Riverside Sweeney Art Gallery
Riverside Metropolitan Museum
Riverside Art Museum
Barbara and Art Culver Center of the Arts
March Field Air Museum

HISTORIC LANDMARKS

Mission Inn National Historic Landmark Hotel & Spa
Fox Performing Arts Center
Heritage House
Riverside National Cemetery
Riverside County Courthouse

OUTDOOR ATTRACTIONS

Mt. Rubidoux
Main Street Riverside
Oak Quarry Golf Club
California Citrus State Historic Park
Sycamore Canyon Park
UC Riverside Botanic Gardens
Castle Park



SOUTHERN CALIFORNIA AREA ATTRACTIONS

Many other Southern California attractions are within easy driving distance from Riverside and make for great day trips:

Pacific Ocean and Beaches

http://www.virtualltourist.com/travel/North_America/United_States_of_America/California/Things_To_Do-California-Pacific_Ocean_Local_Beaches-BR-1.html

Disneyland <http://disneyland.disney.go.com>

Knott's Berry Farm <http://www.knotts.com>

Temecula Wineries <http://www.temeculawines.org/wineries-vineyards>

San Bernardino Mountains http://en.wikipedia.org/wiki/San_Bernardino_Mountains

Palm Springs Tramway <http://www.pstramway.com>

Orange Empire Railway Museum <http://www.oerm.org>

ADDITIONAL LINKS Riverside Convention & Visitors Bureau <http://www.riversidecvb.com/activities/default.aspx>

Explore Riverside <http://www.exploreriverside.com/>



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PRELIMINARY ENTRY
Due on or before May 30, 2014
Email to RAQSYNCHRO@sbcglobal.net

Name of Federation

Name of Head of Delegation

Email of Head of Delegation

	# Of Solos	# Of Duets	# Of Teams	# Coaches	Total number of swimmers
12 and under					
13-15					
Junior					

	# Of Tech Duets	# Of Free Duets	Total number of swimmers
Senior			

	# Of Combos	Total number of swimmers
Combo		

Hotel information	Singles	Doubles	Triples	Quad	Total # Of Rooms
# Of Rooms					
# Of Nights					

# Of Judges	
# Of chaperones	
# Of Additional support Staff	
# Of additional officials	

We understand it is early and you do not know for sure. Please give us your best guess as to what you will be sending. This helps the Local Organizing Committee more than you can imagine.